Navigating College

A Handbook of Self Advocacy

Written for Autistic Students from Autistic Adults

The <u>Navigating College</u> handbook is a first-of-its-kind resource written by autistic adults for autistic college students exploring the various aspects of the higher education experience. From traditional topics like classroom accommodations and dorm life to hot-button issues such as disclosure and sexuality, <u>Navigating College</u> provides first-person insights from current and past college students on the autism spectrum. Unlike many other resources written by parents or professionals, <u>Navigating College</u> is designed to be uniquely accessible and relevant to autistic people ourselves, utilizing the insight and perspectives that comes from experience. Whether you're a student on the autism spectrum yourself, a parent or family member looking to purchase a copy for an autistic relative or an educator or disability services professional, we hope you enjoy and make good use of this valuable resource.

