

## Ohio Department of Mental Health (ODMH) Accomplishments

Since 2007, ODMH has achieved more than \$30 million in operational cost savings in its state psychiatric hospitals and central office, while maintaining mission critical services. Ohio's public mental health system provides care to more than 300,000 people each year, one-third of those are children, and one-third are disabled by severe and persistent mental illness. On a daily basis, approximately 1,000 individuals are receiving comprehensive in-patient treatment at our seven regional psychiatric hospitals. About 60 percent of those treated are under the jurisdiction of the civil or criminal courts. The hospital system also provides prevention, education and outreach programs in a community-supported environment.

### ***Annual Milestones***

2007: The mental health system served 103,744 children/youth and 207,300 adults in the community and provided inpatient care in state-run psychiatric hospitals to 7,419 people.

2008: The mental health system served 107,210 children/youth and 215,472 adults in the community and provided inpatient care in state-run psychiatric hospitals to 7,189 people

2009: The mental health system served 112,829 children/youth and 229,646 adults in the community and provided inpatient care in state-run psychiatric hospitals to 6,770 people

2010: The mental health system served 139,494 children/youth and 225,378 adults in the community and provided inpatient care in state-run psychiatric hospitals to 6,745 people

### ***Community Impact***

- ODMH realigned its hospital service areas that provide access to acute inpatient mental health care for the county ADAMH Boards and the public. Although two facilities were closed, capacity at OMDH state psychiatric hospitals has been maintained so that both civil and forensic patients can access treatment. The savings totaled approximately \$21 million. ODMH also worked with communities to transition our closed sites in a way that most benefits the region. For example, the Cambridge property is now owned by a private behavioral health provider, which has brought MH services and jobs to the area, and land at the Dayton campus has benefited a local school system. <http://mentalhealth.ohio.gov/what-we-do/provide/hospital-services/regional-psychiatric-hospitals/index.shtml>
- Capital grant allocations for community projects totaled \$5.6 million for FY 07-08 and commitments for FY 09-10 are approximately \$7 million. These brick-and-mortar projects are used to develop housing and improve community environments for crisis stabilization, residential treatment, programming and peer support services. <http://mentalhealth.ohio.gov/what-we-do/plan-and-implement/capital-planning-and-management/index.shtml>

- ODMH funds seven Coordinating Centers of Excellence (comprised of a mix of universities, advocates and providers) that assist mental health practitioners in implementing best practices to address consumer needs. CCOE's address jail diversion, supported employment, substance abuse, educational success, rehabilitation services and developmental disabilities.  
<http://mentalhealth.ohio.gov/what-we-do/promote/coordinating-centers-of-excellence.shtml>
- Since May 2000, Crisis Intervention Team training has been completed by approximately 4,000 law enforcement personnel in 73 counties. They learn practical techniques for de-escalating crises and diverting people living with mental illness into treatment. This training is presented through the Criminal Justice CCOE <http://cjccoe.neoucom.edu/>
- Utilizing federal grant funding, ODMH spearheaded creation of a statewide consumer-run advocacy organization that could be a strong united voice for adults with mental illness. The Ohio Empowerment Coalition is now established and seeking continued federal funding.
- Cemetery Reclamation Projects in Athens, Columbus, Toledo and Cincinnati have tapped volunteers from ODMH, NAMI-Ohio, community organizations, and families to improve state hospital cemetery conditions. ODMH researched and catalogued burial records of people who died in state hospitals when cemeteries were part of those facilities, and provided this information to the Ohio Historical Society and State Library. ODMH also developed guidelines regarding alterations to these cemeteries to assure historic preservation.  
<http://mentalhealth.ohio.gov/who-we-are/system-history/cemetery-reclamation.shtml>
- Our Division of the Medical Director developed the first 24/7 pediatric psychiatry consultation network in the nation. The Pediatric Psychiatry Network is a public/private partnership with Ohio children's hospitals, child psychiatry residencies and ODMH. It provides a single, statewide toll-free number and website application to primary care providers seeking quick consultation (within 30 minutes) from child and adolescent psychiatrists to help their local patients.  
<http://www.pedpsychiatry.org/>
- The Office Research and Evaluation is taking a multi-dimensional look at how the economic crisis affects the delivery of mental health services from the perspectives of providers, consumers, and agencies. Several reports are now available related to this economic impact study: <http://mentalhealth.ohio.gov/what-we-do/promote/research-and-evaluation/economic-impact-study/index.shtml>

### ***Workforce Development***

- ODMH promotes awareness of and enrollment in Medicaid Buy-In for Workers with Disabilities (MBIWD), a program that allows people with disabilities to work without loss of Medicaid benefits.

- From FY 07 through FY 10, ODMH supported employment (SE) programs at 23 sites have assisted more than 2,000 people with severe mental illness to achieve competitive employment. Nine new sites that help people with severe mental illnesses find and retain jobs were added during FY 10.
- ODMH supports 16 residency and training programs through Ohio's private and public universities and colleges to increase the number of psychiatrists and nursing professionals who serve adults and children with severe mental illness and remain in Ohio. The ODMH Residency and Training program established by ORC (Section 5119.11) especially supports recruitment of professionals to serve in rural and underserved areas.
- From FY 07 through FY 11, ODMH increased number of mental health HPSA (Health Professional Shortage Area) designated areas by 25% to address shortage of mental health professionals in Ohio. This federally funded program provides financial support for the education and training of mental health professionals including loan forgiveness in exchange for work in underserved areas which helps retain professionals in Ohio.
- ODMH worked successfully with the State Medical Board of Ohio to revise telemedicine rules, effective Nov. 30, 2010, allowing for psychiatrists to assess, treat and prescribe via real-time video-conferencing telemedicine, without prior face-to-face exam, increasing access to psychiatry services for youth and adults in underserved areas of Ohio.

### ***Helping Ohioans in Need***

- Since 2007, the lives of thousands of Ohio parents and their young children have been enhanced through the Incredible Years (IY) evidenced-based practice for supporting early childhood social emotional development. IY involves parent training, teacher training and child social skills training that is proven to reduce children's aggression and behavior problems, and increase their social competence at home and at school.
- With 15 counties funded with thru an RFP for the Intensive Home-Based Treatment (IHBT) evidence-based practice, 394 youth with severe emotional disturbances who were at risk of out-of-home placement were served. Eighty-six percent remained in their family homes at the time of discharge from the IHBT services. (IHBT Report)
- Healthy Ideas, a mental health depression screening and prevention program for older Ohioans, was implemented in all 12 Area Agencies on Aging.
- Our Division of the Medical Director oversaw creation of service teams across Ohio for individuals with intellectual disabilities and mental illness. In partnership with the Department of Developmental Disabilities and the Ohio Developmental Disabilities Council, we providing training, local team building and diagnostic consultation.

- ODMH is utilizing Pre-Admission Screening and Resident Review (PASRR) to help people diagnosed with serious mental illness to have the choice to receive needed supports and services in the setting, which is most appropriate for their needs. In addition, we developed a mechanism to track the utilization of the hospital exemption that serves to reduce inappropriate nursing home admission by people with mental illness. This was accomplished by the implementation of a paperless system and the joint development of a smart form, which resulted in reduced times to complete comprehensive mental health assessments, with improved quality.

### ***Finding Efficiencies and Cost Savings***

- During FY 2008, ODMH consolidated two hospitals (Cambridge & Dayton) and reallocated all beds to other sites, reducing nine campuses to seven without losing any valuable psychiatric beds. During FY 2009, ODMH hospitals further reduced costs, decreasing nursing services overhead by 50 percent and utilizing state term contracts for both transcription services and laboratory services for all seven sites. The savings to our public system is estimated at \$1 million annually.
- Staffing reductions at ODMH's Central Office in the Rhodes Tower have resulted in a near-30% decrease in positions since January 2007. Overall, the decrease in FTEs at Central Office, Warehouse and Pharmacy Services, and Regional Psychiatric Hospitals has been just over 22 percent, resulting in 668 fewer employees and salary/ benefit savings of approximately \$7 million.
- Clinical documentation standards have been revised to support implementation of electronic health record technology and reduce paperwork burden.
- All seven Regional Psychiatric Hospitals managed by the Ohio Department of Mental Health were surveyed in both the fall of 2007 and 2010 by the Joint Commission on Accreditation of Healthcare Organizations (TJC). TJC accreditation is a measure of success for hospital management and an assurance of quality to the citizens of Ohio who utilize these services. It automatically provides a "Deemed status" for CMS (Medicare certification) allowing the continued federal financial reimbursement of inpatient services provided by ODMH outpatient services for Medicaid reimbursement.
- Ohio is the only state to fully implement processes for standardization of practices across all state-operated hospitals, and to move several of the initiatives into community settings to improve the health and well-being of individuals with severe mental illness, addressing additional health problems.
- ODMH has discontinued its stand-alone system for state reporting of outcomes measures that exceeded minimum requirements and perpetuated administrative burden and costs for providers, boards, and ODMH itself. Required measures will continued to be collected in a more cost-efficient manner.

- Behavioral health care providers are now subject to statewide utilization review under the ODJFS Surveillance and Utilization Review process. This function replaces the Medicaid compliance and medical necessity documentation reviews. In addition, functions such as audit tracking, due process mechanisms and repayment processes have also been standardized using the ODJFS framework applicable to other Medicaid provider types.
- ODMH was awarded \$652,932 through the ARRA State Energy Program to install a rooftop solar photovoltaic system at our psychiatric hospital in Cincinnati. With ODMH matching funds of \$703,417.50, the project cost is \$1,356,349.50.

### ***Transformation***

In 2006, Ohio was awarded a Mental Health Transformation State Incentive Grant to achieve the goals of then-President George Bush's Mental Health New Freedom Commission. This five-year, \$12 million grant is in its final six months of completing projects and grant reporting requirements. TSIG supported 35 major projects with accomplishments in four general areas:

- Shore up mental health system viability
- Improve quality of services and supports
- Advance effective advocacy and empowerment (for consumers, youth and families)
- Decrease poverty and increase self-reliance

More details can be found at this link to our website which includes the Geared Up For Action Report, a preliminary summary of the five-year grant:

<http://mentalhealth.ohio.gov/what-we-do/plan-and-implement/system-transformation/transformation-state-incentive-grant/>