



APRIL 2012 PROGRAMS

HOURS: April 1-May 31
7:30am-10pm Daily

GROUP INSTRUCTIONAL CLINICS

More than ten year-round junior and adult group instructional clinics are offered and led by USPTA Master Tennis Professional Mike O'Connell and his staff at the Indiana University Tennis Center. **Head Pro Mike O'Connell** has been a **USPTA member for over 30 years**, was inducted into the **USPTA Midwest Hall of Fame in 1998**, and was recently named the **2009 USPTA Midwest Pro of the Year**.

The **High Performance Junior Beginner Program**, which includes **Level 1 (ages 4-5)**, **Level 2 (ages 6-7)**, **Level 3 (ages 8-9)**, and **Level 4 (ages 10+)**, uses **USTA's QuickStart format** and is designed to help juniors learn the game fast.

Participants in **Junior and Adult Beginner clinics** learn a range of tennis basics, including the four main tennis strokes: forehand, backhand, serve, and volley. These clinics also cover scoring, sportsmanship, court position, and match play.

For those with some experience, the **Junior and Adult Intermediate clinics** review the basic strokes, while placing more emphasis on movement, scoring, and match play. The emphasis in this level is on ground strokes, court position, and consistency in execution.

Junior and Adult Advanced clinic participants can expect a clinic designed for players interested in actively competing in tournaments or leagues. This program includes advanced drills, competitive match play, tactics, strategy, mental toughness skills and conditioning.

Tournament Players is a junior clinic geared toward the player seeking a district, sectional, and national ranking and participates in USTA tournaments. Emphasis is on strategy, tactics, conditioning, mental training and competitive play.

Spring:	April 9-May 20, 2012
Summer I:	June 11-July 8, 2012
Summer II:	July 9-August 5, 2012

Register for each session at least 1 week in advance and we will waive the \$10 registration fee!

SUMMER PERMANENT COURT TIME (PCT)

The Tennis Center extends the opportunity for members to **reserve Permanent Court Time (PCT)** during the 2012 Summer indoor tennis season. *This is an easy alternative to scheduling your own weekly court time.* This program runs for 15 weeks. A minimum commitment of 10 consecutive weeks is required.

DEADLINE: April 13, 2012

Season: April 23-August 5, 2012

PCT is generally not be available until 7:30 p.m. at the earliest throughout the week and reservations are made on a first come first served basis, honoring past participants first. To request an application, email iuttc@indiana.edu.

HOOSIER PARTNER?

Justin is offering a program called *Hoosier Partner?* to help you find other IUTC members interested in playing at your respective level. Check out the Hoosier Partner board in the lobby of the IUTC. To request additional information, email juovermy@indiana.edu.

CARDIO TENNIS

Cardio Tennis is a **fun group fitness program** taught by qualified Cardio Tennis Instructors. It's a **sixty minute program** which includes **warm up drills, cardio drills, and a cool down phase**. We are one of 1,000 'authorized' Cardio Tennis sites throughout the USA. *Buy 10 sessions in advance and get one session free!* If you have any questions regarding Cardio Tennis, email Chris at cchopra@indiana.edu

Now-June 1, 2012

Monday/Wednesday/Friday 12-1pm & Tuesday/Thursday 6-7pm*

Only \$13/day

**Reserve your spot early for Tuesday/Thursday Cardio Tennis! Limited to 10 participants. Reserve your spot by calling 855-5750 the DAY OF with payment.*

June 4-August 3, 2012

Tuesday 11:30am, Friday 12pm

Only \$13/day

FRIDAY NIGHT FREEBIES

Don't miss out on this great savings opportunity. Now through April 27th, enjoy **Buy 1 Get 1 Free** court time on Friday evenings 8:00 pm-close. Buy 1 hour for the kids and get an hour for yourself FREE!