

## Child Study Center

**The Autism Spectrum  
Disorders Clinical and  
Research Program Presents:**

### **The 2012-2013 Family Workshop Series**



The Autism Spectrum Disorders Clinical and Research Program of the Child Study Center at the NYU Langone Medical Center, is pleased to announce our Family Workshops Series for families, caregivers and professionals to provide information on a range of topics related to Autism Spectrum Disorders.

The workshops will be held on the second Tuesday of every month starting October 2012 running through May 2013. All workshops will be held at the Child Study Center from 6:00-7:30PM, including a question and answer period at the end.

Admission to the workshops is free, but registration is required.

**For more information or to register  
for a workshop, please contact:**

**Sarah Kern** at 646-754-4879,  
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**Meghan Morrissey** at 646-754-5062,  
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#### **The Child Study Center's Autism Spectrum Disorders Clinical and Research Program Workshop Presenters:**

Lauren Moskowitz, PhD, Postdoctoral Fellow

Caitlin Walsh, MA, Extern

Melissa Nishawala, MD, Assistant Professor of  
Child and Adolescent Psychiatry, Medical Director  
of the Autism Spectrum Disorders Service

Candice Baugh, MA, LMHC, Instructor of Child and  
Adolescent Psychiatry, Program Coordinator,  
Social Learning and Mentoring Programs

Nicole McDonald, MS, Intern

Sarah Kern, LMSW, Family Services Coordinator

Meghan Morrissey, Clinical Social Work Intern

Dana Levy, PsyD, Clinical Assistant Professor of  
Child and Adolescent Psychiatry, Clinical  
Psychologist

Adriana DiMartino, MD, Leon Levy Research  
Assistant Professor of Child and Adolescent  
Psychiatry, Associate Director, Phyllis Green and  
Randolph Cōwen Institute for Pediatric  
Neuroscience

Elizabeth Roberts, PsyD, Clinical Assistant  
Professor of Child and Adolescent Psychiatry,  
Clinical Neuropsychologist

**Child Study Center**  
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**New York, NY 10016**  
**Tel. 212.263.6622 | [www.AboutOurKids.Org](http://www.AboutOurKids.Org)**

**The dates, topics and speakers will include the following:**

**Tuesday, October 9, 2012**

*Dealing with Challenging Behaviors in Children with Developmental Disabilities*  
**by Lauren Moskowitz, PhD and Caitlin Walsh, MA, Extern**

We will describe how assessment and intervention strategies from Applied Behavior Analysis (ABA) and Positive Behavior Support (PBS) can be implemented with children with developmental disabilities to address problem behavior and improve quality of life. We will take a closer look at why problem behavior occurs and how to prevent, respond, and replace it with more appropriate behaviors.

**Tuesday, November 13, 2012**

*Navigating Medicines and Autism Spectrum Disorders*

**by Melissa Nishawala, MD**

Making choices on medicines to treat symptoms of Autism Spectrum Disorders (ASD) can seem quite mysterious and difficult. Join us as we take a deeper, more detailed look into specific examples, how to track if medicines are working and how to handle side effects.



**Tuesday, December 11, 2012**

*Social Competence and Adolescence*  
**by Candice Baugh, MA, LMHC**

We will discuss how child characteristics, environment, and parenting interact as children develop social skills. Helpful parenting strategies for teens with social learning difficulties will be shared as well as ways of encouraging social learning opportunities in school, the community, and at home.

**Tuesday, January 8, 2013**

*Early Signs of Autism Spectrum Disorders: What should I know?*

**by Nicole McDonald, MS**

In this workshop, we will review findings from studies relating to early risk factors of ASD and what we know about typical development during the first two years of a child's life. We will also discuss options for children showing early signs and provide information on early assessment and intervention services.

**Tuesday, February 12, 2013**

*Supporting Siblings*

**by Sarah Kern, LMSW, and Meghan Morrissey, Clinical Social Work Intern**

We will explore the experiences and concerns often felt by the siblings of children diagnosed with developmental disabilities. Strategies will be presented on how to engage in communication about autism spectrum disorders with your children and information regarding resources and sources of support for siblings will be provided.

**Tuesday, March 12, 2013**

*Psychological Testing and Autism Spectrum Disorders*

**by Dana Levy, PsyD**

We will address what psychological testing is, how to determine whether your child needs this type of assessment, what important questions to ask when choosing an evaluator, and how to interpret and use the results to help your child.

**Tuesday, April 9, 2013**

*Autism Spectrum Disorders and Attention Deficit Hyperactivity Disorder*

**by Adriana DiMartino, MD**

Many children with ASD present with inattention and hyperactivity similar, but not always, to those observed in children with ADHD. We will provide an overview on similarities and differences between hyperactivity and impulsivity in ADHD versus in ASD both at the clinical and biological levels, as well as discuss treatment approaches.

**Tuesday, May 14, 2013**

*Dating and Intimacy in Young Adults and Adults with Autism Spectrum Disorders*

**by Elizabeth V. Roberts, PsyD**

Many individuals with autism spectrum disorder want to date and form intimate relationships but lack the skills to do so. We will offer parents specific strategies for teaching social thinking, coaching young adults and adults in specific social skills needed to navigate this particularly mysterious social arena, and helping them look in the right places for romantic relationships.

