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L'Shana Tova

May you be
inscribed for a
sweet New Year!

Rosh Hashanah
begins at sundown
September 4th

Yom Kippur begins
at sundown
September 13th

Mark Your Calendars NOW

for NVHC's
8th Annual Silent
and Live Auction
November 9, 2013

Perspective *By Rabbi Michael G. Holzman*

A NEW YEAR AS SWEET AS HONEY

L'shana Tova U'Metukah. May this New Year be good and sweet.



This is our greeting for Rosh Hashanah, but do we ever think about exactly how to make this a reality? What can we do to ensure sweetness and goodness in the year to come? There is no one answer to this question, and different times will call for different needs. In some years, the answer might be to work harder to ensure greater financial stability. In other years it might be to give more to others in order to make the world a better place. We might have a year that requires more investment in our families and the health of our personal relationships or our communal relationships. Or we might find that we need to focus inward on our own personal growth. All of these might take precedence in our lives, but none of them are as simple as they appear.

If we truly want goodness and sweetness, we have to take seriously that life is complicated, our actions should be nuanced and our words carefully chosen. We have to consider the ways that we can grow, learn, challenge and support ourselves, our loved ones, our friends, our community, our country, our people and our world. We have to be willing to break away from the pressures of work and school, the forces of our culture and media and to find our own integrity, values, beliefs and convictions. Goodness and sweetness follow from a sense of deliberate, meaningful decisions and the actions that follow.

None of this is easy. That is the great realization of Judaism. Our gift to the world was the knowledge that God is not tangible, that every situation has more to it than meets the eye, and that certain things have an intrinsic value that cannot be measured in shekels, dollars, or gold. But how do we translate these high-falutin' convictions into a life? How do we address the complexity of existence and the transcendent possibilities of humanity?

(Continued on page 9)

Yom Kippur Food Drive

This NVHC tradition has become a significant part of our High Holiday observance. By donating the food that we do not eat on Yom Kippur, Cornerstones (formerly Reston Interfaith) is better able to provide for the less fortunate in our community. Fill a bag or two of non-perishable groceries and bring them to Yom Kippur morning services. Visit the Social Action section of NVHC's web site (<http://www.nvhcreston.org/?q=node/27>).



NEW YEAR'S WISHES FOR ALL AND THANKS TO OUR GUEST COLUMNIST

By Nancy Kruger • President, Board of Trustees

As we wind down the days of Elul in preparation for the High Holidays I wish all of you and your loved ones Shana Tova U'Metuka – a good and sweet year, filled with happiness, good health and peace. Many thanks to Kay Menchel, our wonderful Vice President for Programs and Committees, who graciously authored the article below to tell us about a new approach NVHC is taking to manage and coordinate our education programs.

If you were at the parents' meeting on the first day of Religious school last year, you might remember that then-President Andy Lacher promised we would be reviewing the Religious Education Committee to ensure it reflected the exciting developments in the Kehilat Limmud and Tamid programs. Well, it has taken many months of talking, listening and doodling on the drawing board, but we have finally arrived at a great solution.

So (drumroll please), here it is. (*Due to the provisions of NVHC's current Constitution, we will continue to officially operate under the old committee titles until the Constitution is amended. However, in practice, we will operate under this new approach.*) The old Religious School Committee has ceased to exist. We have retired it with grateful thanks and a gold watch. Likewise, the Youth Committee has been allowed to fade into the sunset. In the place of these two committees, we now have the Kehilat Limmud Committee and the Tamid Committee. The thinking behind this change is that there is so much overlap between education and socializing at NVHC, that it makes sense to organize the kids by age group just like the old Youth Committee did. Each of our new Committees will be responsible for advising and consulting with Director of Education Moshe Ben-Lev to help build on the success of Kehilat Limmud and Tamid during religious school hours, and will oversee the parties, movie nights and fun activities that allow our children to connect outside the classrooms. (The existing youth groups such as Kosher Pickles, Club 56, etc. will remain exactly the same – they will just be coordinated by either the Kehilat Limmud Committee or the Tamid Committee.)

None of this would work unless we have extremely talented, engaged and energetic committee chairs, and we have four of them. Abbe Pascal and Kelly Schulman are the co-chairs of the Kehilat Limmud Committee, and Susan Shapiro and Jody

Rosenblatt are the co-chairs of the Tamid Committee. Now they just need you. They have been meeting with Moshe about how we can make our amazing religious education program even better. It goes without saying that they will be working very closely together and are already bubbling with wonderful ideas for the next school year, but they would like as many parents as possible to be involved, so please contact me or any of these co-chairs if you want to join us. We are trying to ensure that these committees are flexible and empowered – no long boring meetings where people run out the clock by talking – these committees are all about coordinated groups of parents who get things done, and have a lot of fun in the process.

However, our education review did not begin and end with the religious school. In addition, we talked to Early Childhood Director Cindi Drake, Hilary Wilkenfeld and Regina Krasner of the Early Childhood Committee, and included Elizabeth Lacher, chair of the Adult Lifelong Learning program, in the discussion, as well. We also canvassed opinions from other lay leaders, Board members and the clergy. The outcome of all these conversations was an understanding that we would better serve the members of the NVHC community by sharing our vision for education across the whole spectrum of learners, from the parents of our 2- and 3-year olds, to the active retirees who make up a significant part of the lifelong learners. To that end, we have committed to have all education leaders meet on a regular basis to share ideas, synchronize initiatives and maybe do a little cross-over programming (e.g., active retirees at some of the pre-school events; Tamid kids mentoring the new entrants to Kehilat Limmud). We are in the very early days of these changes, so if you have ideas, suggestions, and energy please do get in touch with me. We welcome everyone, and will be delighted to help you find your passion and get to work. ♦

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JEWISH IDENTITY?

By Moshe Ben-Lev • Director of Education

I was born in Great Britain, lived in Australia, emigrated or made “*aliya*” to Israel, changed my name, and finally became an American all in the last 50 years! What do I consider myself? Am I an Israeli, an Anglo-Israeli American, an Anglo-ophile or simply a Jew who happens to have a few nationalities? Identity is a very personal and often a complicated matter. I recall that when I was 18, I applied to be a camp counselor at the Reform synagogue movement camp in the UK. I was interviewed by the head of camp and the first question she asked was, “What do you consider yourself most? A. British, B. Jewish, C. Zionist?” At the time, I was about to make *aliya*, so my answer reflected that. Today my answer would be different. Frankly, I have never liked being labeled and put in a box. Are you Republican or Democrat? Are you Reform or Conservative? And so on. I know that my answer will be perceived by others in a certain way and I may be judged accordingly.

So what of our children? What role do we play in shaping their identity, and especially the Jewish part of that identity? In our classrooms we often have discussions about our Jewish selves. Beyond celebrating or taking part in a festival service or ritual, we talk about what it means to be raised Jewish and practice what’s taught in our education program. Some students talk about their non-Jewish family members and relatives, and the balance between their family history and culture and their Jewish upbringing. Others are confused by their identities. I have heard a number of students over the years say that they were, “only Jewish in the synagogue!”

Today, more than ever, we are challenged to define what it means for us to “*be Jewish*” in any conscious sense. Many parents express their Jewish identity through their children’s Jewish education. Students, on the other hand, know that their parents have made a commitment to provide them with opportunities to identify themselves as Jews, but are left to discover for themselves what that means.

Our job in Kehilat Limmud and TAMID is to provide as many choices, educational experiences, and ways of connecting to Judaism as we can offer. When we created these programs and then nurtured and shaped them in their early years, we wanted to achieve a unique window to exploring Judaism through many modes of engagement. Cultural opportunities abound with *chuggim*, art based workshops. Ritual opportunities exist within our *Tefilah*, services and prayer opportunities, as well as our Hebrew prayer curriculum. Academic and intellectual based learning has been achieved through our Judaic and text based studies at both Kehilat Limmud and TAMID. *Tikkun Olam* and social action is thriving in our TAMID program. Lastly, *Kehila*, Jewish community connections exist as a basis for our program.

How do we know if we are making a positive impact? At the end of last year, I had 70 students complete a survey that expressed their feelings about our program. The analysis was very helpful. We are highly successful with building community in our classrooms (as compared to three years ago when I conducted the same survey). Our many components of learning were a mixed bag. To improve on how we deliver our educational programming, we need your help. We have created two new education committees to work with professional staff in expanding and improving our program. Most importantly, we need your feedback and suggestions. As a *kehila*, community, our success in engaging our students and families can only be achieved through community building and partnership. Partnership in this case means both engaging and being engaged as parents. Let us not forget that Judaism historically was practiced at home in whatever form the family chose. We want to offer you every opportunity to not simply commit to having your children being enrolled in our program, but also to actively engage yourselves as a family in our program so that you can discover what kind of Judaism connects with your family.

I look forward to spending time with your family this year. *Shana Tova U’Metukah* – have a good and sweet New Year! ♦

Calendar for September

- Sun., Sept. 22nd *First Day for Kehilat Limmud with family orientation at 9:15 a.m.*
- Tues., Sept. 24th *First Day of TAMID with opening program for teens and parents at 6:00 p.m.*
First day of Tuesday Chevruta Hebrew for 3-6th at 4:30-7:30 p.m.
- Wed., Sept. 25th *NO school due to Erev Simchat Torah*
Consecration service at 6:45 p.m.
- Sun., Sept. 29th *Kindergarten Family Education program following tefilah at 9:45 a.m.*
- Wed., Oct. 2nd *First day for Chevruta Hebrew for 3-6th 4:30-7:30 p.m.*
TAMID First Day for Wednesday students with opening program for teens and parents at 6:00 p.m.

THE DAYS OF AWE — ANOTHER TEACHABLE MOMENT



By Cindi Drake • Early Childhood Director

I have always appreciated that the start of school coincides with the Jewish New Year (and never so closely as this year!). Even as a child, I enjoyed the feeling of a new beginning for the school year and the celebration of Rosh Hashanah. My parents instilled in us that these holy days offered us new beginnings and another chance. Not just a time to “wipe the slate clean,” but more importantly, a chance to right any wrongs. A new school year gave us the opportunity to study harder than in the previous one, and Rosh Hashanah and Yom Kippur was a time to come clean about behaviors that were less than admirable.

There are many rites and rituals that define these holy days. For me, the most powerful is the directive that God can only forgive broken promises made by us, to her. Promises not kept or actions painful to others require personal intervention. In other communities, forgiveness is asked of God for sins committed against him as well as other people, and he can intervene and grant that forgiveness. It requires no personal connection between the conflicting parties.

For the Preschool, it all begins with Rosh Hashanah and celebrating the New Year and new beginnings with apples and honey, shofars, round challahs and family and friends. Rosh Hashanah and Yom Kippur give us the opportunity to begin teaching personal responsibility. We begin to instill in our children the idea that mistakes can be corrected, but that it requires personal intervention.

Asking a child what they have ever been sorry about and how they think they can make the situation better is a meaningful conversation. When a child tells us they are sorry for hurting a friend, we tell them it is their friend who needs to hear their apology. We also discuss why it is important to accept apologies.

The High Holy days are a time of introspection for adults, but also a valuable time to begin asking children to consider their actions and the effect those actions have on others. But most important, it is a time to teach children that wrongs can be righted and that “I’m sorry” is a powerful tool for reclaiming friendships and regaining harmony in their little worlds.

L’Shanah Tovah! ♦

Todah Rabah

THE PRESCHOOL WISHES TO THANK. . .

Sisterhood for a generous donation to fund programs for the Preschool.

Elice Stern for a generous donation to fund programs for the Preschool.

The Ramirez Family for a generous donation to the Fran Gibbs Scholarship Fund.

Candy Kleinrock for a generous personal donation made in addition to her class’ donation to *Orangutan Foundation International*.

The Holzman Family for donating a kitchen, workbench and dollhouse to the Preschool.

Tot Shabbat

COME GET THAT SHABBAT FEELING!

September 21st

Meet us in the multi-purpose room for this lively Shabbat morning service designed just for young children (up to age 5) and their families (including older and younger siblings). Miss Nell (Hirsch), NVHC’s children’s music specialist, leads the service. We sing, we dance, we pray and we learn a little Torah with the Rabbi or Cantor.

After our service, Cindi Drake, our Early Childhood Director, engages the children in a fun activity or craft. Our Oneg is a time for all to enjoy each other’s company – our old friends and our new ones. We hope you and your children will be there to share it. ♦

Youth Group - Picnic in (and around) the Sukkah

Sunday, September 22nd

(12:15-1:15 p.m.)

Bring your own picnic. Drinks and dessert will be provided. Team Rishon, Kosher Pickles, and Club 56 will break off into youth groups following picnic.

Mazel Tov to our B'nai Mitzvah



Alex Ianson • September 7th

For his Mitzvah project, Alex is organizing a soccer shootout competition in which the entrants must bring a donation for the National Multiple Sclerosis Society. ♦



Jacob Cohen • September 7th

Jacob's Mitzvah project supports the tradition of Tikkun Olam. He is supporting Loudoun Interfaith Relief by packing food orders, sorting food donations, raising money, and collecting food. A collection box will be located in the lobby of the sanctuary on September 7th for the following items: cereal, 100% juice, canned fruit, canned meat (tuna or chicken), mac and cheese, and hearty soups. ♦



Jack Nathan • September 21st

For Jack's mitzvah project, he has been planning a 3 on 3 basketball tournament "Hoops for Hope" that will take place in August. All the proceeds will benefit Cornerstones (formerly Reston Interfaith). ♦



Joseph Tomasello • September 21st

Joey's Torah portion relates to second chances. For his Mitzvah project, Joey is collecting video games, gaming systems, books and games so that children at Philadelphia Children's Hospital who are being given a second chance can still be kids and have some fun while they are there. ♦



Lucy Arin Greenman • September 28th

Lucy Arin Greenman is collecting books to donate to needy school libraries in Loudoun County. Her hope is to spread the joy of reading to other children who may not have access to books. ♦



Dylan Scott • September 28th

Dylan will be collecting books for the LaSalle Backus School in NE Washington, DC. It is a K-8 school with a very poor library. We have collected and donated books to them in the past, and understand their desperate need for more books. ♦

Upcoming B'nai Mitzvah?

To submit a picture and bio of your child, choose one of the following: email to mozelle@nvhcreston.org or mail to NVHC, 1441 Wiehle Ave., Reston, VA 20190. Questions? Call the temple office at 703-437-7733. Deadline is the first day of the month PRIOR to your child's Bar/Bat Mitzvah date. For example, the deadline for October is September 1st.

Kids: Add Your Voice to NVHC's Youth Choirs!

Come join the fun! We welcome singers for NVHC's *three* dynamic youth choirs. No special musical experience or skill is necessary – just kids who love to sing!

Kindergarten, 1st and 2nd grades: Kindergarten, 1st and 2nd grade students sing in **Kol Tsa'ir**, rehearsing as part of their weekly Kehilat Limmud T'filah with Miss Nell. They sing monthly at a 6:45 p.m. Erev Shabbat service on Friday night, as well as for some holiday services. These students give our music program energy and excitement!

3rd and 4th grades: These young singers comprise **Kol Yeladim**, directed by Nell Hirsch (NVHC's children's music specialist). They rehearse during Kehilat Limmud, and they sing monthly at an Erev Shabbat service at 6:45 p.m., and for holidays.

5th and 6th grades: Cantor Irena Altshul directs our older students in **Kol Noar**, offering more sophisticated music in a structured setting. The Cantor rehearses with her choir during Kehilat Limmud. They sing about once a month for an Erev Shabbat service and for holidays.

The choirs may also sing during assemblies at Kehilat Limmud on Sunday mornings and at the annual regional Jewish youth choir festival.

Most of all, the NVHC kids have fun and feel terrific about what they accomplish together. For more information, or to sign up, please be in touch.

K – 4th grades: Nell Hirsch at NellSings@gmail.com or 703-758-8026

5th – 6th grades: Cantor Irena Altshul at Irena@nvhcreston.org or 703-437-7733

NVHC TASHLICH & BYOP FAMILY PICNIC – A NEW HOLIDAY TRADITION!

Thursday, September 5th, 4:00 p.m. at Lake Fairfax Park

Tashlich is a ritual that many Jews observe during Rosh Hashanah. *Tashlich* means “casting off” in Hebrew and involves symbolically casting off the misdeeds of the previous year by tossing pieces of bread into a body of flowing water. Just as the water carries away the bits of bread so, too, are sins symbolically carried away. In this way, we hope to start the New Year with a clean slate.

All members of NVHC and their families are invited to join us on **Rosh Hashanah, Thursday, September 5th at 4:00 p.m. at Lake Fairfax Park** - 1400 Lake Fairfax Drive, Reston (home of *The Water Mine*)

- We'll gather at the picnic tables at the lower end of the parking lot, near the creek.
- Wear casual attire, sneakers recommended.
- **Bring your own family picnic and bread to throw into the water.**
- **We'll provide drinks and dessert.**
- Enjoy songs, apples and honey with family and friends.

Directions from NVHC:

Right on Baron Cameron Ave. Right on Lake Fairfax Dr. Proceed ½ mile to Park. For more information contact Susan Trivers, Worship Committee Chair 703-790-1424 or susan@susantrivers.com



Torah Talk

Our Shabbat Torah study class will be held on **Saturday, September 7th, 21st and 28th at 9:00 a.m.** in the sanctuary.

The Torah is a vast collection of stories, commandments, ritual practices, and ethical standards. It is meant to be studied and understood not only to connect us to our ancestors and traditions, but also to guide us toward an ethical and spiritual life. Torah means learning. For many of us, understanding Torah is not easy. We may find the language confusing and the meaning difficult to grasp. Yet when we learn together, we are thrilled by the insights we glean and share. Whether you have studied Torah before or are new to Torah study, you will find wisdom and inspiration each time you study a portion of our sacred literature. ♦

College Outreach

Our first mailing for 5774 is our fall holidays package, which includes symbols and treats for Rosh Hashanah, Yom Kippur, Sukkot, and Simchat Torah. We hope we have your sons and daughters on the mailing list. I am reminded of the number of times I have had one of these young adults come up to me at a High Holiday service to say how much he or she appreciates receiving these packages. Make sure that your students are on the list! Even if they have been on the list before, we need to know if they want to continue. The next mailing will be to celebrate Chanukah. Send both USPS and e-mail address to mozelle@nvhcreston.org.

If you are interested in helping with the committee, please contact Judy Naiman at CollegeOutreach@nvhcreston.org. ♦

NVHC Brotherhood

Brotherhood Family Breakfast

Sunday, September 29th

9:30 a.m. – 12:30 p.m.

in the social hall



*Come and enjoy good food
and fine friends,
as the NVHC
Brotherhood chefs cook
up a delicious breakfast
in the kitchen!*

ALLOW JEWISH PRACTICES TO ENHANCE YOUR LIFE

Stacy Miller • NVHC's first Young Adult Engagement Coordinator

In partnership with the Emanuel J. Friedman Philanthropies (EJFP), Northern Virginia Hebrew Congregation (NVHC) in Reston, Virginia, is pleased to announce its collaboration with NOVA Tribe and the employment of Stacy Miller as NVHC's first Young Adult Engagement Coordinator. "NVHC recently launched Building Bridges, a strategic commitment to giving young adults a voice and stake in building our Jewish future. Partnering with (EJFP) and NOVATribe is a very exciting opportunity that our Board of Trustees has endorsed unanimously," says Temple President, Nancy Kruger.

In coordination with its Building Bridges Initiative and with the backing of the Emanuel J. Friedman Philanthropies and donors from NVHC membership, NVHC will develop and execute young Jewish adult programming across Northern Virginia. For almost two years, Stacy's dynamic leadership with NOVA Tribe and her creative vision have resulted in successfully reaching and engaging young adults in the Arlington area of Northern Virginia.

Thanks to a \$25,000 grant from the Emanuel J.

Friedman Philanthropies and donations from NVHC members, Stacy will expand NOVA Tribe programming to reach western Fairfax County and eastern Loudoun County providing young Jewish adults across Northern Virginia opportunities to engage with each other...socially and Jewishly.

For more information on this program, please contact Cookie Mandell, Director of Congregational Engagement, Northern Virginia Hebrew Congregation, via email at cookie@nvhcreston.org or by calling 703-437-7733. ♦



Introducing Stacy Miller

A Virginia native, Stacy has had a lifelong passion for program development and working with the Jewish community. She is excited to be joining NVHC as a staff member as her Jewish education began with the NVHC Preschool.

As a student, she served on the James Madison University Hillel Board, attended a GMU Hillel university alternative spring break trip and became a youth group advisor for a local synagogue following graduation. Before joining NVHC, Stacy taught in independent schools in Northern Virginia for six years, facilitated social skills groups for children with autism after school, and most recently coordinated operations at an IT government contracting company. In November 2011 she created NOVA Tribe Series, an organization that provides innovative programming and leadership activities for young adults living and working in Northern Virginia. Stacy was selected to participate in the 2011 Birthright Alumni Leadership Mission, was a 2012 Presetense ConnectGens Fellow, and a 2012 Natan/NEXT Social Entrepreneur grant recipient. She recently served on the Jewish Federation of Greater Washington IMPACT DC committee and Mitzvah Mavens committee. In her spare time she enjoys cooking and in 2009 she created Snack Attack Cooking, an after-school cooking program and camp for kids.

**Know a young adult who might be interested in NOVA Tribe get-togethers?
Please contact Stacy at stacy@nvhcreston.org!**

Sisterhood

Dear Current and Prospective Sisterhood Members,

I am back stronger than ever to lead our Sisterhood, with the assistance of our Board of unique individuals who are committed to making your experience a memorable one. Last year proved to be very rewarding for all of us. Our programs, social action initiative, fundraising events, membership dinners, new newsletter, etc. showed the cohesiveness of a multi-generational community of women of many facets.

We are here for you, and expect you to be here for us to increase our success and pass it on to those who will lead in the future. Being here for all of us entails a responsibility to you, as well. As Jewish women, we must carry on our heritage through our spiritual and educational work. We must set an example for our children and their children so we may all flourish as a religious, spiritual and educational entity.

To those of you who volunteered to make us great, thank you very much. To those of you who now find the time, we welcome you to join in our efforts. Periodically, you will be receiving information that will interest you, and may also be of interest to your friends or fellow congregants. We invite you to join us in enjoying these special programs so that in doing so, we can fulfill our vision and our mission of promoting camaraderie, esprit de corps, spirituality and participating in *tikkun olam* - repairing the world - with our congregation and the greater Reston community.

Please check your Sisterhood calendars for up-coming events. Our first event to welcome new and prior members will be on **Sunday, September 29th**. This event, **Chocolate and Champagne**, is a great first look at familiar faces and a place to meet new ones as well. Please put this on your calendar. Some future events to look forward to are: membership dinners, sponsorship of onegs and kiddushes, book discussion, women's Seder, Sisterhood/Brotherhood dinner/theater, Sisterhood/Brotherhood chili cook off, Chanukah Boutiques, Mah Jongg, Rummage Sale, Rosh Chodesh, and diverse educational programs. Stay tuned for even more surprises this year.

As we start this New Year of 5774, we wish you all a very Happy New Year, and welcome you to participate in our wonderful organization. We grow each year in numbers and knowledge. Each one of you is needed to fulfill our dreams of being the best around. Your membership and comments are what we count on.

Outreach

JSSA AND NVHC - SYNAGOGUE LIAISON PROGRAM CONTINUES

Thanks to the continuing partnership between Northern Virginia Hebrew Congregation and the Jewish Social Service Agency (JSSA), we are pleased to offer the services of our synagogue liaison. JSSA supports individuals, couples, and families through mental health counseling, services for children and adolescents, adult aging services, career programs and adoption assistance.

Do you ever need some additional parenting strategies, or referrals for other family issues? Free consultation with a trained and experienced social worker is available for

NVHC parents. Ivy Weitzner, LCSW, our JSSA Synagogue Liaison is available for individual consultations. To schedule a free appointment either at NVHC or at the JSSA office, contact her at 703-896-7903, or email: iweitzner@jssa.org.

Ivy can provide support and referrals about a variety of concerns including raising children of all ages, marital issues, stress management, family transitions, new babies, and aging parents. While this time is not meant for ongoing therapy, she can offer strategies, guidance, and resources as appropriate. ♦

Topics Wanted for Speaker Series

The NVHC Speaker Series Committee is asking for your help with topics for future speakers.

Most of our speakers have talked about Middle East developments, Zionism, Anti-Semitism, and the U.S. economy. We certainly can continue these topics, but we, the Committee, are also open to other topics as well. The environment, education, civil rights, and many, many others could be possible. What do you suggest?

Please send your ideas about topics for the NVHC Speaker Series to Eric Forman at: ericforman@comcast.net.

The answer to such a big question is really quite simple: we turn to Torah. Allow me to explain.

The term Torah refers to much more than the scroll we keep in the Ark in the sanctuary. It is the global Jewish concept of any text or media that we study, discuss, reflect upon and react to. We do not turn to Torah to be spoon-fed its content and to simply learn what it says. We turn to Torah for the challenge, the hidden meanings, the confusion and the hints at what the writers may have intended.

Consider the difference between Greek mythology and a story of the Torah. Erich Auerbach, philologist famously compared the two in his essay, *Odysseus' Scar*, and pointed out that while Homer waxed poetic about the emotions and motives of the various characters, the Torah contains almost none of that. When Isaac asks Abraham "Where is the ram for the sacrifice?" we receive no information about the fear, trepidation and/or nausea that Abraham must have felt. When Aaron's sons die, we hear only "And Aaron was silent." When Moses strikes the rock and God punishes him by forbidding him from entering the Promised Land, we get absolutely no description of his reaction. The texts could not be more different.

This difference in style inspired generations of Jews to speculate about the inner emotions, reactions and ideas of the characters in the Torah. This, and other factors, led the Jewish people to write commentaries, poetry, prophecy, histories and further stories on the narratives and laws of the Torah. The very nature of the Five Books of Moses, hinted at the ineffable nature of God, and the human need to know more and to question. So text became a spiritual experience.

In addition to the text itself, Torah refers to the experience of the learner. To study Torah is not the same as cramming for a test. To explore a document deeply, whether it be the scroll of Torah itself, the rabbinic texts, the commentaries, poetry, modern Jewish literature, or even a Jewish movie, is to open one's mind. To study text is to shed the defensiveness and combativeness of modern American society and to learn for the sake of learning and growth. It is an expression of honesty and personal integrity. We do not study Torah to pass a test. To do so would be like trying to prep a child for an IQ test. What's the point? Pirke Avot I:13 teaches, "Do not make the Torah into a crown with which to aggrandize yourself or a spade with which to dig." Torah study is not utilitarian in that way. Instead it is a sharing of the self.

As such, Torah study is an experience of honesty and connection to the learning partner(s). While reading a

good Jewish book can certainly inspire one to learn and grow, learning Torah really happens most successfully with a partner or group. It is in the human interaction that we find enlightenment and challenge. This also creates an amazing sense of community, joy, comfort and spiritual exploration. Such a group often has a warm sense of inside humor, but also a keen desire to welcome newcomers. Torah study groups eventually become communities of meaning and trust, places where an individual feels a part of something larger, but also able to be an individual. They are some of the best communities Judaism has to offer.

These three factors—the way Torah inspires creative commentary, inner spiritual search and communal bonding—combine to help us think about the way we live our lives. So often we are concerned with the quantity of life. How much money we have. How much time we have. How many friends we have. We quantify everything. But creativity, spirituality and community are all about quality. Torah pushes us to consider the quality of life, and thus helps us achieve the goodness and sweetness we want from our new year.

At NVHC, Torah study comes in a variety of forms. First and foremost is our Torah Talk, a gathering on Saturday mornings (every Shabbat except the first Shabbat of the month), from 9:00 a.m. to around 10:15 a.m. We begin with a few minutes of simple singing and praying and then we dive into the weekly portion. Often we may start in the portion and end up somewhere else entirely. Absolutely no prior knowledge is required and no question is silly. I usually lead Torah Talk, but we have a variety of lay leaders, and occasional guest leaders, and the Cantor pitches in, as well. If you are looking for an easy start, Torah Talk is your way.

A second form comes in the wide array of Lifelong Learning classes we offer. From our amazing Hebrew program, to our impressive Speaker Series, to topical classes, movies and the book club, we have a slot for almost any interest and all learning levels. Again, everything is designed to be accessible and easy for the newcomer. Nobody should feel self-conscious about their first time. (If you are, call Cookie Mandell at 703-437-7733 ext. 107, and we'll set you up with a partner to attend with.)

A third form is somewhat new, and that is our Chevrotah learning program. This program combines pairs, or trios of learners who want to choose one particular book to go into in some depth. This is not a book club (we have that also), but rather a close, careful reading of a book of history, theology, prayer, philosophy, modern thought, politics,

(Continued on page 10)

NVHC, AN EXAMPLE OF CARING

By Robbie Kaplan • NVHC Cares Chair

It was just two years ago that Rabbi Holzman asked our members to complete a volunteer questionnaire, and those responses formed the base that NVHC Cares used to recruit its first volunteers. Our volunteers have continued to grow as members see first-hand how important it is for our congregation to support its members during periods of illness and bereavement, and other personal difficulties. Our members are resourceful and dedicated, willing to do a myriad of tasks to support other congregants. In recent months we helped a member living alone recuperate from a difficult surgery; and when the call went out, a young family dealing with a complex and difficult illness, that was forced to move unexpectedly, one member quickly volunteered workers from his business to make the physical move and paid them himself. We are so thankful for everyone that has supported our members, either through the NVHC Cares program or personal initiatives. It is your efforts that have made NVHC a caring congregation, and we are so grateful. If you'd like more information on NVHC Cares, or are interested in volunteering, please contact Robbie Kaplan, NVHC Cares Chair at robbiemillerkaplan@gmail.com. ♦

SPEAKER SERIES

Thursday, October 10th, 8:00 p.m.

Robert G. Kaiser, Associate Editor and Senior Correspondent, *The Washington Post*

How Congress Works and How It Doesn't



Join us on Thursday, October 10th at 8:00 p.m. to hear Robert Kaiser, Associate Editor and Senior Correspondent at the *Washington Post*, share his insights into how the United States Congress actually works, and why it doesn't. Author of the acclaimed book, *Act of Congress*, Mr. Kaiser is a widely respected observer of Washington politics. His recently published book follows the events leading to the financial reform bill passed after the Crash of 2008. Of this book, Cokie Roberts of NPR and ABC News said, "If you want to know how Washington really works, read this book."

Mr. Kaiser has worked at the *Washington Post* since 1963, including assignments in London, Saigon and Moscow. He is the author and co-author of eight books, and has appeared on a number of radio and television shows, including *All Things Considered*, *Meet the Press*, and *the Today Show*.

Perspective By Rabbi Michael G. Holzman (Continued from page 9)

feminism, Zionism or mysticism. We have about 7 groups right now, and we are still growing. Contact Elizabeth Lacher if you are interested in finding a partner. (BTW: Married couples can make really good, or not-so-good chevrotah partners—see your spouse for more details on that.)

Lastly, the easiest and least time consuming way to do some Jewish learning is to sign up for an online resource for a daily or weekly Torah commentary. I send a daily tweet of Torah from my Twitter account, @bitotorah. Who does not have time for 140 characters? I recommend the 10 Minutes of Torah from the URJ (<http://www.reformjudaism.org/sign->

receive-ten-minutes-torah), or the commentary from the Chief Rabbi of the UK, Rabbi Jonathan Sacks (www.chief Rabbi.org). Lastly, we will be launching the NVHC blog, NVHConversation, and web site very shortly (perhaps by the time you read this) and be sure to get involved in the voices of Torah found there. (And for a newcomer, check out my blog page for my Torah in 1000 words for an easy primer.)

It is easy and so rewarding to add Torah study into your life. Contact me, or any member of the staff if you have questions. This is one of the best parts of being Jewish. Do not miss out. L'Shana Tova U'metukah! ♦

FALL 2013

JEWISH STUDIES FOR ADULTS

Important Information

- Our classes are open to anyone interested in learning Hebrew or continuing their Hebrew education: members and non-members, Jews and non-Jews.
- Classes begin Sunday, September 22, 2013
- All classes will meet for 75 minutes for 10 weeks.

COURSE FEE: \$100 MEMBERS, \$130 NON-MEMBERS
TAMID STUDENTS: FREE

Register by September 6th and receive a \$10 discount!

Class Descriptions

It All Began in Genesis. The book of Genesis is an introduction to the Hebrew Bible and contains the basis for the entire theological system of Judaism. While the stories in Genesis are usually taught as independent events or viewed as a mishmash of textual sources, the book is actually well structured, ingeniously put together, and is unlike anything else that exists in literature. This will go into the details of the book focusing on understanding the mixture of stories and genealogy in their original historical context, as well as how the lessons are applied to modern day. We will carefully draw out the characters in the book, deal with their impossible moral dilemmas and grappling with life in the ancient world. We will also distinguish between the text of the actual stories and the common beliefs about biblical personalities that come primarily from the Talmud over 800 years later.

Pre-requisite: None. **Instructor:** ADAM COHN **When:** Sundays, 9:30 – 10:45 a.m.

Medieval Jewish History. This class is a high-level survey of Jewish history during the medieval period: from the development of the Talmud through the beginning of enlightenment. The objective of the class is for students to gain a basic understanding of the major events, people, and the period. Topics will include the development of the Talmud, early Christianity and the fall of Rome, the rise of Islam, the Crusades, and the expulsion from Spain. The class will emphasize how these events have influenced the development of the Jewish religion and laid the foundation for the Judaism we know today.

Pre-requisite: None. **Instructor:** ADAM COHN **When:** Sundays, 10:50 a.m. – 12:05 p.m.

JEWISH STUDIES FOR ADULTS

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

COURSE FEE: \$100 MEMBERS, \$130 NON-MEMBERS

Check to Enroll	Course Title	Session Day/Time
<input type="checkbox"/>	It All Began in Genesis	Sun 9:30 a.m.
<input type="checkbox"/>	Medieval Jewish History	Sun 10:50 a.m.

Send registration form and check payable to NVHC to:
Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

Artist-in-Residence Weekend

Rahel Musleah: *Journalist, Author, Singer, Educator, Speaker*

October 18th – 20th, 2013



Rahel Musleah was born in Calcutta, India, the seventh generation of a Calcutta Jewish family that traces its roots to seventeenth-century Baghdad. Through her multi-media song, story and slide programs, she shares her rare and intimate knowledge of this ancient community's history, customs and melodies with audiences at synagogues, schools, libraries, women's groups and cultural events.

Rahel is an award-winning journalist with hundreds of published articles to her credit. Her work has appeared in *The New York Times*, *Family Circle*, *Publishers Weekly*, *Hadassah*, *Reform Judaism*, *Jewish Woman*, *Na'amat Woman* and numerous other Jewish journals.

Rahel is a graduate of Columbia University and the Jewish Theological Seminary of America. She sings with New York's Zamir Chorale, under the direction of Matthew Lazar. She lives in Port Washington, NY, and hopes to pass down the legacy of the Indian Jewish community to her two children, Shira and Shoshana.

Friday, October 18th

6:45 p.m. *Passage to Jewish India*

Saturday, October 19th

9:00 a.m. Torah Talk: *An intriguing medley of ancient texts*

12:00 p.m. Lunch and Learn

Sunday, October 20th

9:15 a.m. Family learning experience

No registration required.

Finding the Artist Within: Hands-on Art Classes for Adults

What makes Jewish Art Jewish? The Artist? The subject matter? The medium? We will explore these questions and more as we explore the beauty of Jewish ritual objects. Improve your drawing skills while learning the secrets of using the pastel medium to create a still life drawing of Judaica. Three two-hour classes will give you time to really learn the basics of drawing with pastels.

No previous experience required. All skill levels welcome.

Supplies: Most materials will be supplied. If you have a set of pastels, bring them. If you don't have any, you may use some that the instructor will have available.

Instructor: Carol Berman **When:** Wednesdays, October 2nd, 9th, 16th, 7:00-9:00 p.m.

Fee: \$45 MEMBERS, \$60 NON-MEMBERS (Materials fee included.)

FINDING THE ARTIST WITHIN: HANDS-ON ART CLASSES FOR ADULTS

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

FEE: \$45 MEMBERS, \$60 NON-MEMBERS (Materials fee included.)

For questions, comments, or suggestions for future Lifelong Learning offerings please contact Elizabeth Lacher, lifeflearn-committee@nvbcreston.org

Jewish Beliefs about Creation

In this 3-part class, we will explore Jewish beliefs about creation through different periods in history: ancient, medieval, and modern. We will see how those beliefs have changed over time and how we can integrate creation beliefs with modern scientific theory.

Instructor: Rabbi Michael Holzman **When:** Tuesdays: October 1st, November 5th, December 3rd, 8:00-9:30 p.m.

Fee: Members & Tamid Students Free, Non-members \$25.

JEWISH BELIEFS ABOUT CREATION

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

COURSE FEE: FREE MEMBERS, \$25 NON-MEMBERS

Send registration form and check payable to NVHC to: Northern Virginia Hebrew Congregation, 1441 Wiehle Avenue, Reston, VA 20190

Book Club Selections

We meet on the first Saturday of each month, except where noted, 9:00 a.m. – 10:15 a.m.

For more information, contact Marjina Kaplan at: marjina2@yahoo.com

September 7th. *The Old Bunch* by Meyer Levin, originally published in 1937. Fiction. The book chronicles the lives of 19 late adolescents, all Jewish, living on the West Side of Chicago. It is beautifully orchestrated, flowing from the life of one character to another. The story's timeline runs from the early '20s to 1934, ending at the close of the World's Fair in Chicago. The reader is caught up in all the characters' lives, feeling the sting of their defeats, engaged in their small but touching dramas.

October 5th. *Ben-Gurion: A Political Life* by Shimon Peres with David Landau. Non-Fiction/ Biog. As the youngest member of Ben-Gurion's inner circle, Peres shares personal glimpses of the man who mentored him for more than three decades. He also explains why Ben-Gurion is considered Israel's first and greatest statesman.

JEWISH FILM SERIES 2013-2014

The NVHC Film Series returns in September presenting a series of films on Jewish themes, followed by a group discussion. We meet on the second Tuesday of each month in the NVHC multi-purpose room on a six-foot wide screen.

We will gather at 11:30 a.m., allowing time to eat (please bring a dairy lunch) before we view the film. We will provide coffee, tea, and a sweet.

This year there will be a two-tier pricing system. The registration fee for NVHC members for the entire series of 10 films will be \$18. The registration fee for non-NVHC members will be \$25. The price for a single date, regardless of NVHC membership, will be \$3.

In case of inclement weather, we follow Fairfax County Schools' guidelines. If schools are closed, there will be no showing on that day. If the schools have a delayed opening, or the morning weather is uncertain, check the NVHC website at www.nvhcreston.org.

Date	Film	Country
September 10th	Orchestra of Exiles	United States
October 8th	Anita	Argentina
November 12th	Aliyah	France
December 10th	Walking the Bible, Part 1	Companion to Bruce Feiler book
January 14th	Walking the Bible, Part 2	
February 11th	Broken Wings	Israel

The remaining dates are March 11th, April 8th, May 13th, and June 10th.

Titles will be announced as they become available.

Jewish Film Series Series 2013-2014 Registration Form

Name: _____ Member: _____ Non-member: _____

Phone: _____ Email: _____

REGISTRATION FEE: \$18 MEMBERS, \$25 NON-MEMBERS

DROP-IN FEE: \$3 / PER DATE

Send registration form and check payable to NVHC to:

Northern Virginia Hebrew Congregation
1441 Wiehle Avenue, Reston, VA 20190

HEBREW FOR ADULTS - FALL 2013

At NVHC, we have a robust Hebrew program for Adults featuring a variety of classes to satisfy a wide range of interests and needs. Whether you have no previous exposure to Hebrew, want to feel more comfortable with Hebrew during services, become adept at Biblical translation, or learn to speak conversational Hebrew: we have a class for you!!

Important Information

- Classes begin the week of September 22, 2013
- All classes will meet for 75 minutes for 10 weeks.
- Our classes are open to anyone interested in learning Hebrew or continuing their Hebrew education: members and non-members, Jews and non-Jews.
- If you need help selecting the right class, please contact the Lifelong Learning Chair.
- If you can't find a class that fits your needs, please let us know – we will form new classes if we have a minimum of 5 students.

COURSE FEE: \$100 MEMBERS, \$130 NON-MEMBERS TAMID STUDENTS: FREE

Register by September 6th and receive a \$10 discount!

Schedule of Classes

Sunday (no class 11/3, 12/1)

9:25 a.m.-10:40 a.m.	Prayer Hebrew I (Torah Service)
10:50 a.m.-12:05 p.m.	Beginning Hebrew
12:30 p.m.- 1:45 p.m.	Intermediate Modern Hebrew (Level Bet)
7:00 p.m. - 8:15 p.m.	Intermediate Modern Hebrew (Level Dalet)

Monday (no class 10/14)

9:30 a.m.-10:45 a.m.	Biblical Hebrew
11:00 a.m.-12:15 p.m.	Beginning Hebrew
7:00 p.m.-8:15 p.m.	Beginning Hebrew
7:00 p.m.-8:15 p.m.	Advanced Prayer Hebrew

Tuesday

7:00 p.m.-8:15 p.m.	Intermediate Modern Hebrew (Level Dalet)
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Thursday (Begins October 3rd) (no class 11/28)

7:00 p.m.-8:15 p.m.	Prayer Hebrew I (Shema and its Blessings)
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Class Descriptions

Beginning Hebrew. This class introduces the student to Hebrew letters and vowels, and broadens the student's understanding of the use of Hebrew in Jewish life, ritual, study, and tradition. The student will learn to read Hebrew phonetically, to recognize common Hebrew roots used in prayer, and to write block letters. This course provides a foundation for the rest of our Hebrew classes.

Pre-requisite: None.

Text: *Alph Isn't Tough: An Introduction to Hebrew for Adults*, \$16.95

Start Date	Day	Time	Instructor
9/22/13	Sunday	10:50 a.m.-12:05 p.m.	Sara Branscome
9/23/13	Monday	11:00 a.m.-12:15 p.m.	Sara Branscome
9/23/13	Monday	7:00 p.m. - 8:15 p.m.	Judy Naiman

Prayer Hebrew I. The emphasis of Prayer Hebrew I is on improving prayer fluency, the acquisition of basic prayer vocabulary, and understanding the structure of the prayer service. The course will begin with a review of basic reading rules and include a mix of "simple" and more complex prayers. Each class will focus on one section of the prayer service and may also include additional prayers as desired by the students. Students may repeat as often as needed to gain confidence in the prayers.

This Fall, the following focus areas will be offered:

- **Shema and its blessings:** *Shema, Barchu, Ma'ariv Aravim, Yotzer or, V'ahavta, Mi Chamocha, Hashkiveinu*
- **Torah Service:** Blessing before and after Torah reading, Blessing before and after *Haftarah, Ein kamocho, Av Harachamim, Ki Mitzion, Lecha Adonai, Eitz Hayim Hi*

Pre-requisite: Beginning Hebrew or equivalent

Text: *Hineni: Prayerbook Hebrew for Adults*, \$22.50

Optional Text: *Mishkan Tefilah: Shabbat* (no-transliteration) \$34.00

Start Date	Day	Time	Focus	Instructor
9/22/13	Sunday	9:25 a.m.-10:40 a.m.	Torah Service	Sara Branscome
10/03/13	Thursday	7:00 p.m. - 8:15 p.m.	Shema and its Blessings	Elizabeth Lacher

Advanced Prayer Hebrew (Level 2). For those students who are ready to bring their understanding of prayer Hebrew to the next level or who are interested in learning Biblical Hebrew. This course focuses on the elements of Hebrew grammar, expanding vocabulary, and translating prayers and Biblical texts. As students solidify their reading ability, they will also enhance their vocabulary, increase their familiarity with roots, and develop their translation skills. This is a 2-part course.

(Continued on page 15)

HEBREW FOR ADULTS - SUMMER 2013 (CONTINUED)

Pre-requisite: Prayer Hebrew or equivalent. Ability to read Hebrew and familiarity with basic prayer vocabulary.

Text: *Aleph Isn't Enough*, \$18.95

Optional Text: *Mishkan Tefilah: Shabbat* (no-transliteration) \$34.00

Start Date	Day	Time	Instructor
9/23/13	Monday	7:00 p.m.-8:15 p.m.	Sara Branscome

Biblical Hebrew (Level 3). The focus of this class is translating excerpts of Torah. Through translation exercises, students will expand their vocabulary and strengthen their grammar skills.

Pre-requisite: Advanced Prayer Hebrew (Level 2) or equivalent

Text: *Bet is for Beresbit*, \$16.95

Start Date	Day	Time	Instructor
9/23/13	Monday	9:30 a.m.-10:45 a.m.	Sara Branscome

MODERN HEBREW

Our Modern Hebrew classes emphasize conversation and interactive exercises. Our textbook is *Hebrew from Scratch*, one of the most widely used curricula for English speaking adults who want to study Hebrew. It uses the Hebrew-in-Hebrew approach which means that exercises are presented primarily with Hebrew-only instruction. This approach has been demonstrated as the most successful for adult learners and has been used in Israel for teaching Hebrew to *Olim Chadashim* (new immigrants). It is a comprehensive textbook, grammar and exercise book for the beginner adult student. Textbook materials will be supplemented by other resources.

Starting points listed below are approximate. Students who are new to our program should consult with the instructor to select the appropriate level.

Intermediate Modern Hebrew. This class will expand the student's ability to read, write, speak, and comprehend Modern Hebrew. Students will continue to study the fundamentals of Hebrew grammar and syntax. Students will practice conversational skills, learn to read without vowels, translate texts from a range of Hebrew literature, and compose short paragraphs. Exercises will focus on conversational skills, and will reinforce vocabulary and use of proper Hebrew grammar.

Pre-requisites: Introduction to Modern Hebrew or equivalent. Familiarity with basic Hebrew grammar and conjugation of present tense.

Text: *Hebrew from Scratch: Part 1*, \$55.00

Start Date	Day	Time	Starting point	Instructor
9/22/13	Sunday	12:30 p.m.- 1:45 p.m.	Bet: lesson I	Sara Branscome
9/22/13	Sunday	7:00 p.m.-8:15 p.m.	Dalet: lesson I	Sara Branscome
9/24/13	Tuesday	7:00 p.m.-8:15 p.m.	Dalet: lesson I	Sara Branscome

HEBREW FOR ADULTS - FALL 2013

Name: _____ Member: _____ Non-Member: _____

Phone: _____ Email: _____

COURSE FEE: \$100 MEMBERS, \$130 NON-MEMBERS TAMID STUDENTS: FREE

Register by September 6th and receive a \$10 discount!

Check <input type="checkbox"/> to enroll	Course Title	Start date	Session Day/Time	Enter Course Fee	Enter Text Fee (if applicable)
<input type="checkbox"/>	Beginning Hebrew	9/22	Sun 10:50 a.m.		
<input type="checkbox"/>	Beginning Hebrew	9/23	Mon 11:00 a.m.		
<input type="checkbox"/>	Beginning Hebrew	9/23	Mon 7:00 p.m.		
<input type="checkbox"/>	Prayer Hebrew I (Torah Service)	9/22	Sun 9:25 a.m.		
<input type="checkbox"/>	Prayer Hebrew I (Shema and Its Blessings)	10/03	Thu 7:00 p.m.		
<input type="checkbox"/>	Adv Prayer Hebrew (Level 2)	9/23	Mon 7:00 p.m.		
<input type="checkbox"/>	Biblical Hebrew (Level 3)	9/23	Mon 9:30 a.m.		
<input type="checkbox"/>	Intermediate Modern Hebrew+ (Unit Bet: lesson I)	9/22	Sun 12:30 p.m.		
<input type="checkbox"/>	Intermediate Modern Hebrew+ (Unit Dalet: lesson I)	9/22	Sun 7:00 p.m.		
<input type="checkbox"/>	Intermediate Modern Hebrew+ (Unit Dalet: lesson I)	9/24	Tues 7:00 p.m.		

Minimum enrollment of 5 students per class.

Early registration discount \$ _____

TOTAL DUE \$ _____

GRAMMY BOUND: WALK THE RED CARPET

Mark your calendar and dust off your heels, pull out a tuxedo (optional of course) and get ready to literally walk the red carpet with more than 200 of our synagogue community, family and friends. On **Saturday, November 9th**, join us at the 8th Annual Silent and Live Auction. Continuing the tradition of “the” temple social event of the year, we have surprises, exciting and new silent auction items and a once in a lifetime chance to win a trip to the live Grammy Awards in Hollywood. Rob Jolles, our fellow member and emcee /auctioneer extraordinaire has a whole new line up of surprises and exciting live auction items – we will be in theater of the round, enjoying Hollywood style glamour, glitter and delicious food.

Our theme of *Grammy Bound: Walk the Red Carpet* plays off our sensational raffle that you do not want to miss: 2 tickets to the 2014 Grammy Awards to be held January 26, 2014, 2 round trip tickets to Hollywood and 2 night stay at the Westin Bonaventure Hotel. There will be only 200 hundred tickets sold for this -- \$100/ticket. Tickets go on sale September 1, 2013!!! May the odds be with you!

Once again, NVHC has a strong and innovative committee bringing together broad talents and energy to make this night a continuation of sensational memories and successful fundraising. From our Preschool classes to our Sisterhood and Brotherhood, we have pledges for fabulous donations, new ideas, and making this a celebration of our community and commitment to NVHC.

We will have VIP tables with some exciting new twists including special photos and “swag bags,” reserved tables where you can even have our “in-house” agent match you up with other congregants, and seating in the round so there are only “great” seats. Our new sound system is fabulous and everyone will hear every joke, prize, announcement and entertainment from our auctioneer! There will be paparazzi shooting photos that you will want to purchase,

glam tables to “glam up” and much, much more!

We need lots of volunteers and assistance to make this a Grammy award winning night! We would like you to please:

- **Donate an item** – we need LOTS of donations Hollywood style: the bigger the better: services that you can offer, gift certificates, jewelry, baskets and much more – all with at least a fair market value of \$50. We need these items **NOW** as the catalog has to be created and we want everything in it! Donations may be dropped off at the temple at any time.
- **Place an ad** – same as last year – promote your business, honor a loved one or pay tribute to a special person (like a teacher, clergy member, family member, Bar/Bat Mitzvah, etc.) To place an ad, go to the NVHC website and click on 2013 Auction.
- **Be a sponsor** – a fabulous way to be a temple “star” – make a donation as a sponsor – from \$100 - \$500 – All sponsors will have their names listed in the catalog program.
- **Volunteer** – We need your talent and energy to make this a gold star evening – if you only have an hour – we will find a task for that hour – if you can give more time and energy – our head talent scout, Susan Cohen would love to hear from you – sfcohen@gmail.com or call her at 703-255-1040.
- **Be there!!** You can reserve your tickets early – you don’t want to miss this night or a chance to win some fabulous prizes.

Need more information –

Call Committee Chair Madeleine Abel 703-919-2355 or email maddie.abel@verizon.net. Obtain forms, order tickets online, place an ad, more information – go to NVHC website and click on 2013 Auction! ♦

SAVE THE DATE!

Jewish Views on Revelation

Wednesday, October 23, 2013 – 6:30 – 8:30 p.m.

St. Timothy’s Episcopal Church, 432 Van Buren Street, Herndon, VA

Join **Rabbi Holzman** at St. Timothy’s Episcopal Church for a light meal, and then learn as he speaks on the topic of *Jewish Views on Revelation* for their Adult Education group. The meal will begin at 6:30 p.m., and the Rabbi will speak at 7:15 p.m.

Interested? Intrigued? Please **RSVP before October 18, 2013** to mozelle@nvhcreston.org, or 703-437-7733.



NORTHERN VIRGINIA
HEBREW CONGREGATION

presents:

Grammy Bound: Walk the Red Carpet

**8th Annual Silent & Live Auction
Saturday November 9, 2013**

★ Put on a tux or sparkly jeans, grab a boa, and have your photo taken by the paparazzi!

★ Sensational silent and live auction items

★ Award-winning Hollywood-style dinner

★ Win a trip to the 2014 Grammys, including tickets, airline, and hotel stay. Tickets are \$100 each, with only 200 being sold beginning September 1, 2013!

★ Additional exciting details to come

www.nvhcreston.org

“O, SAY CAN YOU SEE...?” — STAR SPANGLED BANNER TRIP TO BALTIMORE

By Sheila Budoff

Baltimore’s celebration of *The Star Spangled Banner’s* bicentennial is in full swing, even though September 2014 is still a year away. Come join us for a fun trip to Baltimore to learn about the Battle of Baltimore, the War of 1812 (America’s second war for independence from Great Britain), and the flag which inspired Francis Scott Key to draft the poem that became our national anthem.

Tuesday, September 24th, depart NVHC 8:30 a.m.; return approximately 6:00 p.m.

“Oh, Say Can You See...?” – Trip to the Maryland Historical Society and Fort McHenry in Baltimore

In anticipation of the bicentennial of the penning of *The Star Spangled Banner*, by Francis Scott Key in September 1814, we’ll travel to Baltimore to explore the history of our national anthem. First, we’ll visit the Maryland Historical Society for a docent-led tour of the exhibit, “In Full Glory Reflected: Maryland During the War of 1812” (one of *The Washington Post’s* “10 Best Exhibits of the Year”) and the Star Spangled Banner Gallery, where the oldest known surviving manuscript of *The Star Spangled Banner* is on display. There should be time to visit other fabulous exhibits, including “Woman of Two Worlds: Elizabeth Patterson Bonaparte and Her Quest for an Imperial Legacy” and “Paul Henderson: Baltimore’s Civil Rights Era in Photographs, ca. 1940-1960.” We’ll have lunch at George’s in the historic Peabody Court Hotel, and then we’ll visit Fort McHenry National Monument and Historic Shrine, site of the Battle of Baltimore. We’ll explore the Visitor’s Center, and attend a ranger program about the fort and

The Star Spangled Banner. Those who would like to walk to the fort and take a self-guided tour may do so. The path is paved and accessible, but may be a bit long for those with mobility issues. Wheelchairs are available on the premises. There is plenty to see at the Visitor’s Center, so the walk to the fort is completely optional. If you wish to visit the fort, there is an additional \$7 fee, which you can pay at the Visitor’s Center. If you have a National Park Service Senior Pass (\$10, 62+), your admission to the fort is free, and you can bring three people in with you.

RSVP: Sheila Budoff, Sheila.budoff@jccnv.org or (703) 537-3068

Fee: \$42/ \$36 JCCNV or any synagogue member (includes bus transportation, guided tour at the Maryland Historical Society, ranger program and exhibits at the Fort McHenry Visitor’s Center. Optional self-guided tour of the fort is an additional \$7, payable at the Visitor’s Center. Lunch is a separate charge. Please send a check, payable to JCCNV, to Sheila Budoff, Jewish Community Center of Northern Virginia, 8900 Little River Turnpike, Fairfax, VA 22031. ♦

Breast Cancer Support Group

If you, your daughter, mother, sister, partner or friend is living with breast cancer, we hope you’ll tell them about this group. Whether a person is newly diagnosed, living several years as a survivor, battling progressive disease or a special partner of a breast cancer patient, our new support group is intended to help people to:

- Speak confidentially in a group
- Be a resource for educating other families
- Provide support and be mentors for one another
- Celebrate survivorship together

If you are interested in joining NVHC’s Breast Cancer Support Group or getting further information for another person, please contact Beryl Brodsky at beryllb@gmail.com.

Bereavement Support Group

**“When You’ve Lost a Loved One”
Tuesday, September 17th, at 7:00 p.m.**

On Tuesday, September 17th, at 7:00 p.m., NVHC will hold a meeting of “When You’ve Lost a Loved One,” a Bereavement Support Group and extension of our caring community at NVHC.

Linda Rubinstein Perlstein, experienced counselor in grief therapy in both secular and Jewish settings, will facilitate. It is our hope that NVHC members and friends from the wider community find comfort and care as they mourn losses among their family and immediate circle of community.

We hope that attendees will meet on an ongoing basis to draw support and insights in a group setting. Please contact Rabbi Holzman for more information at 703-471-6046, ext. 102.

Tzedakah: We Thank Our Generous Contributors

Adult Education Lifelong Learning Fund

Dennis and Sara Branscome...in honor of Betty Donskoy's special birthday, and Tom Chester's conversion

David and Francine Beifeld...in memory of Abraham Albert Sheingold

Mark and Alyse Goldman...in memory of Adele Parker

Andy and Elizabeth Lacher...in honor of Jonah Baker Cohn

Marvin and Karen Singer...in memory of Sidney Blumenberg

Ark Fund

Anonymous

Rob and Ronni Jolles

Art Fund

Andrew and Elizabeth Lacher...in memory of Lillian Hochberg

Cantor's Discretionary Fund

Adam and Laura Beth Cohn...in honor of Jonah Baker Cohn's Brit Milah

Murray Goldstein...in memory of Rose Lewis

Pracher/Reich Family...in memory of Anna Reich and Joseph Reich

Carl and Marsha Swerdloff...in memory of Dora Koppelman

J.P. and Judy Villedrouin...in appreciation of Cantor Altshul and Terry Sisk

Jeff and Jolly Wheeler

Choir Fund

Robert and Judy Amdur...in memory of Mitch Bender

Andy and Elizabeth Lacher...in memory of Mitch Bender

Alan Dapper and Sara Scherr...in memory of Merle S. Scherr

George and Marjina Kaplan...in memory of Marjina Matejczyk

Daniel Pasquale...in memory of Mitch Bender

Pracher/Reich Family...in honor of Samantha Gutcho's Bat Mitzvah

Peter and Libby Robbins...in memory of Mitch Bender

Ted Smith and Rosalind Gold...in memory of Mitch Bender

Deena Sortland...in memory of Mitch Bender

Ellen Reich Early Childhood Teacher Education Fund

Norman Reich...in memory of Irving Kaye

Larry and Deede Snowwhite...in memory of Fritzi Snowwhite

General Fund

NVHC Golf League

Louis Gold Children's Music Fund

William and Michelle Jaeger...in memory of Harris Wulfson

Memorial Plaque

George and Marjina Kaplan...in memory of Eleanor Kaplan

Prayerbook Fund

Arthur and Nancy Novick...in memory of Edna Novick

Susan Trivers...in appreciation of the Worship Committee, Alison Behar, Sharron Cristofar, Mary Chester, Betty Donskoy, David Goldberger, Rub Gutcho, Bert Katz, Elizabeth Lacher

Preschool Fund

Don and Nell Hirsch...in memory of Claire Posner

Andrew and Elizabeth Lacher...in memory of Claire Posner

Rabbi's Discretionary Fund

Adam and Laura Beth Cohn...in honor of Jonah Baker Cohn's Brit Milah

Mark and Alyse Goldman...in memory of Robert Goldman

Morton and Deborah Goldstrom...in memory of Jack Kuttin

Robert and Gloria Kornasiewicz...in memory of Ruth Epstein, Morris Epstein, Helen Hamburg

Vivian Kramish...in memory of Arnold Kramish and Louis Raker

Alexander H. Levis Family...in memory of Ilze S. Levis

Mary Ann McKendry, Missy Lowdermilk and Carole Lukoff...in memory of Claire Posner

Pamela Rosen...in memory of Claire Posner

Darryl and Heather Schaffer

Carl and Marsha Swerdloff...in honor of Zachary Klein's confirmation, and in memory of Rose Swerdloff

The Turk Family...in memory of Mollie Fingerman-Goldberg Steven Young

Jeanette Zimmerman

Religious School Fund

David and Dara Adams

Randy and Cheryl Anders

Stacy Bell

Matthew and Miriam Brodie

Andrew and Susan Cohen

Lance and Inci Devin

Jeffrey and Tracy Dlott

Robert Fenster and Alison Behar

Alex and Marie Gordon...in honor of James and Paula Gordon

Jimmy and Ronni Hargrove

Don and Nell Hirsch...in memory of Albert Calem

Bill Holtzman and Juliet Goozh

Hunter and Leslie Hutchens

Edward and Michelle Kogan

Jeremy and Regina Krasner

Andy and Elizabeth Lacher

Brad and Risa May

Don and Ellen Moyer

Tzedakah: We Thank Our Generous Contributors (continued)

Religious School Fund continued

John O'Connor and Ingrid Small
Martin and Carol Piccus...in memory of Sheila Piccus
Stephen and Pamela Pick
Dan and Robert Quirk
Andrew and Karen Rabb
Jeffrey and Mary Ressin
Ivette Retrey-Golinsky
Michael and Jody Rosenblatt
David and Sharon Rubenstein
Michael and Andrea Sarner
Christopher and Elissa Savos
Doris Schoenfeld
Adam and Kelly Schulman
Roy and Loti Seidmeyer
Michael and Rebecca Shapiro
Gary and Jennifer Sherwood
Andrew and Allison Snowwhite
Bryan and Jennifer Topscher
Greg and Lysa Van Beuren
Herb VanHook and Madeleine Abel
Bruce and Mary York
Nina Zaretsky

Cornerstones (formerly Reston Interfaith)

Ronni Hargrove
Mark and Nancy Weinstein

Ruth and Seldon Kruger Fund for Adult Study and Dialogue

Larry and Deede Snowwhite...in memory of Abe Zeitz
Carl and Marsha Swerdloff...in memory of Harry Swerdloff

Sam Selden and Donna Dixon Memorial Endowment Jewish Youth and Community Development

David Selden and Julie Wallick...in honor of the birth of Bob and Jackie Gladstone's granddaughter Olivia, and in memory of Muriel Wallick

Social Action Fund

Jeff and Tracy Dlott...in honor of Adam Levine's graduation
David Selden and Julie Wallick...in honor of the marriage of Jennifer Weiss

Torah Fund

Howard and Linda Perlstein...in honor of Tom Chester's special occasion
Eleonora Tarasova...in memory of Gregory Efroim Furman

IN MEMORY OF SHEILA BRASS CHADWICK



Northern Virginia Hebrew Congregation is honored to announce a significant gift from Henry Chadwick in memory of Sheila Brass Chadwick who passed away on May 25, 2012.

A native of the Bronx, Sheila graduated magna cum laude from Hunter College in 1963 and was awarded a master's degree in history from Yale University in 1964. Sheila was a researcher at UCLA medical school before settling in the Washington area in the early 1970s.

Sheila and Hank joined NVHC in 1974 and Sheila served as a member of the Board of Trustees. Through NVHC, Sheila helped resettle two Vietnamese refugee families in Northern Virginia shortly after the Vietnam War.

A life member of the National Council of Jewish Women, Sheila also served as an officer in the Northern Virginia chapter. Sheila also co-founded the Washington branch of the Human Growth Foundation and was active in adult education through Fairfax County Public Schools up until the early 2000s.

Sheila and Hank were married for 46 years and had four sons: Harris, Michael, Stephen and Benjamin.

NVHC is grateful to Hank for his generous donation and pleased that Sheila's memory will be kept alive through our community's acts of loving kindness and efforts to ensure social justice.

Qualified Charitable Distribution (“QCD”)

The recently enacted American Taxpayer Relief Act of 2012 extended to the end of 2013 the provision that permits individuals aged 70 1/2 and older tax-free distributions from an IRA to a qualified charity when they meet certain requirements.

Key provisions of the law are:

- QCDs, which allow individuals who are age 70 1/2 or older to directly gift up to \$100,000 from an IRA to a qualified charity (e.g. NVHC), have been extended through 2013.
- QCDs count toward satisfying an individual’s required minimum distribution (“RMD”), but are not limited to the amount of the RMD.

QCDs do not have to be a part of a “special” donation or fundraising effort; they can also be used to fulfill an individual’s annual dues commitment.

Individuals who may benefit most from the extension of this provision are:

- Individuals who itemize deductions on their tax returns and whose charitable contribution is reduced by the percentage of adjusted gross income (“AGI”) limitation.
- Individuals who won’t be itemizing their deductions on their tax returns.
- Individuals whose charitable contributions are reduced by the phase out of itemized deductions.
- Individuals for whom an increased AGI reduces other benefits or increases other taxes (e.g. Medicare premiums).

To discuss opportunities for any charitable donation, please contact Cookie Mandell, Director of Congregational Engagement, at cookie@nvhcreston.org. ♦

Donate to NVHC Online

Itching to donate to one of NVHC’s many funds, or to remember or thank someone? Now it’s easier. The NVHC website has been enabled to accept donations. Donations are processed through PayPal, using your own credit card or by establishing a PayPal account, at no cost to the donor, and are encrypted for security.

Go to www.nvhcreston.org and click on the Donations link listed on the left hand column of the home page.

Maccabiah 2013



Matthew Calem

NVHC is very proud to announce the participation of two NVHC (and NVHC-related) athletes at this year’s Maccabiah in Israel!

Matthew Calem, 17, son of Mark Calem and Hindy Shaman, is bringing home three bronze medals! Matthew competed in the 1500 m, 3000 m, and the 4 x 400 meter relay.

Michael Gross, brother of NVHC member, Andy Gross, was thrilled to bring home two silver medals (one individual and one



Michael Gross

team) in the Masters Division. Michael noted that only the Israelis, one Australian and one other American beat him out! Michael placed 23rd out of a field of 1700 overall.

Mazel Tov to these gifted athletes!

Northern Virginia Hebrew Congregation Board of Trustees Meeting Minutes

SUMMARY — APRIL 2013

D'Var Torah was presented by Kay Menchel.

March minutes were approved unanimously.

Youth Committee Report: As previously reported, the Religious Education Committee (REC) is being transformed into two distinct committees that will work to integrate the social and educational programming for grades K-6 (Kehilat Limmud Committee) and grades 7-12 (Tamid Committee). Making this change official is not possible due to our Constitution which lists the REC as a standing committee. We will operate under the old titles until the NVHC Constitution is amended. Once the KL and Tamid Committees have been formally established, the Board voted unanimously to have Abbe Pascal named chair the KL Committee and Susan Shapiro named chair the Tamid Committee.

Finance Report: The Board welcomed our Finance Committee Co-Chairs, Larry Schwartz and Lynne Groff. Nancy Kruger reported on the progress of the Budget Working Group and reviewed the process used to date to close the budget gap for the upcoming fiscal year. Stu Gavurin and Kay Menchel facilitated several meetings that were focused and productive. Nancy reviewed the Budget Working Group's top 12 ideas for the Board to consider implementing in order to balance our budget. The Group focused on how best to raise revenue rather than individual opinions of ideas presented. The Board then went over the Budget Working Group's top 12 ideas. The following ideas had the support of an overwhelming majority of the Board: 1) Dues Cap Plus Programs for Additional Giving, 2) Capital Budget Assessment, 3) Event Sponsorship. Taken together, these approaches would balance the budget. Andy

C. requested the Board ask the Finance Committee to incorporate the low-end estimates of the above concepts into the proposed budget. The motion passed unanimously.

Andy C. further moved that the Board request from the Budget Working Group further information and definition for implementation of Dues Cap Plus Programs for Additional Giving, Sustainable Recurring DDFs, and Giving Circles. The motion passed unanimously.

Clergy Report: Rabbi Holzman reported fun, amazing things going on in the next 6-8 weeks, including the May 11th Variety Show and the work we are doing with VOICE. Elected officials are tuning out the need for our neighbors to have affordable housing and local residents will be pushed out of their homes at the Crescent Apartments. On May 19th, there will be a walk from Reston Town Center to the local housing that will soon no longer exist. VOICE includes 6 different houses of worship. Residents are so appreciative, and NVHC is leading the way as their advocates. Last weekend's Home Israeli Independence Day was a huge success. Additionally, the Congregational Picnic is also coming up in May.

President's Report: Nancy requested that each Board member rank his/her preference for what subcommittees he/she would like to work on for moving forward on a master strategic plan. This is a follow-up to the Strategic Development Process and the recent Board retreat. Thank you to those people who already turned in their preferences. Nancy also thanked the group for their outstanding work on the Budget, with special thanks to the Finance Committee, as well as Andy C., Stu, and Kay.

Warm Welcome to New Members

We extend a warm welcome to these NVHC newcomers who have recently become part of our family. Please add their information to your membership directory, and be sure to make them feel at home when you meet them.

Scott & Jolie Deutschman
1315 Pellow Circle Trail
Herndon, VA 20170
(703) 742-8568
jdeutschman@verizon.net

Brad & Risa May
1963 Limb Tree Lane
Vienna, VA 22182
301-651-0684
brad_risa@yahoo.com

Thomas & Stefanie Winans
11388 Amber Hills Ct
Fairfax, VA 22033
703-349-2033
stefaniewinans@hotmail.com
tomwinans2003@yahoo.com

Northern Virginia Hebrew Congregation Board of Trustees Meeting Minutes

SUMMARY — MAY 2013

Clergy Report: The Rabbi reported that the Confirmation Class was confirmed at a recent Shavuot Service. Additionally, there was a meeting recently to talk about the b'nai mitzvah process and possible changes. The Clergy are focused on the High Holiday services, where name tags may be used instead of tickets to be a more welcoming event. Staff is working hard getting ready for the launch of the new website. The Rabbi reported that we had a great turn-out from NVHC, and had a huge impact at the VOICE walk. Elected officials heard our message, and the walk was very well planned. Thank you to Stu Williger, Hannah Newcomb, and Julie Wallick. Residents now look at NVHC as their friends. Media coverage was good.

Youth Committee Report: Kay Menchel reported that Jodi Rosenblatt has agreed to serve as Co-Chair for the Tamid Committee. Kay moved to accept Jody for the position. Ken Laskey seconded the motion which passed unanimously. The idea of the restructuring of Committees is to get all educators under one umbrella. Educators are planning to meet at 6:00 p.m. before the Congregational Meeting to talk about the future of all aspects of our learning, including Preschool and life-long learning.

Master Plan Report: David Selden presented a motion for consideration regarding our Master Plan. This is a topic that came out of our recent Board Retreat as well as the NVHC Strategic Development process. *Background:* NVHC is growing and thriving. Our existing facility, constructed in phases over the past several decades, is becoming inadequate for the congregation's continued growth and changing needs. The Building Task Force has recently completed significant repairs to our building and exterior facilities and installed a new sound system. The Strategic Development Committee has solicited congregant requirements and worked with the Building Task Force, the Temple Administrator, Clergy and lay leadership to document the congregation's infrastructure and space requirements essential to supporting our aspirations for Kehilah, Tzedek, and Atid. Last year, the Building Task Force led a pre-qualification process which resulted in Brawer & Hauptman, Architects LLC being identified as a reputable firm well-suited to facilitating a community-based master planning process. David confirmed that this project will include projection of anticipated annualized repair and replacement costs for our current facility as a basis for the Board to set a target balance for the Repair and Replacement Reserve.

Motion: The Board of Trustees hereby endorses the use of a portion of Long Range Reserves to fund a master planning effort. This effort is to result in a document that explores the various identified and potentially unidentified needs of the congregation, proposes solutions, and estimates development costs as well as identifies needs and projects costs for facility operations, maintenance and systems replacement. Further, the effort will identify potential options for the use of supplementary spaces external to NVHC's traditional facilities on Wiehle Avenue.

In order to assure an orderly, transparent, and well governed process, the Board of Trustees establishes a Master Plan Steering Committee. Members of the Steering Committee will be selected by the Temple President. The Steering Committee is charged with preparing a Master Plan Statement of Need, hosting a site visit with Brawer & Hauptman, Architects LLC, requesting and evaluating a master planning proposal, negotiating fee and contract terms, and presenting a final contract for approval by the Board of Trustees no later than the August Board meeting. The Board of Trustees motion to approve a contract with Brawer & Hauptman shall include a budget to cover all costs associated with and limited to the master planning project, currently not anticipated to exceed \$50,000.

Kay moved the motion. Ric seconded, and the motion passed unanimously. The group agreed that a Committee was needed to be established in order to negotiate a contract and move forward with a Master Plan.

President's Report: The Congregational Meeting is coming up, and the FY 2014 budget will be presented. Regina and Susan mentioned the need for communication about changes being made. There is a great deal of energy and good things going on. We are giving more mechanisms for how people can give. We are fortunate to be coming to these changes from a position of strength. Ken suggested that Board members be educated ahead of time when we are rolling something out so that we could be ambassadors of these ideas.

Finance Report: Andy C. distributed the FY 2013 Operating Statement and FY 2014 Proposed Budget. Several Board members asked for clarification. We are in excellent shape for the upcoming Congregation Meeting.

Other Business: Thank you to Fay for the electronic Board Notebook.

Board Announcements: Sign up for service representative duties will be sent out shortly. As Board Rep, please encourage people to meet you. The confirmation class gave a kiddush fountain that will dispense wine to newcomers. Remember to include key announcements from the service supplement. Saturday Shabbat services in July and August will be at 9:00 a.m.

Isabel talked about *Honey for the Heart*, a fundraiser that sells jars of honey that will be delivered during the holidays.

Sue Salen announced that she is stepping down from her position. This will be her last Board meeting. The Board thanked Sue for her many years of service.

Thursday night at 8:00 p.m., there will be a speaker talking about American Judaism.

The Board moved to Executive Session to discuss clergy parsonage allowance.

Life-Cycle Events in the NVHC Family

MAZEL TOV

To Adam and Laura Beth Cohn, on the birth of their son, Jonah Baker Cohn, born on June 19, 2013

To Bill and Marcia Platt on the marriage of their son Bill to Debra Lusman in June

R'FU-AH SH'LEI-MA

Ruth Bigelson
Joel Chetrick
Marion Copley
Mike Dixon

Flo Friedman
Barbara Kies
Bertie Kirson
Peter Laboy

Debbie Levy
Paulette Peltz
Sharon Rubenstein

Alec Sather
Bob Silberling
Barbara Smith

Barbara Solow
Shana Sutton
Bob Wein

CONDOLENCES

To Mark Calem, on the death of his father Albert Calem

To Larry Schwartz, on the death of his cousin Mindy Schwartz

To Lisa Schwartz, on the death of her mother Mary Josephine Shaw

To the Bender family, on the death of Mitch Bender

To Dan Dakin, on the death of his father Dennis Dakin

To the Snowwhite family, on the death of Roz Kavner

To Linda Perlstein, on the death of her cousin Ann Cohen

To Cindi Drake, on the death of her mother Claire Posner

To Nellie and Daniel Belin, on the death of Felix Belin

To Jon Halterman-Mitchell, on the death of his grandmother Sylvia Mitchell

Submit your life cycle events by phone to: 703-437-7733, or Email to: mozelle@nvhcreston.org.

Can you HEAR us now?

Please tell us about your experiences with NVHC's new FM Hearing Assistance System

Julie Wallick: jwallick@wallickcos.com

Diane Preece: chippree@metronets.com

Francine Beifeld, CTC, ACC

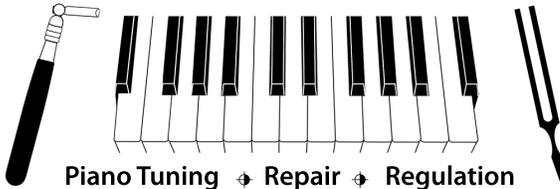


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September 2013

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Day - Office closed Kol Yeladim & Kol Noar Choir rehearsal, 3:00 p.m.	3	4 Office Closes - 3:00 p.m. Erev Rosh Hashanah	5 Office Closed - Rosh Hashanah	6 Preschool Parent Orientation, 9:30 a.m. Preschool - School visits for new stu- dents, 10:30 a.m. Sof Shavuah Nosh, 6:15 p.m. Erev Shabbat Worship Service, 6:45 p.m.	7 Book Club, 9:00 a.m. Shabbat Service, 10:30 a.m. B'nai Mitzvah – Jacob Cohen & Alex Ianson
8 Teacher Training for Chug, K-6, 9:30 a.m. Madrichim, 12:00 p.m.	9 Preschool 1st Day, 9:15 a.m. Sisterhood Board meeting, 7:15 p.m.	10 Film Series, <i>Orchestra of Exiles</i> , 11:30 a.m. Preschool Picnic, 12 p.m.	11	12	13 Office Closes Early, 3:00 p.m. Kol Nidre, 8:00 p.m.	14 Yom Kippur
15	16	17 No School for 3-12 Grade Students Teacher Training for all TAMID teachers, 6:00 p.m. Bereavement Support Group Meeting, 7:00 p.m. Executive Committee Meeting, 7:00 p.m.	18 No School for 3-12 Grade Students Erev Sukkot	19 Sukkot - office closed	20 NFTY JELLO, Jewish Educational Leadership and Learning Opportu- nities Sof Shavuah Nosh, 6:15 p.m. Erev Shabbat Worship Service, 6:45 p.m.	21 NFTY JELLO, Jewish Educational Leader- ship and Learning Opportunities Torah Talk, 9:00 a.m. Tot Shabbat, 9:00 a.m. Shabbat Service, 10:30 a.m. B'nai Mitzvah – Jack Nathan & Joseph Tomasello
22 NFTY JELLO First Day of Kehilat Limmud K-6 grade, 9:15 a.m. Adult Hebrew Classes, 9:30 a.m. Genesis Class, 9:30 a.m. Jewish Medieval History, 11:00 a.m. Youth Groups Sukkot Picnic, 12:15 p.m.	23	24 JCCNV-NVHC Active Adults TAMID Dinner for Students and Sib- lings, 6:00 p.m. 7-12 Grade TAMID Parents and Students, 6:30 p.m. Board of Trustees meeting, 7:45 p.m.	25 No School for 3-12 Grade Students Simchat Torah/ Consecration Worship Service, 6:45 p.m. Yizkor Worship Service and Tikkun Leil Simchat Torah, 8:00 p.m.	26 Yizkor - Office Closed	27 Simchat Torah Women Who Mean Business Networking Group, 8:45 a.m. Erev Shabbat Worship Service, 8:00 p.m.	28 Torah Talk, 9:00 a.m. Shabbat Service, 10:30 a.m. B'nai Mitzvah – Lucy Greenman & Dylan Scott
29 Brotherhood Family Breakfast, 9:30 a.m. Adult Hebrew Classes, 9:30 a.m. Genesis class, 9:30 a.m. Kindergarten Field Trip, 10:00 a.m. Jewish Medieval History, 11:00 a.m. Sisterhood Chocolate and Champagne, 7:30 p.m.	30					



NORTHERN VIRGINIA
HEBREW CONGREGATION

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mark your calendar for these **Upcoming Events**

- First Day Kehilat Limmud, September 22nd
- Brotherhood Breakfast resumes, September 29th, 9:30 a.m. ♦ page 6
- Speaker Series, Robert Kaiser, October 10th ♦ page 10
- Jewish Views on Revelation, October 23rd ♦ page 16

NVHC Contact Information

Temple Office (secretary answers)	703-437-7733	Early Childhood Director	Cindi Drake ext. 110
Temple Office (directly to individual)	703-471-6046	cindi@nvhcreston.org	
Preschool	703-435-8829	Director of Congregational Engagement	Cookie Mandell ext. 107
Fax	703-437-3443	cookie@nvhcreston.org	
Web Site	www.nvhcreston.org	Temple Secretary	Mozelle Stanton ext. 101
		mozelle@nvhcreston.org	
Rabbi	Michael G. Holzman ext. 102	Religious Education Secretary	Elaine Bowling ext. 104
rabbiholzman@nvhcreston.org		elaine@nvhcreston.org	
Rabbi Emerita	Rosalind Gold	Bookkeeper	Julie Lifland ext. 108
Cantor	Irena Altshul ext. 106	julie@nvhcreston.org	
irena@nvhcreston.org		Youth Activities Coordinator	Beryl Trauth-Jurman ext. 147
Administrator	Fay Weiss ext. 105	beryl@nvhcreston.org	
fay@nvhcreston.org		Young Adult Engagement Coordinator	Stacy Miller
Director of Education	Moshe Ben-Lev ext. 103	stacy@nvhcreston.org	
moshe@nvhcreston.org		B'nai Mitzvah Instructor	Andy Sandberg
		tropeman@comcast.net	

DEADLINE FOR NEXT ISSUE: Sunday, September 1, 2013

Meet Stacy Miller, NVHC's First Young Adult Engagement Coordinator ♦ page 7