

It's all about FRIENDSHIP!

Troop leaders, did you know that August 5-11, 2012 is National Friendship Week? To honor National Friendship Week we encourage you to start out the 2012/2013 membership year with a troop meeting that is centered on "friendship"! You don't even have to plan it because a 90 minute sample meeting will be provided! Every girl that participates will receive a cool friendship bracelet.

How to participate:



Have each girl in your troop invite a friend to your "Friendship Meeting".

Use the sample meeting as a guide. (optional)

Complete the form below and submit it to your local service center. Friendship bracelets for registered girls will be mailed to troop leaders.

Leader Name: _____

Leader Address: _____

Leader Email: _____

Of registered girls: _____

Non - Registered Girls (friends):

Name: _____ Email: _____

Address: _____

Name: _____ Email: _____

Address: _____

Name: _____ Email: _____

Address: _____

Name: _____ Email: _____

Address: _____

Name: _____ Email: _____

Address: _____

Name: _____ Email: _____

Address: _____



Friendship Meeting Sample



Begin the meeting with a brief discussion...What is friendship?

Below are some talking points:

- What is friendship, what does it mean to you?
- There is no rule about how many friends a person should have. Some have many, others have a few, and others just have one.
- People like being around other people who are positive and enthusiastic. Friends are loyal and trustworthy.
- What are qualities you look for in a friend?
- Being able to trust and relax with your friend is a big part of friendship.
- What are some ways to make new friends?
- What are some ways to keep your old friends?

Ice Breaker Games

I Love You Honey

IT stands in the center of the circle. She walks up to one person and says, "I love you, Honey." That person responds, "I love you too, but I'm not allowed to smile," without smiling. IT may say the line two times although most people will smile the first time. The smiler may become IT or may simply join IT until everyone is in the center.

Hagoo

Divide into two teams and form two lines. Each team stands shoulder to shoulder facing someone on the other team, standing about a yard away. One person from each team volunteers to walk past each person in the row of the opposite team. As she walks by, they try to make her smile. No touching allowed. If the volunteer cracks up, she joins the opposite team. If she makes it straight faced, she returns to her team.



Crafts

Friendship Pens

Supplies:

- Ball Point Pen
- Multi-Color Yarn
- Tacky Glue or Low Temp Glue Gun
- Pony Beads
- Alphabet Beads

Instructions:

Using as little glue as possible, place a very thin bead of glue near the tip of the pen and up about 1" on to the barrel. Starting near the tip, wrap yarn tightly around pen without leaving any gaps. Add more glue as you go. You can change yarn colors but it is much easier to use multicolor yarn. When you reach the end, trim and secure with a little dab of glue. Cut three 12" pieces of yarn. Knot the three pieces together near one end. Braid and end with another knot. Glue on pen end. Add additional braids if desired. You can also add pony beads or alphabet beads.

**BEST
FRIENDS**

Girl Scout Law Bracelet

Supplies

- White Pony Beads
- Colored Pony Beads
- Elastic
- Scissors
- White Glue

Instructions:

Cut a 10" piece of elastic. Stiffen the ends with white glue to keep from fraying and make beading easier. Tie on a white bead to hold other beads in place. String on beads, alternating white beads with colors:

- Royal Blue Learning the Promise
- Light Blue Honest & Fair
- Yellow Friendly & Helpful
- Spring Green Considerate & Caring
- Red Courageous & Strong
- Orange Responsible for what I say and do
- Purple Respect Myself & Others
- Magenta Respect Authority
- Green Use Resources Wisely
- Rose Make the world a better place
- Violet Be a sister to every Girl Scout

Tie tightly with a double knot. Put a dab of glue on the knot. Let dry. Trim off extra cord and your first holding beads.

Friendship Salad

Have each person bring one piece of fruit for the salad. Each person washes, peels, and cuts her piece of fruit. Put them all together. Make a dressing by shaking together in a jar (see below): Pour over the fruit and enjoy.

Dressing:

1/2 cup honey

1/4 cup lemon juice

3 tablespoons of crushed pineapple





Friendship Song

Make New Friends Song – teach the girls

Make new friends,
but keep the old.
One is silver,
the other's gold.

A fire burns bright,
it warms the heart.
We've been friends,
from the very start.

You have one hand,
I have the other.
Put them together,
We have each other.

Silver is precious,
Gold is too.
I am precious,
and so are you.

You help me,
and I'll help you
and together
we will see it through.

The sky is blue
The Earth is green
I can help
to keep it clean

Across the land
Across the sea
Friends forever
We will always be



Closing Ceremony

Friendship Circle

In a friendship circle, cross right hand over left and hold hands with the people next to you. A friendship squeeze is begun by one person squeezing the hand of the person next to her. When you feel your hand squeezed, you do the same to the person next to you. Everyone is silent as the friendship squeeze is passed. It stands for friendship with Girl Scouts everywhere.

-**Variation:** Girls may want to make a wish as part of the friendship squeeze.

-**Variation:** Leave your circle open between two people. This signifies that Girl Scouting is never a closed circle, we always welcome new friends into our troop. It can also be symbolic as it leaves room for all the Girl Scouts and Girl Guides in our school, our unit, our council, the U.S.A., and all over the world that are a part of our Friendship Circle.

