

# ferry building gallery

## exhibitions



### Life's a Beach August 20-September 8 mixed media

Cheryl Painter  
Mary Touhey  
Joanne Waters  
Leslie McGuffin

image by Cheryl Painter



### FIRE September 10-29 West Van Fire Museum art, artifacts, stories and antique firetrucks guest curator: Dusty Hagerud



### Interpretations of the Spiritual in Nature II October 1-20 paintings, sculpture & print-making Lynne Green



### 195 Pemberton Studios October 22-November 9 mixed media group exhibition image by Nicola Morgan



### Great Stuff November 15-December 15 Christmas gifts and art by talented artisans

For information on the Gallery  
Annual Jury & Great Stuff Jury,  
please visit our website.

**Meet the Artists** Join us to meet the current exhibit artists  
on the first Saturday of each exhibition at 2 p.m.

**Opening Receptions** Free and open to the public. Join artists  
and friends between 6-8 p.m. on the first day of each exhibit.

### PAINTERS' LANDING

Artists paint, draw, exhibit  
and sell their works at  
Ambleside Landing (foot of  
14th Street) and Millennium  
Park (foot of 75th Street)  
seven days a week, April 1-  
October 27. To apply please  
call 604-925-7290.



### ARTS CONNECTION

#### Networking Salon for Artists \$9 drop-in, includes coffee and muffins

Meet other artists, share ideas and information, receive  
support, listen to professionals on art topics and learn  
from art demonstrations by local masters.



#### GUEST SPEAKER: Miriam Aroeste artist and art consultant

Wednesday, September 25 • 10 a.m.-12 p.m.  
"What is the next step for me as an artist?"  
Innovative solutions to find clarity, create  
exposure and sell your work in alternative  
ways. [miriamaroeste.com](http://miriamaroeste.com)



#### GUEST DEMO ARTIST: Bill Higginson painter

Wednesday, October 30 • 10 a.m.-12 p.m.  
[higginsonsgallery.com.au](http://higginsonsgallery.com.au)

### ART TOURS

#### Sea to Sky Art Tour

Wednesday, October 2 • 10 a.m.-5 p.m. • \$60 • #909635  
Visit the studios and galleries of the Sea to Sky corridor in this  
full-day art tour. Meet painters, jewellers and potters in their  
studios and see local art in Squamish. We will lunch at the  
quaint Brackendale Gallery with our hosts and owners Dorte  
and Thor Froslev. An inspiring art-filled adventure! Lunch plus  
dessert and beverages is included in the tour cost. Your tour  
leaders are Ferry Building Gallery staff.

#### Santa Fe Art Tour May 9-15, 2014

#### New York City Art & Architecture Tour dates TBA

For more information on these tours, please see our website  
by visiting [ferrybuildinggallery.com](http://ferrybuildinggallery.com) or call 604-925-7290.

Register Now: Call 604-925-7270

**VOLUNTEERS in the ARTS make a difference  
and have a terrific time!** Call Mary for gallery volunteer  
opportunities: 604-925-7290

**FRIENDS OF THE FERRY BUILDING need your  
support in fundraising.** If you would like to be involved  
with this dynamic team of volunteers, please call 604-925-7290.

### FERRY BUILDING GALLERY

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f/ferrybuildinggallery • t/FerryBGallery  
[ferrybuildinggallery.com](http://ferrybuildinggallery.com) • [westvancouver.ca](http://westvancouver.ca)



westvancouver

FALL 2013

## THE ART OF HEALTHY LIVING

Create wellness, clarity, vitality and health in all areas of your life. This series features evenings with top professionals in a variety of holistic health fields.

### Face Reading: Featuring you!

Thursday, September 19 • 7-9 p.m. • \$15 • #909518

Are you with the right person? Are you in the right job? Are you living your dream? The answers are as clear as the features on your face.

PRESENTER: Teresa Bockhold specializes in the art of human and home design. She works as a consultant in West Vancouver. [teresabockholddesign.com](http://teresabockholddesign.com)

### Navigating Your Life

Thursday, September 26 • 7-9 p.m. • \$15 • #909469

Are you ready to steer your life to a better future? Join us for a fun and interactive evening and discover your inner GPS. Explore how to access this internal sense and learn tips for using it successfully to navigate towards the life you really want.

PRESENTER: Gail Behrend is an engineer, speaker, healer and teacher. She has been an energy practitioner for over 15 years and is co-author of *Energy Is Real! A Practical Guide for Managing Personal Energy in Daily Life*. Gail recently became a certified Infinite Possibilities trainer, based on the best-selling book *Infinite Possibilities: The Art of Living Your Dreams* by Mike Dooley, one of the teachers in the film *The Secret*. [energysreal.com](http://energysreal.com)

### Dreaming, Conflict and the Healthy Relationship

Thursday, October 3 • 7-9 p.m. • \$15 • #909467

In this workshop, you'll explore the dreaming level of personal and professional relationships as it applies to conflict resolution, clear communication and creating a vision for the future.

PRESENTER: Alfred DePew is a featured columnist at the Vancouver Observer and serves on the faculty of the Center for Right Relationship. [alfreddepew.com](http://alfreddepew.com)



### Himalayan-Andes Teachings

Thursday, October 10 • 7-9 p.m. • \$15 • #909517



Join us for this very special presentation connecting the ancient teachings of the Andes and Himalayas through an evening that will weave together powerful Andean healing, a guided meditation and the magical Tibetan Singing Bowls.

PRESENTERS: Jhaimy Alvarez-Acosta, traditional Curandero healer from Cusco, Peru and Megha Shakya, Tibetan Singing Bowl healer from Kathmandu, Nepal. [childrenofthe7rings.com](http://childrenofthe7rings.com)

### Sex and Death

Thursday, October 17 • 7-9 p.m. • \$15 • #909417

What happens to our bodies as we age and what measures can we take to retain and even regain some of our youthful vitality?

PRESENTER: Dr. Anita Tannis is an Integrative Medical Physician with a passion for sharing her understanding of hormones, stress, aging and sexuality with others to guide people towards living a healthy, dynamic life.



### Tapping into the Soul's Voice

Thursday, October 24 • 7-9 p.m. • \$15 • #911031

Tapping on energy meridians to help alleviate physical and emotional challenges has become a worldwide phenomenon. Join EFT tapping practitioner and spiritual director Sara Baker to learn how to tap into your own soul's voice.

PRESENTER: Sara Baker [soulvoice.co](http://soulvoice.co)



### Cracking the Weight Loss Code

Thursday, October 31 • 7-9 p.m. • \$15 • #909367

Join Caroline Sutherland, best-selling Hay House author of *The Body Knows* book series, as she helps you unravel the mystery of your unwanted extra pounds. A favourite at the Gallery, Caroline speaks to sell-out crowds! Caroline helps you understand why certain foods cause fluid retention, how a certain 'yeast culprit' causes fatigue and cravings, how hormone imbalances and low thyroid block weight loss, how VGB hypnosis retains the mind so you eat less food, and much more...

PRESENTER: Caroline Sutherland [carolinesutherland.com](http://carolinesutherland.com)



Register Now: Call 604-925-7270

### MEDITATION: The Path to Well-being

Join Thomas Keffelputz for A-Khrid meditation. It is scientifically proven that meditation impacts stress, and also strengthens the body's immune system. Regular practice of meditation improves the quality of life. Thomas is a practitioner of the Yung Drung Bon Buddhist Lineage; his teacher is His Holiness Lungtok Tenpa Nyima, the worldwide spiritual leader of the Bon religion of Tibet. [info.thepath2wellbeing.com](http://info.thepath2wellbeing.com)



**Meditation: Advanced\*** LOCATION: Music Box  
For those who have completed a foundation level course (seven classes) with Thomas and are ready for longer meditations (20 minutes +).

Mondays, September 9-October 28 • 7:30-8:30 p.m.

• \$80 • #914067

Mondays, November 4-December 23 • 7:30-8:30 p.m.

• \$80 • #914068

**Meditation: Beginners** LOCATION: Music Box  
This class is experiential. It uses mantras and A-Khrid meditation.

Wednesdays, September 11-October 23 • 7:30-8:30 p.m.

• \$80 • #920518

Wednesdays, October 30-December 11 • 7:30-8:30 p.m.

• \$80 • #920519

**Meditation: Beginners** LOCATION: Ferry Building Gallery  
This class is experiential. It uses mantras and A-Khrid meditation.

Fridays, September 13-October 25 • 9-10 a.m.

• \$80 • #934867 • 16 yrs+

Fridays, November 1-December 13 • 9-10 a.m.

• \$80 • #934868 • 16 yrs+

**Meditation: Early Bird by the Sea\*** LOCATION: Music Box  
Start your day with an enlightening meditation by the sea. \*Must have completed one series of beginners classes with Thomas.

Thursdays, September 12-October 24 • 7-8 a.m.

• \$80 • #913775

Thursdays, October 31-December 12 • 7-8 a.m.

• \$80 • #920517

PLEASE NOTE: There is no class on October 14 for Thanksgiving, nor November 11 for Remembrance Day.



## ART INSIDER SERIES



### An Evening with Bobbie Burgers

Tuesday, September 17 • 7:30-9 p.m. • \$15 • #909567

Join internationally

renowned Bobbie Burgers for a launch of her new book, *Arriving at a Landscape: Painting Plain Air in France*. Bobbie will share her experiences of living and painting in France, and will be available to sign books. Complimentary glass of wine! [bobbieburgers.com](http://bobbieburgers.com)

### Chris Tyrell: Understanding Customer Needs

Tuesday, September 24 • 7-9 p.m. • \$15 • #909574

Artists need to know how and when to flip the switch and emotionally understand the customer. Tyrell will open your eyes to easy ways to improve how you sell by understanding how and why customers buy. Before you come to this workshop, look at what is on your walls and mantels and think about why you display what you do in your homes and offices.

PRESENTER: Chris Tyrell is the author of *Artist Survival Skills and Making It*. He writes the *Opus* Newsletter editorial on the visual arts, and teaches at Emily Carr University. [christyrell.ca](http://christyrell.ca)



### Robert Genn: Better Art in 365 Words

Tuesday, October 8 • 7-9 p.m. • \$15 • #909617

Join internationally renowned painter and author Robert Genn for an inspiring and informative presentation. Plenty of time for Q&As. Genn writes a number of other art publications including *Pointers Keys*, a bi-weekly newsletter for artists in 115 countries. His paintings are in collections worldwide. [pointerkeys.com](http://pointerkeys.com) & [robertgenn.com](http://robertgenn.com)



### The Ultimate Traveller: The Andes

Wednesdays 7-9 p.m. • \$15 | Colombia • October 16 • #933417  
Ecuador & the Galapagos Islands • October 23 • #933468  
Peru • October 30 • #933267 | Chile • November 6 • #933467

Pre-register to guarantee your seat! Join internationally renowned travel photographer Peter Langer for a multi-media exploration of the Andes, from tropical Colombia to the frozen vastness of Patagonia. Discover the legacy of the pre-Hispanic civilizations, outstanding colonial cities and the diversity of peoples and cultures. Langer has travelled to 156 countries. [theultimatetraveller.com](http://theultimatetraveller.com)