

Choco-therapy body treatments

It's widely accepted that chocolate is full of feel-good chemicals: phenyl ethylamine - released when you're in love & serotonin, which gives us a natural high. Milk chocolate is full of the healthy vitamins B1, B2 & E & minerals including potassium, sodium, magnesium, phosphorus, calcium, zinc, copper & manganese. Whilst dark chocolate contains essential iron and is higher in flavonol (a powerful anti-oxidant) than milk chocolate. Anti-oxidants are key in fighting free radicals that cause damage to cells of the body, in particular the skin. Cocoa butter is also moisturising and nourishing.

Our choco-therapy treatments provide a delicious and luxurious way to enjoy the benefits of chocolate without the calories! These decadent treatments tap into your endorphins sending anti-stress messages to your brain enhancing your mood. Not only do these indulgent treatments leave your state of mind relaxed and calm, but your skin is left feeling super-soft, glowing and completely re-hydrated.

All our chocolate treatments are completed with skin moisturising white chocolate body butter and a nice cup of hot chocolate to gently bring you back round, low calorie of course!

Chocolate Body Massage & Wrap £89.95

Nearly two hours of pure relaxation as you are bathed in a wonderfully decadent mix of milk, dark and white chocolate. Following a full body exfoliation and heavenly massage, you will be enveloped in a warm chocolate mask before being moisturised with white chocolate body butter.

Chocolate Body Wrap £57.95

Relax and let your mood be lifted by the heavenly scent of chocolate. A warm chocolate mask is applied all over your body after a full exfoliation which leaves the skin feeling silky smooth.

Chocolate Back Massage & Wrap £44.95

Treat your back to the skin improving benefits of milk, dark & white chocolate. The treatment begins with exfoliation followed by a relaxing back & shoulder massage with white chocolate body oil. You will then be cocooned in a warm chocolate mask before application of white chocolate body butter.

Pure Chocolate Back Massage £28.95

A luxurious treatment, combining pure melted chocolate with your choice of essential oil blend to capture the essence of your favourite treat. Choose from Turkish delight, chocolate orange, bounty luscious, after 6ix, white chocolate or good old favourite milk chocolate.

