



PROGRAM CROSSWALK:

The K-5 *Second Step* Program and *Magnificent Marvelous Me*



Supporting Students, Supporting Learning

Magnificent Marvelous Me is an activity book that directly supports the *Second Step* program curriculum, whose goal is to increase K – 5th grade students’ social and academic success by helping them develop social-emotional competencies and self-regulation skills.

Based in therapeutic principals that encourage **social-emotional skills**, this 48-page book complements *Second Step* by reinforcing skills for learning, as well as empathy, emotion management, and problem-solving competencies. The book features age-appropriate expressive activities that are brightly illustrated by professional children’s book, magazine and toy artists.

Use this **Program Crosswalk** to help identify key *Magnificent Marvelous Me* activities that complement and support the learning in the *Second Step* program’s four main areas of instruction.

For more information about *Magnificent Marvelous Me*, please visit www.artwithheart.org.

Skills for Learning

Page	Title
2	Welcome to Your Book
9	Kindness Counts
20	Face It!
26	Best Day Ever

Page	Title
30	Chalkboard
37	Oprah’s Quote
43	HaHa! HeeHee! HoHo!

Empathy

3	Pencil Me In
4	Certificate of Artistic License
5	Blast Off!!!
6	My Family
7	Tree of Life
10	Bird Nests
11	Story of Your Life
12	No One Like Me
18	Hand in Hand

19	Sibling Scribblings
21	Ahoy!
23	You are Super!
27	Build-a-Buddy
28	Heartland
31	Somebody*Everybody
36	Sweet Talk
39	Greeting Cards
42	Secret Spy

Emotion Management

8	People Who Help You
13	Secret Sauce
14	What’s my Cattitude?
15	Feelings List
22	Crazy Dreams
25	Feelings

32	Feelings Masks
33	Emotion Ocean
34	Worry Dolls
35	Yucky Bug
38	Driving Wheel
44	What do you want...

Problem Solving

16	That’s the ticket
17	When you’re not feeling great
24	What’s Next?
29	How are you?

30	Chalkboard
41	Food for Thought
46	Does it Compute
47	First Place