

## Gearing Up 2013

### Canada's Motorcycle Skills Course

**Did you know ...** The Canada Safety Council's Gearing Up Program, developed in cooperation with the Federal Government, is endorsed by all levels of government and the Insurance Advisory Organization. Since its inception in 1974, it has gained worldwide recognition as the finest rider-training program anywhere in the world. The Quinte area sponsor is Loyalist College.

#### Course Highlights

As a result of successfully completing this course in only 19 hours of theory and basic/advanced maneuvers, you:

- Will be eligible for the M2 license
- May benefit from reduced insurance rates (check with your insurance provider)

**You must have a valid M1 license (written test) at the time of taking this course.**

You will also understand:

- Balancing and braking
- Cornering
- Collision avoidance
- Road riding
- Emergency braking
- Cold starting
- Emergency techniques
- Pattern riding
- Correct gear changing
- Signals and shoulder checks
- Clutch operation and control synchronization

## 2013 M2 Course Dates

*Courses will run rain or shine.*

*Training Bikes are provided.*

**Loyalist College, Belleville**

<u>Spring</u>	<u>Summer</u>	<u>Fall</u>
April 5	June 7	Sept. 6
April 12	June 14	Sept. 13
April 19	June 21	Sept. 20
April 26	June 28-30	Sept. 27
May 3-7	July 5	
May 10	July 12	
May 17	July 19-21	
May 24	July 26	
May 31	August 9	
	August 16	
	August 23	

#### **Weekends:**

Friday, 7:00 – 10:00 p.m.

Saturday & Sunday, 9:00 a.m. – 5:00 p.m.

#### **Weeknight Course**

There will be a Friday night lecture from 7-10 p.m., and all riding will be done the following Monday through Thursday evenings, 6-10 p.m.

**June 7, 10-13**

#### **Course Fee**

*(due upon registration)*

**\$420.00 + HST = \$474.60**

Refund requests will be accepted only until 2 weeks prior to your scheduled course start date.

**All refunds are subject to a \$55 cancellation fee.**

#### **Clothing**

A DOT approved helmet is required. Bring a heavy jacket (leather or ballistic nylon is best), gloves, heavy pants (jeans are best) and leather boots covering your ankle (no sandals or running shoes). This training will take place rain or shine, so rainwear is a good idea to have – just in case.

\*\*\*\*\*

#### **M2 Exit Weekend Course**

This new **M2 Exit** Course is recognized by the Ministry of Transportation in Ontario to issue permanent "M" licenses. This means that you do not have to go to the Ministry of Transportation for testing. Once you pass the M2 Exit Course, no further testing is required.

This course is designed for the experienced street rider who has completed an MTO-Approved motor-cycle safety training program and has held a valid M2 license for at least 18 months; or who has not completed an MTO-Approved course but has held a valid M2 license for at least 22 months. Students will supply their own bikes. See above for clothing requirements – Come ready to ride!

**Fee: \$410 + HST = \$463.30**

**Weekends– May 3, May 31, June 14, July 5, July 19, August 9, September 13**

**To Register, contact:**

**Brenda Blaind, Training Coordinator**  
**Loyalist Training & Knowledge Centre**  
**613-969-1913, ext. 2143**  
**[bblaind@loyalistc.on.ca](mailto:bblaind@loyalistc.on.ca)**

## 8-Hour Refresher Course

\$299 + HST = \$337.87

2 consecutive evenings, 6-10 p.m.

April 24 & 25

The Canada Safety Council's Refresher Program is an 8-hour course (6 on bike and 2 in classroom), designed to give experienced motorcyclists the opportunity to brush up on their riding and defensive driving skills. The student must hold a current M or M2 license and may use our bike (or their own if currently licensed and insured). Students should arrive with a helmet, gloves, a heavy jacket and boots (no running shoes). A certificate of competence suitable for insurance requirements will be issued upon successful completion of the course.

During the course we will re-introduce you to:

- Lane positioning, intersections
- Trip planning
- Highway riding, riding with passengers
- Group riding
- Packing a motorcycle (GVWR)
- Defensive riding theory
- Theft deterrence
- Accident cause factors
- Helmets, hearing protection and protective clothing, conspicuity
- Proper use of eyes
- Emergency braking, swerving
- Defensive driving, slow speed control
- Cornering, stopping in a curve

## Introduction to Motorcycling

\$125 + HST = \$141.25

April 29, June 3, August 12,

6:00- 9:00 p.m.

This is a Canada Safety Council approved program which will serve to introduce the student to the basics of riding a motorcycle. It is a three hour course, all of the time spent on the bikes. **Students should arrive with a helmet, gloves, a heavy jacket and boots (no running shoes). Come ready to ride!**

The topics covered include:

- Mounting a Motorcycle
- The Ready Position
- Controlled Braking
- Proper Use of Eyes
- Locating the Controls
- Starting the Motorcycle
- Using the Gears
- Proper Use of the Clutch
- The Flat Wrist Technique
- Proper Riding Position
- Move Off and Stop

The course is taught by accredited and experienced Canada Safety Council Instructors. It will allow students to gain an understanding of the basics of riding and should help to dispel any concerns that they may have about operating a motorcycle. **An M1 license is not required to take this introductory course.**



COLLEGE  
**Loyalist**  
Training & Knowledge Centre  
Skills that WORK.



COLLEGE  
**Loyalist**  
Training & Knowledge Centre  
Skills that WORK.

## Gearing Up 2013

### Canada's Motorcycle Skills Course

[www.loyalisttraining.com](http://www.loyalisttraining.com)

[bblaind@loyalistc.on.ca](mailto:bblaind@loyalistc.on.ca)

