

Holos University Graduate Seminary

Be a Guest Scholar!

Residency/ Workshops:
April 2 - 7, 2012
Unity Village, MO

OPEN TO THE PUBLIC POWERFUL WORKSHOPS

- Holistic Health,
- Energy Medicine
- Intuition,
- Mysticism

www.HolosUniversity.org
www.unityvillage.org

Space is limited so register early!

Holos Registration: 888-272-6109

Lodging at Unity: 866-348-6489



Trauma First Aide™

Bridging Physiology and Psychology

Genee Everett, RN, PhD

Three Days: April 2 – 4, 2011 (Monday, Tuesday, Wednesday) 9:00 a.m. – 5:00 p.m.

The clerical and care-giving communities are uniquely positioned to make a difference in the outcomes of who may or may not develop long term problems in the populations they serve. **This includes secondary trauma within the caregiver communities themselves!**

Developed as a short-term trauma intervention, **Trauma First Aide™ (TFA)** teaches skills to quickly reduce symptoms of acute traumatic stress and to stabilize the nervous system in high arousal and urgent situations. During this residency you will be engaged in lively discussions, learn to recognize your own response patterns, and learn simple skills you can use as self-care strategies to help yourself and others.

Topics covered include: background research; the nervous system's role in trauma; differences between cognitive and somatic approaches; role of memory in trauma; effects of trauma beyond mental health; case studies; scenario-based applications; and **lots of skills practice**. **12 CEU's for RN, LCSW, LPCC**

Learn skills to quickly reduce symptoms of acute traumatic stress and to stabilize the nervous system in High arousal and urgent situations.

Public Fee: \$225.00 plus workbook

Three-day workshop fulfills the required residency component of HU's course **894-Mind-Body Perspectives of Trauma**.

Information about Dr. Everett: www.traumafirstaid.com



Intuitive Dreamwork - Decoding Your Dreams

Marcia Emery, PhD

Three Days: April 2 – 4, 2011 (Monday, Tuesday, Wednesday) 9:00 a.m. – 5:00 p.m.

Dreams aren't about sleeping but about waking up to challenges and potential opportunities. They alert us to what we need to know and what actions we need to take. Using intuition helps capture the wisdom embedded in the dream. Join Marcia to:

- Experience how to awaken your intuition and use it to unravel puzzling dream symbols;
- Learn about precognitive dreams which can foreshadow upcoming events;
- Learn the DreamShift technique to retrieve rapid insights and clarify the meaning of the dream;
- Discover an Image activation technique which explores the meaning of color in dreams.

Tune in live to Marcia's radio show - Thursdays, 7pm Central - WWW.VoiceAmerica.com - 7th Wave channel

Use the Dreamshift Process to retrieve your dreams and to respect and interpret the intuitive guidance and insights embedded within them!

Public Fee: \$225.00 plus workbook

Three-day workshop fulfills the optional residency component of HU's course **842-Personal Intuition**.

Information about Dr. Emery: www.drmarciaemery.com



Holistic Energy Therapies

Faith Nelson, RN, PhD & Bernard O Williams, PhD

Three Days: April 5 – 7, 2011 (Thursday, Friday, and Saturday) 9:00 a.m. – 5:00 p.m.

Holistic Energy Therapies use the flow of energy in the body as a medium for healing. In this workshop you will experience techniques and technologies in Energy Medicine with hands on practice and explore the changing paradigm of health care. There are many forms of Energy Medicine. Some are ancient and established forms such as Traditional Chinese Medicine, Acupuncture, Feng Shui, Aromatherapy, Auriculotherapy, Crystal Healing and Homeopathy. Many energy therapies are very subtle such as Reiki and therapeutic touch. Some approaches use modern technologies such as light and color therapy, sound/voice remapping and electromagnetic Bioresonance stimulation. Holistic energy therapies are an expanding field that provides effective and powerful modes of holistic health/healing. Assessments using electrodermal screening and therapies based on Bioresonance are new technologies married to ancient principles.

Hands on experience with homeopathy, energy healing, acupuncture/auriculotherapy, electrodermal screening, bioresonance therapies, and more!

Public Fee: \$225.00 plus workbook

Three-day workshop fulfills the required residency component of HU's course 741-Energetic Healthcare Applications

Information about Dr. Nelson: www.drfaithnelson.com



Mysticism - Ancient to New Thought - A Spiritual Retreat Experience

Teri Martin, MA with Bob Nunley, PhD

Two Days: April 5 – 6, 2011 (Thursday and Friday) 9:00 a.m. – 5:00 p.m.

Come explore with us the four stages of a mystical journey:

1. The first morning consider how various mystics have received **The Call**;
2. The first afternoon consider **The Death** and a darkness that follows;
3. The second morning explore **The Path** - as walked by various Mystics; and
4. The second afternoon open up to **The Gloria**.

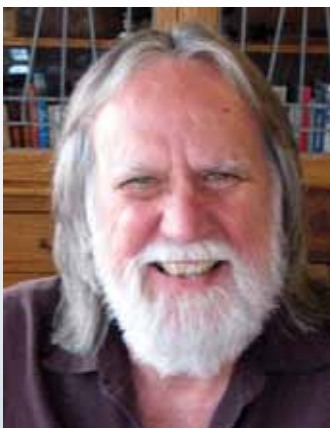
In each of the four stages we will read, chant, sing, pray, meditate, share thoughts and insights on many levels. Weather permitting we will walk the Unity Labyrinth and hold some of the sessions outdoors.

Follow a mystical path these two days and find out more about the mystic within you!

Become a mystic for this two day period! Learn sacred songs, chants, meditations, and experience a meditative walk of the labyrinth.

Public Fee: \$150.00 plus workbook

Two-day workshop is an optional component of HU's course, 752-Mysticism - Ancient to New Thought.



Knowing, Being, and Believing - An Enlightened History of Science

Bernard O. Williams, PhD

One Day: April 7th (Saturday) 9:00 a.m. – 5:00 p.m.

In a room filled with books, inventions, and art along with multi-media, Dr. Williams takes you on a journey "Down the rabbit hole of history and culture!" Come and identify your own healing interests within the world's various cultures and emerging scientific and philosophical movements. Discuss the questions about Energy Medicine, spiritual phenomena, and history that have most intrigued you. Using the wonders of modern technology, you can visit the painted caves of France and discover the ancient roots of both science and shamanism.

Experience how your senses shape your world, and how our imaginations and our powerful scientific instruments have carried us far beyond the limits of basic perception.

Spend an entertaining day with HU President and scholar, Berney Williams, exploring similarities and differences between knowing, being, and believing.

Public Fee: \$75.00

One-day workshop fulfills the optional residency component of HU's course, 727-History of Science.

Residency workshops for 731-Inner Counselor, 833-Inner Counselor Advanced and 737 - Research Methods will be held but are open to enrolled HU students only. Consult the Web Calendar at www.HolosUniversity.org

•Register for your workshop today: 1-888-272-6109 •Unity Village Accommodations: 1-866-348-6489