

# DISCOVER Health, Happiness & LONGEVITY

Learn why people in Blue Zones live longer & how you can, too!

## Join Us!

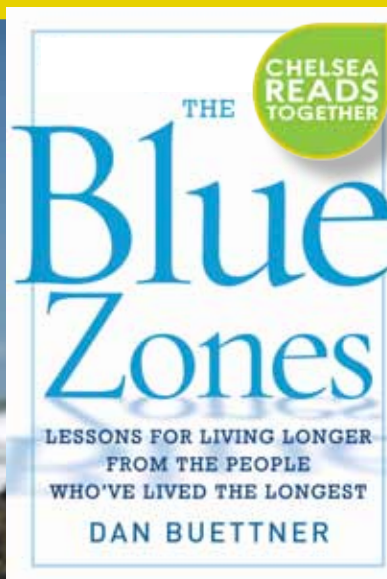
-New York Times bestselling author

-Featured on *The Oprah Winfrey Show*,  
*CNN*, *Late Night with David Letterman*,  
*ABC's Good Morning America*,  
*Martha Stewart*, *NBC's Today Show*

-Writer for *National Geographic*, *LIFE*,  
and *Outside* magazines



Dan Buettner, author of the *The Blue Zones*. Photo by Richard Hume.



Join *New York Times* bestselling author, internationally recognized researcher, explorer, and National Geographic fellow, Dan Buettner for a discussion of *The Blue Zones* via Skype!

## Wednesday, November 9 | 7-8:30PM

Washington Street Education Center Auditorium | 500 Washington Street  
Registration requested, but not required

RSVP to Sara Wedell, Head of Adult Services at Chelsea District Library: Call (734) 475-8732 or [swedell@chelseadistrictlibrary.org](mailto:swedell@chelseadistrictlibrary.org)

Have questions about *The Blue Zones* you would like to ask Dan? Let us know when you RSVP or bring them with you!



Chelsea Reads Together is supported by a grant from the Chelsea-Area Wellness Foundation  
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