

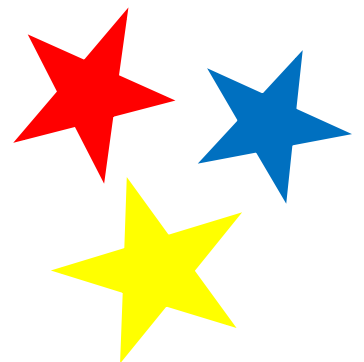


Summer Program Guide 2011

June 13 - August 27, 2011



3100 Dundee Road Suite 704
Northbrook, IL 60062
P: 847.498.KIDS (5437)
F: 847.498.5438
www.KGHconsultation.org



Specialized Summer Programs

These specialized summer programs are designed specifically for children that may struggle with any of the following issues:

- * Autism Spectrum Disorders (ASD)
- * Pervasive Developmental Disorder (PDD)
- * Asperger’s Syndrome
- * ADD/ADHD
- * Social Pragmatic Language Disorder
- * Social Cognition Deficits
- * Learning Disabilities
- * Academic Challenges
- * Executive Functioning Difficulties
- * Anxiety
- * Nonverbal Learning Disability (NVD)
- * Sensory Regulation
- * Sensory Integration Dysfunction
- * Developmental Delays
- * Non-compliant behaviors
- * Emotional Regulation

FREE screenings offered in order to best match the needs of the individual to the program or group. **ALSO**, several age-ranges and ability levels per program are available in order for each individual to maximize their learning.

To schedule a FREE screening, please call the owner, Kim Hoehne, MA, BCBA at 847.498.KIDS (5437) x12.

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KGH is an in-network provider for BCBS, Aetna, Tricare, APS Healthcare, Cigna, and United Behavioral Health

Individual Treatment Services

Comprehensive Intensive Program

(Ages 2-12)

The goal of our comprehensive intensive program is to provide intense 1:1 therapy using the science of Applied Behavior Analysis (ABA). During therapy, the child will benefit from our various rooms (e.g., classroom, motor room, toy town, game room, etc.). The case Consultant will directly provide ABA treatment in order to appropriately provide program supervision and parent coaching. Within the ABA intensive program, the child will be provided with weekly relationship and social development, group activities and opportunities with other children. 10 to 30 hours per week intensives available.

Camp Shadowing

(Ages 4-18)

This service provides quality therapeutic support for your child in a camp setting. Therapists will attend camp with your child and help implement cues, behavior plans, prompting, etc., to help increase socialization, communication as well as general camp participation. Close communication with the child's parents and camp counselors is an area of focus as well. Let your child discover the fun of summer camp – We can help!!

Sibs are Special!

(Ages 5-14)

Being a sibling of a special needs brother or sister is challenging. Our certified yoga instructor and Masters prepared art therapist will provide a relaxing and positive environment for the sibling to be creative and self-express through various art mediums, yoga, visual relaxation & deep breathing techniques and more. This

summer program is just about them! Help them feel refreshed and learn positive thinking techniques.

Handwriting Help

This service aims to enhance and improve your child's fine motor strength, dexterity, forming letters, visual motor skills, handwriting (neatness, accuracy, endurance), functional written communication skills, and attention during seated activities.

Kindergarten

Readiness

Goals include beginning literacy skills and math concepts. Literacy skills will address phonologic and phonemic awareness, vocabulary development, and concepts of print. Math will address rote counting, 1:1 correspondence, sequencing, patterns, geometric shapes, and mathematics based vocabulary.

1st Grade Readiness

Goals include improving students' concepts of print, phonetic awareness, reading comprehension, and continuing to focus on basic math skills including addition, subtraction, and introduction of money and time concepts.

2nd Grade Readiness

Goals include applying students' concepts of print and reading comprehension as the student moves from learning-to-read to reading-to-learn. Focus will also be on math skills including addition and subtraction with regrouping, introducing multiplication, money, time, and quantity concepts.

Developmental

Reading

(3rd-5th grade)

The goal is to stimulate student interest in reading and foster growth in reading skills and ability. Students will focus on fluency, vocabulary, and literal and inferential comprehension.

Real Life Math

(4th-6th grade) & (7th-9th grade)

Students will apply math skills such as time, quantity, temperature, and sequencing to various real-life activities including cooking, sports, etc. The curriculum will be focused on individual interest to further understanding of content.

Executive Functioning

Skills (EF) (Ages 6-18)

Does your child's backpack look like a tornado went through it by the time they come home from school? Are they forgetting their assignments or leave important school work at school? Our Executive Functioning (EF) Support intensive will teach students to learn how to increase important executive functioning skills such as attention, memory, impulse control, decision-making, and self-monitoring; important skills which directly influence successful social and academic skills.

All About Me (Ages 8-18)

All About Me is an individually tailored, therapeutic process that helps teach students about their diagnosis and what makes them special. Run by a Licensed Social Worker, students will discover a lot about themselves and feel supported along with way.

Summer Social & Group Services

Classroom Prep

(Ages 3-5)

Tues & Thurs 10:00-12:00

Classroom Prep's goal is to help prepare a child for a classroom environment (such as a preschool, early childhood or kindergarten classroom). Increased social awareness and use of social language within a classroom environment will be an area of focus. Activities such as circle time (calendar, story, movement/music), art/sensory time, snack time, learning centers, and gross motor/play will incorporate a themed unit.

Lunch Bunch

(Ages 3-8)

Mon through Fri 12:00-1:00

This group is for children that exhibit difficulties with feeding as well as trying new foods. Run by a speech and/or behavioral therapist, this group will provide meal preparation activities which will provide great sensory experiences as well as introduce new foods, textures and flavors to the children. The kids are invited to taste and eat with their friends. Choose from 1 day a week to all 5 days available.

Little Chefs

(Ages 3-8)

Mondays from 1:00-2:00

Little Chefs is a cooking class that works on language comprehension, sequencing skills, fine motor skills, social skills and is great for the picky eater. The little chef will have many opportunities to explore new foods in a sensory and supportive way. Many will try new foods in this type of setting! This group is led by a speech therapist and/or occupational therapist.



The Engine Group –

Self-Regulation (Ages 5-10)

Ages 5-7 Mondays 4-5

Ages 8-10 Mondays 5-6

The Engine Group helps to teach self-regulation by the analogy that their body is like a car engine with different speeds. The program will introduce to them how to attain, maintain, or change their alertness (a.k.a. their 'engines') so that it is appropriate for the situation or task. This program is led by a Licensed Occupational Therapist.

Volcano Group

Ages 6-10

Mondays from 4:30-5:30

Does your child have intense feelings and explode like a volcano? This volcano group is appropriate for ADD/ADHD or Asperger's students who need support with anger management, peer conflict and self-control. This group is facilitated by a Licensed Social Worker & Certified Yoga Instructor.

Life Skills & Leisure

Group (Ages 9-18)

Wednesdays from 5:00-6:00

This group is for Pre-Teens and Teens who would benefit from a small group improving important age appropriate life and leisure skills. Some life skill examples include food preparation, independent skills, purchasing/using money. A motivation assessment will be conducted to provide recommended leisure skills to work on and teach. This group is led by our occupational therapist.

Play Pals

(Ages 3-6)

Fridays 1:00-2:00

Play pals is an interactive group for 3-6 year olds, targeting social language and friendship development. Participants in this group will come

together and play in our toy town. Play Pals will be led by a Speech Therapist.

Let's Play

(Ages 5-8)

Wednesdays 5:00-6:00

Let's Play is geared for children ages 5-8 with limited or emerging social relationship skills and social language skills by providing a nurturing environment to develop and enhance his/her social language, peer relationships and sensory regulation in a group environment. Let's Play is appropriate for children who struggle to express their thoughts and feelings independently and have had limited success with group activities. This group is led by a behavior analyst.

Totally Awesome

Social Kids

(Ages 5-8)

Tuesdays 3:30-4:30

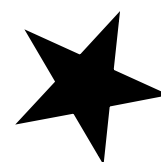
TASK is geared for children ages 5-8 who need work mastering their social relationship skills and social language skills in a peer enriched environment. TASK is appropriate for children who can maintain regulation while independently expressing their thoughts and feelings. This group is led by a speech therapist and/or behavior analyst.

Recess Rules!

Ages 5-7 Mondays 10:00-11:00

Ages 8-10 Thursdays 5:00-6:00

Recess Rules is for students who would benefit from learning specific recess time games and outdoor socialization skills. Learning various age appropriate outdoor games, playing with friends and getting along with peers will be an area of focus. This group is led by our occupational therapist.



Yoga Group

**(Kindergarten – 2nd Grade)
(3rd Grade – 5th Grade)**

Small group yoga for children incorporates movement, breathing, relaxation, and fun! The goal of this group is to help children relax together, learn to work together via partner poses and activities, improve coordination, balance, and strength, increase confidence in group settings, and learn the importance of group work and support. This group is led by a certified yoga instructor and occupational therapist.

Social Thinking

**(2nd , 3rd & 4th Grade)
Thursdays 4:00-5:00**

The goals for this group include enhancing social and relationship development by increasing pragmatic language and conversation skills, social cognition, theory of mind skills and executive functioning skills. This group is led by a Licensed Clinical Social Worker.

Girls Group

**(5th, 6th, & 7th Grade)
Tuesdays 5:00-6:00**

Our Girls Group is geared towards girls who are in need of strengthening their social language and beginning/maintaining friendship skills. The girls will focus on relationship skill building such as reading non-verbal and verbal cues, participating in age-appropriate

activities that are of common interest, and overall development of social cognition skills. This group is facilitated by a Licensed Clinical Social Worker.

Boys Group

**(5th, 6th, & 7th Grade)
Thursdays 5:00-6:00**

Our Boys Group is geared towards boys who are in need of strengthening their social language and beginning/maintaining friendship skills. The boys will focus on relationship skill building such as reading non-verbal and verbal cues, participating in age-appropriate activities that are of common interest, and overall development of social cognition skills. This group is facilitated by a Licensed Clinical Social Worker.

Teen Group

**(High School Students)
Thursdays 6:30-7:45**

Teen Group is for high school students who experience difficulties negotiating the social scene successfully. Some specific areas addressed include increasing social cognition, theory of mind skills and executive functioning skills. Additionally, this group will focus on school related concerns such as issues with bullying, etc. Some groups may be held at venues outside of the office. This group is led by a Licensed Clinical Social Worker.

Group Art Therapy

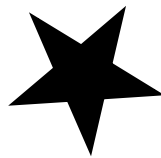
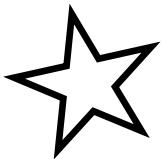
**(5th, 6th, 7th, & 8th Grade)
Tuesdays 6:00-7:00**

This group will provide an opportunity for middle school students to learn to express themselves more fully by providing a safe and supportive environment for self-expression. Goals include learning new skills, developing mastery and self-confidence, Group Art Therapy also supports social growth and working together. This group is led by a Masters prepared art therapist and Licensed Clinical Social Worker.

On The Town

**(5th through 8th Grade)
Mondays 6:00-7:15**

On the Town is a great program for middle school aged boys and girls who have social skill knowledge and have had practice with relationship and social development in structured settings but who would benefit from support in applying these skills to natural community environments more consistently. On The Towners' will meet one time per week for 1-1 ½ hours, depending on the community activity. Parents are asked to drop off and pick up their children at the outing location and will be asked to pay for any tickets or entrance fees required. A schedule of the outings will be given at the first social group. This group is facilitated by a Licensed Clinical Social Worker



Groups are billable to your insurance company

Treatment Services

ABA Treatment

ABA Treatment consists of an ABA Consultant providing developmental ABA based therapy. Most often this involves the consultant treating a child who is receiving other ABA therapy (in-home or clinic). The goal is for the therapist to baseline and probe new programs, update the child's notebook, as well as offer parent coaching.

Speech and Language Therapy

Speech Therapy consists of identifying and treating oral motor and feeding difficulties, language comprehension, and social pragmatic issues, alternative forms of communication (PECS, sign and output devices) as well as building functional communication skills.

Occupational Therapy

Occupational Therapy at KGH consists of identifying and treating sensory processing difficulties, motor planning/sequencing, apraxia, body tone, sensory integration dysfunction and regulation issues.

Counseling & Psychotherapy

Individual mental health treatment services for children, teens and adults is available. Identifying major stressors and creating a supportive plan is an area of focus.

Developmental Therapy

Direct treatment working with the child in a one to one setting addressing developmentally appropriate goals created by the parents and therapist.

Educational Therapy – Academic Tutoring

Direct treatment in our study lounge providing students with academic support in any specific academic subject or remediation support on any areas of weakness.

Relationship & Social Development Treatment

Treatment geared at developing and strengthening relationship and social development as well as social

cognition skills needed to feel and be successful with same-aged peers.

Social Dyad/Peer Play

This type of treatment addresses issues of social awareness, social engagement, as well as playing with another child or multiple children. Areas of focus ranges from turn taking, interactive play, to higher-level social skills such as negotiation, teamwork, and theory of mind.

Yoga Therapy

Individual relaxation yoga is available as a 1:1 session for children and adolescents through a certified yoga instructor. The goal is to ease anxiety, teach relaxation strategies, improve coordination, balance, and strength, connect to feelings, and develop a sense of mastery and achievement.

Art Therapy

Art therapy uses the creative process of art making to improve and enhance physical, mental, and emotional well being. The goal of artistic self-expression is to help children resolve conflicts and problems, improve social skills, reduce stress, and increase self-esteem and self-awareness. Siblings are also welcome!



Problematic Behavior Support

KGH offers experienced, Board Certified Behavior Analysts (BCBA's) to provide therapy, consultation and parent support regarding behavior difficulties for all age ranges. Some examples include problems around eating, sleeping, getting dressed, non-compliance, aggression, talking-back, yelling/arguing, etc. The behavior analyst will utilize evidence-based treatment in order to decrease and eliminate challenging behaviors and replace with positive, pro-social behaviors. The behavior analyst will also provide support and parent coaching to help you gain skills to 'tackle' your child's challenging behaviors.

Family Support Services

Comprehensive Training for Parents & Caregivers with children with ASD

KGH is proud to present a comprehensive and intensive parent training program that educates and empowers parents to be more successful with their child with ASD. This interactive course includes discussions that are specific to your child. Our goal is to provide parents with information, support and confidence in order to decrease some of the main stressors of parenting a child with ASD. Doing so will help the quality of life for the entire family!

Parent Coaching

Parent coaching includes explanation and training that is relevant to their child in order to help support new skills and developments (e.g., communication, play, etc.) as well as address problematic behaviors. Recommended interventions and short-term goals are given as well as support, feedback and active coaching for the parents.

Family Counseling & Psychotherapy

KGH offers family therapy where the focus is to meet with the entire family in order to create a plan to support the individual needs of each family member as well as the family as a whole.

Parent Education & Support Group

Raising a child with special needs does not come with a parenting manual and is often exhausting. The goal of this parent group is to offer education on important topics as well as to provide support and collaboration with other parents.

Yoga for Grown-Ups

If we cannot take care of ourselves, how can we take care of others? Putting aside time for self-care is very important. Yoga is offered to caregivers to ease anxiety, reduce stress, increase confidence and awareness, and learn to breathe through challenging experiences. Sessions will encompass physical poses, breathing techniques, and relaxation. Offered as individual or group sessions.

Respite Services

Respite care is a support services that provides families needed time to rejuvenate themselves. KGH can take care of your child as parents run errands, spend quality time with other children, go out to dinner, or just relax. KGH respite care providers have gone through behavioral training and are knowledgeable in techniques to help support any behavior plan the child may have.

Sibling Session

A sibling session addresses appropriate social engagement, play and communication with the child's sibling. Many times, siblings do not know how to effectively communicate and engage their brother or sister. Furthermore, work helping the sibling better understand their brother or sister is also addressed.

Individualized Material Making

This service provides a 'helping hand' creating individualized materials for your child. Some materials may include picture schedules, communication books, individualized pictures for communication, specific teaching materials, 1st/Then boards, bathroom sequence visuals, etc.

Language and Play Room Design

This service provides assessment and specific recommendations for creating the home environment to support the development of language and play skills. There is an emphasis on organization, communication and developmental need.

Family Yoga

Yoga can benefit families by learning to relax and work together while supporting one another in poses, as well as gaining tools to decrease anxiety in all types of environments. The goal of this treatment is to help families grow together, honor differences, understand difficulties and strengths of each family member, and to improve relationships within the family. Other goals will be created by the family and certified yoga instructor.



Parent Trainings

KGH offers a variety of parent training programs that are specifically designed to tackle challenging behaviors. Please visit our Events & Calendar page on our website

to see when the next series workshop is available. Private workshops or parent trainings for families are also available.

Consultation Services

Treatment Overview Consultation

The owner of KGH will evaluate your child's current treatment program, including all disciplines (e.g., school, private therapies, etc.), spend some time with your child as well as the parents and then provide recommendations in order to maximize the benefit of your child's treatment program.

ABA Program Supervision

An in-home program consultation provides update training to the in-home therapists, program changes and advances, new program instruction/recommendations and consultation on any specific behaviors.

School Consultation/IEP Support

KGH Consultation & Treatment, Inc. can observe a child in their current classroom or observe a potential classroom for appropriateness. A report documenting observations, inclusion recommendations and effective classroom strategies are given. KGH Consultation & Treatment, Inc. can also attend IEP Meetings to help create appropriate IEP goals and professional recommendations for appropriate placement.



Behavior Management (a.k.a. "Super Nanny" Support)

KGH offers experienced, Board Certified Behavior Analysts (BCBA's) to provide therapy, consultation and parent support regarding behavior difficulties for all age ranges. Some examples include problems around eating, sleeping, getting dressed, non-compliance, aggression, talking-back, yelling/arguing, etc. The behavior analyst will utilize evidence-based treatment in order to decrease and eliminate challenging behaviors and replace with positive, pro-social behaviors. The behavior analyst will also provide support and parent coaching to help you gain skills to 'tackle' your child's challenging behaviors.

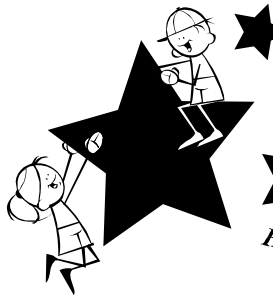
Consultation & Trainings for School Districts

KGH can provide formal training and/or consultation services to school districts in the theory and implementation of evidence-based treatment approaches and ABA as well as specific applications for kids with ASD in the classroom setting.



***Family-centered organization providing comprehensive services
to children 0-18 with special needs.***





KGH

Consultation & Treatment, Inc.

*Helping Kids Reach Their Potential,
Educating Families Along The Way.*

SUMMER SCHEDULE REQUEST FORM

Summer 2011 Schedule Dates: Monday, June 13th through Saturday, August 27th

Child's Name: _____ Parent Cell Phone Number: _____

Last Day of School before Summer: _____

First Day of School 2011/2012 Year: _____

Specialized Summer Programs

Comprehensive Intensive Program

- ____ 10 hours per week
- ____ 15 hours per week
- ____ 20 hours per week
- ____ 25 hours per week
- ____ 30 hours per week

____ Camp Shadowing

____ Sibs are Special!

____ Handwriting Help

____ Kindergarten Readiness

____ 1st Grade Readiness

____ 2nd Grade Readiness

____ Developmental Reading

____ Real Life Math

____ Executive Functioning Skills

____ All About Me

____ Girl's Group

____ Boy's Group

____ Teen Group

____ Group Art Therapy

____ On the Town

Treatment Services

____ ABA Therapy

____ Speech and Language Therapy

____ Occupational Therapy

____ Individual Counseling & Psychotherapy

____ Developmental Therapy

____ Educational Therapy-Academic Tutoring

____ Relationship & Social Development Treatment

____ Social Dyad/Peer Play

____ Yoga Therapy

____ Art Therapy

____ Problematic Behavior Support (TCB Series)

Social & Group Services

____ Classroom Prep

____ Lunch Bunch

____ Little Chefs

____ The Engine Group-Self-Regulation

____ Volcano Group

____ Lego Club

____ Life Skills & Leisure Group

____ Play Pals

____ Let's Play

____ Totally Awesome Social Kids (TASK)

____ Recess Rules!

____ Yoga Group

____ Social Thinking

Family Support Services

____ Comprehensive Training for Parents

____ Parent Coaching

____ Family Counseling & Psychotherapy

____ Parent Education/Support Group

____ Yoga for Grown-ups

____ Respite Services

____ Sibling Session

____ Individualized Material Making

____ Language and Play Room Design

____ Family Yoga

Consultation Services

____ Treatment Overview Consultation
____ ABA Program Supervision

____ School Consultation/IEP Support
____ Behavior Management (Super Nanny)

Total number of individual sessions per week: _____

Total number of hours per week: _____

Please list other therapies and/or activities (days and times as well) your child will be participating in:

What goals do you have for your child for the summer?

Please complete and return by: Friday, April 22nd

Fax: 847.498.5438

Thank you so much!

Child's Name: _____



= available times

= preferred times

Please indicate other known standing appointments
such as school and other therapies

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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