



Mountain Valley Seed Co.

Fall Planting Guide

Don't be afraid to plant late, some crops excel and develop their best flavor in the fall. As we always say, "When in doubt, PLANT-seed is cheap!"

Variety	Days to Maturity	Frost Tolerance	Notes
JUNE			
Parsnips	100 - 120		
Brussel Sprouts	90 - 100		
JULY OR LATER			
Cauliflower	60 - 80		
Peas	60 - 70		
Cilantro	60 - 70		
Cucumbers	55 - 60		
Cabbage	50 - 90		
Broccoli	50 - 70		
Carrots	50 - 70		
Beets	50 - 65		
Green Onions	50 - 60		
Kohlrabi	50 - 60		
Swiss Chard	50 - 60		
Turnips	50 - 60		
Bush Beans	45 - 65		
Collard Greens	40 - 65		
Kale	40 - 65		
Summer Squash	40 - 50		
Spinach	40 - 50		
Basil	30 - 60		
Mustard Greens	30 - 40		
Lettuce	30 - 40		
Radishes	25 - 30		
Onions	August	OW	
Garlic	August	OW	

Shorter days to maturity...so keep on planting!

FROST TOLERANCE

Frost is usually the end of your season but some plants do better than others. You can extend your season by using simple hoop houses, blankets, or growing in pots and bringing them indoors.



- Killed by frost



- Tolerates light frost



- Down to high 20's



- Down to 20°

OW

- Will overwinter with protection

Find frost dates for your area at
(tinyurl.com/b7mjop)

NOTE GUIDE



Develops good flavor in cool weather.



Tastes great as a baby crop so don't worry if you don't reach full maturity.



Grows well in a container and can be brought indoors on cold nights.

More information is available at www.mvseeds.com.

