

Subud USA News

Issue #154

May 2013

2013 SUBUD USA NATIONAL GATHERING



This year's National Gathering will be held July 4 -7 at the University of New Mexico, Albuquerque for more information and registration, go to <http://subudusa.wix.com/2013gathering>

WELCOME TO ALBUQUERQUE!

By Aminah Ulmer and Shoshanah Margolin

Our National Summer Gathering will be celebrated starting with an evening Latihan at 8pm on Wednesday, July 3rd. It will end with a closing circle on Sunday, July 7th before noon.

The gathering is about the inspiration we derive from the latihan and one another. We share what we care about and what gives life meaning. We worship as freely as we can allow ourselves, asking God to guide our lives. We celebrate the ways we work together. We discover the multifaceted ways that culture, humanitarian efforts, business, health, education, youth, and families are progressing in our Subud lives. The emphasis is on honoring and putting into action the many gifts we have received. Above all, it is about coming together to feel and experience all that we are given.

WE HOPE YOU'LL COME! Bring your laughter, prayers, energy, interests, talent, and love.

TESTING OPPORTUNITIES

The National Helpers will offer testing opportunities throughout the gathering that will include: inner significance of being alive on the earth, our soul's significance and meaning, awakening testing, letting go of the past, forgiveness, acceptance of self and others, taking receiving into our lives, talent testing, ancestors, levels of receiving, personal testing.

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GATHERING HIGHLIGHTS

The inner meaning of our wing activities, testing for those who wish to observe Ramadan, workshops, entertainment, gift shop, silent auction, live auction, fun activities for children, welcome reception for non-members on what is Subud and the latihan, and more...

REGISTRATION

You may register online on the Gathering website or download a registration form [here](#). If you need a paper copy, please contact the national office at 301-595-0626.

Unlike a hotel that charges high prices for accommodations and meals to cover the cost of meeting space, the University of New Mexico, similar to other universities, keeps room and board prices low but charges for meeting space. Therefore we are asking for a higher than usual price for registration. The early bird rate is \$175 and by June this goes up to \$200. We are hoping many members will donate to the assistance fund to help those who need it with the cost of registration.

ACCOMMODATIONS AND MEALS

We have worked to make this as affordable as possible. We will be staying in a recently opened dorm, Casa del Rio, <http://casadelriounm.com>. Two adjoining rooms share a bathroom. Each is fully furnished and includes two twin-sized beds, internet access, air conditioning, and its own microwave and min-refrigerator. Additionally, two of the four floors in the dorm have a communal kitchen. And the price is right at \$39 per person per night double occupancy including breakfast and taxes, \$44 for single occupancy. Children 12 and under can sleep on the floor on mats or air mattresses without charge. You will have to provide your own linen or rent this from the university at \$11 for the week. We are also providing a list of moderately priced hotels in the area. Please see the Gathering website for more details <http://subudusa.wix.com/2013gathering>.

The meal rates are also quite reasonable. Lunches and dinners on Friday and Saturday are \$9 and \$11 respectively. This price includes tax. Prices will be \$1.00 higher for each meal on Thursday, July 4th as the cafeteria is closed on this day and we will eat in the Student Union Building. A Wednesday dinner is also being offered for those arriving early.

FACILITIES

Indoor activities of all kinds will be in the student union building. We reserved nine rooms just for workshops and personal testing plus additional space for childcare and the gift shop – all on the same floor. The ballrooms for latihan are over 4,000 square feet each. The lower level of this building is perfect for hanging out and socializing, equipped with ping pong tables and chairs.

UNM is only 3-1/2 miles from the airport. You can get to the campus via shuttle, bus, or taxi. Parking is \$1.75 an hour or \$28 a week.

CHILD AND YOUTH PROGRAMMING

There will be separate programming for children aged 0-4, children 5-12, and youth 13-16. If parents are interested, a no fee child coop run by parents will be organized for children 0-4. A team of Subud members is working on programming for children in the 5-12 and 13-16 age categories. One goal of the team is to have many workshops be intergenerational so children and youth of all ages can participate. Additional programming is also being provided. The cost will be \$15 per day per child on Thursday, Friday and Saturday.

OTHER MEETINGS

Our Zone 7 Council will be meeting here as well, starting from July 6 through July 8. Subud USA members are welcome to attend. We have invited council members (from Canada, Mexico, and Suriname) to join us for the gathering to enrich our sharing of cultures. We are preparing for the coming of the world congress. There will be brief updates on the world congress preparations and on what has been going on in Subud USA and Susila Dharma USA.

OUR NATIONAL KEJIWAAN GATHERING

from the National Helpers

Ah, our summer Gathering! Beauty, rejoicing, abundance, like going to a faire, coming alive and heart centered in grace, worshipping and appreciation of the gifts we have been given. A sharing of our experiences and a rich celebration of all kinds of culture: old, young, east, west, etc...as well as the cultures of different countries, preparing for our next World Congress...remembering the Latihan is for all of mankind.

Together we create our time together. Our summer Gathering is about the inspiration we derive from one another, the stories, experiences and the exploring of how we might work and play together...we share what we care about and what gives life meaning.

We worship as freely as we can allow ourselves, asking God to guide our lives, help us face our fears and rejoice in our discovery and growth.

We celebrate the ways we work together. As our wings grow, we learn how to implement what we have received from the Latihan. This is our time to learn what is working well, what is being dreamt of, and what is being birthed. We discover the multifaceted ways that culture, charitable works, business, health, education, youth and families are thriving and manifesting in the world through our Subud experience.

Come! Bring your laughter, prayers and dancing shoes!

ABOUT ALBUQUERQUE

By Simon Shima with assistance from Rohanna Muth and Raphael Seidel

Albuquerque, the largest city in the state of New Mexico, also known as the Land of Enchantment, is welcoming you. The 10,600-foot high Sandia Mountains run along the eastern edge of Albuquerque and the legendary Rio Grande flows through the city north to south. Some 870,000 people, more than a third of the state's population, live in the Albuquerque Metropolitan Area situated at 5,000 to 6,500 feet above sea level. Albuquerque, and Santa Fe and Taos to the north, are known for their active art and cultural communities with deep roots in Native American and Hispanic cultures.

Summer daytime highs are usually in the 90s while dropping into the 60s to 70s overnight. You will find the climate pleasing except for the afternoon heat out in the sun. Due to the high altitude, you may not want to rush into busy physical activities for the first few days; you may run out of breath. Drinking lots of water helps to prevent dehydration in the arid climate and high altitude.

A bit of history: Albuquerque was founded in 1706 as a Spanish colonial outpost. The original town of Albuquerque was built in the traditional Spanish village



San Felipe de Neri Church, Old Town

pattern: a central plaza surrounded by government buildings, church and homes. The central plaza has been well preserved, known as Old Town, a major tourist attraction. You will find the century-old adobe buildings fascinating and dining in New Mexican cafes delicious. Local artisans display their arts and crafts on the Plaza. Also located in Old Town is the Explora Science Center and Children's Museum, which provide a rich experience for both young people and adults.

CONTRIBUTING TO THE NATIONAL GATHERING ASSISTANCE FUND

from Myra Margolin

Help us meet our \$2000 goal!

I attended a lot of Subud Gatherings when I was in my 20s. For some of these, I had a well-paying job and was able to pay for everything, but for many of these, I was not earning enough. It was at these times assistance often materialized for me in amazing ways. About 10 years ago, there was a Subud East Coast congress that I had no intention of attending. A few days before the congress, someone suggested that we test about going and I had a surprisingly positive receiving - but the logistics seemed daunting so I so brushed it aside. A day before the gathering, I got a phone call from a member of my group (I think she had been part of the testing) offering me a ride and a fully paid room! I still remember testing that I did at that gathering. It was very powerful and has stayed with me to this day.

I have other stories like this, but the short of the matter is that I am so incredibly grateful for the generosity of members who helped and supported me (both with funding and encouragement) to attend gatherings when I was a young member. These gatherings were instrumental in the development of my latihan, in my

connection to Subud, and in my really feeling a part of our organization. Since then, I have always donated (even if I can only give a little) out of gratitude and an understanding of the impact that a little gift can make.

Now that I am working in the Subud USA office, I am doing everything I can to build up our assistance fund for this year's national gathering. I have a particular interest in supporting and encouraging youth and families. That said, our assistance fund is available to anyone. We have set a goal to raise \$2000 for this assistance fund. This can only happen if many members help out. You can contribute by credit card at http://bit.ly/susa_assistance, donate when you register for the Gathering at http://bit.ly/susa_register, or send a check made out to Subud USA earmarked "assistance" to: Subud USA, 4300 Howard Rd., Beltsville, MD 20705.

If you are interested in offering a matching fund challenge, please contact me at subudusa@subudusa.org. With much thanks and gratitude.

SUBUD BOSTON IN WAKE OF MARATHON BOMBING AND SCARES

Emmanuel Aronie, Subud Boston Chairperson writes:

Well, this whole Boston region has been in a state of high anxiety; we are all a little more vigilant, not wanting any more surprises for a while.

Subud Boston had its monthly Helper-Committee Latihan and Meeting this last Sunday and, because of the tumultuous events of the week starting with Monday, April 15th's terrible Marathon Bombing and then the search for suspects and police work on Tuesday and Wednesday, Thursday's carjacking, killing, wild-west style car chase, standoff, bullets and bombs used unsparingly and finally Friday's capture of the younger brother, amazing symbology, captured in a boat on dry land, because of all this, I asked the group if anyone thought we should do something, as in contributing to a fund or even simply to share their feelings about it. There followed a rich discussion and expression of thoughts and feelings - from feeling empathy to the 'brainwashed' younger brother (not confirmed yet) to relief and even a kind of joy that we got the bad guys onward to seeing all

this in a wider context - one member said that during this same period in Iraq alone, close to 40 people had died in roadside / suicide bombings.

We have received regards from brothers and sisters here and there already, as we know many more, in our wider community of inner feeling, are one with us, as we go forward together.

I write this at work, off the cuff, but I hope it gives us all more of a feeling of being there, a little closer to the action. I myself was listening to music like Up On Cripple Creek (The Band) with friends in a Somerville bar on last Thursday night, no more than 4 miles from the site of the carjacking, 7-11 Holdup, car chase and eventual shootout on a Watertown street.

Baby, baby, it's a wild world. Stay with that latihan. It may just come in handy one of these days.

GROUPS AND CENTERS

SUBUD ALBUQUERQUE

Simon Shima with assistance from Rohanna Muth and Raphael Seidel write:

Initially some Gurdjieff followers founded a Subud group in Albuquerque in the 1960s. Despite its distance and isolation from the rest of the country as well as its relatively smaller size, Albuquerque is blessed with a Subud group in existence since then. A number of Subud members have come and gone over the years. Fortunately, however, a few 'old timers' have been practicing latihan together here for half a century, thereby maintaining a Subud group intact. Raphael Seidel is a sole member who has been doing latihan regularly and continuously in the Albuquerque Subud group since 1967.

Currently we have latihan twice a week, Monday evening at a Mennonite Church and Thursday afternoon at an Episcopal Church. Currently, 7 men and 8 women attend the latihan regularly, and we have two women applicants. Reflecting perhaps our regional culture, our group has not been formally organized. There has been no committee in the group. Any organized activities, when needed, have been conducted in an informal manner. Now, however, we have Treasurer for the first time in many years. Hopefully, this will lead to some organizational development in our group. It should be noted that Albuquerque has hosted two Rocky Mountain Regional meetings in the last four years.

SUBUD SOUTHEAST MICHIGAN

from Lucian Parshall, (Committee Councillor for Subud USA)



SE MICHIGAN GROUP: Lucian Parshall, David Waxer, Michael Shaver, Richard Roth, Olaf Bowman, Steve Hoerler, Sydney Hoerler, Hannah Parshall, Charo Ledon (applicant), Paul Hess, Mary Wold, and Harris Weaver. Cameos: Csaba Erdelyi and Muhammad Ichlas Berch. Missing: Aaron Heller, Hernando Claros, Jose Claros, Suzanne Eastman and Emily Parfet

Michigan has been without a 'center' since the mid '80s when members of the Detroit group gave up their latihan facilities. Even though the Detroit group was no longer meeting many of its members remained in the SE Michigan region and were isolated for over 15 years. But despite the sizable distances, we remained in touch, using Olaf Bowman's house in Ann Arbor as our hub.

Unfortunately, when Olaf sold his Ann Arbor house the few scattered members became isolated once again. It was several more years before the more 'senior' members got tired of doing latihan alone and decided to find a central location where we could latihan together – at least once a month.

Being so spread out is a real problem. For the 40% of us in the USA not near a Subud group it is easy to understand how travel distances become a barrier to doing latihan together.

The most central location for us turned out to be Brighton, Michigan - it was a 60ish minute drive for several of us – a bit more for others. We started our search with local Unitarian Churches in the Brighton area but they insisted on liability insurance. Finally, in the spring of 2006, we found a Yoga Center that would rent to us at \$30 an hour. So we committed to the 3rd Sunday of each month. The Yoga Center was in an odd location in an out of the way business/industrial complex – so not

GROUPS AND CENTERS

ideal but the space was great - five men were doing latihan in a room that could easily hold 45.

The twist to this story is that within six months the owner of the Yoga Center moved to a more suitable location. It was a mile from the main interstate and she agreed to rent the space for two hours a month. This meant that we could have consecutive latihans for the five men followed by the two ladies. This new location was a perfect arrangement with members being able to socialize in the coffee shop on the first floor, while the others did latihan upstairs in the yoga center. Having a central location that

really works is a big plus for groups that are spread out. Over time the men's group increased from five to fifteen (however, two left) and the ladies group increased from two to five and one applicant.

Over the past five years Molly, the owner of the coffee shop, knows when we are coming and reserves tables for our group and LeeAnn, the owner of the yoga center, now rents to us twice a month.

While we are not a 'center' yet our group life is good and we are growing inwardly and outwardly.

SUBUD DURHAM HOUSE LOAN

In the November Subud USA Newsletter we were delighted to report on Subud Durham's new latihan space. They purchased a 7+ acre parcel of land consisting of two adjacent wooded lots, one with an existing church, a converted double-wide trailer which the group is using for latihan. They now plan to build a 1900 sq. ft. latihan hall on this lot.

The Subud Durham Committee writes:

We're blessed, but not satisfied. The trailer doesn't have a long shelf life, and is far from ideal in terms of accommodating simultaneous latihans for large groups of men and women. We want this place to be a resource not only for our group but also for smaller Subud groups and for isolated members around the state. So the group gulped again and embarked on a project to build a new hall. We raised more than \$12,000 in cash and received a \$20,000 loan from Subud USA. The Muhammad Subud Foundation has loaned us an additional \$20,000 and added to that a grant for the same amount. The lender for the purchase of the land forgave \$25,000 of the debt, increasing the group's capacity for the monthly payment on these loans. And we raised \$25,000 more by selling three acres of the parcel to a group of Subud members, who plan to use it for a sustainable agriculture project. Hurray!

When the editor of MSF's newsletter asked us to contribute an article explaining what the new latihan hall means to us, we thought, who better to answer this than Subud Durham's young people, who make this group so vibrant and motivated. Here's their response, written by Madelyn Ward (age 18) and organized by Madelyn and by Fatimah Bustillo (age 21).

As a child of Subud, I have always known the love of my Subud brothers and sisters (and aunts and uncles) to be a special one. It belonged to nice ladies in long skirts who

cooked delicious foreign meals, and gentleman with eyes that crinkled when they teased me and my sisters about how tall we'd grown. And this love belonged to kids who knew what I meant when I said the word "Subud." But I experienced a place just for Subud only once. The atmosphere was heavenly...

Last year my family and I moved to North Carolina, and Subud Durham. We were warmly welcomed by 25 members (12 of whom are under the age of 25) and nine more children too young to be opened. Here are some of the reasons why the youth of Subud Durham are excited about our new home:

- The best thing is that it's ours. You feel like it's a more special place. To be able to own it is like a gift from God. (Latimah – 23)
- We can have a place to do activities and extra things. It's nice to go there and see our friends. And we have a place to play soccer if we want. We can make it however we want. (Marini – 17)
- The best thing is having a space to hang out with the Subud group, and the kids don't have to stay home when everyone else is at latihan! We're able to be part of the group more. (Bella – 12)
- You can make as much noise as you want. Like if you have to yell during latihan, you can do it freely. (Bakhtiar – 20)
- The youth will have things to do during latihan. (Arief – 11)

GREETINGS FROM THE OUTGOING CHAIR OF SUBUD FLORIDA INC,

Roseanna Ovington

We had a wonderful, harmonious, fruitful and fun gathering [April 6-7] at the home of Noel and Bertina Busch in Orlando. A special gift was given to newly opened Tatyana, as she was presented with a 'Well Wishes' box donated by Robert Mertens and Zolport.com - Welcome Tatyana!! A special 'Well Wishing Box' with Robert Mertens' art in tile (the Solomon's home business enterprise, Zolport.com), was also purchased by guests and presented to the Busch's for their awesome hospitality. In attendance we had nine visitors and ten Subud Florida members.

Some changes for 2013 to the Committee include Albert Wooster now as Chair, with myself as Vice-Chair to assist. Communication's Coordinator is now Steve Cottrell (replacing Veronica-aka-'ClayLady' whom we can't thank

enough for almost ten years of service!!). Noel Busch remains as Treasurer as well as Bertina Busch as Secretary. Fundraising Coordinator is now Mark Balenger, who brings some great ideas to the organization-look for some great things from this motivated member, as well as outreach suggestions.

Voluntary Dues are being accepted for 2013 to assist in multiple areas for the organization, to keep our pledge up for SEC, Subud Cuba, and hopefully Delegate travel to the congress when the time comes. In addition, I have requested we initiate an SYA fund for Subud youth to travel to congresses. So much is happening - get involved - do Sim Lats [that 'simultaneous Latihans] when possible as testing showed, for the women at least; this can help with matters of being isolated!

NOTE: This is the fifth of our series on Subud groups and centers in the U.S. If your group is willing to be featured, please write to newsletter@subudusa.org. [A center has at least ten members, a chair and treasurer and a male and female helper, whereas a group simply consists of members who latihan together.]

WORLD SUBUD ASSOCIATION e-NEWS: a FOCUS ON CENTERS

The April WSA News begins: "This is the first in a series of articles and observations about issues of particular importance to us as Subud members around the world" and lists Subud Centers first. Here's an excerpt:

The strength and vitality of Subud which is based on reality depends on the health of the Subud groups in the centres. Subud Centres represent our intake of oxygen; this is where the latihan happens. They also represent the interface with the world around us... So how can we encourage and support the development of the quality of the Subud groups, besides what we are already doing well?

Well, the first and essential aspect is always the latihan. Everything comes from the latihan. But if we do not have the courage and energy to implement and carry out what we receive, the latihan does not develop; it remains the same. I believe that this is valid for individuals and for groups, too. Subud Centers are also an expression of that: a balance of the material and spiritual aspects.

So what can we do right here right now? First, we can agree on and commit to a Subud endeavour or initiative to support our centres. This means some kind of renewal in our commitment would take place... we could come up with some kind of integrated approach to support the development of Subud groups in the following years. Perhaps at Puebla World Congress we can have a Subud Centers/communities theme day. ...We plan to send out a letter on this accompanied by a short survey assessing the general activities around Subud centres/houses.

From Luke and Elias, WSA Chair and Vice-Chair, wsachair@gmail.com and elias.dumit@gmail.com.

FROM AND ABOUT MEMBERS

ATALANTA: WHAT'S NEXT AND AN INVITATION

A project in the high desert of Colorado, from Marcella Lunt

The birth of Atalanta came to my mother, Joanna Dokson, through a series of receiving's during a Ramadan fast in 1974. In these experiences she saw people of many generations and cultures working together....She identified the mountains years later as the Sangre De Cristo Mountains in Colorado from a picture in National Geographic. Years after that, she learned of an organization that gave land grants to spiritual and environmental groups. Jumping forward again - after a series of meetings, latihans, and testing, forty-four acres in the high mountain San Luis Valley were granted to SICA for the project. Ibu Rahayu gave the name "Atalanta" with the meaning "Learning to live with personal responsibility, in peace and harmony with all creation." When the Atalanta Association was granted non-profit status the title was transferred from SICA to Atalanta.

Because the visions that gave birth to Atalanta were clear that it was to serve the world community, not only Subud, it was accepted that Atalanta was not solely a "Subud Project," but a project started by Subud members. In the beginning there was great enthusiasm. Subud members from around the world attended the ground blessing ceremony in 1994 along with many people from local spiritual groups. Over the years there have been many programs and workshops run with and by Atalanta...including the Cooperative Garden. In 2003 the 2nd International Varindra T. Vittachi Conference on Educating for a Human Future brought together young people from around the world.

As is typical of most organic inhabitants of the desert, Atalanta has been slowly establishing its roots and foundations, battling drought, sun, wind, cold as well as human obstacles. In addition to the successful programs, Atalanta has obtained new access to the land, making it more convenient and shortening the drive significantly. Recent renegotiations with Manitou Foundation, the land grantor, have solidified Atalanta's presence in the community and helped Atalanta move forward with simplified land use guidelines.

From the first brain storming, latihan, and testing - long before I became involved with Atalanta - it was part of



the plan to have a designated Latihan Hall/Subud House on the Atalanta land. Atalanta is important to the community, to Subud and to the world. Here we are, at a crossroad, with this land, this project and these receivings. What do we do next?

I invite you to email any of us with questions, thoughts or ideas. Think about your relationship with Atalanta, and if you feel so moved, test about your relationship or about Atalanta's role in the world.

We would like to extend an invitation to all Subud members who would like to visit Atalanta after the National Gathering in Albuquerque. There will be volunteer opportunities and accommodations, including rooming or camping at the Baca Grande Stables or on the Atalanta property. To find out more, contact Marcella Lunt, cilly.celly@gmail.com or Lucien Pevac, revolucien2000@hotmail.com or write to Atalanta Association, P.O. Box 105, Crestone, CO 81131

SEVEN CIRCLES SEEKS CARETAKING COUPLE

from the board, www.sevencirclesretreat.org

We are seeking a couple to manage a beautiful 10-room Retreat Center in the Sierra foothills close to Kings Canyon and Sequoia National Parks in California. Must be willing to do what is required in the areas of housekeeping, general maintenance, swimming pool maintenance, grounds keeping, cooking, taking care of

guests, and all other aspects of operating an Interfaith Retreat Center.

[Read the full job description.](#)



Lusijah Rott, Seven Circles Board Member, writes:

"We would really love to get a Subud couple. Guests respond to how good it feels to be at Seven Circles. It's the latihan."

"NOT MY WILL BUT THY WILL, OH LORD!" (or "Not 'My-Kraine' but U-kraine")

Marsiya Belinska and Sandra Lykhatska on behalf of the National Committee and all Subud Ukraine explain how Subud came to be there and Emmanuel Aronie's integral role.



Twenty years have passed since that day when we heard for the first time the word "Subud" from the stage of a big conference room first in Kyiv and then in Cherkassy. Emmanuel (then Seth) Aronie went to Ukraine from the USA together with a group of hypnotherapists and healers on the program-trip called "A Healing Arts Workshop Program in the Soviet Union".

In his letter from Kyiv to Subud USA Seth wrote: "First night in Kyiv, about 300 people showed up for the general session, in which all the ten "healers" made their presentations. My introduction went for six or seven minutes, with translation. But before I made this short talk, I already felt some light energies. In fact, as particular people took their seats in the audience, I felt several times an impulse inside. As you might expect,

these were the people who ended up coming to the Subud workshop and being interested in the latihan. ...The great majority reported having significant inner experiences, before or during the workshops."

Seth had no choice but to start applicants meetings (men and women together, for which we jokingly called him papa-mama). He was staying in Kyiv and coming to Cherkassy every two weeks. In so doing, he kept correspondence with International Helpers. After two months the IHs Khadariyah Gardiner and Leonard Lasalle assisted by Istafiyah, a Russian speaking helper from England, came to conduct the first openings. In all, a startling total of 98 people were finally opened in Ukraine and almost all sang and moved straight away.

Emmanuel did not leave us but stayed in Ukraine for a year shuttling from Kyiv to Cherkassy to do the latihan with his new brothers and sisters and talk about the latihan.

Several years before his visit to Ukraine Seth began studying Slavic languages... As Emmanuel recalls, he does not know why he felt drawn to this part of the world (his roots are in Lithuania, though), why he started studying Russian (when he came to Ukraine, he could speak Russian fairly well). "Do you know how it feels to suddenly get a constantly available energy to do something? Well, that year it was, and still is, Russian for me".

We are happy to be a part of the world Subud family. Many, many thanks! We are waiting for all of you, dear Subud brothers and sisters. Welcome to Ukraine.

FOOD IN JARS

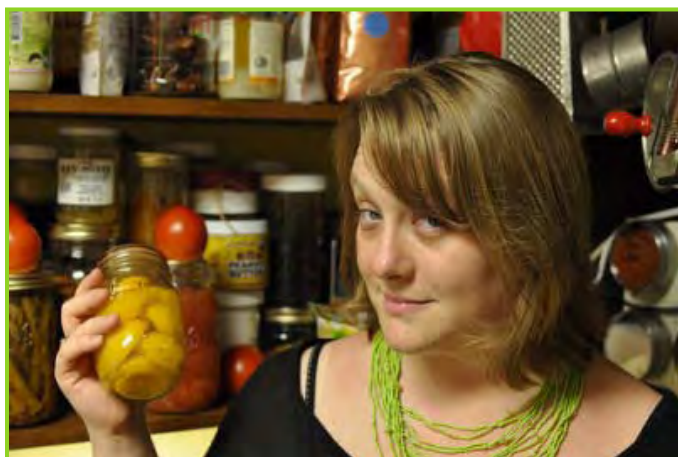
from Marisa McClellan

Marisa is a food blogger, freelance writer and canning teacher based in Center City Philadelphia. She runs a website, www.foodinjars.com, where she writes about canning, preserving and delicious things made from scratch. She 'always tries to listen to the little dribbles of guidance the universe sends my way...'

When I started canning I was 27 years old... One summer afternoon, a friend and I drove out to a u-pick farm in southern New Jersey and proceeded to spend hours filling large plastic buckets with blueberries. I went home with 13 pounds of blueberries, as well as a bulging bag of imperfect peaches. I spread my bounty across the dining room table, gathered my jars, and called my mom, Leana, for a quick cross-country canning refresher (if you've ever gone to Menucha, you may well have picked up a jar of her jam).

I had grown up watching her can and had always been a willing helper. Happily, I managed to make my jam, get it into jars and run it through the canning pot without breakage or any major disasters. When I pulled the jars out of my stockpot and lined them up on the counter to cool and seal, I knew that this was something I wanted to do again.

In those early days, I did a great deal of reading about canning. One of the things I found most immediately frustrating about the available writing on the topic was that often, the recipes and cookbooks told you how you had to do it, without offering any explanation as to why it had to be done that way. I've never been good at blindly following instructions that were offered without rationale



and so I started to research the reasoning behind canning. I started the Food in Jars blog as a way to share the things I was learning. [Plus] in the time I've spent writing about canning and teaching classes, I've learned that people come to canning with a lot of fear and anxiety. They're certain that it's more work than they can handle or that they're going to end up making someone sick thanks to an imperfectly preserved jar. I work on helping people release these fears.

In our society, canning food is an optional occupation. Living on the 20th floor of a high rise apartment building in Center City Philadelphia means that I don't always fit the mold of a traditional canner. But canning gives you a connection to your food in a way that simply does not exist otherwise. My first cookbook, called [Food in Jars: Preserving in Small Batches Year-Round](#), was published by Running Press in May 2012 and is available wherever books are sold. A second book is due very soon.

Halimah Martin wrote of Marisa's blog: I'd been hunting for a good recipe for quince marmalade, and stumbled on a really awesome website called 'Food In Jars'. I didn't pay much attention to the woman's name who launched this website, but I did pay attention to the fact that it was very well-written, had very nice photographs, and overall had that extra stamp of quality. It turns out that this woman is...Marisa! I was flabbergasted and thrilled!

ADOPTION NETWORKING

We have adopted a daughter from China (she was 5 when we adopted her, in 2003). I don't know anybody else in Subud who has an adopted child - I would just like to exchange emails please, perhaps share stories or experiences, and perhaps receive support from folks in a similar situation, if anyone would be so kind.

Please contact Irena Garrett at irenagarrett@gmail.com.

RAINA ROSE AND THE NASHVILLE FILM FESTIVAL

In the February issue of Subud USA News, we reported on Raina Rose's success as an independent folk singer. (Her fifth album is soon to be released, www.rainarose.com). On April 19 the documentary film "Folk" featuring Raina along with two other acts debuted at the Nashville Film Festival. Two and 1/2 years in the making, see the trailer [here](#).

Information from *Indiewire* reads: "...the movie explores the new indie folk scene, where house concerts, and playing for cramped, but enthusiastic audiences of 20-30 people is the new norm. Social networking and folk conferences also help keep musicians and fans connected, all while they hit the road, trying to live the dream. And in this exclusive trailer, you'll see the variety of stories Terry spins in 'Folk', from a four-month pregnant singer (*Raina*) making her way on the scene, to a briefly famous folkster still clinging to that past glory. "

WHAT TO DO TO GET MORE AND YOUNGER MEMBERS

An excerpt of Maya Korzybska's, WSA Executive Vice-Chair, musing sent to Subud USA News... [Read her complete essay](#).

Following exchanges on the never ending question of 'what to do to get more and younger members', here is my 10 cents worth... Please accept these are my personal ideas. Apart from newsletters, websites, portals, presence in telephone books, libraries and multiple other ideas that have been put into place, I think we should look at our 'success cases' where in my opinion courage has been one of the positive aspects and total openness the other...

[SUBUD LEWES](#), UK: Once I was walking down the street in Lewes and a lady in a big car stopped me to ask where the Subud house was; she was going to some event there. Of course I could tell her and I felt so good, because Lewes is a place where you can say you are in Subud with openness and in no way feel uncomfortable. Their Subud house is totally open to public events and has a big sign outside explaining what Subud is. In Lewes the members have had the courage to make big projects in the name of 'Subud' in the sense that everyone knew that Subud and Subud members were behind them: the Lewes New School, Pelham House, and other projects. Of course as

everywhere mistakes may have been made, but overall Subud has a good reputation in Lewes.

The direct consequences of this is as far as I

can see are many new candidates and members to the point that many times Latihan there is totally overcrowded and that Subud has won the tender for the development of a large project. This is for two reasons: one, they had the best project and two, they have a good track record. So why do we not see this mixture of courage to do BIG projects together and total openness about Subud being behind what we do, as having a direct influence on the number of new people who come?



[MAKING SENSE OF IT ALL](#)

Read Lola Stone's blog...

This world, as I see it, is a testing ground—a purgatory that prepares us for the next level of our soul's development. We are required to earn in advance our periods of peace and contentment...

NOTE: Lola turned 97 in April and writes a regular blog from her home in Thailand. She was born in Brooklyn, and spent much of her adult life in and around NYC until she moved to Thailand.



AFFILIATE AND ACTIVITY NEWS

SUSILA DHARMA USA

THE STORY OF HO THI LOAN, *Landmine Survivor*

Interview with Mardijah Tarantino, SD USA Communication Liaison

Sitting in front of me I see, on my computer screen, a lovely young lady of 22. She looks like any other young woman, except when she shows me her foot, which is abnormally shaped. "Disabled, I would have had to forage in the forest for a living the rest of my life. But I have been so fortunate – I wish I had brought my gold medals to show you!"

This is the story of Ho Thi Loan, who is from the Bru mountain tribe, a poor, ethnic Vietnamese minority. She begins by telling me how she was injured as a child and how her life has changed beyond anything she could have hoped for.

"My mother tells me this story, as I cannot remember it. My parents were poor farmers in the mountains. There, it is customary to carry out the slash and burn methods of farming. One day, when I was about two years old, without my parents knowing I followed them out in the fields and I was playing not far away, when there was a sudden explosion. The fire had ignited a hidden bomb. The explosion badly injured my right foot. My parents took me to have it looked at, but the medical conditions where we lived were not very advanced. All they did was give me a shot against infection.

"As the years passed, my foot grew worse. It hurt terribly, but there was nothing they could do. I was too crippled and in too much pain to work in the fields. The most I could do was hobble out to the forest to gather wild fruit. That was my life, and there was no possibility of a different future."

"And now you must meet her coach –" [said the translator]. "My second mother," said Ho Thi Loan. "She is the one who saved me from that life." An older woman, the coach in question suddenly appeared on the screen and sat down next to Ho Thi. "My coach, who is a sports disability government official, was scouting for candidates in rural areas to train for a national swimming team of disabled athletes."

"One day," Ho Thi continued, "Coach came to our farmhouse. She could see how interested and enthusiastic I was and how eager I was to take advantage of this opportunity." Ho Thi looked down at her lap. "She had no luck in persuading my parents. They told her that a young girl should not be alone out in the world, and especially since she was a cripple. They could not be persuaded. But the coach" (here the two ladies looked at each other with warm smiles,) "my second mother - didn't give up. She returned several times until she finally persuaded them."

"Then there was the problem of my foot, which continued to be painful and crippling. In reality, I was in no state to endure such training. When my coach took me to have the foot examined, we learned that I would need several expensive operations. So much time had gone by since I had been wounded. Who would pay for that? No one could bear that expense, not my coach and certainly not my family. Then my coach had an idea: she had heard about the branch of *Clear Path International* that sponsored surgical operations for athletes. At the CPI surgery, I held my breath as they examined me. Then they agreed to take me as a patient. It was in 2005 when I underwent the operations." Ho Thi clenched her mouth remembering. It must have been so painful.

"Slowly I got well. Finally I could get around and begin learning swimming techniques..."

"She very soon became a champion swimmer," interrupted the coach, "such an excellent swimmer that last year she competed in the National Sports Olympics for the Disabled in Ho Chi Min City where she earned 5 gold medals and one silver!"

Clear Path International, with funding from the US Department of State, SD and other donors, assists civilian victims of war in Vietnam, Cambodia, Laos, along the Thai-Burma Border and in Afghanistan. <http://cpi.org>

WINGS SUPPORTING WINGS... TOGETHER WE SERVE

-All members of the SD USA Board of Directors and SES donors

Double your donation to SD USA!

It is with great pleasure that Susila Dharma USA is able to announce the Subud Enterprise Services (SES) Spring Matching Fund for 2013. Businessmen and women of SES have joined together to donate seed money to form a \$5,000 matching fund to help raise funds for SD USA. We are very grateful to this dedicated group of Subud entrepreneurs who have stepped forward to help our 20 Susila Dharma projects serve the thousands of clients who daily receive SD services all over the world. SES has also given us a great example of Wing collaboration within Subud by showing how Subud brothers and sisters can work together to do the work of Subud in the world.

This matching fund gives every Subud member a chance to have their donation to SDUSA greatly enhanced. All donations to the SES/Enterprise Spring Matching Fund will be doubled up to a total of \$5,000. Subud inspired schools, health clinics, community centers, and all of our other SD USA projects will doubly benefit from your generosity. Please do not let this marvelous opportunity go by unused.

VISIT THE NEW SD-USA WEBSITE

<http://susiladharmausa.org>

...continuing the same domain

Following the SD USA board meeting in February, the decision was made to create a new website with the expertise of board member Rob Dodson.

"Established in 1981, Susila Dharma USA has over 30 years experience in supporting humanitarian programs worldwide. One of 24 national Susila Dharma organizations, it currently assists more than 20 programs across the globe in addition to aiding disaster relief efforts as initiated by our programs."

You have until May 31 to dig deep and let the spirit of Susila Dharma shine through your generous tax-deductable donation. You might want to suggest to your Subud Center or group that they consider doing a local fundraiser for this matching fund.

Write your check out today to Susila Dharma USA and be sure to memo line for the SES Matching Fund. This is vital so that we can track how close we are to reaching our goal. Mail your check to the SD USA office at: Susila Dharma USA, 4216 Howard Rd., Beltsville, MD 20705. You are also invited to visit our website, www.susiladharmausa.org and click on donate. Go to "direct donation to" and choose SES Matching Fund 2013.

Our deepest thanks go out to you for your ongoing support of Susila Dharma. You truly make it happen!



Current Board Members Left to Right: Michael Shaver, John Schoenthaler, Hamid Alexander, Lusijah Marx, Evan Padilla, Mardiyah Tarantino, Robert Dodson, Hoan Toan Phan, Suzanne Renna, Marilyn Schirk, Lucia Ryan

SD USA IS SEEKING CANDIDATES FOR BOARD MEMBERS

at the Gathering in July. Please pre-test if you are so inclined. Remember, testing on SD in itself is always rewarding, so if your head says nah, and your heart wavers, find out what your Inner has to say - you might be surprised!

Applications for Board Associates are also welcome. One of your many talents could be of great use to us. Contact: Evan Padilla, Chair, evan.padilla@gmail.com, or Michael Shaver, board member mtshaver3@hotmail.com.

SUBUD INTERNATIONAL CULTURAL ASSOCIATION (SICA)

INTRODUCING INSIDE STORIES

Melinda Wallis, SICA USA Board Member, interviews Subud Creatives

Latifah Taormina, SICA Chairperson, writes: The penny dropped that SICA isn't just about artists. It's for all those people who are using their real talents, whose work is somehow informed by their latihan — touched by the soul. This inspired Melinda to begin interviewing people who'd experienced this creativity, this "touch of the soul" as it relates to what they do in life. So if you're willing to be interviewed and share the story of how you came to do what you do, please contact SICA gal Melinda at melinda.wallis@gmail.com.

Visit the [Inspiration section of the SICA website](#) to read INSIDE STORIES. Read additional stories [here](#). The most recent interview is [Getting to Know Aminah Raheem](#).

SICA PRIZE



SICA is awarding a significant cash prize to a young person, age 19-28, active in Subud, who demonstrates an extraordinary TALENT in some field. (Art, Science, Education, Technology, Business, Film, Medicine, for example). The prize, minimum

\$10,000, will be awarded at the Subud World Congress in Puebla.

To be considered for the prize, talented young people must submit an application through their national or zonal SICA organization. National or zonal SICA organizations will in turn select the nominees to go forward to SICA. An independent jury will review all nominations and select the prize winner who will be announced at the Subud World Congress in Puebla, Mexico, August 2014.

[Download eligibility guidelines and application form.](#)

ASSOCIATE MEMBERS OF SICA

on behalf of the SICA Board and Team

SICA is inviting Subud members doing creative and innovative work — and/or their projects and enterprises — to become Associate Members of SICA.

"Creativity and innovation — awakened by our own inner selfhood — are at the core of SICA's work," says Latifah Taormina, SICA Chair. "Including Associates whose work exemplifies these attributes will strengthen the both of us, and together, we can help each other build a more truly human society. This is another critical step we are taking to strengthen SICA worldwide. Your help, your love, your support, your prayers and all other good vibes are most welcome!"

For information and an application form, [use this link](#). If you have any questions contact us at: sica@subud-sica.org.

COOKBOOK: CALL FOR RECIPES

SICA International is publishing a cookbook of Subud members' worldwide cuisines. The cookbook will be launched at the 2014 Subud World Congress. Please send recipes for appetizers, vegetables, entrees, desserts, beverages, and celebratory foods - any recipe that means something to you and your family. [Please download and put your recipe on this form](#) or submit it to Hamidatun Karapetian at hamidatun1969@gmail.com. Include your understanding of the history of the recipe and any family traditions or stories in your email.

THE SICA 2012 ANNUAL REPORT is available online. Latifah explains: "Please don't get all excited at our apparent surplus. We will need all that and much, much more for all our Congress activities, not to mention our new SICA prize."

STAY SICA CONNECTED

For a wealth of cultural news from around the world, visit: www.subud-sica.org. To receive periodic international SICA news directly, subscribe [here](#)

MOZART-ERDÉLYI RECORDING PROJECT

from Csaba Erdélyi and Mary Wold



I would like to bring to your awareness the upcoming second and final part of the Mozart-Erdélyi project, which will be the world premiere CD recording of my string sextet arrangement of Mozart's Sinfonia Concertante, K.V.364. Hamilton Cheifetz, professor of cello at the University of Oregon, is also playing in this recording. (Photo - Csaba and Hamilton) The project is administered by Sinfonia da Camera of the University of Illinois, the orchestra where I have been principal viola for 15 years.

Mary Wold, Artistic Manager, writes: The Sinfonia Concertante is one of Mozart's well-known and much

"A PRAYER FOR ALL MANKIND"

[2010 Subud World Congress Concert now available online](#)



Dahlan Foah announces: Finally, edited, the 2010 Concert which I conducted in Christchurch, New Zealand, at Town Hall with the Christchurch Symphony Orchestra Strings ...is available online. The first part is the Calls to Prayer of various religions followed by the Mendelssohn "Concerto for Piano and Violin" and then the second half is with the orchestra and chorus featured in works by Haydn, Mozart and Vivaldi. Enjoy!

From the program: For many years, Dahlan Foah has combined his talents in music and

the visual arts with a prescient ability to work with emerging technologies, to become one of the founding members of the audiovisual/multimedia industry. As the principal audiovisual consultant to the United Nations for the past 35 years, Mr. Foah brought a powerful artistic sensibility to exhibitions, World's Fair pavilions and visitor centers.

loved compositions. It has been recorded dozens of times. Nevertheless, Csaba has a unique relationship to this double concerto. In 1984, he was chosen to play it for the soundtrack recording of the film Amadeus. In 1992, inspired by the conversational, intimate quality of exchanges between violin and viola so reminiscent of Mozart's best chamber music, Csaba arranged Mozart's original orchestra score for string sextet. Every note that Mozart wrote can be heard in this arrangement, even the oboe and horn parts. Thus, Mozart's masterpiece can now be enjoyed in a new way...

[Read Mary's complete interview with Csaba.](#) For further information about the Mozart-Erdélyi Recording Project, write to Mary at wold.artists@gmail.com.

WELCOME HOME

There is only one place
where you can feel safe
I tell myself
Here
in here.
This is where it all begins and ends.
The world you know
is the only world there is.
If you can find your way back here
following the increasingly familiar path
then you have a safe place to be alive in.

This is the home you always wanted
It's small and ordinary
plain walls
the view whatever you are looking at.
Sometimes it's a white stone cabin
high above the sea
Sometimes it's a cell in a bee-hive
where every move you make
is known by everyone.

You probably know better than to
bother with location or definition.

There's a place in you
that's home
I tell myself.
The more at home you are
the further you will go.

Emmanuel Williams, for more [click here](#).

SUBUD ENTERPRISE SERVICES (SES) - US

News from Hanafi and Levana Fraval, SES USA Coordinators

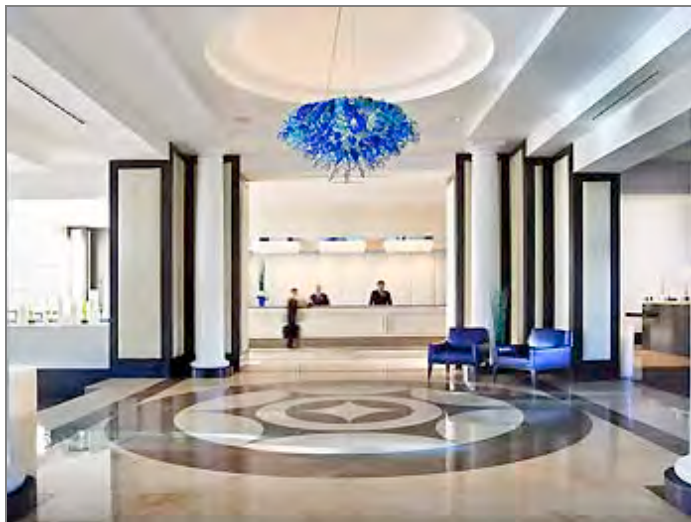
Hanafi: fbeco@me.com

Levana: lfraval@me.com



WORLD ENTERPRISE MEETING

We are delighted to have this opportunity to meet, to work and to be together. Our Subud Enterprise Services (SES) World Enterprise Meeting will take place in parallel with the [Subud California Congress](#), Friday May 24 - Monday 27, 2013, at the Sofitel San Francisco Bay Hotel.



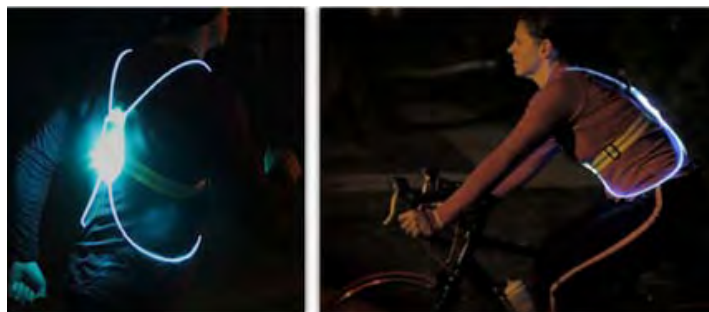
There are some really interesting enterprise stories to share. There are several new enterprises that you will want to know about. There will be opportunities to present your own business, to network and to share ideas with your Subud entrepreneur peers. There will also be many opportunities to be a part of the Subud California gathering. And then there are techniques and methodologies such as The Lean Startup process to be presented.

The structure of our meetings is to start the day with a latihan, then move through a series of presentations and workshops until lunchtime. After lunch we go offsite by bus, which is a great way to promote networking. This will be a great program, but for it to work, we need you to attend, and you need to benefit. It's a two-way process. [Check out the program](#) (evolving all the time) and book now at www.sesusa.biz/Conferences.html

Please come. Between 1996 and 2000 Levana and I ran SES meetings with the same formula. They were a great success and people still talk about them today.

ENTREPRENURIAL SPIRIT

In addition, a younger Subud member, Simon Curran, is starting an enterprise, *Noxgear*, with his partner to manufacture high-tech illuminated sport 'vests' that allow athletes to stay visible at night. We believe he has a great product and support his enterprise. [Find out more.](#) *Mashable* created a Video Special on *Noxgear* at <http://bcove.me/e3yx1txw>, bringing the product more visibility.



ENTERPRISE NEWSLETTER

Please click on the link to download the latest issue of *The Entrepreneur Vol. 5 No 3*, hot off the press. [The Entrepreneur](#). Articles include Melting Pot Pizza, Robert Bachelor's 40-year-old business (); Introduction to the Lean Start-up by Hamid Kaber; a program and registration form for the SES World Meeting and more.

Hanafi and Levana write in *The Entrepreneur*: "SES used to say: support enterprises; then enterprises will support Subud. Well, we need to better walk the talk. So SES USA plans to concentrate more on enterprises that have the potential to support Subud. This doesn't mean that SES will abandon other enterprises.

In order to identify enterprises that have the potential to support Subud, a comprehensive evaluation process has been initiated. Once a promising enterprise has been identified, there follows a full SES board review after which the enterprise's business plan is shared with a panel of experienced entrepreneurs via webinar. One reason we have been able to take this approach is that SES has been allocated funds for enterprise development by two donors. So the more proactive SES role now includes helping to form the business, its model and presentation, raising the seed capital (within the



From left: Halimah Daniels Harrison, Ralph Davila, Malcolm Daniels, Paul Klitzner, Robert Bachelor, Hassan Schaafstma McNeil

law), and helping with the preparation of financials and legal documents. At present, SES is not independent of Subud USA, so the SUSA Board must approve the SES Board's conclusions and actions for a candidate business. We are just now completing this process for iAspire* as we go to print with this newsletter."

**Hamid Kaber describes iAspire as 'designed to generate leads for small businesses, using a cloud-based, virtual-contact center'. hamidkaber@gmail.com*

SES INTERNATIONAL DRAFT WORK PLAN

SES International has produced a draft work plan that covers its activities up to the next World Congress in 2014. SESI regards this document as a Working Paper that will be formally approved by the World Subud Council at its meeting in Spain, in June this year, after input from as broad a range of members as possible. comments may be sent to the SESI Coordinator, Rashad Pollard -- pollardrr@aol.com or be added into the SESI blog at: www.subudenterprise.com More information about SESI can be found on our web site including an update on our support to the development of significant, international Subud enterprises in Kalimantan as well as the support services we can offer, on an international basis, for members with their own enterprises.

ENTERPRISE SURVEY

After you have read *The Entrepreneur Vol. 5 No 3* PLEASE complete our very short survey: www.surveymonkey.com/s/DC7MLZP. (If the link doesn't take you to the survey, paste the URL into your browser.) We look forward to hearing your comments. Your input is very important to us. It helps to deliver the kind of content that you want to read.

SUBUD YOUTH and FAMILIES ACTIVITIES - USA

REFLECTION: THE WORDS YOUNG AND YOUTH WITHIN SUBUD USA

March 2013 - Almut Zieher, Subud USA Youth and Families Activities Co-Coordinator

almutzieher@comcast.net



I have had thoughts around the words youth and young within Subud for many years now. Maybe this curiosity is related to whatever it is in me that had me test to be Subud Youth (and

Family) Activities Co-coordinator last summer. Either way, I have decided to share some of my musings with the hope that in doing so, fresh thoughts, ideas, and reflections are stimulated in my Subud Sisters and Brothers. I ask that, before you continue on, you get quiet and open, so that you will hear my voice and will be moved with compassion and understanding. Thank you.

Over the 15 years I have been part of Subud, I have been called Youth or a young person many, many a time. Ironically, both my internal response at being identified with these words as well as the use of this identification have not changed much over the years, although my age has. I recall, in my early twenties, being called young by both people within and outside of Subud. My response: annoyance because I identified the word young with lacking life experience and wisdom, frustration because it was true, I didn't have a clue. I also identified it with a strong body, a quick mind, a fresh outlook, and a whole life to create in front of me.

In my late twenties, mother of three small children, a pair of wild twin boys no less, my response was very similar, with a slight shift. By now I was able to look at the little bit of life I had lived and realize that many of my decisions, although 'right' in my receiving, could be viewed as quite 'stupid.' Nonetheless, it was my life. I embraced it. I had used my young body to have three lively children full of potential, and I threw myself into the task of raising them.

I took responsibility for my life. I went back to school to become a teacher. I bought a house. I co-founded a school. I used my mind and my heart to give my children what I had not been able to when they were small. I experienced my first big loss, the death of my older sister and my niece. I began to understand the complexities of life. By now, in my non-Subud life, I wasn't being identified as youth any more. I had grown into a woman. However, within Subud I was still termed youth or a young person. The term was used by different people with different flavor-- sometimes with longing, sometimes with frustration and a 'where are they' sentiment, and sometimes in a way I just didn't understand. My feeling of annoyance was now overlaid with confusion. How could I still be seen as youth in my thirties? With four children, two houses, a master's degree, in addition to all the life experience and over 10 years of the latihan. When would I be able to be embraced as grown up?

I figured there must be some explanation. Somewhere I thought I had read, or heard maybe, that Bapak had identified youth within Subud as those opened members under 30. Okay, I can still accept this, I told myself, and it is all with good intentions. However, I continued to feel very uncomfortable. It was bad enough to often be one of a handful of members under 50 at a Subud event, but it was straight out embarrassing to be pointed out and then identified as youth or a young person.

I am in my late thirties now. I acknowledge I look young, it is a compliment to be told that. However, I am definitely not young. I have a teenage daughter and twins soon to be. Within the next 2 to 5 years, they could be a part of Subud Youth. I have seen my mother die in old age and have become the matriarch of my family. I have learned that my body isn't as 'young as it once was'. I look at people older than I am and realize that, I am not there yet, life will keep coming at me and I will continue to have to adjust. I am no longer the youth I once was who lived in the feeling of eternity or invincibility with a

AFFILIATE AND ACTIVITY NEWS

whole life in front of me. No, it is pretty clear to me, that my life is that of an adult, what some may call the prime time of life.

However, within Subud, people not just in their 30's, like I am, but also in their 40's continue to be called young people. I suspect that we have kept this strange identity, because those in the 30 and 40 something age within Subud are the age of people who were the first to be 'born' into Subud. Subud within the USA could be seen as a young organization, at least in practical terms. It is the first time in Subud USA that there are members, their children, and grandchildren spanning the human life span. However, this organizational immaturity is reflected by the imbalance of members across this span. Most active Subud members are over the age of 50. There are many explanations for this. An obvious one is that those of us in our 30's and 40's are raising kids and pursuing careers and thus don't have time. However, wasn't Subud 'run' by people in this age group just 20 or so years ago? One might argue that times have gotten harder. I'm sure there are many possible explanations. I posit, that among these explanations should be that youth have not been given the opportunity to grow up within the minds of those a generation ahead of them.

Well, what's the big deal, you might ask. Why don't you 'young people' just get involved so we 'old people' can let go of the reins? Well there are interesting implications of this phenomenon, in my mind. The first implication is that being called young or youth elicits in me a strong emotional response. When I hear myself being called youth or a young person, the neural pathways I developed in my brain as a youth are reactivated and I feel the way I did back then. This is a natural response,

but it takes a lot of mindfulness to refrain from reacting automatically. I know I really dislike the feeling I have inside when this happens and it takes energy away from the task at hand as I refocus my attention. Additionally, using that term likely results in the speaker reverting to the emotional state they were in when originally using the term.

I don't have any control over what I am called by others. The only choices I have are to suppress my reaction or conscientiously respond, both of which utilize a significant amount of my cognitive capacity in any given moment. The consequences? I can imagine this phenomenon leaves people my age reluctant to participate. I know it has taken a lot of perseverance on my part to participate despite these experiences. Also, it has become a negatively reinforcing cycle: there are not very many people my age involved in Subud and because of this the paradigm is more easily maintained and then there is more reluctance to participate. There is another consequence I see... If people in my age range are being called young people or youth where will those who are under 30 fit into Subud? I imagine it may be strange for them to be termed youth along with their parents or people their parents' age.

I suspect, by writing this, I have rocked the boat a bit. I suspect that this will insult some. It isn't intended to insult. I hope if you feel insulted you will be able to come back to viewing these musings as I have intended; to bring awareness to the possible impact of using a the words young or youth and what it elicits in others. Maybe we can all do some testing about how to use these terms so that their use strengthens Subud.

SUBUD YOUTH ACTIVITIES INTERNATIONAL - CREATIVE QUEST

Join the YES Quest and SYIA from August 15 – 25, 2013

The focus of this year's YES Quest will be for young people to develop creative projects in any area (e.g. arts, education, health, science, etc.) that will then be realized at the World Congress in Mexico in 2014. Over 10 days at the Eco Village in Rungan Sari, Kalimantan, young Subud members will have the chance to develop their ideas, discover their strengths and weaknesses, and go away with a concrete plan to make it all happen! For info on the Creative YES quest email info@yesquest.org or visit www.yesquest.org.

SUBUD YOUTH USA OFFERS YES QUEST SCHOLARSHIPS

SY&FA USA is offering two \$500 grants to assist two young people, one from the USA and one from another country, to attend the Creative Quest. To apply for the scholarship, contact Silvana Evans at silvana@yesquest.org, Marlena Bassar at marlena@yesquest.org, or Peter Jenkins at peter@yesquest.org.

REGIONAL NEWS

SUBUD CALIFORNIA REGIONAL CONGRESS, <http://congress2013.subudcalifornia.org/>

from Daniel Foster, Chairman, Subud California

“The real reason for us to come together...”

I was part of a testing session in Palo Alto attended by members of our committee, regional helpers and Melda Heaslip, chair of the Congress committee. We were looking for guidance on our Congress, and at the heart of our session was one question: “What is the purpose – the inner purpose – of this congress?” What was it that we should hope to accomplish? What areas of focus would bring most benefit to Subud members in California?

The overwhelming receiving was that this congress is to strengthen our latihan. Forget this distinction that we have made for years between business congresses and kejiwaan (spiritual) gatherings. The real reason for us to come together is to help us use this gift and put it into our daily lives. And while this is good stuff, it is also far from the real reason we come together...

THE BIRTH OF SUBUD SOUTH

Written in 1974 by Don Rollins, first Chairman of Subud South

Subud South is officially opened! For those of Subud South and other parts of the United States and the Subud world who were lucky enough to attend, it was a grand occasion. The weekend was filled with a warmth and joy that created a sense of brotherhood I had never experienced before. In attendance on this momentous occasion were brothers and sisters from Chicago, New York, Washington DC, Nashville, Houston, San Antonio, Dallas, Austin and Waco, Texas, the St. Albans group in England, Los Angeles, Albuquerque, Santa Fe, the Oklahoma City area and Skymont, not to mention several other “traveling members at large”.

The congress was the culmination of several months of planning which all began when Labasir and Munawarah English arrived in Austin, Texas, “trying to find a Latihan” last November, 1973. Lusijah and I were visiting Dan Spivey in Austin for the first time, and before we knew it, we had “group” latihans and lots of enthusiasm about the future of the as yet unorganized Subud South.

Soon, members spread across Texas and Oklahoma began communicating. Latihan times were coordinated with brothers and sisters in Alabama and Tennessee. The true meaning of patience was realized as we began to think in terms of weeks instead of days, and began driving literally hundreds of miles to get together with brothers and sisters to do Latihan and partake in cultural activities. The nomadic meanderings of Labasir and Munawarah across Texas and Oklahoma for Dharma Mercantile formed a gridwork which connected those of us isolated in this

massive land like the traveling missionaries and horseback preachers did with the pioneers years ago.

Then a very unusual thing happened. I had a weeks’ vacation and had been planning on a trip to the Big Bend Desert area. Labasir encouraged us to travel to Oklahoma to help Richard and Leonora Moore renovate their recently acquired home, and what was to eventually become Subud South’s first Latihan hall. I must have been quite confused, because even though we had decided going to Oklahoma was the right thing to do, when it came time to set out on our vacation, we drove west to Big Bend. Even more confusing, we packed our winter coats. Well, to make a long story short, and a very long drive short, two days later we arrived in Oklahoma City, just after a snow storm, in freezing weather!

By this time we were used to the unexpected, so it came as no surprise that Labasir and Munawarah had arrived two days earlier and were already busy at work!

All at once we had a caucus, and firm plans for the congress were made. Our testing in March left no doubt that Oklahoma City would be the ideal city and that Richard and Leonore’s home would be a warm and appropriate site to hold the congress, and what better date could be found than the weekend of Bapak’s birthday June 21-23!

NOTE: Subsequent congress minutes recorded Don Rollins as Chairman, Lusijah Rollins as Secretary, Danton Spivey as Treasurer and noted that Subud South was no longer a dry arid place...

NATIONAL NEWS

SUBUD USA FIRST QUARTER BUDGET TO ACTUAL

Respectfully submitted, Morris McClellan, Subud USA Treasurer

First, it should be noted that compared to our budget, donations are lagging. We have been able to reduce our expenses, but things like helper travel will pick up as the year progresses. Also, our Net Operating Income appears better than it really is because we were a little bit late in getting the \$1500 quarterly payment out to Zone 7. It does not show as paid in this report because the payment went out in April.

Secondly, on the subject of our permanent endowment funds and bequests, we received two bequests totaling \$31,543 in this reporting period. Of this amount, based on prior instructions from the board, \$10,000 was moved into the permanent general endowment, leaving \$21,543 to be allocated in some way. Daniel Stralberg (Vice-Chair) and I proposed a plan to the board on our last call on 4/14 whereby we would move \$5,000 of that money into the permanent endowment right away, and hold the balance out to be available if needed to support our day to day cash flow given the shortfall of donations we are experiencing. When put to the board for a vote, this proposed approach was unanimously passed. At the end of each quarter, we will review our situation to see if we need to draw some of it into our cash flow, or if we can move some more of it into the endowment, ideally another \$5K at the end each quarter. Although neither of the bequests gave explicit instructions as to how the money should be used, we can't help feeling that the kind souls who remembered us in their wills would dearly love to see their contributions used to build the endowment. And as for the endowments, as of 4/18, the general endowment has a balance of approximately \$123,750 and the housing endowment about \$64,000.

SUBUD USA GENERAL FUND			
	Jan - Mar 13		
	Actual	Budget	Variance
INCOME			
Regional/Center Pledges			
Subud California	\$7,149	\$7,149	\$0
Subud PNW	3,600	3,600	0
Subud Pacific Islands	25	75	(50)
Subud Rocky Mountains	1,500	1,500	0
Subud South	800	250	550
Subud Midwest	0	600	(600)
Subud East Coast	1,800	1,800	0
Centers & Other Transfers	600	1,000	(400)
Total Regional/Center Pledges	15,474	15,974	(500)
Member Contributions	14,505	22,125	(7,621)
Enterprises	360	2,499	(2,139)
Total Donations Income	14,865	24,624	(9,760)
Special Fundraisers/Other	207	1,266	(1,059)
TOTAL INCOME	30,545	41,864	(11,319)
EXPENSES			
Staff:			
Employee Payroll	5,120	5,683	(563)
Executive Director	9,952	9,450	502
Bookkeeping/Admin	450	2,370	(1,920)
Newsletter Editor	500	500	0
Total Staff	16,022	18,003	(1,982)
World Subud Association	6,900	7,338	(438)
Zone 7	0	1,500	(1,500)
Helper Travel	1,601	6,000	(4,399)
Committee Travel	73	1,749	(1,676)
Office & Administration	2,258	4,249	(1,991)
Insurance, Legal, Prof. Fees	1,789	2,650	(861)
Miscellaneous expense	0	375	(375)
TOTAL EXPENSES	28,642	41,864	(13,222)
Net Operating Income	1,903	0	1,903

SUBUD USA CARE SUPPORT SERVICES

By Shoshanah Margolin

Care Support is not a new service. Subud USA has provided care support to its members for some time. Formerly, it was called the Almoners. The service provides a one-time grant of from \$100 to \$500 for a member who is having a serious financial difficulty and who has exhausted all other avenues of help. Any active Subud member is eligible to receive this aid.

If such an emergency exists, the first step is for the member to test with the local helpers about whether it is correct to apply to Care Support for financial assistance. If the member is not part of a group or center, then the regional helpers can be contacted. The helpers involved have the responsibility to talk with the member about the situation to understand all relevant facts and background; to determine if all local public and private resources have been considered; and to test whether it is appropriate to make a request for financial aid.

If the testing is positive, then

1. One of the helper's who participated in the testing should complete the Care Support form. (Go to the Subud USA website – www.subudusa.org – log on to "member access", and click the link "Giving and Receiving". There, you will find information on how Care Support grants are made and a link to the PDF

version of the form that needs to be completed.) Once filled out, it is sent to the national office.

2. To speed things up, you may, in addition, contact the national office or Hamidatun Karapetian, coordinator for Care Support Services in the USA, at 866-607-4510, hamidatun1969@gmail.com, to provide information about the situation, the results of the testing, and the amount of financial aid requested.

Hamidatun will then contact one of the national helper liaisons -- Aminah Ulmer for the women and Hoan Toan Phan for the men. The national helpers will confirm through testing whether it is correct to grant the needed funds. If positive, Subud USA will issue a check to the service provider. We are not able to issue checks to individuals.

We know that these are difficult times. Unfortunately, Care Support is not able to provide on-going financial assistance for Subud members. We hope that you never encounter the circumstances that would cause you to need financial support. However, if you do, we hope you will feel comfortable contacting us. We will respond as quickly as we can.

REDESIGNED SUBUD USA WEBSITE

We have launched an interim redesigned Subud USA website. You can access it by using the same domain name as our previous site: www.SubudUSA.org. It includes a member's only section that is password protected; at the "member access" tab in the upper right corner of the home page submit a username and password to register. If you have questions, corrections or comments, please share them with Lucian Parshall at Lucian_parshall@ameritech.net.

HELPERS AND SPIRITUAL EXPERIENCES

DEDICATING BAPAK'S BIRTHDAY TO FASTING AND PRAYER

from the National Helpers

Dear Sisters and Brothers,

In our jobs as national helpers, we are privileged to witness many encouraging, beautiful, even miraculous, experiences among our sisters and brothers. We also hear anxieties, complaints and criticisms, sometimes about Subud, or about helpers, or about various Subud members. As both Bapak and Ibu Rahayu have reminded us, we are Subud, and to improve Subud, we must improve our own selves. Yet we can't improve our inner condition through the use of our hearts and minds - only God can change us in a true and beneficial way, through our surrendered latihan. What we can do, however, is increase our openness to receive God's Grace through fasting and prayer.

In order to bring ourselves to a more open and surrendered state, our dewan has decided to dedicate June 22, Bapak's birthday, to fasting and prayer. Our prayer is that we individually and collectively receive whatever we need to become more truly and strongly Susila, Budhi, and Dharma.

We invite all of you to join us in whatever way seems best to you. At the end of the day, we will each test questions about our how we are functioning as a Subud person in our external life, and (if appropriate) how we are doing in carrying out our role in the Subud organization. We offer these questions to those who wish to test them, or you may feel to receive your own questions that are appropriate to your circumstances:

- How am I living the latihan in my life?
- How would God have me live the latihan in my life?
- How am I functioning in my role in Subud?
- How would God have me function in my role in Subud?

When we do this all together, we are supported by our mutual connection, with the surrendered spirit that unites us now and forever.

Love from your national helpers,
Aminah, Laurie, Suzanne, Alexandra, Humphrey, Hoan
Toan and Sjarifuddin

"That is why it is really out of place if you blame Subud when you experience difficulties in life, since Subud is you yourselves and the difficulties you experience in life are caused by the fact that your inner content is not yet in order. Of course, if your inner content is not in order, this will make itself felt in your outer life, so that your way of living and your life circumstances will also be disorderly. For this reason, it is very necessary for you to have patience, based on surrender with trustful acceptance and sincere submission to the Will of Almighty God, because it is indeed only God Who can change the disorder of your inner content."

- Bapak's Second talk at the fifth Indonesian National Congress, Cilandak, October 15, 1969, "Subud is You", 69 TJK 6.

IBU RAHAYU'S TALKS NEWLY AVAILABLE FOR VIEWING

Ibu Rahayu's first and second talks [13 TKL 1 and 13 TKL 3] from Subud Indonesia's Nation Congress XXVI on 21 and 23 February 2013 in Central Kalimantan, are available for viewing online at www.subudlibrary.net.

SECOND BAPAK TALK WITH SUBTITLES AVAILABLE

Elisa Sanchez Caballero, WSA Translations Coordinator, announces: "Great news! The second Bapak Talk Video (81 NYC 5) with English, Indonesian and Spanish subtitles is available on the Subud Library www.subudlibrary.net. Please help to spread the news to groups and members everywhere."



IBU'S BIRTHDAY

IBU would like to say thank you for all the kind birthday greetings and e-cards she received from you all. She was deeply touched by your prayers and affection.

IBU would also like to take this opportunity to send to you all her love and warmest wishes. Although we are far apart from each other, let us come together in our worship of Almighty God and ask for never ending guidance and blessings.

On Behalf Of Ibu,
Muti Lee

NOTE: On March 13th, 2013, Ibu Rahayu celebrated her 85th birthday according to the Western calendar.

THE ON-LINE SUBUD PRAYER NETWORK

Where prayers and requests for prayers can be shared is a way to participate in the virtual community of Subud...

Through the *Subud Prayer Network* you can post a request for prayers for yourself, for a loved one, a friend, co-worker, or member of your community. Prayers for blessing of an event or cause about which you care and for which you want the support of other Subud members' prayers are also suitable.

Apply to subudprayer@yahoogroups.com. Alternatively, send a message to subudprayer@gmail.com and you will be "invited" to join. Once you have joined, you may post directly and your prayer or request is delivered to all on the Network. You can expect to receive all prayer requests posted at the email address you list when you join. It is not necessary to have a Yahoo account to participate, but may make the process of signing up easier. Messages from the network can be delivered to any address you designate.

Welcome and thank you.
Malama MacNeil, Moderator
subudprayer@gmail.com

Here are comments from Ibu Rahayu about prayer:

"So, when you face a problem, do not collapse in confusion, or become anxious or fearful, you should call God's name so that you activate your soul and surrender. This is particularly important these days when people have no idea how to face catastrophes which people can do nothing about. This is why you are lucky; it is lucky for you that you have this contact. So, use the contact between your soul and God. Times like this are a test for humanity. The strong will stand firm, the weak will be lost." - *Ibu Rahayu, 2006 Bangalore, 06 BLR 3*

"What you ask for is up to you. You can pray... to be protected by God, to be kept safe, or something like that. Or you can pray for the salvation of humankind, for all human beings that have been created by God, for everyone to get God's grace and protection. We leave everything to God. ...But please understand that if you make a request that many other people pray for too, which is motivated by a feeling of community and acceptance and is without self-interest, God willing, God will grant it." - *Ibu Rahayu, Questions and Answers with Members, 2006 Tokyo, 06 TYO 2.*

INTERNATIONAL NEWS

WORLD CONGRESS XIV

WEBSITE ONLINE: The World Congress website is now online at www.subudworldcongress2014.com. You will find updates, useful information, basic explanations about congress, our go green and social awareness activities, links to tourism information and lots of pictures of the congress site and environment... you will also see the latest about online registration. Early bird registration is \$450 through November 30, 2013.

ONGOING UPDATES: Every [WSA e-Newsletter](#) will contain a congress update focusing on different aspects of the content of the programs, so keep yourself informed by checking out the Congress website but also Subud World News, Subud Voice and the WSA newsletters.

WORLD CONGRESS VENUE, as posted on the [Youth Blog](#): Alexandra Woodward, Youth Coordinator for the Americas, visited Puebla for congress planning and plans to post regular congress information on the Youth Blog. In this excerpt, her second post, she talks about the site.

World Congress planning is fully underway... At the Wings Meeting (in January), multiple stakeholders got together to familiarize themselves with the area and its facilities and to establish a framework for making decisions about the congress... everyone felt that this congress has unique potential as a transformative moment for Subud in the world... In this and more posts to come, I will tell you about each of the different aspects of the congress and how they developed.

The congress will be held at the convention center in downtown Puebla. There are large rooms for big latihans and plenary meetings, some smaller rooms for breakout sessions and testing, a small auditorium, and a fabulous central plaza outdoor space and an attached large, almost boardwalk-like balcony. Next to the convention center is a beautiful park...

Puebla itself is a world heritage site. Nestled among the foothills of Central Mexico with regal volcanoes watching over, Puebla is one of the capitals of Mexican culture. It is known for having a church on every corner – so many



that a person can go to a different one every day for a year without repeating. The central square, “el Zocalo,” is a plaza (with free Wi-Fi, by the way) that basks in the splendor of the main cathedral, built by the Spaniards in the 1600s.

There are pedestrian streets lined with colorful shops and cheap, delicious food on every corner. Ever had grilled cactus flower? There are vintage consignment shops, ceramic studios, luxury movie theaters, and plazas where [Mariachi bands](#) play as you enjoy your lunch. A busy city, Puebla is alive at all hours, and as a young, single woman, I can tell you from my own experience – having visited Puebla two times now! – that it is absolutely safe and quiet even for people alone out at night. Stay tuned for more!



WORLD CONGRESS LOGO

Selecting from 32 applications from 12 different countries the winning logo was submitted by the Puebla group as a whole and was the favorite of the majority, including Subud

members who 'liked it' on Facebook. We wish to heart fully thank all the participants....the choice is never easy.

SUBUD CUBA LEGAL AFTER 55 YEARS

Marini Annet Gil Aneiros, SD Cuba Representative, sent this e-mail:

To all my Subud brothers and sisters in the world:
Today is very special because today, the 14th of February, the day of love and friendship, we inform you that at 2:50 pm Cuban time we received the news that Subud Cuba has been legalized! We the members and council of Subud Cuba: Asis, Marini, Munirah, Sjariffudin and Lucas, Council Representatives, want to share this happiness. Almighty God is with us. Thousands of kisses and congratulations! We are very, very happy! For us it is important that the world knows that Subud has been legalized!!

And Asis Alán Borges Riego, Cuba National Chair writes (as translated by Zone 7 Council Cuba Liaison, Alejandra Martinez)

As you know, Subud Cuba was legalized on February 14, with advantages and responsibilities.

According to the law in our country, Subud is classified as a religious organization, as our first fundamental objective is the worship of God. That's the first criteria in the process of registration of brotherhoods and religions by the Justice Ministry of Cuba. Included in this group are all the religions: Christian, Muslims, yoga, Masons, etc.

As National Chair of Subud Cuba, I have already been invited to a meeting with about 100 others from different churches and also with senior representatives of the government. In attendance were the President of the National Assembly and representatives of the Communist Party of Cuba (PCC) that is responsible for all of the religious organizations.

WHAT DOES THIS MEAN FOR SUBUD CUBA?

Alejandra explains:

- Subud representatives can go to Cuba without problems as long as Subud Cuba informs the government religious representative;
- Subud Cuba can organize congresses and meetings;
- Members of the National Committee can participate in international events;
- Subud Cuba can buy a room to do latihan;
- Subud Cuba can rent facilities to celebrate any international event. To do that Subud Cuba needs to do the paperwork one year before, to avoid coinciding with another religious event;
- If an International event is held in Cuba, Subud needs to have a permit from the Justice Ministry to facilitate the paperwork and visas of the persons who will enter the country.
- Subud Cuba can continue all their projects and receive donations with total autonomy. Also Subud will be able to receive help from the State, if necessary

Asis writes: Maybe for a lot of members who are used to all of these advantages, this is not that important, but for us after 55 years this legalization is phenomenal.

Photo: Marini, Victor Hernandez Espinosa, Committee Councillor, and Asis



CONNECTING WITH CUBA

from Dave Hitchcock, Zone 7 Representative, excerpted from the April WSA e-News,

A major disappointment for me since becoming Zone 7 Representative at the Christchurch World Congress in 2010 has been the difficulty in communication between Subud Cuba and the Zone. I do not speak Spanish and most of the Subud Cuba national committee, including their Chair Asis Borges Riego, does not speak English. Then in 2012 Alejandra Martinez became Committee Councillor for Subud Canada and, consequently, a member of the Zone 7 Council. Alejandra lives in Ottawa, but is from Colombia and is fluent in both Spanish and English. Since last fall her incredible enthusiasm has meant renewed contact between Zone 7 and Subud Cuba, both by email and telephone. Thank you Alejandra!

As a result, the Zone Council was able to identify how we could best support Subud Cuba, as a member of the Zone 7 family, and in the past nine months has focused on this task. A small Subud Cuba Support Group was established, comprising the Committee Councillors from the Zone, together with Zone Treasurer, Hardwin Blanchard. A large

part of this support involves providing financial assistance to Subud Cuba to help:

- The National Helpers and Committee to travel around Cuba
- Provide for a National Congress in 2014
- Printing costs for Cuba's national publication, "Alborada"
- Printing Spanish copies of Bapak's and Ibu Rahayu's talks
- Travel and other costs for Cuban delegates to attend the 2014 World Congress

Efforts were made for delegates from Subud Cuba to travel to the Zone 7 Council meeting in Albuquerque, U.S. in July of this year. However, it became increasingly clear that the process of Cubans obtaining the necessary visas, even if it were successful, could take a year or more! Therefore, the Council decided to focus its efforts on helping delegates from Cuba attend the World Congress in Mexico.

SUBUD CUBA AND HURRICANE SANDY

Alejandra Martinez, excerpted from SCAN, the Subud Canada Newsletter:

Last fall, Cuba was hit by Hurricane Sandy. It did a lot of damage. Cubans asked for humanitarian help, and Susila Dharma International gave \$6000 from its Emergency Fund. With it, the Cuban National Committee made sure that all the 150 Subud members received a small amount for basic needs such as food and medication. Another priority of the National Committee was to visit the different communities where there are members so they can meet with them.

During the visit to Manzanillo, the committee was able to bring materials for a project that offers workshops for disabled people. The materials were bought with support from Susila Dharma Canada. ...The last purpose of these donations was to help an elementary school in Santiago de Cuba. That school was in very bad condition and joyfully, the donations allowed the school to be re-equipped with materials lost or destroyed in the flood. The collaboration was very successful!

SURINAME ERRATUM: *An article about Subud Suriname's 45th Anniversary Celebration was included in the last issue of Subud USA news. We'd like to add that Suriname switched from Zone 8 (Latin America) to Zone 7 (North America) in 2005 with approval from the Innsbruck World Congress, in part from greater language facility.*

INTERNATIONAL and SUBUD USA ARCHIVES UPDATE

from **Daniela Moneta**, *Subud USA Archivist*, dmoneta@cox.net, [Read her complete report](#).

With the news of Bapak's passing in 1987, I had the opportunity to go to Indonesia for four years to work in Bapak's Archives. While there we organized, preserved, and microfilmed his collection of over a quarter million papers. Bapak was very good about seeing that the history of Subud was collected. We have a few papers going back to when Bapak was a young man and a number of important documents about Subud before it began to spread to other countries; reports, correspondence with members, travel data about his world tours, all have been saved by Bapak.

Bapak suggested that we have five international archives centers in various parts of the world. Since 1990, our U.S. international archives were in Los Angeles. The core of the collection was the 100 plus rolls of microfilm of Bapak's archives at Wisma Subud. It was stored in a climate controlled facility at Iron Mountain, Los Angeles.

Many years before that, Ruth Jahoda, a Florida Subud member and professional librarian, had been collecting Subud archives for the U.S., as well as Subud material from other countries. This included early newsletters, reports, journals, books, and memoirs mainly showing how Subud started in the U.S. Just before Ruth's passing, she transferred many boxes of material to me in Phoenix sometime around 2005. This material has been stored in the Iron Mountain facility in Phoenix. Subud USA pays a monthly fee to have our archives stored. The collection has grown over the years. Subud Los Angeles eventually transferred their materials to Phoenix so I now care for the national and international archives. I made many important discoveries. Several of the boxes from Subud Los Angeles contained the papers of the first Subud member in the U.S., Earl Robinson, dating back to 1951.

Sometime last year, the head of the Subud International Archives (a sub-committee of the World Subud Association), Armand Bisson, asked the five international archivists - from England, U.S., Australia, Japan, and Indonesia - to make a computer index of what we have in our collections and to produce a procedures manual and collection policy. We are in the process of doing this now. We hope to have a working draft ready for the next World Congress in Mexico in 2014.

Having a database of what we already have will give us a good handle on what is missing; what parts of our Subud history need more coverage, what documents are out there in private hands that should be in the archives. If we don't write the procedures manual and the collection policy now, many important papers will be lost. As older members pass on, their papers may be discarded by family who are not in Subud or even by younger Subud members who do not know about the archives.

PRESERVING BAPAK'S LEGACY – THE LEGACY PROJECT

Bachtiar Lorot, MSF Chairman and Trustee, writes in the latest [WSA e-Newsletter](#): "The Muhammad Subuh Foundation signed an agreement with WSA for the preservation and restoration of the audio recordings of Bapak's talks on behalf of WSA. A few days later, MSF signed a contract with Memnon, a Belgium company which had been carefully selected by Amalijah Thompson who was then WSA archives coordinator. The digitization of the audio recordings began in April 2012 under the technical supervision of Amalijah as MSF's and WSA's archive advisor. The project has been a big success.

In the [January issue of the MSF e-News](#) Rayner Sutherland, MSF Executive Director, writes "Preserving Bapak's voice for future generations to hear, and to do this work in a professional way and to archival standards, is an important responsibility for this generation of Subud members to properly fulfill. But, this is only part of what is being done. Bapak's videos, photographs, key documents and other material that provide the context and further evidence and proof of Bapak's presence and of the early days of Subud as well as Ibu Rahayu's talks and videos will also be preserved to professional archival standards.

MSF continues to cooperate and collaborate with the World Subud Association and together the two organizations have recently embarked on a joint fundraising drive. MSF's fundraising drive is called the *Legacy Project* and seeks to raise One Million USD over the next ten years to support the needs of the WSA International Archives over this period. The Muhammad Subuh Foundation pre-funded this project from its capital holdings (\$210,000 in 2012 and a commitment of \$60,000

for 2013) to ensure that the preservation and restoration of Bapak's audio tapes could begin right away. There was an urgent need to begin immediately, before deterioration of the early audiotapes caused them to be lost forever. Fortunately, Memnon has been able to actually restore most of those deteriorated tapes."

You may download MSF e-News at www.msubuhfoundation.org/category/newsletters.



Amalijah and Tony in the sound studio at the end of the quality assessment.

Amalijah Thompson, WSA Archive Consultant, Reports:

"At the end of January a major milestone was completed – the three month, very focused quality assessment needed on each new digital file [of Bapak's talks] to ensure the analogue to digital conversion had been done correctly to archival standards. Of the 2,178 files possible to create from those original analogue recordings the outcome statistics were:

- 10% (220 tape sides) not able to be digitized or needing intervention to enable digitization with unknown result because of tape deterioration/issues
- 11.5% referred back for minor adjustment or checking by Memnon
- 0.18% (4 tape sides) needing re-digitization from the original recording
- 78% files (tape sides) checked out OK

During the quality assessment stage, I engaged an archival sound engineer I've worked with over a number of years to assist with the technical 'listening' needed over what was quite a massive task to check over 2500 hours of recordings within a very short time frame. Tony's lovely comment before Christmas when we took a much needed break: "There are many fine recordings of Bapak through the collection. Good analogue tape recordings can be amazingly transparent, the natural warmth and timbre of the human voice can be so perfectly captured by tape... It's like being transported back into the ambience of the room - a very, very cool experience."

NEW MUHAMMAD SUBUH FOUNDATION WEBSITE

The Muhammad Subuh Foundation has a new website designed to be in line with the Legacy Project and to include new features. Please take a few moments to view the website and find out more about the work of the Foundation. You may also find the MSF 2012 Annual Report, www.msubuhfoundation.org.

WSA LOOKING FOR FRENCH TRANSLATOR

from Silvana Caradoc Evans, WSA Secretary

We would be delighted to hear from anyone who can help with written translations of English into French. A small fee is offered in appreciation of contributions of time and skill. The WSA Executive team currently has only one French translator and he is getting over loaded. If you are interested in helping with this vital work, please contact us at wsa@subud.org

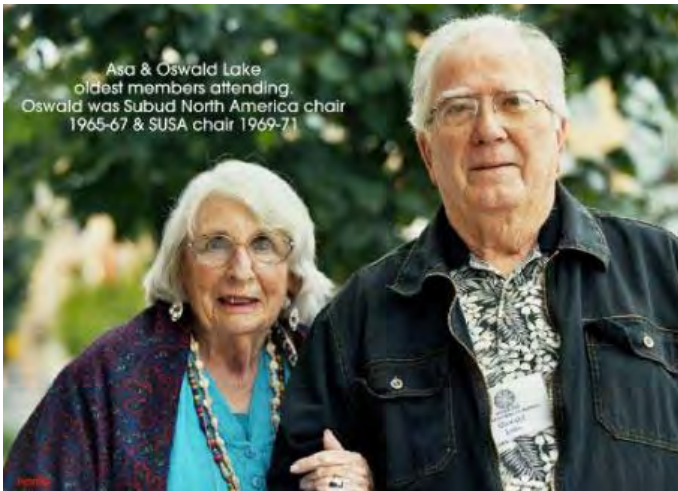
LIFE CYCLES

WELCOME ILARIA WALKER-BIRNES Armani Walker-Birnes and Geoff Birnes from the San Francisco group and Marcus welcome their daughter and sister, Iliara, born February 19.

BRYNN MATSEN

Annie Padilla writes: Brynn Matsen died suddenly on January 18, 2013 in Richland, Washington, of complications of the flu. She was 60 years old. She is survived by her mother, husband, Steve, daughter, two sons, and 3 week old granddaughter. Brynn was my first cousin and dear, dear friend. She suffered many years from a variety of chronic illness. She was opened at Menucha about 5 years ago, yet her chronic illness was a barrier to her participating in the latihan. A year ago she was visiting in the area and was able to attend latihan in Seattle with Evan, myself, and her husband, Steve, who is also a Subud member. Brynn and Steve both noted that was the best latihan they had ever experienced. She was very much loved by our family, and she will be greatly missed.

ASA LAKE, *photo: Simón Cherpitel*



from Melinda Wallis: I regret that our dear sister Asa Lake passed on this morning Feb 8. The Lakes spent a good day yesterday with Subud friends. This morning, Oswald said, she got up as usual, put on her glasses, turned on the TV...and passed on peacefully. She was 85. The Lakes have been together since they were high school sweethearts. They are very, very longtime Subud members and Asa was always full of her upbeat Subud stories and laughing. Such a long Subud history she had.

from Latifah Taormina on Asa: Here is something Asa sent to me in 1999 about Subud. I treasure this: 1959 was the year of our opening. The room was filled with hundreds of people screaming, crying and moaning after a "begin" was said by a little foreign woman I could barely see in the front of a huge room in Alhambra, California. We had driven all the way from Santa Monica after a 3 month probation in this mysterious group called SUBUD. After this experience we stood on the sidewalk outside the building and compared notes. What did you feel? None of us knew much about what had happened in the latihan, but we knew we felt wonderful! SO with that began our years in Subud.

Our little world was expendable to include all manner of interesting and odd brothers and sisters who suddenly became important to us. Oswald was almost immediately on the committee and I naturally came along. We never had marvelous "spiritual experiences" or "crisis" - but we always felt fresh and new and wonderful after latihan.

We read everything we could find and did our latihan and work in the world - and knew almost nothing until 1963. That was the year of the World Congress in New York. There we came to know Bapak ...and that's where Bapak did "testing" in the group in front of everyone. The testing gave us a deeper experience of the latihan and meeting with the brothers and sisters from around the world gave us a happier feeling about "the brotherhood" then we could have from just knowing the group in California. I think of these as rich, fulfilling years... our children grew, we grew... We started SNA (Subud North America), the precursor to Subud USA, and our lives and hearts expanded to hold more and more.

There were always a thousand levels of everything. Heaven and Hell were always combining and intertwining and the fruits of the latihan seemed to always be there to save us from falling into the Magnetism of any one of these levels to the detriment of embracing the present.

LIFE CYCLES

Asa Lake, con't.

God is Good! It was a grand beginning and a gift from heaven. Time hardly seems to have passed, yet here it is, 1999, and here we still are - Oswald and Asa, married 52 years this June, have 5 grandchildren, still doing the latihan...and doing nothing spectacular in our lives. I had expected at least WINGS by this time - or to have experienced the Cosmos personally! But, I was one destined to be ordinary... of late, I remember Bapak saying that's what we SHOULD be, and as the world gets more and more crazy with each passing day, I have learned to treasure my ordinary-ness as the "pearl of great price". I believe that it is important to do latihan for reasons far beyond ourselves and beyond our understanding. It's as if we form a bridge for the latihan energy to penetrate this level, and this is important for the Earth itself - and our duty to Almighty God in response to the constant blessings with which he fills our lives. When all other reasons fail, we keep on doing latihan because it is the only choice we have.

from Rasjidah Franklin: I just did latihan for Asa ...what an amazing understanding of what it means to do latihan for someone else.... I needed to know again, to be reminded. A final gift from Asa.

I knew Asa in several different contexts: social, political, through our years together in Subud, and through her family. We argued politics for many years and finally found that our ideas came full circle and met.... Her humor, often self-deprecating, is legendary. I can hear her joyous laughter as I write this, and remember her saying that Bapak said that laughter brings the angels. It was Asa's nature to laugh, so she must have many angels helping her on her way.

Asa was a pillar of the early Subud community in California. She, along with Rosina Filippelli, Irene James and a few others, will always be my examples of Subud women who managed to be both in the world and to touch what is beyond. God speed to Asa and may she be blessed in the next life.

ELMIRA INGERSOLL

Photo from Ruslan Henderson saying "it really captures Elmira's radiance"

from Louise Lumen and Rohana Alkaitis: Elmira Ingersoll, our beloved sister, died peacefully in her sleep on



Wednesday, February 6, at home, 2 months short of her 103rd Birthday. Louise had been in latihan with her in the days prior to her passing.

A family person extraordinaire - she gave birth to 4

children, who produced 12 grandchildren and untold numbers of great-grands - all birthdays remembered and celebrated in her imaginative ways.

Elmira was opened in New York in 1959 and because she had such an active, dancing latihan, she was asked to be a helper that day. She agreed, not having a clue what that meant.

She and a few others started the group in Long Island and was an active part of it for 29 years until she moved. When Bapak and Family made a visit to NY she hosted them at her home in Huntington.

In 1986, she and Mary Muhlhausen, both widowed and close Subud Sisters, bought a lakeside property together in Lyme, Connecticut. Their home, which they later named Harmony House soon became a center for Subud Connecticut, and for groups involved in peace movements; growth and healing groups; groups with environmental concerns, creative activities, etc. They were both peace activists, artists and world travelers; included in their travels were many of the Subud World Congresses.

Mary died 3 years ago (at 102 1/2 yrs) - Elmira continued to make the house available for gatherings of all kinds, but gradually was less able to be an active participant.

Elmira's mind was extraordinarily sharp to the end - she remembered dates and events, people and places that were simply unbelievable. She was so very devoted to

LIFE CYCLES

Elmira Ingersoll, con't.

the latihan and always felt it - "like the movement of an inner pendulum" she would say.

Elmira's life and her commitment to the latihan for 53 years touched so many of us in Subud through the years. Her family will have a 'Celebration of Elmira's Life' at a later date.

With enormous gratitude and love for our sister, we wish her God's Grace and Blessed passage.

From Sharifa Benepe: Elmira and Mary Mulhausen hosted ongoing Subud gatherings and latihan from the time they bought their property in the early 80's... Local members have been doing latihan there regularly ever since. Elmira was totally alert until the very end, always interested in so many things... She loved being read to, recommending and giving books to everyone who came to see her. A very grand lady indeed! We shall all miss her presence in our lives

from Lola Stone: Elmira was opened by the Weeks and was my close friend and Subud sister for almost sixty years. Because she was soon made a helper, several of us were opened shortly afterwards during Bapak's first New York visit. The Long Island Group was then formed and active.

Through Elmira I met all these fascinating folks such as the famous psychic, Olga Worrell and other clairvoyants, who although I never would have gone to consult; nevertheless, told me things that came true.

Because of her son John, who left this world quite early, I was recommended to the Quakers (The Friends) to represent the Women of America in a group of four, "The Committee for Non Violent Action", to visit several European countries and meet with members of their Parliaments to petition for an end of nuclear testing. She was always an important part of my life.

from Melinda Wallis: Elmira was a very staunch supporter of Subud financially, as well as all other ways! Elmira and Mary were "salt of the earth" responders to special appeals for help from Subud USA.

HARYANTO TRUONG

from Hoan Toan Phan: Haryanto was 65 years old, passed away early on the morning of March 20, 2013. Haryanto was introduced to Subud by me and opened in 1971 in Saigon, Vietnam. He was a Subud Vietnam librarian from 1972-1974. He became a helper in Viet Nam in 1975 on the same day as Hoan Toan. He was a former National Helper of Subud USA from 1984-1991 at the same time as Hoan Toan as well. He was an active helper in the Chicago group from 1991 -2010. He became an inactive helper in 2010 due to illness. He was gentle, lovely, and had strong faith in God. He was very active in Subud for the 42 years after his opening. He was one of Hoan Toan's closest brothers in Subud. Survivors are his wife, Susilawati Truong, and four children - 3 boys (19, 21,22) and one girl (10).

from Hadrian Pollard: Having lived in Chicago for less than a year, my interactions with Haryanto were limited. But the small moments that I did get to spend with him were meaningful and will forever remain in a special place in my heart.

Haryanto was always in high spirits, he would greet me with a warm smile whenever I came to latihan. But he was also quiet. This wasn't in a shy sort of a way, but more in a "ask-me-and-then-I'll-tell" sort of a way. So one morning after latihan, I did. I asked Haryanto about his life and Vietnam and his family. He and his brother, Suharto, told me amazing and harrowing stories of communist Vietnam - the fear they experienced, the hardships, and the destruction. They detailed their narrow escape from the country, just barely fleeing the airport as it was showered with bombs. I was horrified and enthralled.

Haryanto began teaching me basic Vietnamese phrases. It was our way of bonding with one another. Whenever I saw him I would shout, "*Khỏe không* (How are you)?" He would laughingly correct my pronunciation. I never seemed to say it quite right the first time. When he was satisfied with my feeble attempt at the Vietnamese greeting, he would respond, "*Toi khỏe* (I am fine)."

When I found out that Haryanto had cancer, I was nervous to see him again. I didn't know what to say or how to act. But the first time that I saw him after the news, he was mostly the same. I could tell that he was

weaker, but the familiar lightness still emanated from him - he was still warm. I greeted him as I always had. He smiled and corrected me before saying that he was *khỏe*.

Haryanto's visits to the latihan hall became less and less frequent. After a few months, he stopped coming altogether. Suharto told us that he was going through his treatments and needed rest. A few weeks before his passing, Haryanto's wife walked his fragile body down the steps and into the latihan hall. I could feel his presence, but it was getting dimmer. He had to sit for almost the entire latihan. Afterwards, I sat next to him as we both struggled to put on our shoes. I took a deep breath, looked him in the eyes, and asked, "*Khỏe không?*" He slightly lifted the corners of his lips. "I am tired," he said. His wife then lifted him by the arm and slowly walked him to the door. That was the last time I saw Haryanto.

In the end, Haryanto knew that it was his time to go. Though his body was failing him, his spirit remained the warm and loving person that we all knew Haryanto to be.

RAHMANIYAH BOWDEN

THE PASSING OF A PIONEER, [see photo album](#)

from Subud World News: It is with sorrow that we share the news that Rahmaniyah Bowden, who recently celebrated her 95th birthday, passed away on April 18, 2013, in Brighton, UK. She was surrounded by her family.

Born Countess Ilona Edelsheim Gyulai, Rahmaniyah married Istvan Horthy, the vice-regent of Hungary, when she was 21. Her husband, an outspoken critic of the Nazis, died in an extremely suspicious plane crash; and when the Nazis invaded Hungary, Ilona, her small son, her father-in-law and his wife were arrested and imprisoned in Germany. After the war, Rahmaniyah's life moved between Portugal, England and Iraq. In 1958, through her son Sharif, she joined Subud.

Rahmaniyah was among the first International Helpers chosen by Bapak at the beginning of the eighties. At the time, the task took the IHS all over the world, wherever they were needed. Rahmaniyah stood down from the function at the World Congress in Sydney, in 1989; but her commitment to Subud and the Latihan has never waned and she was present at many national, zonal and international gatherings and meetings. Another great

achievement was the writing of her autobiography, 'Honour and Duty'.

Rahmaniyah will be greatly missed and lovingly remembered. May God grant her further grace in the life beyond.

from Leo Horthy: My grandmother's, Rahmaniyah Bowden's, spirit left this earth last night at the age of 95. This was all very sudden and unexpected as she had been well. In the last email I got from her a few weeks ago, she said the hip she broke last year had miraculously healed and she could walk again.

She stay engaged until the end and when I last saw her in November she had just returned from Budapest where she was interviewed for Hungarian TV setting the record straight for her father-in-law, laying out the historical facts as she had recorded them in her diaries from all those years ago.

She never gave up, and pushed herself harder than anyone else I have known. If there was one thing that she could still do, she did it and she was selfless until the end. I believe it was her faith in almighty God (in all his incarnations) that allowed her to do this. I remember her recounting a story of a talk she gave at a Catholic cathedral in Budapest. Someone from the audience asked her "Well, are you a Muslim or a Catholic?" to which she replied "Well that's easy, I'm a Muslim Catholic." to which the crowd gave her a standing ovation.

Granny - thank you for all you have given me; you will be sorely missed.



MEDIA AND LITERATURE

PURCHASING TALKS AND SUBUD BOOKS

You may purchase Bapak's Volumes, Rahayu's Talks (and videos), and Subud books at *By The Way Books*. To order talks online visit this private URL:

www.bythewaybooks.com/cgi-bin/btw455/subudtalks or find books by Subud authors at www.bythewaybooks.com/cgi-bin/btw455/category/Subud.html. There are 62 titles available, including some out-of-print. Alternatively, you may call the national office at (301) 595-0626 for assistance or write to 4216 Howard Road, Beltsville, MD 20705; subudusa@subudusa.org.

Volume 24 is the most recent book of Bapak's talks available. Plus [a DVD set of Lusana Faliks' personal stories](#) about living with Bapak and Ibu is a new addition.

BAPAK AND RAHAYU TALKS WITH SUBTITLES

You now may watch videos of Ibu's and Bapak's talks from the Subud library without translations, but rather with text of the talk displayed in real time on the bottom of the screen.

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If you are a Subud member who has not yet registered at www.subudlibrary.net and would like to, [click here](#) to fill out the library security registration form. An account will be created for you followed by email confirmation, usually within 24 hours.

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The main purpose of this website is to provide a shop window for Subud authors with books for sale. Not just for books about Subud, but for all those novels and poems by authors who also happen to be Subud members. If you are an author, add your book to the collection; another tool for selling your work.

You will also find an E-Books section where 19 titles (*some out of print*) may be downloaded at no cost. Some titles include *A Reporter in Subud* by Varindra Vittachi, *Subud Is A Way of Life* by Harlinah Longcroft, *Reflections on Subud* by Husein Rofé and *A Subud Bibliography* by Matthew Clark.

Book Reviews

SOURCE OF LIFE, by Léonard Lassalle; review by Hanafi Fraval

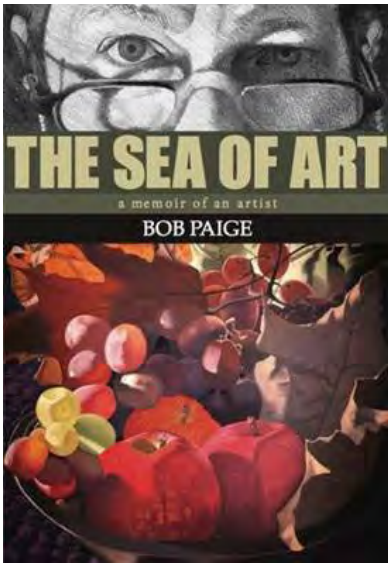
Ever wondered about what surrender really is? Ever thought about how powerful, if you were able routinely to be in a state of surrender, that can be as an agent for change in your life? Did you ever wonder what Bapak *really* meant by putting the latihan into practice?

A new book, *Source of Life*, by Léonard Lassalle is literally the best Subud book I have read. And there are several other very good books out there. I'm the book guy at the Los Angeles group. I only recommend books that I've read myself, and I think I've read most of them. This is a quite exceptional book telling reams of stories and experiences that Léonard has experienced. More importantly in this beautifully written book, Léonard describes these stories

in a way that the reader is led to answers to the questions I posed at the beginning of this piece, illuminated with clarity. His approach to life feels like it's certainly one to emulate. He has put the latihan into practice in a real-life practical way. He describes both ordinary and extraordinary experiences. It's like two layers of life following each other. By staying connected to his latihan he has been able to receive extraordinary insights, understandings, and guidance. And best of all, through this book, he has shared his life and experiences with us in a way that is both compelling and inspiring. I strongly and unreservedly recommend this remarkable book to every Subud member, available from www.lulu.com.

THE SEA OF ART / A MEMOIR OF AN ARTIST

by Bob Paige; www.bobpaigeart.com



The Sea of Art: A Memoir of an Artist chronicles the adventure of a life in art via the words and images of Bob Paige. Of particular interest is the way Bob's life and art interact. Through analysis of the paintings, he shows how his art reflects the deepest aspects of his psyche, changing as he moves from the anxiety and alienation

of his youth to his maturity. Woven into the text are more than 100 reproductions of Bob's work, influential works from the past, and work by his contemporaries.

Bob Paige was born in Brooklyn, New York, in 1938. He has a diploma from The Cooper Union School of Art, a BFA from the Philadelphia College of Art, and an MFA from Yale University. Bob taught art at Community College of Philadelphia for 34 years, and his paintings were shown in galleries in New York and Philadelphia. Bob passed away in July 2012, not long after completing this book.

The book is not available in bookstores, but relies on word-of-mouth for sales. If you like the book, please recommend it to your friends. Using the discount code on the website you may purchase the book at a reduced price.

RUSLAN FELDMAN'S SUBUD MEMOIR

Ruslan's 70th birthday present to himself was a reflection on his half century in Subud. Dr. John D. Maguire, president emeritus of the Claremont University Consortium & Graduate Center--a Baptist minister, not a Subud member--had this to say about Ruslan's memoir: "C.S. Lewis titled his autobiography *Surprised by Joy*. Reynold Ruslan Feldman might have called his *Opened by the Light*. His 50-year practice of interfaith Subud provides the framework for his astonishingly detailed, utterly captivating recollected stories. His journey underscores how contemplation is the link between belief and practice and that experience in practice feeds

the soul, trumping belief every time." Ruslan's memoir is suitable for friends and relatives interested in learning more about Subud. You can purchase his *Stories I Remember--My Pilgrimage to Wisdom: A Spiritual Autobiography*—from

www.bythewaybooks.com



STAY IN TOUCH

WSA E-NEWSLETTER

April 2013 includes articles on Subud Centers, Archives, Subud Cuba and much more. Always found on the 'WSA/WSA EXEC' page of www.subudworldnews.com. It is currently quarterly.

SCAN (SUBUD CANADA) NEWSLETTER

This quarterly journal features many kejiwaan related articles and is gaining popularity with its increasing international readership. To subscribe or send submissions, write to Lester Sutherland, co-editor along with Valentine Narvey, at lesters1@shaw.ca.

SUBUD VOICE



Currently in its 25th year, this longest running, private, international Subud magazine does not shy away from lively topics and features lots of international news and views.

Edited by Harris Smart in Australia (*photo*), it is available free on the first of every month at www.subudvoice.net. To send submissions or to receive publication notices directly to your inbox, write to subudvoice@gmail.com.

SUBUD USA NEWS

This virtual newsletter is published quarterly. If you or someone you know would like a hard copy of the newsletter, please contact the Subud USA National Office at 301-595-0626; subudusa@subudusa.org. Previous issues of the newsletter are available in the 'members' access' section of www.subudusa.org under 'archives'. Julia Hurd is the editor and the Newsletter Advisory Committee consists of Hadiyah Carlyle, Melinda Wallis, Lucian Parshall and Shoshanah Margolin. Send submissions and comments to newsletter@subudusa.org.

SUSILA DHARMA INTERNATIONAL E-NEWS

Sign up on the SDIA website [HERE](http://www.susiladharmadharma.org). The SDIA Network eNews is published once a month from information sent to the office. Contact info@susiladharmadharma.org for more information.

INFORMATION ON READING SICA, SES-USA, AND MSF ENEWSLETTERS is elsewhere in this newsletter.

CALENDAR

Subud California Congress, Sofitel Hotel, San Francisco Peninsula, http://congress2013.subudcalifornia.org	May 24 - 27
Subud East Coast Gathering, http://bit.ly/subud_ec	May 24 - 27
Subud Midwest Regional Kejiwaan Gathering, St. Francis Spirituality Center, Tiffin, Ohio	June 21 - 23
Subud USA Board of Directors Meeting, University of New Mexico, Albuquerque	July 3
Subud USA National Gathering, Univ. New Mexico, Albuquerque, http://subudusa.wix.com/2013gathering	July 4 - 7
Subud Rocky Mountains Gathering, Univ. New Mexico, Albuquerque	July 5
Zone 7 Council Meeting, Univ. New Mexico, Albuquerque,	July 6 - 8
Ramadan begins	July 9
Creative Quest, Kalimantan	August 15 - 25
SDIA Annual General Meeting, Club Bali outside Jakarta, Indonesia	August 18 - 25
14 th World Congress, Puebla, Mexico	August 2 - 17, 2014

For World Latihan times and international events, visit the [calendar section](#) of Subud World News online.



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We are seeking a couple to manage Seven Circles Retreat in central California. This is a live-in position only. The couple must be fully committed to the center mission, with skills in hospitality, general maintenance, swimming pool maintenance, grounds keeping, cooking, taking care of guests. Contact: sevencirclesretreat@gmail.com for more information.

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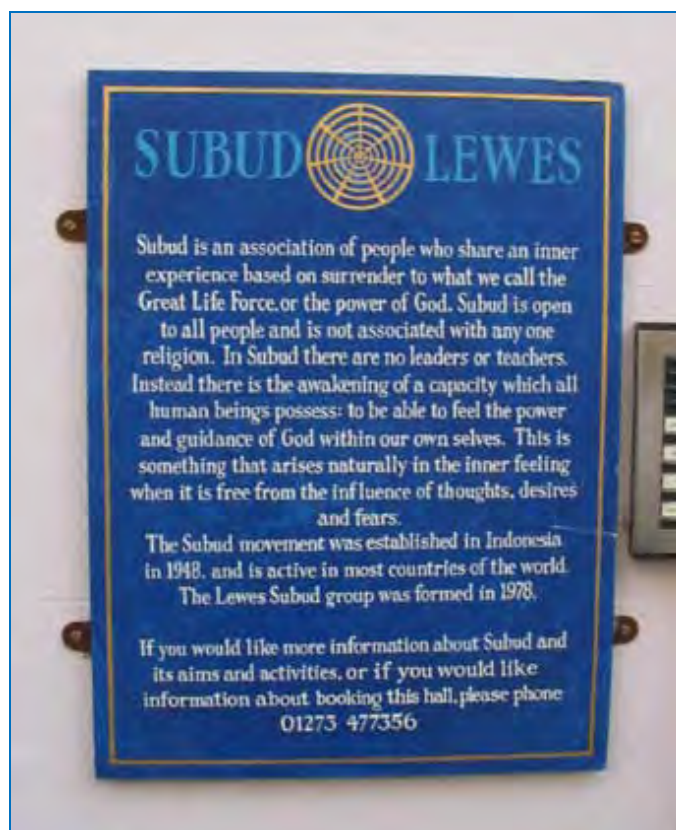
A Colorado Nonprofit

Boulder Subud members Cedar Barstow, M.Ed., C.H.T., and Reynold Ruslan Feldman, Ph.D., have been doing Right Use of Power Workshops to acclaim all over the world. If you'd like them to do one in your area, contact them at cedar@rightuseofpower.com. Local coordinators are paid for organizing workshops. Visit www.rightuseofpower.com.



Above: Sewing Project of 'La Casa' project in Tijuana, Mexico, benefitting from SD USA Matching Fund Drive

Below: Sign outside Lewes Latihan Hall in the UK



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Submissions, comments and questions about the newsletter or its editorial policy may be addressed to the Editor at: newsletter@subudusa.org or mailed to: Julia Hurd; 19396 Ashe Lane; Burlington, WA 98233. The deadline for the next issue is 15 July 2013.

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