

VOLUNTEER SPOTLIGHT:

“Volunteering is just as important as my regular job...”

Recently Amanda Lewis won the Changemaker volunteer award for her work as a member of HCWC's HEARTeam who meet sexual assault victims and their families at local hospitals to provide crisis intervention and advocacy. She is a veteran who was deployed for Operation Iraqi Freedom and Operation Enduring Freedom.

Tell me about yourself.

I'm a Social Worker by trade and I work for Austin Children's Shelter as their Training Coordinator. Part of my job is to train staff how to work with kids who have been affected by violence and abuse. I graduated from Texas State with a bachelor's degree in Social Work, and I went to UT for my master's degree in Social Work.

I also run a small business selling my handmade jewelry at Arts & Craft Shows and in several local stores.

Why did you want to intern and/or volunteer for HCWC?

My first experience with HCWC was during a sorority volunteer event. We helped with yard work around the new shelter. I met some of the staff and got to know more about the organization. I immediately fell in love with the mission. The following year when it was time to choose an agency to intern with, HCWC was at the top of my list.

How do you fit volunteering into your busy schedule?



Volunteering is just as important as my regular job -- it's a part of my career as a social worker. I make time because I'm committed to ending violence against women, I keep a schedule. If you write everything down, you would be surprised how much time you actually have to give.

What should a new volunteer expect to find at HCWC?

Expect to meet some really great and passionate people. 🌱