

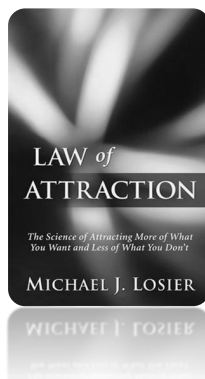


# Michael Losier's *Live a Fulfilling Life* Audio Series

This package includes worksheets  
for the following Audio Series:  
(1) Law of Attraction  
(2) Law of Connection  
(3) Fulfillment Needs

## Law of Attraction

The Science of Attracting More of What You Want  
and Less of What You Don't



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Based on Michael's books: ***Law of Attraction,***  
***Law of Connection & Fulfillment Needs***

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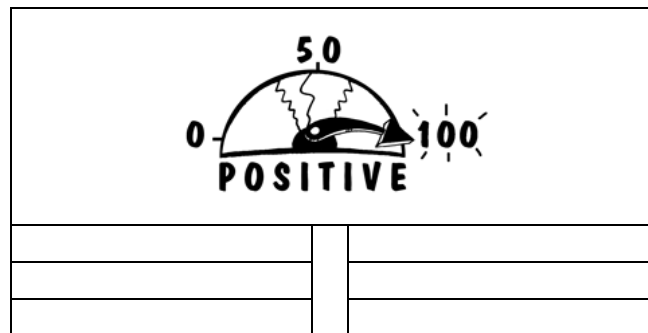
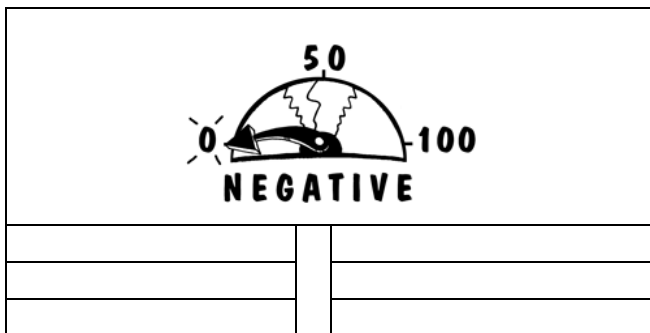


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**I attract to my life and business,  
whatever I give my attention, energy and focus to,  
whether negative or positive.**

How does Law of Attraction work?

\_\_\_\_\_ = \_\_\_\_\_  
 \_\_\_\_\_ = \_\_\_\_\_

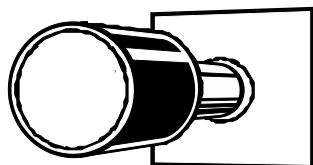


Job Description for Law of Attraction ... \_\_\_\_\_

At every moment ... \_\_\_\_\_

**Words / Results Relationship**

1	2	3	4



# 3 Words to Eliminate From Your Vocabulary

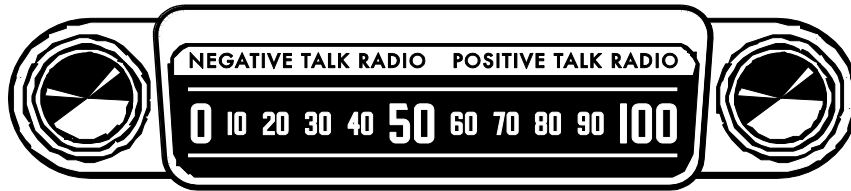
So, \_\_\_\_\_

When the words change ... \_\_\_\_\_

I can only... \_\_\_\_\_

## Relationships

### Relationships and Your Vibrational Meter



The distance between... \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

How can I mind my own vibration? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# 3 Step Formula for Deliberate Attraction

Step 1:

Tool: \_\_\_\_\_

Step 2:

Tool: \_\_\_\_\_

Step 3:

Tool: \_\_\_\_\_

The speed at which \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Contrast \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



# Step 1: Identify My Desire Clarity Through Contrast Worksheet

My Ideal \_\_\_\_\_

Contrast ( <i>what I don't like</i> )	Clarity ( <i>what I do like</i> )
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.

*When you go from 'what you **don't** want', to 'what you **do** want' ... the words change, and when the words change, the vibration changes ... and you can only hold **ONE** vibration at a time.*

Download copies of the **Clarity Through Contrast** worksheets:

<http://www.lawofattractionbook.com/worksheets.html>



# Step 1: Identify My Desire

## Clarity Through Contrast Worksheet

My Ideal \_\_\_\_\_

Contrast ( <i>what I don't like</i> )	Clarity ( <i>what I do like</i> )
1.	1.
2.	2.
3.	3.
4.	4.
5.	5.
6.	6.
7.	7.
8.	8.
9.	9.
10.	10.



## Step 2: Give My Desire Attention

### My Vibrational Bubble

<i>Includes</i>	<i>Excludes</i>

**What am I ...** \_\_\_\_\_

**When I say ...** \_\_\_\_\_



# Why Your Affirmations ... *May Not* Be Working

Law of Attraction responds \_\_\_\_\_

The words need to be \_\_\_\_\_

*The key to making your affirmation  
work ...  
is to make it true for you.*



The correction... \_\_\_\_\_

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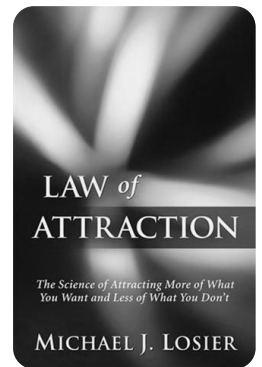
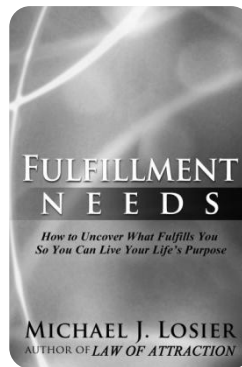
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Receive a Law of Attraction video tool  
for 5 days - stay connected.

[www.WakeUpWithMichael.com](http://www.WakeUpWithMichael.com)



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# Desire Statement Scripts

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_

## Desire Statement

**My Ideal** \_\_\_\_\_

*I'm in the process of attracting and allowing my ideal* \_\_\_\_\_

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*Law of Attraction is unfolding and orchestrating this now...*



## Step 3: Allowing

What is Allowing? \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

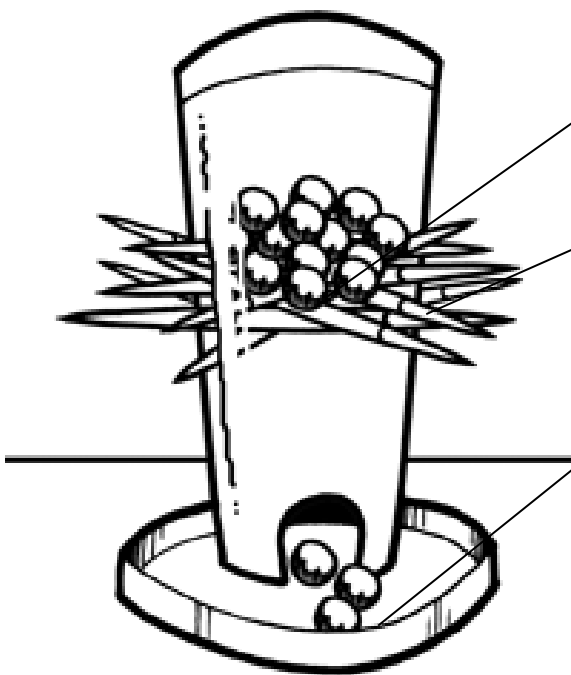
\_\_\_\_\_

### Three Equations to Help Understand Allowing

1. \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

2. \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_

3. \_\_\_\_\_ + \_\_\_\_\_ = \_\_\_\_\_



1.

2.

3.

1. Does having strong desire make it come faster?
2. Does all the resistance need to be removed to manifest?



# Tools to Help You Allow - Allowing Tools

The best way to \_\_\_\_\_

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_
4. \_\_\_\_\_  
\_\_\_\_\_

## \_\_\_\_\_ Journal

Date:	

Date:	



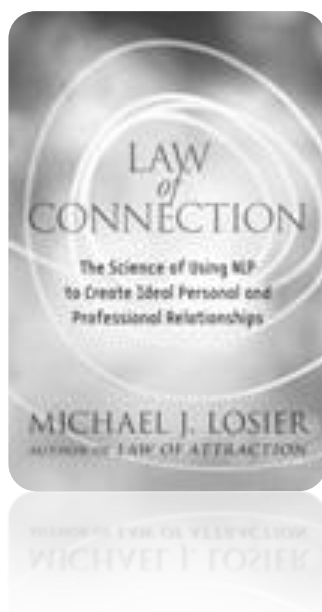
# Notes:





# Law of Connection

NLP – Neuro Linguistic Programming  
Connecting With Others



**Exclusive Training for Immunotec**

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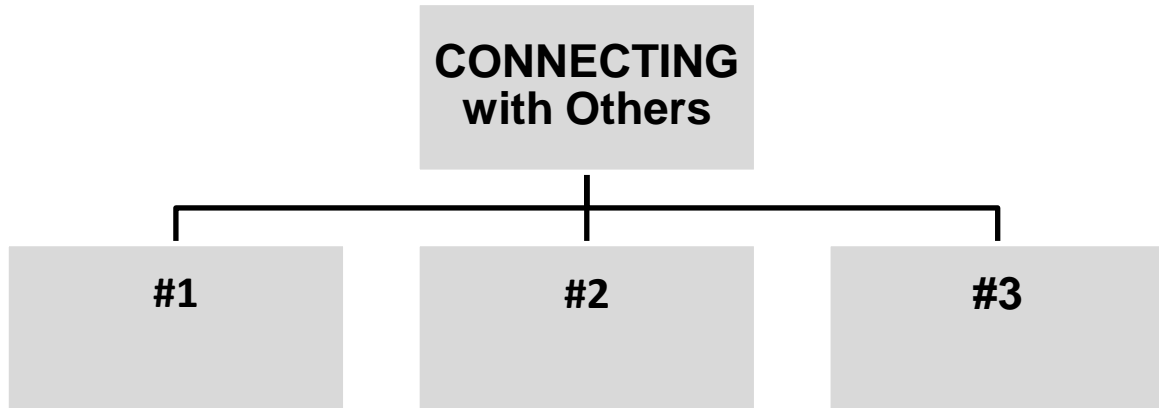
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# THE 3 CONDITIONS FOR CONNECTING

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## Rapport

How long to **build** it? \_\_\_\_\_

How long to **break** it? \_\_\_\_\_

How long to **repair** it? \_\_\_\_\_



# The Self-Assessment Discovery

You make take the easy-to-use online Self-Assessment at [www.LawofConnectionBook.com](http://www.LawofConnectionBook.com)

<p>On a scale of 1 to 4</p> <p>4 = <i>Closest to describing me</i>          3 = <i>Next closest description</i>          2 = <i>Somewhat describes me</i>          1 = <i>Least descriptive of me</i></p>	<p>Sample Question:          When ending phone conversations or emails I tend to say:          Rate each question using 1 to 4</p> <p>Sample Answer  <u>4</u> Talk to you soon  <u>1</u> See you later  <u>3</u> Nice to connect with you  <u>2</u> Bye</p>
<p><b>(1) When ending phone conversations or emails I tend to say:</b>  <input type="checkbox"/> Talk to you soon  <input type="checkbox"/> See you later  <input type="checkbox"/> Nice to connect with you  <input type="checkbox"/> Bye</p> <p><b>(2) When working on a project, homework/assigned task, I like to:</b>  <input type="checkbox"/> Work together with someone  <input type="checkbox"/> Talk about the ideas and/or brainstorm  <input type="checkbox"/> Check of list of accomplishments  <input type="checkbox"/> Know the sequence of tasks and events</p> <p><b>(3) When I teach something to someone, I tend to:</b>  <input type="checkbox"/> Want to show them on paper or write it down for them  <input type="checkbox"/> Explain the logical/reasoning behind what I am explaining  <input type="checkbox"/> Have them do it, so they can have the experience  <input type="checkbox"/> Give verbal instructions only</p> <p><b>(4) When remembering someone in my past, I tend to:</b>  <input type="checkbox"/> Get a feeling about that person  <input type="checkbox"/> Hear the sound of their voice in my head  <input type="checkbox"/> Picture their face  <input type="checkbox"/> Ask myself, "what if..." questions</p> <p><b>(5) People tend to break rapport with me when they:</b>  <input type="checkbox"/> When they interrupt me during a task  <input type="checkbox"/> Exclude me from an event  <input type="checkbox"/> Cancel an appointment/meeting at the last minute  <input type="checkbox"/> Cut me off from finishing my story</p>	<p><b>(6) Expression I use frequently:</b>  <input type="checkbox"/> That makes sense to me  <input type="checkbox"/> That fits for me  <input type="checkbox"/> That resonates with me, sounds good  <input type="checkbox"/> I'm looking forward to it</p> <p><b>(7) The best way to support and coach me is:</b>  <input type="checkbox"/> Hold my hand and do some tasks with me, or in a group  <input type="checkbox"/> Help put the events and tasks in order or sequence  <input type="checkbox"/> Allow me to "check off" my updated list and future task list  <input type="checkbox"/> Help me build a plan to help me get organized</p> <p><b>(8) Questions that stimulate an answer from me quickly:</b>  <input type="checkbox"/> How does this look to you?  <input type="checkbox"/> Are you catching on?  <input type="checkbox"/> Tell me more about that  <input type="checkbox"/> Does this make sense?</p> <p><b>(9) While shopping a salesperson can influence my decisions by:</b>  <input type="checkbox"/> Allowing me to tell you my story and really listen to me  <input type="checkbox"/> Mentioning that it will look good and it will make me look  <input type="checkbox"/> Give me the details, ask me what I want don't tell me what I want  <input type="checkbox"/> Make a personal connection and give me time to decide</p> <p><b>(10) If someone was explaining a new task or process to me:</b>  <input type="checkbox"/> Show it to me on paper  <input type="checkbox"/> Describe the step by step process, the sequence  <input type="checkbox"/> Do the tasks together, with someone  <input type="checkbox"/> I like to hear about it</p>

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# Your Self-Assessment Summary Worksheet

**Step 1:** Copy your answers to each question from the Self-Assessment onto the lines below. See SAMPLE.

1.	Sample Question
<u>4</u> A <u>1</u> V <u>3</u> K <u>2</u> D	<p>When ending phone conversations or emails I tend to say:</p> <p>Rate each question using 1 to 4:</p> <p><input type="checkbox"/> Talk to you soon</p> <p><input type="checkbox"/> See you later</p> <p><input type="checkbox"/> Nice to connect with you</p> <p><input type="checkbox"/> Bye</p>

1.	2.	3.	4.	5.
<u>      </u> A <u>      </u> V <u>      </u> K <u>      </u> D	<u>      </u> K <u>      </u> A <u>      </u> V <u>      </u> D	<u>      </u> V <u>      </u> D <u>      </u> K <u>      </u> A	<u>      </u> K <u>      </u> A <u>      </u> V <u>      </u> D	<u>      </u> D <u>      </u> K <u>      </u> V <u>      </u> A
6.	7.	8.	9.	10.
<u>      </u> D <u>      </u> K <u>      </u> A <u>      </u> V	<u>      </u> K <u>      </u> D <u>      </u> V <u>      </u> A	<u>      </u> V <u>      </u> K <u>      </u> A <u>      </u> D	<u>      </u> A <u>      </u> V <u>      </u> D <u>      </u> K	<u>      </u> V <u>      </u> D <u>      </u> K <u>      </u> A





# Your Communication Processing Style Score Sheet

Going from left to right, copy the numbers for each question from the Summary Worksheet into the box **under** the corresponding letter on the Score Sheet below. See the SAMPLE for how to do this.

Question	V	A	K	D	Total
Sample	1	4	3	2	= 10
1					= 10
2					= 10
3					= 10
4					= 10
5					= 10
6					= 10
7					= 10
8					= 10
9					= 10
10					= 10
Total					= 100

My Communication Processing Order is:

\_\_\_\_\_

*Example:*

35 (V) 29 (A) 21 (K) 15 (D)







Highest

Lowest



# NLP Communication Styles

Adapted from the book *Law of Connection*

	Visual	Auditory	Kinesthetic	Digital
				
Commonly Used Words				
Questions that engage this style				
What Breaks Rapport With Them				

Based on Michael's books: ***Law of Attraction, Law of Connection & Fulfillment Needs***





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# NLP Communication Styles

Adapted from the book *Law of Connection*

	Visual 	Auditory 	Kinesthetic 	Digital 
When Supporting Them				
How to Detect a Person's Style				

Question that will help uncover their style... \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



# NLP Language Strategies

<b>1. <i>Install</i></b>	
<b>2. <i>Future Pace</i></b>	
<b>3. <i>Embedded Command</i></b>	
<b>4. <i>Pre-suppositions</i></b>	
<b>5. <i>Reframe</i></b>	



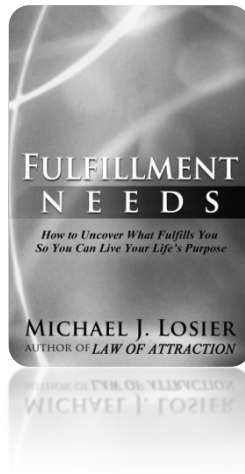
# Notes:





# Fulfillment Needs

How to Uncover What Fulfills You  
So You Can Live Your Life's Purpose



*Exclusive Training for Immunotec*

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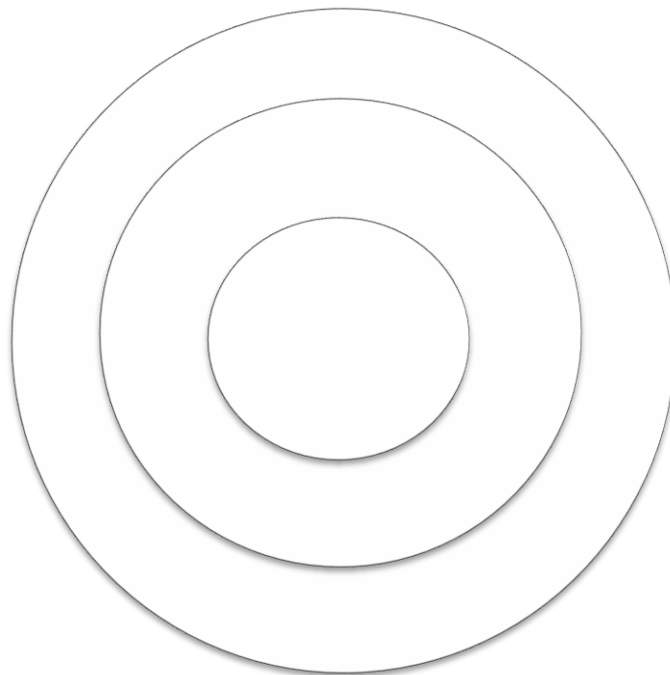
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When someone says,  
"I'm bored,"  
they're really saying,  
"I'm not getting my  
*Fulfillment Needs met.*"

The Purpose in life is...

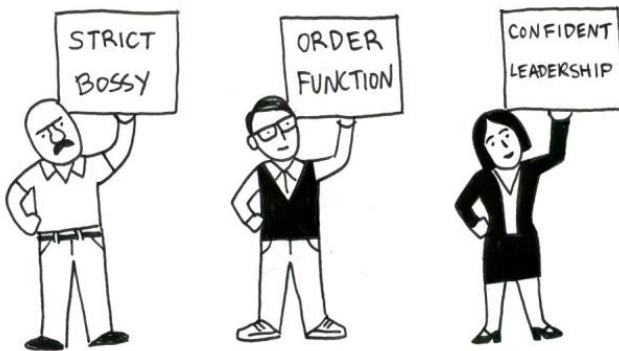
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# Your Decision-Making Style

	<p>Some of you may <b>see</b> a word and be able to tell right away if it applies to you.</p>
	<p>Some of you will resonate with a word; it will <b>sound</b> just right for you.</p>
	<p>Some of you may <b>feel</b> that certain words are right for you. Some may have a “gut <b>feeling</b>” about which words fit and which words don’t.</p>
	<p>Some of you may have a “<b>knowingness</b>” about which ones should be on your Personal List—they make sense to you.</p>

## It's YOUR Interpretation and Perception That Count



It’s important to remember as you move through the processes to uncover your Top 4 Fulfillment Needs that your interpretation and perception of the words is what really count.

Each person has their own interpretation of what their Fulfillment Needs are. Notice here that 3 different people have 3

different interpretations of the Fulfillment Need “CONTROL”. What's *your* interpretation/perception of the word “control”?



# Uncovering Process # 1

## Narrowing Down the List

<b>My Personal Fulfillment Needs List</b>										
Fulfillment Needs:	Number of Occurrences									



## Uncovering Process # 2 My Current Job

What I don't like about this ....	What I do like about this ...
1.	1.
2.	2.
3.	3.
4.	4.

## Uncovering Process # 3 My Volunteer Position

What I don't like about this ....	What I do like about this ...
1.	1.
2.	2.
3.	3.
4.	4.



## Uncovering Process # 4 A Past Relationship

What I don't like about this ....	What I do like about this ...
1.	1.
2.	2.
3.	3.
4.	4.

### Record the Top Fulfillment Needs That You Uncovered

My Top 4 Fulfillment Needs
1.
2.
3.
4.

**Now that I know, so what?**



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