

— *Slow Food Tampa Bay* presents —

# “Food From the Ancestors part 1: Ancient Gardeners, Sacred Landscapes, & Ritual”



**Slide Show/Discussion  
with Willow LaMonte**

**Monday, January 9, 2012  
6 pm potluck, 7 pm program**

Through slides and a food altar,  
Willow traces the history of early  
agricultural communities. This

sensual exploration of our ancient gardening ancestors  
interweaves the land/forest, nature divinities, plump Goddesses,  
sacred symbols, and celebrations of abundance.



**Paul Bailey of Savory Spice will have his herbs  
and spices to sample and smell (Aroma contest!)**

## Studio 620

620 1st Ave. S.  
St. Petersburg, FL 33701  
**(727) 895-6620**

***Slow Food is an  
international movement  
about good, clean,  
fair food.***

[www.slowfoodtampabay.org](http://www.slowfoodtampabay.org)

**~ \$5 Donation ~**

Folk Herbalist **Willow LaMonte** is a 40-year organic gardener, proprietor of Willow Herbal Delight Gardens in Valrico, and independent scholar of prehistoric cultures. Her maternal ancestors farmed in Indiana and the British Isles. For ten years Willow lived on the Mediterranean island of Malta where she experienced local slow food as well as in her paternal ancestral home of Sicily.