THE CENTER FOR

INTEGRATIVE MEDICINE

Anschutz Outpatient Pavilion - 1635 Aurora Ct - Aurora CO 80045 - Phone: 720 848 1090 - Fax: 720 848 1277

Want to get involved?

The Center for Integrative Medicine is supported in part by philanthropic donations. We raise money to help cancer patients access massage therapy and acupuncture who may not otherwise be able to afford these services.

How massage therapy and acupuncture can help



Oncology massage can help with reducing anxiety and relieving pain. Some studies also show significant decrease in respiratory rates, as well as a significant increase in white blood cells and natural killer cell activity, suggesting a benefit to the immune system.



Oncology acupuncture can relieve nausea and vomiting caused by chemotherapy and may help improve immune system function. According to the National Institutes for Health, studies have shown that acupuncture may alter brain chemistry in ways that affect the body's immune reactions, blood pressure regulation, blood flow and temperature, and it may aid in the activity of endorphins and immune cells at specific sites in the body.

How to support Integrative Medicine

If you are interested in supporting The Center for Integrative Medicine and donating to a fund, you can send a check payable to University of Colorado Hospital Foundation with the fund name you want to support in the memo field to:

The Center for Integrative Medicine 1635 Aurora Court, Mail Stop F743 Aurora, CO 80045

If you would like additional information or have any questions, please contact Jordan Mann, Practice Manager at <u>Jordan.Mann@uch.edu</u>.

Funds available to support

Ethel Mendel Integrative Medicine Fund

Supports: program support and development and patient financial assistance

Helping Hands Fund

Supports: Non-breast cancer patients and financial assistance

Pink Ribbon Foundation (http://thepinkribbon.org/)

Supports: Breast cancer patients and financial assistance

Sing for the Cure Colorado

Supports: program development, research, staff education and patient financial

assistance

Lisa E Turner Integrative Medicine Fund

Supports: program expenses, equipment research, staff education and patient

financial assistance