

## **WORKSHOP: AN 114 Developing Effective Menu Plans for Complex Cases**

HOURS: 25 | CREDITS: 7.5

**LOCATION: CSNN Halifax (800 Windmill Road, Suite 205. Dartmouth, NS. B3B 1L1)**

### **DATES:**

January 21, 25, 28 & February 1 and 4, 2013  
9:30am - 2:30pm (Monday and Friday mornings)

### **DESCRIPTION:**

*Open to CSNN Graduates only.*

This workshop offers a series of complex case studies, and includes (1) assessments; (2) diet, supplement and lifestyle recommendations; and (3) sample menu plans. The purpose is to provide holistic nutritionists with added assessment and recommendation skills by having them participate in the analysis of, and menu planning for, these complex cases (some of which involve clients with more than one health condition). In addition to receiving credits for completing a menu plan for each case study, students will receive a final, high-quality 3-day menu plan applicable to each case. In this way, the more case studies that students complete, the more they will accumulate credits as well as quality menu plans that can be used in their private practices.

### **PAYMENT:**

*Fee: \$50 Registration fee due with registration. Remainder of tuition due at first session.*

*Tuition: \$460 (hst included). Current CSNN Alumni Association Members receive 10% discount = \$414 (hst included). Tuition Tax Receipts will be issued.*

*Handouts: included*

**INSTRUCTOR:** Kim Slaunewhite, RHN

**REGISTRATION:** Visit [csnn.ca/halifax/workshops](http://csnn.ca/halifax/workshops) to download registration form

**Deadline:** January 10, 2013

**WORKSHOP CONTACT DETAILS:** 902.425.0895 or [halifax@csnn.ca](mailto:halifax@csnn.ca).