

# illuminations

introduces

**PREVENTIVE HEALTHCARE SOLUTIONS** in Association with

## Thyrocare®

World's largest thyroid testing laboratory

**WELLNESS CHECK UP → Diagnostic Solutions: Determining the Core Cause which creates the break down in the body → Resolution through the Holistic Mind – Body – Energy Approach with Illuminations**

As the wise saying goes, **“an ounce of prevention is worth a pound of cure.”** In alignment with the same philosophy, we at Illuminations have now tied up with **THYROCARE**, a leading pathology lab certified by CAP (Collage of American Pathology) with a goal of providing cost-effective preventive health care solutions through regular body check ups, so all can benefit easily and in order for regular maintenance of health for themselves and family members.

**The goal of this collaboration aims to meet the following objectives:**

1. Maintain the regular bodily functions by resorting to preventive health care measures for the purpose of detecting early warning signs by, bringing attention and awareness to areas of the body which require healing.
2. To avoid long-term illness, and taking preventive measures to reach your wellness goals through, living a life, which focuses on: Meditation, Nutrition, Stress Management.
3. As the root cause of many breakdowns in the body result due to our emotional and mental influences, we will offer a variety of approaches to study the reports through a Mind-Body-Energy approach to reach the cause, and reverse this, as a mode of resolution.

**We have devised three packages that can tailor to all of your healthcare needs:**

### **TITANIUM**

This is our most comprehensive blood screening profile comprising of 83+ tests, including toxic elements profile, which is a new feature and not easily available in the UAE! Due to certain hazardous environments and foods we end up having contents of lead, metal etc. extreme, which are detrimental to our health.

It also includes tests to determine Cardiac Risk, Lipid, Vitamin, Iron & Hormone Balance, Diabetes, Renal, and Liver & Arthritis Screening.

	In short, TITANIUM gives you a complete picture of an individual's health status.
<b>GOLD</b>	<p>This is our standard package wherein we evaluate the different body systems, Heart, Kidney &amp; Liver.</p> <p>Apart from these, BIOGOLD also covers Diabetic Screening, Cholesterol/Lipids Evaluation And Thyroid And Vitamin Profiles.</p> <p>BIOGOLD may be prescribed to any age group to determine the health &amp; functionality of their body systems.</p>
<b>BRONZE</b>	<p>This acts as our most <b>basic health-screening package</b> covering 57 tests.</p> <p>It includes Iron Deficiency, Thyroid And Diabetic Screening Profiles in addition to the basic Renal, Lipid And Liver Profiles.</p> <p>This may be prescribed in adolescence to motivate them turn into healthier adults.</p>

### Clients may avail any three Complimentary Services, after the report as mentioned below:

- One (1) Naturopathy Session with our award winning gold medalist, Dr. Kumar (30 minutes) to study the reports offer natural methods of resolution along with offering guidance on nutrition and health supplements which can accelerate the healing process.
- One (1) Chakra Diagnosis healing to understand the core thoughts and beliefs. which are causing physical body symptoms.
- One (1) Self-Hypnosis session to reinforce positive suggestions and release negative patterns of thinking
- One (1) Energy Healing session to reduce stress and balance energy levels which are directly correlated with hormonal glands of the body.
- One (1) Private Meditation for beginner's session to motivate you for daily meditation practice to reduce stress and risk of illness.

PACKAGE	TEST	Market Value (AED)	Special Price from Illuminations (AED) with 3 complementary sessions as listed below:	Special Illuminations Rates <b>without</b> the three package sessions
Package 1: TITANIUM	83	4350	795	695
Package 2: GOLD	70	2950	650	445
Package 3: BRONZE	57	1700	450	310

### Procedure to Avail:

1. Opt for your package
2. Make Payments at Illuminations (Payment Methods will be attached)
3. Choose Location for Clinic (list of clinics provided) with your preference of a suitable dates and time. Appointments will be booked by Illuminations with the clinics.
4. Visit the clinic and complete your testing.
5. Soft Copy will be provided directly to your email after 72 hours.
6. Hard Copies will be at Illuminations for Pick Up. Courier Service of Hard Copies will be at AED 20/- additional charge.

### Terms & Conditions:

- Optional: One Free (1) GP Guidance on reports offered by a certified health clinic referred by

### **Illuminations.**

- Illuminations is a service provider and not responsible for conducting these tests. We work in association with Bio-Health and Thyrocare as a simple promotional agency.
- Please note that reports will be ready by 72 hours via email directly to your inbox. Hard Copies will be at Illuminations for Pick Up. AED 20/- will chargeable for delivery to your location for hard copy.
- Tests are completely confidential and at the clients discretion.