

Thrive! Weight Loss presents...

THRIVE ISLAND...

WILL YOU SURVIVE?

Are you ready for a kick in the pants weight loss challenge? Are you ready to find your inner “Jack” and fight for your life? Do you think you have what it takes to survive the Island?

You can do anything for 14 days, can't you?

What is “the island?”

You will be “transported” to Jack Jessup’s Thrive Island as a Castaway! The poisonous foods that you’ve been eating are not on Jack’s Island. You’ll receive a strict menu and instructions to follow for 14 days focusing on what you can have and NOT on what you cannot have in order to survive this Island experience. 14 Days should be easy, but beware there are head hunters and cannibals that will seek to take your head and heart out of this game! Food rations are limited, but will increase as the Island experience unfolds. You can do anything for 14 days! Prove it to yourself...and to Jack!

Who should participate in Thrive Island?

Thrive Island boot camp is for those people who need a kick in the rear. You want to get focused on your goal. You have drawn your line in the sand and you are sick and tired of being sick and tired. You aren’t gonna take any of the Diet Devil’s crap anymore! The Thrive Island candidate is so mad you are ready to kick your own butt into shape! HA! You are ready to adopt the tough mindset required to lose weight and keep it off! You are also tired of being a “sugar britches” and you’re ready for Thrive Island’s resident drill sergeant Jack Jessup to lead and guide you to success!

More seriously... if you are looking to obtain momentum, feel like you need direction and expect to lose up to 12 pounds in 14 days Thrive Island is for you. You will come off the Island with momentum, self-confidence, and ready to start your new Thrive lifestyle!

What do I need to begin?

In addition to following the necessary Thrive Island regimen, we recommend that you purchase the Maintenance and Colon Cleanse cleanse products from our online store. A cleanse is not required to lose up to 12 pounds in 14 days, but those that take these cleanse products with the menus provided not only lose more weight than those that don’t follow the regimen, they reset adrenal glands, cleanse the colon and generally have an overall better response to the program. You will be eating from strict menus. These strict menus are filled with products you’ll find at your local Care Center our Online Store and also in your local grocery stores. We go to great lengths to make sure everyone can do the program regardless of where they are shopping. You are already spending money on groceries, so there is no increase in grocery expenditures. Simply put, you’ll just be buying healthier foods. Again, these are everyday foods easily acquired.

In addition to the strict menus, you will be required to do a minimum amount of exercise on your own, at your own pace. Anyone can do these exercises. If you are under a doctor’s care, the exercises are not required in order to graduate Thrive Island.

Return to the Mainland with your fellow Castaways at the end of your Journey to celebrate your success!