



Life Coach Institute
Of Orange County

Reunion Workshops

Welcome Everyone!

We are excited about the next three days of fun and learning.

All of our workshops are designed to help you and your clients enhance your life.

Enjoy!

Meet and Greet

Kick-off Gathering

Start off the weekend with a BANG!

Join all of your classmates and meet new friends

Begins at 5:00 on Friday

Turning Free Sessions into Paying Clients



Steve Stutz, M. Div, CC

Steve is the owner of Forward Path Coaching, a transformational life coaching business in the Houston, Texas area that is dedicated to helping people find their way through the challenges and obstacles that keep them from fulfilling their potential. Steve's life coaching materials have been downloaded and used by people in 28 countries worldwide and he publishes a weekly Ezine called "Moving Forward with Steve Stutz."

Turning Free Sessions Into Paying Clients

Want to know how to talk to someone who's curious about what you offer, helping them to understand why your services are exactly what they need? If you're tired of having conversations about what you do with people that lead nowhere-if you get nervous or uncomfortable talking about your services, then this workshop is for you. We'll talk about how to get your potential client to see you as the surefire bridge to solutions, and we'll spend time going over how to deal with various objections.

Cool Self-Awareness Tools



Suzanne Rosetti C.C.

Corporate Coach, Emotional Intelligence Specialist

Suzanne Rosetti left a career as an executive in the banking industry to pursue her dream to be a corporate coach. She created "The Right S.T.U.F.F." daily affirmations, and has a certification in EQ-I.



Cool Self-Awareness Tools

EQ-I, a powerful assessment tool, helps gain psychological background which can be used for yourself and your clients. We use the EQ-I tool to build self-awareness regarding:

- Stress and panic reduction

- How your emotions can be hijacked
- Learning new positive behaviors.

Her workshop will also address subjects related to the workplace such as:

- Working with teams
- Leadership development and much more.

True Colors

Cindy Holmes, C.C.

HR Coach and True Colors Expert

She has over 20 years of training, leadership, presenting, strategic planning, and program development experience. She is a certified True Colors facilitator and was named 2009 VIP

Woman of the Year in Training and Development by the National Association of Professional Women.

True Colors client list includes

- ABC Television
- Ford Motor Company
- Google
- Universal Studios

True Colors

True Colors is a personality identification tool using colors. The system identifies an individual's core traits such as motivations, self-esteem, causes of stress, ethical behaviors, and much more.

This unique system promotes cooperation, harmony, unity and positive reinforcement for your clients.



Aromatherapy



Dr. Wendy Dearborne

Dr. Dearborne is a motivational speaker, Master Aromatherapist, and Certified Holistic Life Coach. She is the director of the Adassa James Institute and is an expert on the 15 Integrative Laws of Attraction.

Don't miss this truly transformational seminar.

Hearing Wendy speak is a treat in itself!

Aromatherapy

Aromatherapy is an art science and technique of using the vital life force (essence) of plants to help create permanent and lasting change in the mind, body, and spirit. Essential oils can be used in many ways, medically/clinically, mentally, spiritually, and holistically. Aromatherapy is designed to assist you and your clients in creating a healthier life.

Making Your Life S.H.I.F.T.

Lance Yeley, C.C.



CEO and founder of Life Shift University, he has been working the stage of motivation, inspiration, and education for over 20 years. He's featured in media from radio and television to viral communications. Lance is also a one-on-one professional Life Coach, working in music, image, career consulting, money management, event coordinating, and many more.

Making Your Life S.H.I.F.T.

This is a program that will help coaches move their clients from having little to no vision, to having a full on direction for their lives.

- Cleaning Out Old Beliefs
- Getting Past the Past
- Four Major Life Setbacks
- Getting Into A.C.T.I.O.N.



Working and Playing with Dreams



Cameron Ashby, M.A., C.C.

He is a graduate of the Center for Healthy Aging, and has written numerous books in the area of gerontology. He is a specialist in dream analysis.

Dream Therapy

Dreams are valuable sources of information, yet they remain a process still shrouded in mystery. In this interactive presentation, you'll be introduced to many facets of the dreamwork, and see how dreams are a valuable guide for your clients. Utilizing the dreamwork can increase your effectiveness, while further strengthening the always important client/coach working alliance.

Embracing Your Beautiful Scars



Juliette Miles
Author of Shine on



Juliette Miles, C.C.

She is the founder of the program, the “Greater Omnipresent Domain (G.O.D.)”, and the author of the inspirational book Shine On. She is also an ambassador for a major “Stop Bullying” campaign designed to help school-aged children and their parents overcome bullying.

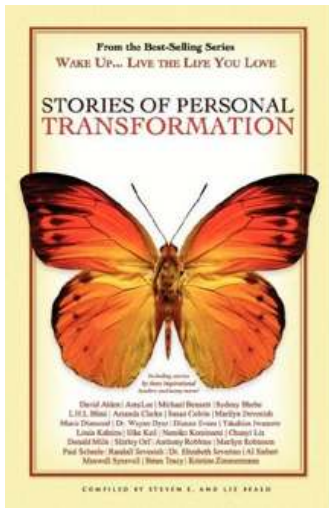
Embracing Your Beautiful Scars

In this exciting and interactive program, Juliette will help you embrace and honor the trash from your past and create a happier more fulfilling life.

If you’re always looking in the rear-view mirror — how can you move forward?

This workshop may change your life!

Limiting Beliefs



Elke Keil, C.C.

Elke is a Certified Clinical Hypnotherapist and Certified Life Coach. Elke has received training from the American Board of Clinical and Medical Hypnotherapy, the International Medical and Dental Hypnotherapy Association, and Infinity Institute International.

She is co-author of the best-selling series, Wake Up. Live the Life You Love.

Limiting Beliefs

Are limiting beliefs holding you back from the life of your dreams? Do any of these Limiting Beliefs sound familiar to you? “I’m too old”, “I’m not smart enough”, “All the nice men/women are taken”. Elke will help you explore *your* Limiting Beliefs and push through them.

Emotional Intelligence



Michelle Richardson

Michelle received certification in NLP from Kona University. She is also CFO of Richardson Consultants Accounting Firm. She has facilitated workshops for various businesses, and joined “Toastmasters International” where she won first place at area, division, and district level speech contests.

Emotional Intelligence

Helping people to discover and utilize the programs that we run in our neurological systems to achieve our desired outcomes. Speaking Topics include: building rapport, behavioral flexibility, teamwork, and coping with diversity in the workplace.

Pac-Man



Luke Benoit, C.C.

Luke is a Certified Life Coach, Certified Professional NLP practitioner, hypnotist, and published author. His book, All Storms Pass, a collection of meditations written over the last two and a half years, will be available starting next month.

Pac-Man

Luke takes you on a journey to discover what made you who you are.

Luke's fascinating workshop will open your eyes to where you fit in your family of origin and how it may affect you today.

Don't miss this seminar. It will change how you think about yourself and your family!

De-Clutter Your Life



Valerie Ventimiglia, C.C., Professional Organizer

A graduate of the Life Coach Institute and professional organizer, Valerie has trained for years regarding the principles and philosophy of Science of Mind.

De-Clutter Your Life

A messy house or office can affect all parts of your life. Professional organizer Valerie will help you de-clutter the *physical* spaces in your life so that you can de-clutter your *mental* spaces as well.

“Only when your consciousness is totally focused on the moment you are in can you receive whatever gift, lesson, or delight that moment has to offer.”
- Barbara de Angelis

Living Your Best Life

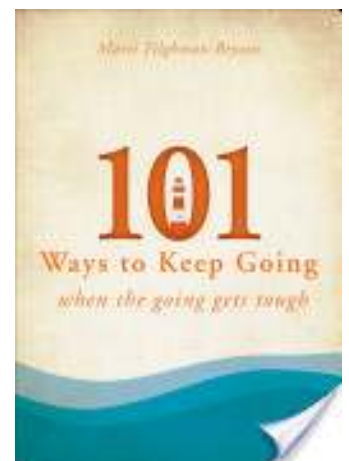


Marci Bryant

She is the founder and director of BVT Ministries Outreach in Wilmington, Delaware. Currently she is on tour promoting her latest book, 101 Ways to Keep Going When the Going Gets Tough.

Living Your Best Life

This program will help ordinary people do the extraordinary with their lives. In this seminar/workshop, Marci will encourage and inspire you to reach for the moon. Failure is not an option if your dreams are still alive. From a life of many failures, she rose from the ashes to LIVE HER BEST LIFE! You can too! Let her teach you how.



Life Coach Institute of Orange County

Marketing for Dummies



Bridget Horvath C.C.

Founder and director of the Life Coach Institute of Orange County. She is considered an expert in the field of relationships, having mentored under Michelle Weiner-Davis, the New York Times best-selling author and famous relationship expert.

Previously working in the corporate world, marketing is her passion.

Marketing for Dummies

Do you feel challenged when working on marketing for your coaching practice? Bridget will help you navigate through the many areas of marketing, including websites, Google advertising, and e-mail marketing.

This step-by-step overview of marketing is great for people who feel like dummies when trying to attract clients.

"If you don't know where you're going- you'll probably end up somewhere else - Yogi Berra

17 Date Method



Justice Harlow C.C.

Justice is an accomplished author of works of fiction and self-help books, and is a freelance writer. She is an Intuitive Life Coach, popular public speaker, lover of all things artistic, and an avid supporter of free speech.

17 Date Method

Justice illustrates a new dating method that merges old-fashioned courtship with modern dating—for 2012 and beyond. She will show you a simple collection of techniques on how to date and do it well. "17 Dates" is designed for those seeking long-term relationships built on what is real and not just the "idea of". See what your potential partner is made of, and show your true colors too!

How to Give an Awesome Massage



Lisa Finck, C.C.

An instructor with the Life coach Institute, she has successfully worked with many couples in discovering ways to rebuild or enhance their relationships. She has extensive training in the field — her teaching includes Barbara de Angelis, John Grey, and John Gottman. She is also a Certified Massage Therapist.

Massage Therapy

How cool would it be to know how to give a massage? This seminar will teach you everything you need to give your partner or someone in your life the perfect, relaxing massage. This fun class should be attended by all.

Anatomy of Anger



**Joan Wise, MA,
E.C.E., C.C.**

Joan is currently a Life Coach with the Life Coach Institute and specializes in Domestic Violence and Parenting. She holds a Bachelors Degree in Psychology and a Masters Degree in Early Childhood Education. She is also a member of the OC Family Violence Council and OC Volunteer Center.

Anatomy of Anger

A discussion on how to work through anger issues that may be preventing our clients from making the progress they desire. This workshop will explore the dynamics of anger and discuss how and when it is appropriate to handle these issues and when it becomes a dangerous matter that requires professional referral.

Included are powerful tools you can use in your own life or with your clients

Video Conferencing and the Media



**Earl Barrios, M.S.,
C.C.**

Earl has over 30 years experience specializing in substance-use disorders and relationship coaching. He worked with homeless veterans suffering from mental health and substance use disorder. Earl has a Masters Degree in Counseling Psychology and is a graduate of LCIOC.

Video Conferencing for Coaches

Step-by-step instruction on how to use audio-visual equipment in your coaching practice. He will also cover confidentiality issues in regard to recording your client sessions.

**"Happiness depends upon ourselves."
- Aristotle**

Holistic Coaching and What it Means to your Clients



Dr. Wendy Dearborne C.C.

Dr. Dearborne is a motivational speaker, Master Aromatherapist, and Certified Holistic Life Coach. She is the director of the Adassa James Institute and is an expert on the 15 Integrative Laws of Attraction.

Don't miss this truly transformational seminar.

Hearing Wendy speak is a treat in itself!

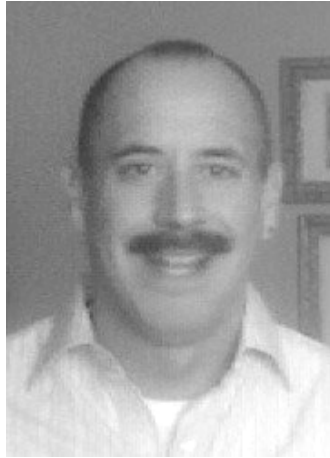
Holistic Coaching

Holistic medicine is a system which emphasizes the need to look at the whole person, including analysis of physical, nutritional, environmental, emotional, social, spiritual and lifestyle values. Holistic medicine focuses on education and responsibility for personal efforts to achieve balance and well being.

Wendy will show you how you can apply holistic methods to your coaching practice.

Demystifying NLP

**“Our doubts are traitors, and make us lose the good we oft might win, by fearing to attempt.”
- Shakespeare**



**Luke Benoit, C.C.,
Certified Hypnotherapist, NLP expert.**

Luke is a Certified Life Coach, Certified Professional NLP practitioner, hypnotist, and published author. His book, All Storms Pass, a collection of meditations written over the last two and a half years, will be available starting next month.

He is a substance-abuse specialist.

**NLP
(Neuro-Linguistic-Programming)**
Luke will help you take the mystery out of NLP and show you how to apply it in your practice.
Luke’s powerful workshop transforms the complicated concepts of NLP and simplifies them for a greater understanding of this powerful method that can be used to improve yourself and your client’s lives.

Say “No!” to Stress



Dr. Cerene Yvonne Cervantes

Founder of the Cervantes Institute, Dr. Cervantes has presented and been a motivational speaker for institutions, businesses, and corporations such as Mutual of Omaha.

Frances Cervantes C.C.

Former social worker, Frances is a motivational speaker, massage therapist, and an expert on relationships.

Say “No!” to Stress
This session will provide Life Coaches with portable and effective ways to take care of yourself before, during, and after your day.
• Relaxation Techniques
• Causes of Stress and Health Risks
• Creating a Stress-Free Lifestyle

Substance Abuse



Earl Barrios, M.S., C.C.

Earl has over 30 years experience specializing in substance-use disorders and relationship coaching. He worked with homeless veterans suffering from mental health and substance use disorder. Earl has a Masters Degree in Counseling Psychology and is a graduate of LCIOC.

Substance Abuse
Earl will show you the motivational technique model for positive change and teach you what types of questions to ask using the “5 Levels of Change”. If you know anyone with substance-use problems, this is the class for you.

Effective Parenting Strategies



**Joan Wise, MA,
E.C.E., C.C.**

Joan is currently the head instructor with the Life Coach Institute and specializes in Domestic Violence and Parenting in her own practice. She holds a Bachelors Degree in Psychology and a Masters Degree in Early Childhood Education. She is also a member of the OC Family Violence Council and OC Volunteer Center.

Parenting

Simple steps for a more stress-free, happier home. Joan specializes in parent coaching and will show you proven methods for balance and harmony in your family.

- Setting healthy boundaries
- Effective Communication Techniques
- Conflict Resolution
- Positive Reinforcement Tools

Couples Coaching



Lisa Finck, C.C.

An instructor with the Life coach Institute, she has successfully worked with many couples in discovering ways to rebuild or enhance their relationships. She has extensive training in the field — her teaching includes Barbara de Angelis, John Grey, and John Gottman. She is also a Certified Massage Therapist.

Couples Coaching

Attention all couples! Wouldn't you like to learn new tools to improve your relationship with your significant other? An expert on Relationship coaching, Lisa will go over the special issues couples present and how to enhance your *own* relationships in your life.

**“Determine that the thing can and shall be done, and then we shall find the way.”
- Abraham Lincoln**

Enabling and the Drama Triangle



Ginni Gordon C.C.

Formerly a teacher of Human Science, conducting classes at USC, UCLA. She is a Licensed Practitioner with the Church of Religious Science. She has been a teen coach for many years and has studied with John Bradshaw.

Enabling and the Drama Triangle

Let Ginni help you navigate through the many facets of enabling and co-dependency. She will help you identify and breakthrough the toxic cycles that these behaviors bring to your life.

Working and Playing with Dreams



***Cameron Ashby,
M.A., C.C.***

He is a graduate of the Center for Healthy Aging, and has written numerous books in the area of gerontology. He is a specialist in dream analysis.

Coaching the Elderly

Cameron feels that coaching elderly clients is the most rewarding part of his career.

Join him as he shares special issues that arise when dealing with these very special clients and gain true insight into the field of Elder Coaching.



Bridget Horvath C.C.

Founder and director of the Life Coach Institute of Orange County. She is considered an expert in the field of relationships, having mentored under Michelle Weiner-Davis, the New York Times best-selling author and famous relationship expert.

Previously working in the corporate world, marketing is her passion.

Fair Fighting Techniques

Everyone fights — sometimes we don't do it in a very productive way.

This program touches on the techniques everyone can use to turn conflict into compromise so both parties can walk away feeling like winners.

Don't miss the
Roundtable Discussion

Ask questions and discuss coaching
with the experts!

MINUS 5 ICE BAR

*Saturday night at the
Monte Carlo Hotel*



**MUST RESERVE AND PREPAY FOR TICKETS
WITH**

Lisa Finck (Instructor/Presenter)

Cutoff times for tickets is 3 P.M. Saturday

\$20.00 per person

Includes tax, tip, and one drink

Cash only please

Workshop Schedule

Friday, Feb. 11

5:00-6:30

6:30-7:00

7:00-8:00

7:00-?

Meet and Greet

Keynote Speaker

Roundtable Discussion

Cocktails

Main Meeting Room

Main Meeting Room

Main Meeting Room

Lobby Bar

Saturday, Feb. 12

9:00

10:00

11:00

12:00

Lunch Break

2:00

3:00

4:00

5:00

6:00

9:30

Track 1

Limiting Beliefs

True Colors

Say No To Stress!

Converting Free Clients to paying ones

Working and playing with Dreams

Aromatherapy

Effective Parenting Strategies

Coaching the Elderly

PAC MAN in Main Meeting Room

**MEET at the Minus 5 ICE BAR at the
Monte Carlo**

Track 2

Fun with Massage

Anatomy of Anger

Cool Self Awareness Tools

Marketing for dummies

Couples Coaching

Enabling the Drama Triangle

Substance Abuse

PAC MAN in Main Meeting Room

Sunday, Feb. 13

9:00

10:00

11:00

12:00

Lunch Break

2:00

3:00

Making your Life S.H.I.F.T.

Emotional Intelligence

“17 Date” Method

Fair Fighting Techniques

Demystifying NLP

Embracing your Beautiful Scars

Videoconferencing and the Media

Living your best life

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De-Clutter your Life!