

WORKSHOP: AN115 An Advanced Course in Detoxification

Location: **CSNN Moncton** (1201 Mountain Road, Suite 205. Moncton, NB. E1C 2T4)

Hours: 9.0 | Credits: 3.0

DATES:

Tuesdays, February 5, 12, and 19, 6-9pm.

DESCRIPTION:

In this advanced nutrition course, the details of detoxification will be examined. The course begins with the concept of toxicity and the types of toxins that affect the mind, body and spirit. The different methods of detoxification are discussed, including the organs of detoxification, the seasons and reasons for detoxification. For interest only; a special section on Ayurvedic considerations for detoxification is also examined to give the Advanced Nutrition Student an understanding of another culture. Finally, outlines for different detoxification protocols are provided.

PAYMENT:

Fee: \$50 Registration fee due with registration. Remainder of tuition due before first session.

Tuition: \$212 + taxes. Current CSNN Alumni Association Members receive 10% discount = \$195.80 + taxes. Tuition Tax Receipts will be issued.

Book: Included

INSTRUCTOR: Dr. Nick Anhorn, ND

REGISTRATION: Visit csnn.ca/programs/advanced-nutrition/an-schedules/moncton/ to download registration form

WORKSHOP CONTACT DETAILS: 506.384.2700 or moncton@csnn.ca

