

OMEGA-3

SYNERGY

Today's fast-paced society filled with fast foods, ready-to-eat meals, and lack of exercise has caused a ripple effect of heart health concerns around the world.

Life's demands continue to increase and the human body often pays the price for such sacrifices.

At the core of human health lies the heart - the single most important muscle in the human body. Much like the engine of a car, the heart requires certain additives to keep its chambers and extensive network of veins and blood vessels functioning at optimal levels.

Of the cardiovascular supplements available, omega-3 fatty acids are renowned for their proven heart health benefits. Omega-3 is a natural triglyceride fish lipid concentrate rich in EPA and DHA.

These fatty acids are not produced by the body and can only be obtained through the diet.

Also known as polyunsaturated fatty acids, studies have shown that omega-3 contributes to the body's ability to regulate the ratio of HDLs to LDLs. This important function plays a major role in sustaining normal blood pressure and cholesterol levels.

Synergy Omega-3 is a source of two fatty acids, EPA (eicosapentaenoic acid) and DHA (docosahexaenoic acid). Supportive but not conclusive research shows that the consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease.*



ITEM NO. SU74881 | 60 Capsules

Benefits

- Supports the cardiovascular system*
- Protects cell membranes*
- Helps maintain bone health*
- Helps regulate the body's ratio of HDLs to LDLs*
- Supports already-normal range blood pressure levels*
- Contains lemon oil for improved taste and aftertaste*

Recommendation

Take 1-2 capsules daily

As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

For more information please contact:

Synergy ID:

Email:

Phone:

Website:

Supplement Facts

Serving size: 1 Capsule
Servings per container: 60

Amount Per Capsule	
Fish Oil	1000 mg*
Eicosapentaenoic Acid (EPA)	380 mg*
Docosahexaenoic Acid (DHA)	190 mg*

*Daily Value not established

Other Ingredients: Natural lemon oil, gelatin, glycerin, and water