

CURRICULUM VITAE

Denise (Denny) Cecil-Van Den Heuvel, Ph.D., LMHC, LMFT, LPC, NCC

2247 Gabriel Lane

West Palm Beach, FL 33406

Cell Phone: (561) 670-8187

email: dennycecil@bellsouth.net

Educational Background

North Carolina State University
Counseling Education (CACREP)
Minor in Psychology

Ph.D.

August 1997

University of North Carolina at Greensboro

Counselor Education (CACREP)

M.E.

May 1991

Economics &
Business Administration

B.S.

August 1980

Academic Experience

South University – Royal Palm Beach, Florida, Chair of the Mental Health Counsel Master Program, as of August 1, 2012. Chair responsibilities include: coordinating a number of projects such as the CACREP studies across South University Campuses in addition to providing support with hiring, reviewing student issues, and programmatic issues. Also the Program Director of the Mental Health Counseling Program in Royal Palm Beach. March 2005 to Present: Started the Masters Program in Professional Counseling beginning with three students in 2005. Since that time graduated 18 students and currently have 30 active students in the program. Developed the Mental Health Track in 2007 and moved that track into a Clinical Mental Health Track to begin Spring 2010. Attended CACREP workshops for the last three years to gear our program towards being accredited once track is in place and graduating students. Responsibilities include: hiring faculty, scheduling classes, interviewing students for admissions process, coordinating registration, providing clinical supervision of interns, finding internship sites, teaching a full curriculum (3 classes per term) and overall coordination of the masters students.

University of North Carolina at Greensboro, North Carolina, Adjunct Instructor for SAS100, Provide instruction for students on academic probation in the following areas: study skills, test anxiety, time management, stress management, and career choices, January 1999 to April 2000.

North Carolina State University Counselor Education Dept – Raleigh, North Carolina

Teacher Assistant and Supervision for five master students conducting individual and group counseling. Provided basic counseling skills and group techniques, August 1996 to August 1997.

Other Academic/Administrative Related Services:

University of North Carolina at Wilmington:

Counselor in the Student Services Center, January 1993-May 1993.

Brookstone College

Financial Aid Director, 1987-1988

Randolph Community College

Financial Aid Director, 1983-1987

Rutledge College

Financial Aid Director, 1980-1983

Membership and Activities in the Profession

Professional Licensure and Certification:

- Licensed Marriage and Family Therapist, Florida #MT2616 11/2011 to 03/13
- Licensed Mental Health Counselor, Florida #MH6235, Qualified Supervisor, 2001 to 03/13
- Licensed Professional Counselor, North Carolina #913, 1994 to Present
- National Counselor Certification, current.
- Reality Therapy Certification, #26971, 1994 to Present
- Restraint Training: PIC Training Certified, 1992
- Therapeutic Crisis Intervention 1995
- Crisis Prevention Institute 1999, Trainer 2006

Memberships:

American Mental Health Counselors Association, 1996 to Present

American Counseling Association, 1995 to 1996, 2005 to Present

Mental Health Counseling Association of Palm Beach County (MHCAPBC), 2000 to Present:
(President, 2008 to 2010)

Florida Mental Health Counselors Association, 2006 to Present (President 2011-2012) (Past President 2012-2013)

Licensed Professional Counselor Association of North Carolina (LPCANC), 1996 to 2001 and
2009 to Present (Co-Founder and President 1997)

Committees:

The Mental Health Counselors of Palm Beach County

- President 2008-2010
- Vice President, 2006 to 2008

Florida Mental Health Counseling Association

- President, 2011-2012/Conference Chair
- President-Elect for 2010/Conference Chair
- Member-at-Large, 2009 to Present
- Co-Chair of Legislative Committee 2009

Licensed Professional Counselor Association of North Carolina

- Co-Founder, 1996
- Vice-President 1996-1998
- President 1998-2000
- Past President Committee 2009 to Present

American Counseling Association of North Carolina

- Legislative Committee Co-Chair

North Carolina Association of Financial Aid Directors

- Conference Committee
- Board Member

Activities in the Community

Suicidal Awareness Run – Fall 2011

American Red Cross, Greensboro, North Carolina, Disaster Mental Health Specialist for Natural Disasters

- Worked with Hurricane Floyd Survivors in North Carolina
- Worked with Fire Survivors in San Bernardino Valley, CA

Mediation Program for Youth Court Order Program

- Ran free groups on moral development and social skills training for five years 1991-1996

Academic Awards and Professional Honors

Awarded the National Leadership and State Chapter President Award from the American Mental Health Counseling Association, July 2012

Certified Member of Chi Sigma Iota at the University of North Carolina at Greensboro, 1995

Awarded Woman of the Year in Greensboro, North Carolina, 1990

Professional Employment Background

Dr. Denny Cecil-Van Den Heuvel, LLC	Private Practice/Therapist	10/01/05 to Present
Growing Together, Inc.	Clinical Director	12/01/05 to 02/07/07
AVIVA Family and Children Services	Wraparound Coordinator	02/02/04 to 02/25/05
Randolph Mental Health	Adolescent Therapist	10/01/02 to 06/25/03
Camelot Community Care	Behavioral Health Assessor	08/25/01 to 07/01/02
Growing Together, Inc.	Primary Counselor	12/1/2000 to 04/14/02
Alternative Family Care	Group Home Therapist	08/2000 to 11/2000
Private Practice	Owner/Therapist	01/99 to 04/2000
Youth Focus	Director of Day Treatment & Group Home Program	08/95 to 12/98
One Step Further	Group Leader	01/94 to 08/95
Southeastern Center for MH/DD/SAS	Social Worker II	05/92 to 01/93

Research

Miscellaneous Publications:

Cecil, D. J. (1997). *A study of Psychoeducational Programs for Troubled Youth*. Unpublished doctoral dissertation, North Carolina State University, Raleigh, North Carolina.

Lectures, Speeches or Posters Presented at Professional Conferences/Meetings:

Cecil, Denny (1996, Fall) Stop, Drop, & Talk: How to Talk to Your Teenager. Guilford County Schools, Greensboro, North Carolina.

Cecil, Denny (1996, December). Depression in Adolescents and Children. Greensboro's Mental Health Association, Greensboro, North Carolina.

Cecil, Denny (1997, March) Making a Change: First Steps to a Better Me. Women's Education Center at Women's Hospital. Greensboro, North Carolina.

Cecil, Denny (1998, Spring). How to Conduct Group Work. License Professional Counselor's Association of North Carolina, Greensboro, North Carolina.

Cecil, Denny (1999, March) Dealing with Anger and Forgiveness. Women's Education Center at Women's Hospital, Greensboro, North Carolina.

Cecil, Denny (1999, June) Toxic Emotions. Women's Education Center at Women's Hospital, Greensboro, North Carolina

Cecil, Denny (2000, July) Anger Management for Youth. Growing Together Adolescent Rehabilitation Program, Lake Worth, Florida.

Cecil, Denny (2001, November) Using Resistance in Counseling Adolescents. Licensed Professional Counseling Association of North Carolina, Raleigh, North Carolina

Cecil, Denny (2002, August) Using Resistance in Counseling Adolescents. American Mental Health Counselors Association Conference, Atlanta, Georgia

Cecil-Van Den Heuvel, Denny (2005, September) Wraparound Program Concepts. Mental Health Counselors Association of Palm Beach County, West Palm Beach, Florida

Cecil-Van Den Heuvel, Denny (2006, August) Adolescents & Substance Abuse. Hanley Center, West Palm Beach, Florida

Cecil-Van Den Heuvel, Denny (2006, September) Adolescents & Substance Abuse. Mental Health Counselors Association of Palm Beach County, West Palm Beach, Florida

Cecil-Van Den Heuvel, Denny (2006, August). In the Midst of It All: Hurricane Workshop in Coalition with the Bereavement Center. Chamber of Commerce of Palm Beach, West Palm Beach, Florida

Cecil-Van Den Heuvel, D. & Silvernail, D. (2006, September) Domestic Violence Affect on Children. The Department of Children and Family Services, West Palm Beach, Florida.

Cecil-Van Den Heuvel, D. & McKeal, Peggy (2007, March) Making Your Office Paper Free and Insurance Free. Mental Health Counselors Association of Palm Beach County, West Palm Beach, Florida

Cecil-Van Den Heuvel (2009, September) Terrorism and Tragedies, Mental Health Counselors Association of Palm Beach County, West Palm Beach, Florida

Cecil-Van Den Heuvel (2010, July) Adolescents and Self-Harm, Advanced Mental Health Training Institute, West Palm Beach, Florida

Cecil-Van Den Heuvel (2011, March) Ethical and Legal Issues, Mental Health Counselors Association of Palm Beach County, West Palm Beach, Florida.

Traveled with People to People throughout South Africa in 1996 and Exchanged Ideas with Other Counseling Professionals Treating Adolescents.

Recent Publications

Cecil-Van Den Heuvel, D. (article) Understanding How Legislation Effects Our Profession. An article describing the need for Licensed Mental Health Counselors to be abreast of new legislation and its affect on their ability to practice. Florida Mental Health Counseling Newsletter, Volume 1., Issue 4 Winter 2009/2010 page 1.

Cecil-Van Den Heuvel, D. (article) Book Review – The Neuroscience of Psychotherapy: Building and Rebuilding The Human Brain by Dr. Louis Cozolino. Florida Mental Health Counseling Newsletter, Volume 1., Issue 4 Winter 2009/2010 page 2.

Works in Progress

Cecil-Van Den Heuvel, D. (manuscript). Good Mourning. A manuscript with chapters on mourning a variety of losses from loss of spouse, loss of child, loss of sibling, loss of parents, and loss of twin. These chapters are compiled from those willing to share their life experiences and losses.

Cecil-Van Den Heuvel, D. (manuscript). Tattooed Grief. A construction of stories from Tattoo Artists hearing stories aligned with the tattoos requested by their clients grieving and clinical reviews of group participants willing to share their decision to get tattoos due to grief.

PROFESSIONAL MAINTENANCE WORKSHOPS	Seminars attended to Maintain Licensure & National Certification	Contact Hours
	Course Title	
	Brief Therapy Demystified	5
	Working with Clients in Crisis	5
	Survivors of Childhood Trauma	3
	Intervention Strategies for Sexual Abuse	15
	Fundamental Skills: Disease of Alcoholism	32
	American Counseling Association Sessions	7
	NC School for Alcohol and Drug Studies	30
	VOICES - Bridging the Gap/Survivor Communities	16
	Case Management	1
	Advances in Treating Survivors of Sexual Abuse	18
	Crisis Interventions	4
	DSM-IV Update and Overview	3
	Legal Issues in Counseling	4
	Cognitive Behavior Therapy w/Aggressive Children	5
	Directive Therapy with Adolescents by Jay Haley	5.5
	Feeling Good Workshop with David Burns	5.75
	Group Counseling Skills	6
	Short Term Therapy for Children & Adolescents	7.2
	DSM-IV Clinical Interview and Differential Diagnosis	5
	Critical Incidence Stress Debriefing	5
	Using a Model From Oppositional Defiant Disorder Tx w/ Adolescents with Substance Abuse Problems	3
	Mastering Mood Disorders	5.5
	Clinical Supervision II: Beyond the Basics	6
	Strategic Treatment of Panic Disorder/OCD	6
	Brief Therapy for Relapse Prevention	6
	Strengthening Families through Improved Child & Adolescent	5.5
	Treating the Unmanageable Adolescent	12
	Level One Foundation Sandtray-Worldplay	6
	Structural Family Therapy	2
	Bowenian Family Therapy	2
	Intergenerational Family Process	2
	Responding to a Culture of Violence: Mental Health Treatment and Community Collaboration	5
	Therapist's Guide to Creating Successful Step Relations	5
	Disaster Mental Health I Training	12
	Leadership Conference of American Mental Health Counsel	8
	Basic and Advanced Training in Critical Incident Stress Management and Post Trauma Syndromes	28
	Domestic Violence & Aids/HIV	8
	Rules and Regulations for Mental Health Counselors in Florida	8
	Understanding How Medications Fit in Tx of Children	5
	Treating Anxiety, Depression, and Anger Effectively: Therapeutic Methods That Work, Albert Ellis Ph. D.	5.25
	Rave Clubs Deadly Drugs	6

Seminars attended to Maintain Licensure & National Certification

Course Title	Contact Hours
Understanding and Reducing Cravings	6
Parental Empowerment: Helping Parents w/Challenging Children	6
You are a Healer..What Every Healer Needs to Know	8
The Healing Power of Positive Energy w/Judith Orloff	9
Wraparound Programs in California includes: Strengths and Team Approach to Working with Families	30
Post Traumatic Stress Disorder in child & Adolescents	6
Treatments That Work with Children	8
Domestic Violence in the Lives of Children	8
Children and Grief	6
Aids & Related Subjects	15
Adoptees, Birth Parents and Adoptive Parents	1
Domestic Violence-The Dynamics & Dimensions	1
Understanding the Legislative Process in Mental Health	1
Are There Better Ways of Treating Domestic Violence	1
Annual Healthy Women	6
Life after Loss	3
Eating disorders 101	1
Dealing with Changes in the Menopausal Person	1
Baker Act Training	4
Solution-Focused Brief Therapy	1
Disaster Mental Health Intervention	6
Adolescence and Substance Abuse	1
Intervention	1
Painless Marketing	1
Music Therapy for Mind-Body Health	1
EMDR Part 1	17
Ethics and Boundary Violations	3
Lifelong Journey of Adoption	3
Talking with Teens About Sexuality	1
Understanding and Responding to Complicated Mourning	3
How to go on Living after Someone You Love Dies	3
Medical Error Prevention for Mental Health Professionals	2
Making Your Office Paper-Free and Insurance-Free	1
Counselor's Guide to Dream Interpretation	1
Effective Strategies in Working with Depressed Clients	1
Spa for the Soul	3
Cybercounseling	1
Counseling Children Who Have Witnessed or Been Victims Of Violence	1
Compassion Fatigue Workshop	4
Inside the Alcoholic Family System	1
Disaster Mental Health Intervention	6
Dialectical Behavior Therapy	8
A Mother's Roots	3
Coaching Your Clients Through Divorce	1
The Power of Relationship	26
Legal Issues in Mental Health	1
Aspiration Ethics, Laws, Rules and Boundaries	3
Creating Sustainable Caregiving Relationships	1
Private Practice Issues Panel	1
On-Line Medical Error Prevention	2
Clinical Supervisor Training Workshop	16
Ethics Accountability for BIP/DV	4

Seminars attended to Maintain Licensure & National Certification	
Course Title	Contact Hours
Emotionally Focused Couples Therapy	1
Attachment Disorders Throughout the Lifespan	1
Basics of Art Therapy	1
Issues of Self-Mutilation	1
Child Sexual Abuse and Sexually Reactive Behavior	2
Terrorism and Trauma	1
Professionals in Residence: Addiction	17
Victims of Violence	1
Power of the Social Brain	12
Child Sexual Abuse and Sexually Reactive Behaviors	2
Suicide Awareness and Prevention	2
Seminars attended to Maintain Licensure & National Certification	
Adolescent Substance Abuse & Tx	1.5
Hope for Schizophrenia	1
Testifying in Court	1
Coding and Billing for Mental Health Services	6
Lesson Learned: Post Adoption Issues	1
Intervention: How to Change Someone You Love	1.25
Identifying & Treatment of Personality Disorders	1
Why Identifying Client Factors can Help Us Become Better Therapists	1
Motivational Interviewing: Helping Clients Tip the Scale	6
Terrorism and Trauma	1
Documentation Improvement	1
Reflective Supervision	1
Lessons Learned Post Adoptive Issues	1
Intervention: How to Change Someone You Love	1
Identifying and Treatment of Personality Disorders	1
Resource Forum	2
Working With Difficult Adolescents	1.5
Preventing Medical Errors in Your Mental Health Practice	2
Psychopharmacology	1
Domestic Violence	2
Ethics and Boundaries	3
Creative Therapy	4
Professional Development for Academia	7.5
Criminal Thinking	2
Counseling Families with Chronic Mental Health Problems	2
Stress Management for our Clients and Ourselves	2
The Future of the Clinical Mental Health Counselor	1
Treatment of PTSD and Comorbid Disorders	6
Current State of LMHC's Scope of Practice	1
DSM 5 Update	3
Overview of Integrative Treatments	2
Combat-Induced PTSD: History, Symptoms and Current Findings	1
Applied Ethics	5
Ethical and Best Practice Issues in Clinical Supervision	5
Posttraumatic Stress Disorder Resulting from Abuse	1
Therapeutic Techniques for Intervention & Prevention for Oppositional Defiant Disorder, Conduct Disorder, Alexithymia,	1
Early Development Disorders Resulting from Abuse-PTSD	1
Early Neurodevelopment Disorders Resulting from Abuse	1
Early Development Disorders-Attachment Disorders from Abuse	1
Early Development Disorders –Attachment Strategies	1
AMHCA Conference (2012): variety of topics	14