

Harare International School Supply List, 2012-13

High School Supplies (grades 9-12)

General school supplies for all courses:

- Pencil case
- Blue or black ballpoint pens
- Pencils
- Pencil Sharpener
- Erasers/Rubbers
- A4 notebooks for each course (typically 7-8 courses) or loose leaf binders (2-hole)
- 4-8 Gigabyte USB memory stick
- 30 cm ruler
- Highlighters, assorted colors
- Colored pencils
- White-out/Tip-Ex
- Scissors
- Glue stick
- Grade 12 students: bring 3-4 cute digital pictures of student as a younger child (for Grade 12 Commencement Ceremony)

Additional Required Supplies for Mathematics:

- TI-83, TI-84, or TI-84 Plus calculator*
 - *TI-84 Plus calculators can be purchased from school for \$150
- Metric/Science graph paper exercise book (2mm squares)
- Compass (for drawing circles)
- Protractor
- Loose leaf binder (A4) with loose leaf sheets
- Dividers for binder

Additional Supplies for French or Spanish

- Pocket dictionary (English-French or English-Spanish)
- 2 hole binder

Additional Supplies for Physical Education (PE):

- PE Uniform (purchased from HIS) at beginning of school year
- Proper athletic footwear — Towel — Water Bottle

Additional Supplies for Explore Zimbabwe trip:

See below by grade level. If you have any questions, please contact the Explore Zimbabwe Coordinator, Carol Madziva (cmadziva@his.ac.zw)

Harare International School

Explore Zimbabwe Supply Lists

Grade 9: Jabulani Wilderness Camp

Most items should be clearly marked with student's name. Please check off items as they are packed.

The following items are essential:

- 3 to 4 sets of clothing,
- Warm clothing for evenings
- Swimming costume
- Rain jacket
- Towel
- Toiletries
- Sun screen
- Insect repellent
- Hats (2)
- Backpack (small for day use)
- Torch + spare batteries
- Water bottle
- Good pair of walking shoes
- Pair of flip-flops (for showers)
- Spare shoes
- Sleeping bag
- Pillow
- Plate, knife, fork, spoon, mug
- Personal medication if required (give precise details to trip chaperones)
- Malaria prophylactics, if desired
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler

Recommended items:

- Book(s)
- Camera
- Binoculars
- Board games / cards

Please do not bring: iPods/MP3 players, cell phones, pocket knives or snacks other than those for the first day bus ride.
Food kept in sleeping quarters will draw insects and rodents.

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

Grade 10: Far and Wide

Most items should be clearly marked with student's name. Please check off items as they are packed.

The following items are essential:

- Very warm** sleeping bag and pillow
- Two pairs good walking shoes
- Socks
- Underwear for duration
- Shorts, shirts, T-shirts for duration
- Trousers and track-suit
- Warm** jackets and jerseys
- Rain coat. (One that works please as it is an essential item)
- Hat and sun cream
- Swimming costume
- Pen, pencil, and note-book
- Towels, toiletries and personal first aid kit
- Torch and spare batteries
- Wooly hat/balaclava and gloves as well as a scarf for winter programmes.
- Water Bottle
- Family medical aid/insurance card
- Personal medication if required (give precise details to trip chaperones)
- Malaria prophylactics, if desired
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler

Only old, hard-wearing and **warm** clothes should be brought along. Please do not bring too much. Everything else you will need will be provided. Please remember that these are the mountains, so temperatures drop below zero and we receive over 120 inches of rain a year including winter rain.

Please do not bring: iPods/MP3 players, cell phones, pocket knives or snacks other than those for the first day bus ride. Food kept in sleeping quarters will draw insects and rodents.

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

Grade 11: Juru Village Visit

Most items should be clearly marked with student's name. Please check off items as they are packed.

The following items are essential:

- Sleeping bag
- Foam pad or air mattress
- Towels
- Day pack to take to the host family home each day (to carry extra clothes, water, etc.)
- Swim costume for bathing
- Work gloves for garden and field work
- Meal kit: bowl, cup, cutlery, one bowl big enough for noodle soups at night
- Personal toiletries to include a box of Kleenex, 2 rolls of toilet paper
- Basic personal first aid: a box of band aids (plaster for cuts), a box of throat lozenges (we have a limited stock in our field trip box, but the inevitable snuffle, sore throat, and scratches tend to happen while working at the family sites. We appreciate you helping the group to be prepared.)
- Sunscreen and mosquito repellent
- Torch and spare batteries
- Journal and pen
- Camera and film
- Long-sleeved shirt/jacket for evening mosquito protection
- Warm sweater, sweatshirt, or jacket
- Warm hat and gloves for evening
- Bush hat or cap that will protect face from the sun
- Pair of rugged shoes
- Pair of comfortable walking shoes, and extra pair if these need a day to dry
- Comfortable jeans and a pair of work jeans
- Tee-shirts suitable for working (Please be culture sensitive.)
- Several pairs of shorts (Again, use your judgment for appropriate apparel.)
- Socks and underwear
- One smart casual outfit, suitable for the closing ceremony
- Girls: a sarong-like cloth to wrap around shorts is required
- Personal medication if required (give precise details to trip chaperones)
- Malaria prophylactics, if desired
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler

The following items are optional:

- Musical instrument, for playing at night and during breaks
- Pocket knives (sheath knives are not permitted)

In general, hard-wearing clothing is required for daily activities. For the closing ceremony, bring a smart casual outfit.

Students will be well fed while they are with their host families, given fruit on the way to their host families in the morning, and they will eat a catered dinner at the campsite. Please do not send excessive quantities of other snack foods.

Please do not bring: iPods/MP3 players or cell phones

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

Grade 12: Lake Kariba Sailing Safari

Most items should be **clearly marked** with student's name. Please **check off items** as they are packed.

The following items are essential:

- Sunscreen
- Sunglasses
- T-shirts and shorts/swimsuits
- Sports shoes for nature walks
- Sandals/slops for the catamaran
- Hats
- Mosquito repellent
- Clothes for cool evenings and hot, sunny days (include a long sleeve shirt as protection against the sun; a track suit is good evening wear)
- Toiletries: shampoo, soap, deodorant, etc.
- Flashlight and spare batteries
- Spending money for the bus trips (There is no place to spend money once on the boat).
- Medical aide/insurance card
- Neutral colored clothes (i.e. browns, blues, greens) for walks
- Sleeping bag
- Personal medication if required (give precise details to trip chaperones)
- Malaria prophylactics, if desired
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler

Recommended items:

- Breakfast snacks and drinks for the bus trip to Kariba
- Reading material and games of your choice
- Cameras with good lenses for wildlife; film; batteries
- Binoculars
- Journal and sketchpad
- iPods/MP3 players for the bus only
- A plastic bucket with a rope attached to it (for washing up)
- Small backpack
- Bottle or canteen for water
- Pillow
- Towel

Please do not bring: cell phones, pocket knives, tobacco

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

There are crocodiles in the lake; consequently, all swimming is prohibited.

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Middle School (Grades 6-8)

General school supplies for all courses:

- Pencil case
 - Blue or black ballpoint pens
 - Red ballpoint pen
 - Pencils
 - Pencil Sharpener
 - Erasers/Rubbers
 - Loose leaf binder (large Archer lever, 2-holes)
 - Lined loose leaf paper for binders (A4, 2-hole punched)
 - 4-8 Gigabyte USB memory stick
 - 30 cm ruler
 - Highlighters, assorted colors
 - Colored pencils
 - White-out/Tip-Ex
 - Scissors
 - Glue stick
 - Fine tip black marker
 - Calculator
- Grade 8 students: bring a cute digital picture of student as a younger child (for Grade 8 Commencement Ceremony)

Additional Supplies for Science:

- Protractor
- Metric/Science graph paper exercise book (2mm squares) (Grades 7 & 8)
- Grade 6 - large notebook

Additional Required Supplies for English:

- English dictionary (to be used at home)
- Grade 6 - 2 large notebooks - for Grammar & Literature

Additional Required Supplies for Mathematics (all available locally and inexpensively):

- 2 Bond Paper Counter Books (hard cover, lined paper, 192 pages or less)
- Heavy duty plastic book cover roll
- 1 Math Instruments Set

Additional Supplies for Information and Communication Technology (ICT):

- Typing program such as Mavis Beacon, installed on home computer (can be purchased through school)
- Inspiration program (optional), installed on home computer (can be purchased through school)

Additional Supplies for French or Spanish:

- Pocket dictionary (English-French or English-Spanish) - COMPULSORY

Additional Supplies for Physical Education (PE):

- PE Uniform (purchased from HIS) at beginning of school year
- Proper athletic footwear — Towel — Water Bottle

Additional Supplies for English as an Additional Language (EAL) Students:

- Dictionary, home language to English — Electronic Dictionary
- Pocket Thesaurus

Additional Supplies for use at home on projects:

- ❑ 1 set of paints (watercolor, tempera, or acrylic) and brushes (to be used at home on projects)
- ❑ 1 set of colored crayons (to be used at home on projects)
- ❑ 1 set of colored magic markers

Additional Supplies for Explore Zimbabwe trip:

- See below by grade level. If you have any questions, please contact the Explore Zimbabwe Coordinator, Carol Madziva (cmadziva@his.ac.zw)

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Grade 6: Matopos Experience

Most items should be clearly marked with student's name. Please check off items as they are packed.

- small back pack for bus and hikes
- small leakproof plastic water bottle for hikes
- toothbrush and paste
- soap, two towels, wash cloth (face towel)
- brush/comb
- lip balm
- plasters (cuts) and lozenges (sore throat)
- underwear/socks
- hat with brim
- Sunglasses
- 2 pair comfortable shoes
- swim costume
- barrier sun cream
- 4 T shirt and 4 pairs of shorts
- 2 pairs jeans/pants
- sweatshirt or anorak (hooded light jacket)
- 2 long sleeve shirts
- warm hat
- Track suit for sleeping (It may be cool.)
- torch (with spare batteries)
- crayons
- mosquito repellent
- games/cards/book/computer games/music for bus ride
- snacks, drink and packed lunch for first day bus ride
- camera and binoculars (optional)
- plastic bag for wet/dirty clothes
- Personal medication if required (give precise details to trip chaperones)
- Malaria prophylactics, if desired
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler
- money for souvenir buying (optional)

Please do not bring: cell phones, pocket knives or snacks other than those for the first day bus ride. Food kept in sleeping quarters will draw insects and rodents.

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

Grade 7: Iganyana Bush Camp

Most items should be **clearly marked** with student's name. Please **check off items** as they are packed.

Duffel Bag

- rugged duffel bag (soft luggage) for the items below. No wheels. You should be able to carry this bag for 20 metres without assistance and without dragging it.
- 3-5 t-shirts
- 1 lightweight long-sleeve shirt
- 3-5 pairs lightweight cotton pants suitable for hiking in hot weather
- 2-3 pairs of shorts
- underwear and socks
- light jacket or windbreaker
- sweatshirt, jersey or light sweater
- lightweight pyjamas, or shorts and t-shirt to sleep in
- Personal medication if required (give precise details to chaperones)
- hygiene items, toiletries
- Malaria prophylactics, if desired
- bath towel
- 1 plastic garbage bag for dirty clothes
- book to read, playing cards (both optional)

DAYPACK STUFF:

- medium-sized, rugged daypack to wear when hiking, for carrying the following items, which you will want to keep handy. Starred (*) items are necessary for all field activities during each day.
- *full plastic water bottle with screw-on top that does not leak. One litre.
- *sun hat with brim. Earth tone colors. Baseball cap will do.
- *insect repellent
- *bandanna or handkerchief.
- *sunglasses (optional)
- *sunscreen (optional)
- *binoculars (optional, but highly recommended)
- *water bottle with shoulder straps or camel back
- *IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- *IF you have a potentially life-threatening asthma condition, you must pack an inhaler
- camera (optional, highly recommended)
- iPod or MP3 player with ear phones for the long bus ride (optional, may not be used at camp.)

WEAR THE FIRST DAY:

- comfortable clothing suitable for travelling.
- walking or sports shoes (low sole, not platforms, comfortable for bush walking)
- wallet with a copy of your health insurance card and proof of Zimbabwe residency.

DO NOT BRING: Cell phones, pocket knives, tobacco or music players. The Forestry Commission of Zimbabwe strictly prohibits weapons, pets, alcohol or illegal drugs.

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.

Grade 8: Outward Bound in Chimanimani

Most items should be clearly marked with student's name. Please check off items as they are packed.

Part of the learning experience of the course involves respecting nature and the natural environment. **Please leave iPods and MP3 players at home.** There is no room in the OBZ safe to store them, and OBZ does not allow them during the course. These items will be confiscated by trip chaperones if they are brought; we can sing together on the bus instead. Bring a book to occupy traveling and free time if you want.

- 1 pair running shoes
- 1 pair shoes/boots for hiking
- 1 nice shirt/blouse for dinners
- 2 sweaters
- 7-8 t-shirts
- bush hat or cap with brim **MANDATORY**
- 2 swimming suits
- 2 towels and toiletries
- pens, pencils, eraser, notepad, sketchpad
- Sun screen **MANDATORY for fair skinned** and Lip Ice
- A warm hat for night and mountain winds
- 6 clothes pegs for drying wet towels and clothing
- Water Bottle **MANDATORY**
- track suit, or clothes to run in
- 9-10 pairs socks
- 7-8 sets underwear
- 3-4 pairs shorts
- 1 pair old jeans
- 1 pair comfortable jeans or cotton trousers
- rainproof/windproof coat
- torch, **spare batteries**
- Wrist Watch to be on time for activities
- Cash for Tuck shop and Halfway House
- Personal medication if required (give precise details to chaperones)
- Malaria prophylactic, if desired
- Certified Copy of Passport and Medical aide/insurance cards**
- IF you have a potentially life-threatening bee sting or peanut allergy, you must pack an epipen
- IF you have a potentially life-threatening asthma condition, you must pack an inhaler
- camera (optional, highly recommended)
- binoculars (optional, highly recommended)
- pen knives (optional, sheath knives are not allowed)
- musical instrument (optional, for playing around the campfire)

Please do not bring: cell phones or snacks other than those for the first day bus ride. Food kept in sleeping quarters will draw insects and rodents.

Please be aware that students are responsible for their own belongings throughout the ENTIRE trip.