



Dear Fellow Residents,

We co-chair the Resident Group of the Consortium of Academic Medical Centers for Integrative Medicine. This is an exciting new initiative open to residents and interns in programs associated with Consortium institutions so that we can be further supported in our interest in Integrative Medicine.

We want to connect with and support other residents who also value holistic approaches, other healing modalities, preventative care, self-healing, spiritual growth and lifestyle change. Residents who would like to practice medicine with the thought that each unique individual can have a treatment program that suites their belief system and personal life goals in health and spiritual/emotional connection to the world should consider participating.

How exactly will we be doing this?

We, the entire group, will have an opportunity to co-create exactly how this group evolves. If you are interested in being part of the leadership team, please let us know. We are going to begin by:

1. Starting a Facebook group, “Resident Doctors for Integrative Medicine,” and would love for you to join! All residents in programs affiliated with Consortium institutions are welcome. Whether you would like more exposure to the field, or want to engage in dialogue with others interested in integrative medicine we’d love to connect with you!
2. Posting information related to the latest integrative medicine research, conferences and events related to integrative medicine. We’ll also include links, patient handouts and other resources.
3. Holding conference calls every two months. Calls will be short, sweet and HIGH YIELD since we know everyone is super busy! We’ll have clinicians speak to us about how they conduct their practices. And we’ll have clinical sessions focusing on integrative approaches to common issues such as headaches, insomnia, pain, depression and many more.
4. Please go to the following link to request to be added to the new group on facebook: <http://www.facebook.com/groups/resdoc4IM/> . Only members of the group will be able to see each others posts to the group.

We hope you will join us!

Sincerely,

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