

# Basic Chili Recipe

## **The Lineup:**

2 lbs. ground round  
1 medium onion, diced  
1 (28 oz.) can crushed tomatoes  
1 (14.5 oz.) cans diced tomatoes  
¼ cup chili powder  
1 tablespoon cumin  
1 teaspoon cayenne pepper  
2 teaspoons coarse salt  
1 teaspoon black pepper  
1 (15 oz.) can dark red kidney beans, rinsed and drained  
1 (15 oz.) can pinto beans, rinsed and drained  
¼ cup molasses  
2 cups water

## **Playbook:**

Brown the ground round with the onion in a large stockpot over medium-high heat. Drain. Add crushed tomatoes, diced tomatoes, chili powder, cumin, cayenne, salt, pepper, kidney beans, pinto beans, molasses, and water. Bring to a boil then reduce heat and simmer, stirring occasionally for 30 minutes.

## **Special Teams:**

Oyster crackers  
Shredded cheese  
Chopped onion

Serves 8 – Enjoy!

Go Bears!!



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