



Educational Programs

Available for Schools, Community Organizations, Libraries, Religious Organizations and Businesses in Howard County

HC DrugFree offers free educational programs on alcohol, marijuana and other drugs for parents and youth throughout the year. Visit www.hcdrugfree.org to see our current calendar of events or contact our office at 443-325-0040 if you are interested in arranging for one of the programs listed below.

- ◆ **Teen 2 Teen** A panel of teens describes their experiences with substance abuse and how they overcame those challenges and started making healthier choices. Panel discussion follows, including a drug and alcohol abuse counselor who can answer questions and concerns about what parents should look for and what they can do.
- ◆ **Parent 2 Parent** A panel of parents describes their experiences with substance abuse in their children and what they did to deal with the challenges this caused in their families. Audience discussion follows, including a drug and alcohol abuse counselor who can answer your questions and concerns about what parents should look for and what they can do.
- ◆ **Senior Week** Many Howard County high school seniors participate in the Maryland tradition of going to the shore for senior week. Having so many unsupervised teens in one place can lead to dangerous situations, risky behavior, and trouble with the law. Before deciding whether or not to permit your child to go to Ocean City for senior week, find out the facts. The Ocean City Beach Patrol Crew Chief and a local police officer offer their advice and expertise to keep your child safe. Parents are encouraged to bring their high school senior to this informative program.
- ◆ **Emotional Rollercoaster** Teens sometimes abuse substances to self-medicate an underlying mental illness. Interactive panel discussion will provide information to parents and teens on addiction and mental illness, the warning signs and when to seek help.
- ◆ **Distracted Driving** An officer from the Howard County Police Department talks to students about the dangers of cell phones, texting, etc. while driving.
- ◆ **Matt Bellace, PhD** Nationally renowned speaker and comedian delivers a dynamic and humorous presentation on the importance of natural highs and positive social support. This fun program has been described as the perfect blend of stand-up comedy, interactive demonstrations and inspirational stories. Matt educates and entertains on topics such as growing up substance free, adolescent brain development and the Runner's High.
- ◆ **Prom Promise** Substance abuse counselor is available to speak at your Prom Promise assembly.
- ◆ **Haze: *The Perils of the College Drinking Culture in America*** This video profiles the true and tragic story of Gordie, an 18 year old college freshman who pledged a fraternity and was found dead the next morning - a victim of an irresponsible hazing ritual involving alcohol.

FOR MORE INFORMATION, VISIT WWW.HCDRUGFREE.ORG. OR CALL 443-325-0040

10451 TWIN RIVERS ROAD | SUITE 404 | COLUMBIA, MD 21044