

# WILLOW WAHOO'S SWIM TEAM

## PRACTICE SCHEDULE/ IMPORTANT DATES

### PRACTICE SCHEDULE:

#### May 7th-June 1st:

6 & under: 4:00-4:30pm

7-8 years: 4:30-5:30pm

9-10 years: 5:30-6:30pm

11 & older: 6:30-7:30pm

#### June 1st-Season End

6 & under: 7:15-8:00am

7-8 years: 8:00-9:00am

9-10 years: 9:00-10am

11-12 years: 10:00-11:00am

13-17 years: 11:00-noon

Monday evening Meets in June

Finals June 27th

Team Photo June 5th

Registration forms available at  
the pool.

## JOIN OUR 2012 SUMMER LEAGUE

WILLOW POOL  
105001/2 Cliffwood  
Houston, Tx 77035  
713-723-7669



### Willow Wahoo History:

The Willow Wahoo Swim Team is a member of the Southwest Aquatic League. Other league members include: Bellaire, Southwest United and West University. Willow has been competing in this league for over 20 years. The mascot, Wahoo, was adopted in 1998. The Wahoo's were league champions in 2001 and 2002.

### Swim Team Goals:

The Willow Wahoo Swim Team encourages neighborhood youngsters to develop an appreciation for competitive swimming in an environment that stresses good sportsmanship and skill improvement.

### Meet Our Coaches:

Head Coach David Farfan: 100yd butterfly record holder Lamar High. #1 Conference Champion Rider University 100&200 Butterfly 2008. National butterfly 2002.USS 15 years. Attends U of H studying education. Returning Willow Wahoo Coach 3 years.

Assistant Head Coach Eamon Kelly: Member of the Whittier College Men's Water Polo team and record holder of the 4x50,4x100 medley relays at both Lamar High and Whittier. All State/All American 4x50 Lamar High, 4 years coaching experience. Returning Wahoo Coach 2 years.

Coach Clare Conrad: Attends University of Texas. Member Lamar HS swim team 4 years. Willow Wahoo swimmer 9 years, lifeguard 5 years and returning third year Wahoo Coach.

Coach Gabriella Lozano: 11 years USS,12 years Willow Wahoo swimmer, Episcopal High swimmer 4 years & team captain senior yr.3 years experience swim lessons,2 yrs coaching.

Coach Kim Reiff: Willow coach 3 years, Lamar HS graduate 2011 ,attends Texas A&M University in business school program and participation on the A & M Triathlon team.

Coach Tessa Holmes: USS Swimmer 10 years. Night practice coach 2 years. Lieguard Willow Pool 3 years. Graduating Lamar high School 2012 and attending LSU in fall.

Coach Amanda Dickenson: Graduate of St Agnes 2011, Willow Wahoo 7 years, Lieguard willow pool 3 years. Attending University of Miami.

Julia Floyd:

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[www.willow-pool.org](http://www.willow-pool.org)