

2011 STEPHEN MINISTRY RETREAT

Finding Balance: Loving God, Others and Self



DATE: Saturday, March 19, 2011
9:00 a.m.—3:00 p.m.
Light continental breakfast: 8:30 a.m.
Lunch: 12 noon

SPEAKER: Rev. Dr. Michael Bradburn

LOCATION: Our Saviour's Lutheran Church
815 S. Washington St., Naperville, IL 60540

Parking is located in front and side of building. Enter through front doors and the retreat space is located directly on your left across from the sanctuary.

COST: \$35.00 *Samaritan would like to include all who are interested to participate. If the registration fee is a constraint, please contact Rev. Jane Carlton at 630-357-2456 x-114 to inquire about an alternative financial arrangement.*

WORKSHOP: One of the great challenges in life is finding balance. Nutritionists talk about the benefits of eating a balanced diet and the spiritual teachings of most faith traditions address the soul's need for balance, moderation, and mindfulness. During this retreat Stephen Ministers will have the opportunity to experience spiritual renewal and growth as they explore principles and disciplines designed to promote spiritual healing and balance. The Annual Retreat will use the God, Others, and Self Triangle as the framework for exploring and examining spiritually healthy and balanced lives.





Rev. Dr. Michael Bradburn is therapist and coach on staff at Samaritan Interfaith Counseling Center. Mike received his Master of Arts in clinical social work from the University of Chicago, School of Social Service Administration and his Master of Divinity from the Lutheran School of Theology at Chicago. His Doctor of Ministry degree is from Northern Seminary, Lombard, IL, where he now teaches courses on pastoral care and counseling. Mike enjoys working with children, adolescents, and adults and considers it an honor to be a part of the healing process that occurs in individuals, couples, and families through therapy. Before joining the Samaritan staff, Rev. Bradburn served in full-time parish ministry for 15 years, most recently as Senior Pastor of a multi-staff ELCA congregation.

TO REGISTER please fill out this form and return it with your check for \$35.00 by Monday, March 14, 2011.

Samaritan would like to include all who are interested to participate in this program. Should the registration fee be a constraint, please contact Rev. Jane Carlton at 630.357.2456 x-114 to inquire about an alternative financial arrangement.

Name _____

Address _____

City _____ State _____ Zip _____

Email _____

Phone _____

Church Name _____

Check One: Stephen Ministry Leader _____ Stephen Minister _____ Pastor _____

Other _____

Attn: Rev. Jane Carlton, Samaritan Interfaith, 1819 Bay Scott Circle, #109, Naperville, IL 60540