

28th May 2013

Channelling from White Feather (one of her Guides) to Ann Menzies-Blythe

4 candles burned on the table to acknowledge the 4 elements and points of the compass

(Air/North,

Fire /South,

Metal/East,

Water/West)

Arch Angels Michael and Gabriel also being present.

The figure of eight, sign of infinity moved between Ann and White Feather.

White Feather was respectful of Ann

He worked for the highest level of good to help others and her

This was a new way of working for Ann and White Feather

White Feather sat beside Ann in daily meditation – they have become used to working together

Her house was a beacon of light

The meditation group was very important

It was a shining light

Anchoring the light can be very difficult around here

People who attended were like ‘Light Bees’ from a hive

They return and do the dance of return – indicating why there is a need to shine the light

They walk into a room and lift the energy

They soar like an eagle

When they soar they release the mud (negativity) from around their feet

They soar in meditations

The eagle’s sight is clear and sharp- one sees things for what they are- looking down – negativity, that is then transmuted

When the soul flies it sings – make your heart sing!

The function of the meditation is to help your souls

There are many who are more lost than you know – don’t lose heart – sing your song – hold the light

Those who tread the path to the Great Spirit don’t chose an easy road

The dark side may challenge and seduce into negativity

And yet there are so many good souls at heart

It is important that they don’t lose heart with all the changes

The changes are profound, they are not to be taken lightly

They are not the same as before

We are reaching a time when you have chosen to step into the light
Mother Earth is doing her bit
It's not enough to give something to charity
Make sure every thought is the highest
Every action has good intent
Step into self-responsibility
Have faith that is truer, deeper, and wider than ever before
Changes - Walk without shoes – rebalance
There are many disturbed people who are being shallow and selfish, self - motivated for short term little things
This is a big step
A time will come when those on the path will help those people into knowing, who find it difficult
I bring you both the Spirit of the Eagle – with clear sight and the ability to be close to the Great Spirit
And the Spirit of the Great Bear who knows where the honey is
And the wolf who travels boldly but holds the family dear
And the Owl who brings wisdom in the night
And horses to travel with the wind – a gift to man – they have the understanding that they give their lives to him – but see them run when they are free

The feathers are sacred but particularly the white feathers – they mean communication
I bring white feathers as a sign of my blessing and love until we meet again.

WW 8/6/13