

2013
Central Zone Multi-Cultural Meet
Central Zone Diversity Coordinator Report
June 8 -9, 2013

## PURPOSE AND GOAL

The purpose of the meet was stated as follows:
An initiative to embrace and celebrate our own diversity, and to allow the success of competitive goals, establish friendships, learn from each other, and share the love of our sport.....Swimming.

The goals were as follows:

- To create an opportunity of competitive success for all athletes.
- To establish and maintain decorum of the championship meet environment for all who attended.
- To introduce the athletes to guest Olympians and speakers to share their culture, goals, competitive successes and stories.
- To create a commardarie and communication among coaching staffs and officials from all attending LSCs.
- To allow an opportunity for the LSC Diversity Coordinators to meet, exchange ideas and evaluate the MultiCultural events for the Central Zone.


## FUNDING

The funding for this event came from various sources, but the majority of the outlay came from the host club, Patriot Aquatics. Without the generosity of this meet host many elements of this successful endeavor would not have been met.

The host club donated and paid for the following:

- Pool and facility rental costs
- Hospitality food and beverages
- Athlete Multi-Cultural Dinner (there was no charge to the athletes for the dinner).
- Medal engraved awards places 1-8, relays 1-3 supplied through Crown Trophy
- Team Trophy Awards places 1-3 supplied through Crown Trophy
- Meet polo shirts with embroidered CZ Multi-Cultural logo for all Officials signed up to work sessions supplied by Kiefer
- T-Shirts with the CZ Multi-Cultural Meet logo for all timers supplied by Kiefer
- Printing costs for all programs and heat sheets
- Bag Tags for all attending athletes, coaches, officials and event staff
- Refreshments for the Coach/Official Social

The Central Zone contributed the amount of $\$ 3000.00$ (three thousand dollars) which was used as follows:

- Airfare for the three Olympians Brett and Shaune Fraser- Cayman Islands, Doug Lennox- Puerto Rico. (Total cost approx. 1740.00)
- Remaining amount (1260.00) was given to the host to offset costs.

Illinois Swimming provided the following:

- Hotel rooms for the Olympians
- Hotel room for the Central Zone Diversity Coordinator
- Thank you gifts for the Olympians
- An 8X10 picture of the Olympians with the athletes they raced to each LSC in attendance.

USA Swimming provided the following:

- Black Heritage Display
- Make A Splash handouts and pins
- USA Swimming tattoos and pins
- Aqua Zone Wii set up for the athletes
- Speedo back packs for the high point prizes
- Guest Speaker Byron Davis

Meet entry fees, lodging, meals and transportation were the responsibility of each LSC, as done with the 14 and Under Central Zone Meet.

## ATTENDEES

A total of 269 athletes competed representing 9 out of 15 LSCs. Here is the breakdown by LSC:

| Team Illinois | 122 athletes | 662 entries | 33 relays |
| :--- | ---: | :---: | :---: |
| Team Indiana | 38 athletes | 244 entries | 12 relays |
| Team Michigan | 13 athletes | 68 entries | 4 relays |
| Team Midwestern | 5 athletes | 40 entries | 1 relay |
| Team Minnesota | 25 athletes | 97 entries | 8 relays |
| Team Missouri Valley | 12 athletes | 88 entries | 1 relay |
| Team Ohio | 17 athletes | 70 entries | 3 relays |
| Team Oklahoma | 28 athletes | 222 entries | 13 relays |
| Team Wisconsin | 9 athletes | 45 entries | 1 relay |

*Non-participating LSCs were Arkansas, Iowa, Lake Erie, North Dakota, Ozark, South Dakota

## MEET ADMINISTRATION

Entries went well even with the switch from OME to Hy-Tek. However, in the future it would be advisable to put in the meet announcement a form to list attending coaches, chaperones, and team support members so membership requirements may be checked prior to the meet start date. Future hosts should also require the teams to email them their arrival times, hotel destinations, and cell phone contacts and names of the staff attending the meet.

## COMPETITIVE EVENT

The event schedule, as stated in the meet packet, was well received with only a slight change for the next meet, which is to change relays to 12 and Under in the AM and Open in the PM. This would create an opportunity for LSCs with less athletes in attendance to participate in the relay events.

## ATHLETE SPECIAL EVENTS

On Friday evening arrival Team Pictures were scheduled and the pool was open for practice. It has been recommended by coaches that Friday night should also include a coach meeting to go over the host club procedure for positive check in and other instructions.

After the morning session on Saturday each LSC Team chose a boy and girl athlete from each morning age group to compete against the guest Olympians. The Olympians swam a 100M Free while each team swam a relay of two athletes each swimming a 50M Free. Two heats were swum and the Olympians stayed on deck for pictures and autographs until the afternoon session began.

At the conclusion of the afternoon session, all parents, coaches, and athletes were invited to a presentation from the Olympians and Byron Davis. The Olympians related their path to the Olympics from age group through college. And
sent forth a goal orientated message to the athletes which Byron Davis capitalized on in his presentation. This was followed by a question and answer session.

The Athlete dinner followed which was a buffet from On The Border (Mexican food), Go Roma (Italian food), and Roti (Mediterranean Food). The guest Olympians and guest speaker stayed for the dinner with the athletes.

## COACHES/OFFICIALS SOCIAL

A great opportunity to relax, exchange ideas, socializes $\qquad$ and watch the Chicago Blackhawks when in double over time!!!

## LSC DIVERSITY COORDINATORS MEETING

Sunday morning a brunch meeting was held for the coordinators to talk about the meet and offer opinions to improvements. Many of those suggestions have already been stated in this report. It was also a time to exchange procedures in regards to how each LSC went about choosing and funding the athletes to the meet. It is important to note that the Central Zone Board of Directors has bid these events out two years in advance to enable the LSC to promote and market the event to the athletes for a strong attendance. Wisconsin Swimming has the bid for 2014 Multi-Cultural Camp, and Angela Monty made a presentation and passed out an agenda for the camp being held June 12-15, 2014 at the Pleasant Prairie Rec Plex. Bids will now be given at USAS Convention for the 2015 Central Zone Multi-Cultural Meet and the 2016 Central Zone Multi-Cultural Camp. There will be new bid applications available on the Central Zone website later this summer.

## COMMENTS

Since we had many parents in attendance as spectators it may be advantageous to have an informational booth and/or meeting on how to become an Official. The host club had a field house available for the T-Shirt Vendor, Kiefer Swim Store and Pro Swim Visual the photographer. Parents could come and socialize and browse through what the vendors had to offer in addition to visiting the Make A Splash table provided by USA Swimming. This would be a great time to market the volunteer opportunities for parents to get involved.

The schedule worked well devoting Saturday to the Olympians and guest speaker, while finishing the meet on Sunday with no further events. This allowed clubs to finish the meet and leave for home directly from the venue.

In conclusion, I believe the athletes, parents, coaches, team support members will be our best marketing tool when it comes to promoting this event. The Central Zone should be proud to be the first to host this project. It was well received and extremely successful. We will look forward to this event to be a bigger success in $2015!!!$

Submitted by,
Pam Lowenthal
Central Zone Diversity Coordinator
Attachments:
Event Schedule
Olympians
Session Report
Team Scores

Central Zone<br>Multi-Cultural / Diversity Meet Stevenson High School June 8-9, 2013

Session 1- Saturday Morning
Warm-ups at 7 am, Meet starts 8 am

| Girls | Event | Boys |
| :---: | :---: | :---: |
| 1 | $11-1250$ Fly | 2 |
| 3 | $10-\cup 50$ Fly | 4 |
| 5 | $11-12100$ Free | 6 |
| 7 | $10-\cup 100$ Free | 8 |
| 9 | $11-1250$ Back | 10 |
| 11 | $10-\cup 50$ Back | 12 |
| 13 | $11-12100$ Breast | 14 |
| 15 | $10-\cup 100$ Breast | 16 |
| 17 | $11-12200$ Free Relay | 18 |
| 19 | $10-\cup 200$ Free Relay | 20 |

Session 2 - Saturday Afternoon
Warm-ups at 12 pm , Meet starts at 1 pm

| Girls | Event | Boys | Girls | Event | Boys |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 21 | 15 \& O 100 Breast | 22 | 65 | 15 \& O 200 Fly | 66 |
| 23 | 13-14 100 Breast | 24 | 67 | 13-14 200 Fly | 68 |
| 25 | 15 \& O 200 Free | 26 | 69 | 15 \& O 100 Free | 70 |
| 27 | 13-14 200 Free | 28 | 71 | 13-14 100 Free | 72 |
| 29 | 15 \& O 100 Fly | 30 | 73 | 15 \& O 200 Breast | 74 |
| 31 | 13-14 100 Fly | 32 | 75 | 13-14 200 Breast | 76 |
| 33 | 15 \& O 200 Back | 34 | 77 | 15 \& O 100 Back | 78 |
| 35 | 13-14 200 Back | 36 | 79 | 13-14 100 Back | 80 |
| 37 | 15 \& 050 Free | 38 | 81 | 15 \& O 200 IM | 82 |
| 39 | 13-14 50 Free | 40 | 83 | 13-14 200 IM | 44 |
| 41 | 15 \& O 200 Free Relay | 42 | 85 | 15\&O 200 Med. Relay | 86 |
| 43 | 13-14 200 Free Relay | 44 | 87 | 13-14 200 Med. Relay | 88 |

## OLYMPIANS



Olympians Shaune and Brett Fraser- Cayman Islands


Olympian Doug Lennox - Puerto Rico

## 2013 IL Central Zone Multi-Cultural Meet - 6/8/2013 to 6/9/2013 Session Report

Session: 1 Saturday AM
Day of Meet: 1 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round |  | Event | Entries | Heats | Starts at |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Finals | 1 | Girls 11-12 50 Butterfly | 26 | 4 | 08:00 AM |
| Finals | 2 | Boys 11-12 50 Butterfly | 19 | 3 | 08:04 AM |
| Finals | 3 | Girls 10 \& Under 50 Butterfly | 33 | 5 | 08:07 AM |
| Finals | 4 | Boys 10 \& Under 50 Butterfly <br> Break: 10 Minutes | 8 | 1 | 08:13 AM |
| Finals | 5 | Girls 11-12 100 Freestyle | 29 | 4 | 08:24 AM |
| Finals | 6 | Boys 11-12 100 Freestyle | 22 | 3 | 08:32 AM |
| Finals | 7 | Girls 10 \& Under 100 Freestyle | 40 | 5 | 08:36 AM |
| Finals | 8 | Boys 10 \& Under 100 Freestyle <br> Break: 10 Minutes | 15 | 2 | 08:46 AM |
| Finals | 9 | Girls 11-12 50 Backstroke | 27 | 4 | 09:00 AM |
| Finals | 10 | Boys 11-12 50 Backstroke | 20 | 3 | 09:05 AM |
| Finals | 11 | Girls 10 \& Under 50 Backstroke | 36 | 5 | 09:09 AM |
| Finals | 12 | Boys 10 \& Under 50 Backstroke Break: 10 Minutes | 17 | 3 | 09:16 AM |
| Finals | 13 | Girls 11-12 100 Breaststroke | 26 | 4 | 09:31 AM |
| Finals | 14 | Boys 11-12 100 Breaststroke | 14 | 2 | 09:39 AM |
| Finals | 15 | Girls 10 \& Under 100 Breaststroke | 32 | 4 | 09:42 AM |
| Finals | 16 | Boys 10 \& Under 100 Breaststroke <br> Break: 10 Minutes | 9 | 2 | 09:52 AM |
| Finals | 17 | Girls 11-12 200 Freestyle Relay | 4 | 1 | 10:06 AM |
| Finals | 18 | Boys 11-12 200 Freestyle Relay | 3 | 1 | 10:09 AM |
| Finals | 19 | Girls 10 \& Under 200 Freestyle Relay | 6 | 1 | 10:11 AM |
| Finals | 20 | Boys 10 \& Under 200 Freestyle Relay | 2 | 1 | 10:14 AM |
| Finals | 101 | Mixed 100 Freestyle 2 Relay Time Trial Swimmers Counts for Warm-ups: 118 | 15 | 2 | 10:18 AM |
|  |  | Entry / Heat Totals: <br> Finish Time | 403 | 60 | 10:22 AM |

# 2013 IL Central Zone Multi-Cultural Meet - 6/8/2013 to 6/9/2013 <br> Session Report 

Session: 2 Saturday PM
Day of Meet: 1 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round |  | Event | Entries | Heats | Starts at |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Finals | 21 | Girls 15 \& Over 100 Breaststroke | 16 | 2 | 01:00 PM |
| Finals | 22 | Boys 15 \& Over 100 Breaststroke | 15 | 2 | 01:04 PM |
| Finals | 23 | Girls 13-14 100 Breaststroke | 20 | 3 | 01:08 PM |
| Finals | 24 | Boys 13-14 100 Breaststroke <br> Break: 10 Minutes | 22 | 3 | 01:14 PM |
| Finals | 25 | Girls 15 \& Over 200 Freestyle | 18 | 3 | 01:30 PM |
| Finals | 26 | Boys 15 \& Over 200 Freestyle | 17 | 3 | 01:40 PM |
| Finals | 27 | Girls 13-14 200 Freestyle | 23 | 3 | 01:50 PM |
| Finals | 28 | Boys 13-14 200 Freestyle Break: 10 Minutes | 20 | 3 | 01:59 PM |
| Finals | 29 | Girls 15 \& Over 100 Butterfly | 13 | 2 | 02:18 PM |
| Finals | 30 | Boys 15 \& Over 100 Butterfly | 17 | 3 | 02:22 PM |
| Finals | 31 | Girls 13-14 100 Butterfly | 26 | 4 | 02:26 PM |
| Finals | 32 | Boys 13-14 100 Butterfly <br> Break: 10 Minutes | 19 | 3 | 02:34 PM |
| Finals | 33 | Girls 15 \& Over 200 Backstroke | 14 | 2 | 02:49 PM |
| Finals | 34 | Boys 15 \& Over 200 Backstroke | 7 | 1 | 02:57 PM |
| Finals | 35 | Girls 13-14 200 Backstroke | 15 | 2 | 03:00 PM |
| Finals | 36 | Boys 13-14 200 Backstroke Break: 10 Minutes | 10 | 2 | 03:08 PM |
| Finals | 37 | Girls 15 \& Over 50 Freestyle | 30 | 4 | 03:25 PM |
| Finals | 38 | Boys 15 \& Over 50 Freestyle | 26 | 4 | 03:29 PM |
| Finals | 39 | Girls 13-14 50 Freestyle | 36 | 5 | 03:32 PM |
| Finals | 40 | Boys 13-14 50 Freestyle <br> Break: 10 Minutes | 33 | 5 | 03:36 PM |
| Finals | 41 | Girls 15 \& Over 200 Freestyle Relay | 2 | 1 | 03:50 PM |
| Finals | 42 | Boys 15 \& Over 200 Freestyle Relay | 5 | 1 | 03:52 PM |
| Finals | 43 | Girls 13-14 200 Freestyle Relay | 4 | 1 | 03:55 PM |
| Finals | 44 | Boys 13-14 200 Freestyle Relay <br> Swimmers Counts for Warm-ups: 134 <br> Entry / Heat Totals: <br> Finish Time | 5 $==$ 413 | 63 | 03:57 PM 04:00 PM |

## 2013 IL Central Zone Multi-Cultural Meet - 6/8/2013 to 6/9/2013 Session Report

Session: 3 Sunday AM
Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

| Round |  | Event | Entries | Heats | Starts at |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Finals | 45 | Girls 11-12 100 Butterfly | 14 | 2 | 08:00 AM |
| Finals | 46 | Boys 11-12 100 Butterfly | 11 | 2 | 08:05 AM |
| Finals | 47 | Girls 10 \& Under 100 Butterfly | 20 | 3 | 08:08 AM |
| Finals | 48 | Boys 10 \& Under 100 Butterfly <br> Break: 10 Minutes | 7 | 1 | 08:15 AM |
| Finals | 49 | Girls 11-12 50 Freestyle | 28 | 4 | 08:27 AM |
| Finals | 50 | Boys 11-12 50 Freestyle | 20 | 3 | 08:30 AM |
| Finals | 51 | Girls 10 \& Under 50 Freestyle | 37 | 5 | 08:33 AM |
| Finals | 52 | Boys 10 \& Under 50 Freestyle <br> Break: 10 Minutes | 20 | 3 | 08:38 AM |
| Finals | 53 | Girls 11-12 100 Backstroke | 24 | 3 | 08:52 AM |
| Finals | 54 | Boys 11-12 100 Backstroke | 17 | 3 | 08:58 AM |
| Finals | 55 | Girls 10 \& Under 100 Backstroke | 33 | 5 | 09:04 AM |
| Finals | 56 | Boys 10 \& Under 100 Backstroke Break: 10 Minutes | 14 | 2 | 09:16 AM |
| Finals | 57 | Girls 11-12 50 Breaststroke | 22 | 3 | 09:31 AM |
| Finals | 58 | Boys 11-12 50 Breaststroke | 16 | 2 | 09:35 AM |
| Finals | 59 | Girls 10 \& Under 50 Breaststroke | 36 | 5 | 09:37 AM |
| Finals | 60 | Boys 10 \& Under 50 Breaststroke <br> Break: 10 Minutes | 16 | 2 | 09:43 AM |
| Finals | 61 | Girls 11-12 200 Medley Relay | 2 | 1 | 09:56 AM |
| Finals | 62 | Boys 11-12 200 Medley Relay | 3 | 1 | 09:59 AM |
| Finals | 63 | Girls 10 \& Under 200 Medley Relay | 5 | 1 | 10:02 AM |
| Finals | 64 | Boys 10 \& Under 200 Medley Relay <br> Swimmers Counts for Warm-ups: 110 | 2 | 1 | 10:05 AM |
|  |  | Entry / Heat Totals: <br> Finish Time | 347 | 52 | 10:10 AM |

# 2013 IL Central Zone Multi-Cultural Meet - 6/8/2013 to 6/9/2013 <br> Session Report 

Session: 4 Sunday PM
Day of Meet: 2 Starts at 01:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

| Round |  | Event | Entries | Heats | Starts at |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Finals | 65 | Girls 15 \& Over 200 Butterfly | 1 | 1 | 01:00 PM |
| Finals | 66 | Boys 15 \& Over 200 Butterfly | 5 | 1 | 01:04 PM |
| Finals | 67 | Girls 13-14 200 Butterfly | 8 | 1 | 01:07 PM |
| Finals | 68 | Boys 13-14 200 Butterfly <br> Break: 10 Minutes | 5 | 2 | 01:11 PM |
| Finals | 69 | Girls 15 \& Over 100 Freestyle | 29 | 4 | 01:27 PM |
| Finals | 70 | Boys 15 \& Over 100 Freestyle | 27 | 4 | 01:33 PM |
| Finals | 71 | Girls 13-14 100 Freestyle | 32 | 4 | 01:39 PM |
| Finals | 72 | Boys 13-14 100 Freestyle Break: 10 Minutes | 33 | 5 | 01:45 PM |
| Finals | 73 | Girls 15 \& Over 200 Breaststroke | 11 | 2 | 02:02 PM |
| Finals | 74 | Boys 15 \& Over 200 Breaststroke | 9 | 2 | 02:10 PM |
| Finals | 75 | Girls 13-14 200 Breaststroke | 9 | 2 | 02:17 PM |
| Finals | 76 | Boys 13-14 200 Breaststroke Break: 10 Minutes | 14 | 2 | 02:25 PM |
| Finals | 77 | Girls 15 \& Over 100 Backstroke | 21 | 3 | 02:42 PM |
| Finals | 78 | Boys 15 \& Over 100 Backstroke | 19 | 3 | 02:48 PM |
| Finals | 79 | Girls 13-14 100 Backstroke | 24 | 3 | 02:55 PM |
| Finals | 80 | Boys 13-14 100 Backstroke Break: 10 Minutes | 27 | 4 | 03:01 PM |
| Finals | 81 | Girls 15 \& Over 200 IM | 20 | 3 | 03:19 PM |
| Finals | 82 | Boys 15 \& Over 200 IM | 19 | 3 | 03:29 PM |
| Finals | 83 | Girls 13-14 200 IM | 19 | 3 | 03:38 PM |
| Finals | 84 | Boys 13-14 200 IM <br> Break: 10 Minutes | 20 | 3 | 03:49 PM |
| Finals | 85 | Girls 15 \& Over 200 Medley Relay | 3 | 1 | 04:09 PM |
| Finals | 86 | Boys 15 \& Over 200 Medley Relay | 4 | 1 | 04:12 PM |
| Finals | 87 | Girls 13-14 200 Medley Relay | 3 | 1 | 04:15 PM |
| Finals | 88 | Boys 13-14 200 Medley Relay <br> Swimmers Counts for Warm-ups: 127 | = ${ }^{4}$ | = 1 | 04:18 PM |
|  |  | Entry / Heat Totals: <br> Finish Time | 366 | 59 | 04:21 PM |

## Combined Team Scores

| Place | Team |  | Points |
| ---: | :--- | :--- | :--- |
| 1 | Team Illinois | Team Illinois | 5,867 |
| 2 | Team Oklahoma | Team Oklahoma | 2,256 |
| 3 | Team Indiana | Team Indiana | $1,752.50$ |
| 4 | Team Wisconsin | Team Wisconsin | 571 |
| 5 | Missouri Valley | Missouri Valley | 561 |
| 6 | Team Minnesota | Team Minnesota | 481.50 |
| 7 | Team Michigan | Team Michigan | 432.50 |
| 8 | Midwestern Swimming | Midwestern Swimming | 214 |
| 9 | Team Ohio | Team Ohio | 148.50 |

# 2013 IL Central Zone Multi-Cultural Meet - 6/8/2013 to 6/9/2013 <br> Individual Rankings - Through Event 88 <br> 10 \& Under Girls - Individual Scores 



