



NORTHERN
CALIFORNIA
SOCIETY FOR
PSYCHOANALYTIC
PSYCHOLOGY

SPRING 2012
PROGRAMS
Courses & Events



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THE MUTATIVE CAPACITY OF PLAY IN LATENCY

Course

Instructor:	Celeste Schneider, Ph.D.
CE:	6 CE Credits
Location:	St. Clement's Episcopal Church 2837 Claremont Boulevard, Berkeley, CA 94705
Date:	Sundays, January 22 and 29, 2012
Time:	2:00 – 5:00 pm
Tuition:	\$175 General Public \$150 NCSPP Full Members \$120 NCSPP Associate Members \$95 NCSPP Student Members \$95 Scholarship Rate (<i>prior approval required</i>)

We will explore how play takes form and can elaborate, express, or hinder growth for children during the Latency period (ages five through puberty). Through close reading of clinical process with a boy and a girl, we will discuss how play and the therapeutic relationship can offer children the opportunity to reach their developmental potentials more fully.

MOVIE NIGHT

Social

Film:	<i>Eternal Sunshine of the Spotless Mind</i>
Discussant:	TBA
Location:	Variety Screening Room, Hobart Building 582 Market Street, San Francisco, CA 94014
Date:	Friday, February 10, 2012
Time:	6:00 pm
Fee:	\$10

Located in a private screening room featuring theater-style seating and premium sound (along with popcorn and snacks), the entire NCSPP community and their friends are invited to the screening of this Academy Award-winning film. Combining the social with the academic, the Spring Movie Night is another way to meet new people in the community while engaging in an enlivening experience.

CLINICAL CASE PRESENTATION

Outreach

Sponsored by:	NCSPP and PINC
Presenter:	TBA
Location:	California Institute of Integral Studies (CIIS)-Fox Plaza 1390 Market Street, Suite 111, San Francisco, CA 94102
Date:	Thursday, February 23, 2012
Time:	3:00 – 4:30 pm
Fee:	Free

To help our membership develop a clinical voice, the NCSPP Pre-licensed Clinicians Committee, in association with PINC, will host a series where a pre-licensed member presents a case to an audience of peers. Facilitated by a senior clinician, this engaging, informative outreach event will offer a rich psychoanalytic perspective.

CLINICAL CASE PRESENTATION

Outreach

Sponsored by:	NCSPP and PINC
Presenter:	TBA
Location:	San Francisco State University (SFSU), Bldg: EP 216 1600 Holloway Avenue, San Francisco, CA 94132
Date:	Thursday, March 1, 2012
Time:	1:15 – 3:00 pm
Fee:	Free

To help our membership develop a clinical voice, the NCSPP Pre-licensed Clinicians Committee, in association with PINC, will host a series where a pre-licensed member presents a case to an audience of peers. Facilitated by a senior clinician, this engaging, informative outreach event will offer a rich psychoanalytic perspective.

PRESENCE, ABSENCE, AND DREAD: Exploring the Multitudes of Loss in the Clinical Hour

Course

Instructor:	Reyna Cowan, LCSW
CE:	12 CE credits
Location:	St. Clement's Episcopal Church, Conference Room 2837 Claremont Boulevard, Berkeley, CA 94705
Date:	Thursdays, March 1 – April 19, 2012
Time:	7:00 – 8:30 pm
Tuition:	\$250 General Public \$225 NCSPP Full Members \$200 NCSPP Associate Members \$175 NCSPP Student Members \$175 Scholarship Rate (<i>prior approval required</i>)

Managing loss is a complicated and intense process and one of the key issues that brings people, either directly or indirectly, into treatment. This course will explore some of the most tenacious moments in managing loss: those who are ambivalent about separating, odes to the dead mother (and the dead father), those who are the receptacles for other's unprocessed loss, and those who try to protect themselves from managing the pain by cutting themselves off from any real, alive feeling within. We will discuss some of the seminal ideas about mourning and loss and then look at its clinical impact with both child and adult patients. Using key analytic papers, clinical examples, and film, we will begin to lay out the treacherous terrain of pain and loss utilizing writings by Bion, Freud, Green, Meltzer, and Winnicott.

25TH ANNUAL EVENT AND LECTURE

INK, HOLES, AND SCARS: The Stories our Bodies Narrate

Instructor:	Alessandra Lemma, Ph.D.
CE:	6 CE credits
Location:	The David Bower Center 2150 Allston Way, Berkeley, CA 94704
Date:	Saturday, March 10, 2012
Time:	9:00 am – 4:00 pm
Tuition:	\$160 General Public \$140 NCSPP Full Members \$65 NCSPP Associate Members \$25 NCSPP Student Members \$25 Scholarship Rate (<i>prior approval required – see website for details</i>)

We all struggle to manage two of life's basic facts — we are beings in a body, and we are the subjects of the other's gaze. The body is both internal and external reality, imbued with unconscious fantasy, and expressive of our deepest desires, fears, needs, and wishes. Embodiment bears, holds, and reveals the complex dynamics of subjectivity — desire, beauty, ugliness, intrusion, exclusion, unity, permeability, birth, and mortality, to name a few.

The NCSPP 2012 Annual Event is honored to host psychoanalyst Dr. Alessandra Lemma from the UK's Tavistock Centre. She publishes and speaks widely on topics such as perversion, anorexia, humor in psychoanalysis, and psychodynamic psychotherapy. Dr. Lemma's 2010 book, *Under the Skin: A Psychoanalytic Study of Body Modification*, explores, from a psychoanalytic perspective, the motivations behind why people pierce, tattoo, cosmetically enhance, or otherwise modify their body.

For this Annual Event, Dr. Lemma will lead us through an exploration of body modification in its diverse forms across history and cultures, attending to the differences between "figurations" versus "disfigurations", from self-affirming self-expression to self-destructive ritual. Dr. Lemma draws on her work in the consulting room, as well as films, fiction, art, and clinical research, to argue that the motivation for extensively modifying the surface of the body, and being excessively preoccupied with its appearance, comes from the person's internal world — under their skin. Topics of the day will include body image disturbance, appearance anxiety, body dysmorphic disorder, as well as the psychological functions of cosmetic surgery, tattooing, piercing, and scarification. Dr. Lemma will discuss the challenges posed by our embodied nature through an exploration of the unconscious phantasies that underlie the need for body modification. All clinicians working with those who are preoccupied with their appearance and modify their bodies — including those psychotherapists, counselors, psychiatrists, and psychologists who do the same — will benefit from an exploration of this topic. This program will feature film and image, including clips from the Pedro Almodovar film, *The Skin I Live In*.

RELATIONAL SUPERVISION

Course

Instructor: Tessamarie Capitolo, MFT
CE: 6 CE credits
Location: Private Office
1480 Lincoln Avenue, San Rafael, CA 94901
Date: Mondays, March 12 – 26, 2012
Time: 7:00 – 9:00 pm
Tuition: \$175 General Public | \$150 NCSPP Full Members
\$120 NCSPP Associate Members | \$95 NCSPP Student Members
\$95 Scholarship Rate (*prior approval required*)

At the center of the training on supervision is the inter-relationship between the supervisor and the supervisee, an intern, or a trainee. The supervisee also adds to this mix the patients who are in treatment, thus bringing in a third presence that permeates the relationship between these two. In addition to the basic frame of supervision, this course introduces the many vertices of the interpersonal matrix involving the supervisee/patient couple and the supervisor/supervisee couple. The class is experiential and process oriented, attuned to the relational needs for supervising group members.

REFLECTIVE SPACES | MATERIAL PLACES

Outreach

Sponsored by: NCSPP, PINC, and Access Institute
Location: Instituto Familiar de al Raza
2919 Mission Street, San Francisco, CA 94110
Date: Saturday, March 17, 2012
Time: 9:00 am – 4:00 pm
Fee: TBA (*no one turned away for lack of funds*)

Never has there been a greater need for time and space to reflect on community mental health work. This innovative conference brings together a wide range of community mental health service providers, therapists, and psychoanalysts to explore how we can build capacity and think deeply in the rich realities of our various settings.

THE EMPTY CIRCLE: Contemporary Perspectives on Trauma

Course

Instructor: Era Loewenstein, Ph.D.
CE: 9 CE Credits
Location: San Francisco, TBA
Date: Fridays, March 23 – April 27, 2012
Time: 1:00 – 2:30 pm
Tuition: \$175 General Public | \$150 NCSPP Full Members
\$120 NCSPP Associate Members | \$95 NCSPP Student Members
\$95 Scholarship Rate (*prior approval required*)

In this six-week course we will explore the impact of early trauma. We will focus on the contribution of object relations theory to the understanding of trauma and its treatment. Among the topics we will discuss are infantile traumatic experience, *après-coup*, traumatic memory, dissociation and emotional dysregulation in trauma, absence and the lack of representability in traumatic experiences, and the transgenerational transmission of trauma. We will also discuss the emotional impact traumatized patients have on the therapist. We will read selected papers from Freud, Ferenczi, Fairbairn, Winnicott, Cesar & Sara Botella, and Dori Laub.

SCIENTIFIC MEETING

THE IMPACT OF TRAUMA ON THE ANALYST'S CONTAINING FUNCTION

Instructor:	Drew Tillotson, Psy.D.
Moderator:	Lee Rather, Ph.D.
CE:	3 CE credits
Location:	San Francisco, TBA
Date:	Saturday, April 14, 2012
Time:	10:00 am – 1:00 pm
Tuition:	\$15 General Public Free NCSPP Members Additional \$10 processing fee for CE credits

When a present trauma experienced by the analyst enters the consulting room, the impact on the relationship between analyst and patient is profound. The analyst's ability to maintain asymmetry in the relationship with the patient, to hold onto omnipotent healing fantasies and to contain the patient, can shift dramatically. In this scientific meeting, Dr. Drew Tillotson will explore the impact of adult onset trauma and its aftermath in his paper, "Trauma and the Fate of the Angel", a narrative of memory, mourning, and integration. Drawing primarily upon the work of Jessica Benjamin, Wilfred Bion, Ghislaine Boulanger, and Adrienne Harris — as well as his own memories, dreams, and clinical experiences — Dr. Tillotson will describe the impact of present trauma evoking past trauma and his attempts to regain containing function in the consulting room. Along with the discussant, Dr. Lee Rather, Dr. Tillotson will explore both theoretical and clinical material in his paper to understand the effects of trauma on both patient and analyst — the rupture of the analyst's omnipotent fantasies, the collapse in the asymmetry of the dyad, and how patient and analyst were able to help each other in the trauma's aftermath.

SHAME: The Elephant in our Consulting Rooms

Course

Instructor:	Dawn Farber, Psy.D., MFT
CE:	8 CE Credits
Location:	St. Clement's Episcopal Church, Conference Room 2837 Claremont Boulevard, Berkeley, CA 94705
Date:	Mondays, April 16 – May 7, 2012
Time:	1:00 – 3:00 pm
Tuition:	\$175 General Public \$150 NCSPP Full Members \$120 NCSPP Associate Members \$95 NCSPP Student Members \$95 Scholarship Rate (<i>prior approval required</i>)

In the beginning God created the serpent Envy. And Envy incited Omniscience, which God punished by Shame and Guilt. And Shame took unto wife Miss Attuned, and they begat more Envy and Guilt.

The role of shame, prime indicator of attachment and the primitive relational bond, has been under-emphasized in our clinical praxis, to its detriment. Freud's earliest formulations of conflict and defense emphasized shame dynamics, but by 1905, as his attention turned to intrapsychic fantasy, shame was almost completely eclipsed by analytic thought. The simultaneous publication in 1971 of Kohut and of Helen Block Lewis revived interest in shame, and brought attention to its ubiquity as a "veiled accompaniment" of clinical phenomena as divergent as narcissism, omnipotence, envy, addictions, dissociation, masochism, and as a major factor in impasses and negative therapeutic reactions.

In these seminars we will study shame from several perspectives, including developmental, intersubjective, and psycho-neurobiological. Case material from a profoundly dissociative patient and two differently organized borderline patients will be used to ground these ideas. Tracing shame's impact on the familiar and enduring dynamics of anxiety, envy, guilt, and aggression adds potency and dimension to our work. However illuminating and indispensable these concepts are to our clinical imaginations, they are not sufficient in themselves. They benefit greatly from being brought into dialogue with models that conceptualize resistance, aggression, destructiveness, and the impasses and negative therapeutic reactions that may arise from defenses against unmitigated shame.

BEYOND THE CONSULTING ROOM: A Conversation with Ruth Simon, Ph.D.

Social

Location: East Bay, TBA
Date: Friday, April 27, 2012
Time: 7:00 – 9:00 pm
Tuition: \$10

Inspired by Bravo TV's *Inside the Actors Studio*, NCSPP's Pre-licensed Clinicians Committee invites you to the latest in a series of conversations with senior clinicians in the field of psychoanalytic psychology. This spring, join your colleagues for an evening with esteemed psychologist Dr. Ruth Simon, the Director of Training at the Access Institute, who will share her personal and professional journey in becoming a psychoanalytic clinician and a training director. Wine and hors d'oeuvres will be provided.

SPEED MEETING

Social

Location: East Bay, TBA
Date: Friday, April 27, 2012
Time: 7:00 – 9:00 pm
Fee: TBA

Ladies and gentlemen, this event is designed to help you leave your social anxiety at the door! Please join us and mingle at NCSPP's first-ever Speed Meeting event. Based on the principles of speed dating, NCSPP members and prospective members will network and converse with each other in five-minute increments. Talking points and cocktails will be available, and a fun time is sure to follow.

CLINICAL CASE PRESENTATION

Outreach

Sponsored by: NCSPP and PINC
Presenter: TBA
Location: CSPP at Alliant International University (Room TBA)
1 Beach Street, San Francisco, CA 94133
Date: April 2012
Time: TBA
Fee: Free

To help our membership develop a clinical voice, the NCSPP Pre-licensed Clinicians Committee, in association with PINC, will host a series where a pre-licensed member presents a case to an audience of peers. Facilitated by a senior clinician, this engaging, informative outreach event will offer a rich psychoanalytic perspective.

CLINICAL CASE PRESENTATION

Outreach

Sponsored by: NCSPP and PINC
Presenter: TBA
Location: The Wright Institute
2728 Durant Avenue, Berkeley, CA 94704
Date: TBA
Time: TBA
Fee: Free

Join us for an engaging and informative look at a clinical case presented from a psychoanalytic perspective by a Wright Institute student.

This presentation is part of a series designed by NCSPP, in association with PINC, to help students and pre-licensed clinicians develop a voice in the community. It will offer a unique opportunity to hear and discuss a case while supporting the professional development and clinical work of your colleagues. Refreshments will be provided.

DISCUSSANTS FACULTY | PRESENTERS

Tessamarie Capitolo, MFT, is an analytic psychotherapist trained in Sandplay, Jungian, and psychoanalytic therapies. In 1992, she founded the Child Therapy Institute of Marin, where she supervised numerous interns in nonprofit agencies and private practice. For the past six years, she has been developing a model of supervision she named Relational Supervision. Several of her articles, including “Chaos Theory and its Application to Sandplay Therapy,” have been published in *The Journal of Sandplay Therapy*. Over the past 20 years, Ms. Capitolo has presented workshops, nationally and internationally, on various subjects such as transference, the dark feminine, and unconscious racism. She has private practices in San Rafael and San Francisco.

Reyna Cowan, LCSW, is a psychoanalyst and a graduate of the Psychoanalytic Institute of Northern California (PINC). She has taught classes throughout the Bay Area on film and the dream; psychoanalytic thinkers; using countertransference and intuition in the clinical hour; clinical supervision; and child and adolescent issues. She consults with the Access Institute and the Ann Martin Center. Ms. Cowan has a private practice in Oakland where she works with adults, couples, adolescents and children.

Dawn Farber, Psy.D., MFT, is a Personal and Supervising Analyst and faculty at the Psychoanalytic Institute of Northern California (PINC). She is co-chair of the PINC Public Information Committee and on the Psy.D. Committee. Dr. Farber has private practices in Oakland and San Francisco, and teaches and consults widely in the Bay Area analytic community, offering ongoing Saturday-morning seminars and weekday case conferences. She has published psycho-biographical essays and poems as well as book and film reviews in analytic journals.

Alessandra Lemma, Ph.D., is a psychoanalyst and a clinical and counseling psychologist. She is a Member of the British Psychoanalytic Society, a Senior Member of the British Association of Psychotherapists, and Associate Fellow of the British Psychological Society. Dr. Lemma is also the Trust-wide Head of Psychology at The Tavistock and Portman NHS Foundation Trust and Honorary Professor of Psychological Therapies at the School of Health and Human Sciences, Essex University, UK. She has published widely on psychotherapy and psychoanalysis. Her most recent book is *Under the Skin: A Psychoanalytic Study of Body Modification*.

Era A. Loewenstein, Ph.D., is an adult, child, and adolescent psychoanalyst and psychotherapist. A past president of NCSPP, Dr. Loewenstein is a training and supervising analyst at the San Francisco Center for Psychoanalysis (SFCP) and she was an associate board member of the *International Journal of Psychoanalysis*. At SFCP she serves on the faculty of the adult and child analytic programs and Extension division. Dr. Loewenstein presents frequently in local and national venues on issues relating to trauma, perversion, primitive states, the capacity to dream, creativity, and child analysis and psychoanalytic consultation in preschools.

Lee Rather, Ph.D., is a Personal and Supervising Analyst and faculty at the Psychoanalytic Institute of Northern California (PINC) and a faculty member at the San Francisco Center for Psychoanalysis (SFCP). He has published and presented on topics including the integration of maternal and paternal function, the role of primal scene phantasy, the existential dynamics of mourning and desire, and the unconscious aspects of creativity in the arts and psychoanalysis. Dr. Rather has taught widely and presented nationally and internationally with a particular interest in bridging disparate schools of psychoanalysis. He is in private practice in San Francisco.

Celeste Schneider, Ph.D., is an advanced child and adult analytic candidate and associate faculty at the San Francisco Center for Psychoanalysis (SFCP) and in private clinical practice in Oakland and at the Masonic Center for Youth and Families in San Francisco. Recent publications include “Discovering New Ways of Seeing and Speaking about Psychotherapy Process: The Child Psychotherapy Q-Set” (2009, Routledge Press), and “A ‘Motion Portrait’ of a Psychodynamic Treatment of an 11-Year-Old Girl: Exploring Interrelations of Psychotherapy Process and Outcome Using the Child Psychotherapy Q-Set” (2011, *Journal of Infant Child and Adolescent Psychotherapy*).

Ruth Simon, Ph.D., is a psychoanalytically oriented psychologist with a special interest in teaching and supervision. She maintains a private practice in Oakland where she sees individual adults and couples in addition to serving as a consultant and supervisor. Dr. Simon has taught in the predoctoral training program at the Mills College Counseling Center. She currently serves as the Director of Training at the Access Institute.

Drew Tillotson, Psy.D., is a psychoanalyst and psychotherapist with a private practice in San Francisco. He is a graduate and member of the Psychoanalytic Institute of Northern California (PINC), past-president of NCSPP, and North American vice president for the International Psychoanalytical Studies Organization (IPSO). Dr. Tillotson is faculty for NCSPP, faculty and a supervisor for California Pacific Medical Center (CPMC) and Access Institute, and a supervisor for California Institute of Integral Studies (CIIS). His paper, “Transcultural Intersubjectivity: The Relational Unconscious Between East and West”, was recently published in the 2011 *Journal of the International Psychoanalytical Studies* organization.

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GENERAL INFORMATION

For full course information, course objectives, late registration, and refund policies for each of the courses|events listed within, please visit our website at www.ncspp.org

Tuition & Registration Deadlines: All tuitions listed in this brochure are for early registration (\$40 discount, \$15 discount for NCSPP Student Members). Early registration ends two weeks prior to the event or start of a multi-week course, after this date the full tuition will be applied to all registrations. For details please see individual course|event listings on our website.

Questions: For questions related to enrollment, locations, CE credit, special needs, course availability, and other administrative issues, contact Michele McGuinness at info@ncspp.org or 415|457-9949.

Membership: To join NCSPP, please visit the NCSPP website at www.ncspp.org for a membership application or contact Michele McGuinness.

Target Audience & Instructional Level: These intermediate-level courses are open to all licensed mental health professionals, residents, interns, and graduate students in training, as well as members of the lay public who have an interest in psychoanalytic psychology.

Class Size & Eligibility for Enrollment: For specific class size please see individual course|event listings on our website at www.ncspp.org. Class minimums will be 6 to 8 participants. Courses that do not fill will be cancelled and payment will be refunded. In filling courses, priority will be given to NCSPP members.

Locations & Readers: For classes where location is listed as TBA (to be announced), information on location will be updated online at www.ncspp.org. Enrollment confirmation with course location and reader information will be emailed to enrolled participants.

Tuition does not include the cost of readers.

Cancellation: Enrollees who cancel at least SEVEN DAYS prior to the event or start of a multi-week course will receive a refund minus an administrative charge. No refunds will be allowed after this time. For details please see individual course|event listings on our website.

Returned Checks: A \$25 bank charge and an additional \$15 administrative charge will be issued on all returned checks.

Disabilities: Division 39 and NCSPP are committed to accessibility and non-discrimination in its continuing education activities. If participants have special needs, we will attempt to accommodate them. Please contact Michele McGuinness for any special needs. NCSPP and Division 39 are committed to conducting all activities in strict conformity with the American Psychological Association's Ethical Principles for Psychologists. If you believe that a violation of ethics has occurred during this presentation, or if you have concerns about such issues as handicapped accessibility, distress with regard to program content, or other complaints, please contact Michele McGuinness.

Continuing Education Credits: Please see individual course|event listings for number of CE credits awarded, if applicable. Courses offering CE credit meet the requirements for CE credit for LCSWs, MFTs, and Psychologists. For one-day courses participants must attend 100% of the program. For any course held over multiple weeks participants must attend 80% of the program. Upon completion of a conference evaluation form, a certificate will be issued. This serves as documentation of attendance for all participants.

LCSWs/MFTs: These courses meet the requirements for CE credits for LCSWs and MFTs through the BBS (Provider #PCE 508).

Psychologists: Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for these programs and their content.

Scholarship Information: We have established the NCSPP Scholarship Fund to broaden community access to our events by subsidizing the greater part of our tuition costs for a limited number of attendees. For information regarding eligibility and availability, please contact Michele McGuinness.

REGISTRATION

Not an NCSPP Member?

Join NCSPP now and register for courses | events at the discounted rate:

- \$105 FULL MEMBER \$ _____
(all licensed mental health professionals)
- \$50 ASSOCIATE MEMBER \$ _____
(pre-licensed mental health professionals)
- \$25 STUDENT MEMBER — **Must include copy of student ID** \$ _____
(enrolled in an undergraduate or graduate school in a mental health discipline)

Three convenient ways to register:

Online: www.ncspp.org Make secure credit card or debit payments online via PayPal, the internet's most trusted payment processor.

Fax: 415 | 457-6276

Mail: NCSPP, 12 Hampton Avenue, San Anselmo, CA 94960

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EMAIL _____

Please enroll me in the following course(s) or event(s):

1. _____ \$ _____
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2. _____ \$ _____
COURSE | EVENT TITLE FEE
3. _____ \$ _____
COURSE | EVENT TITLE FEE
4. _____ \$ _____
COURSE | EVENT TITLE FEE

Scholarship Fund Contribution: \$ _____
TAX-DEDUCTIBLE

Total Amount Enclosed: \$ _____

Payment Method:

- Check (payable to NCSPP) Amex Visa MC

CREDIT CARD # _____

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ANNUAL LECTURE 2012

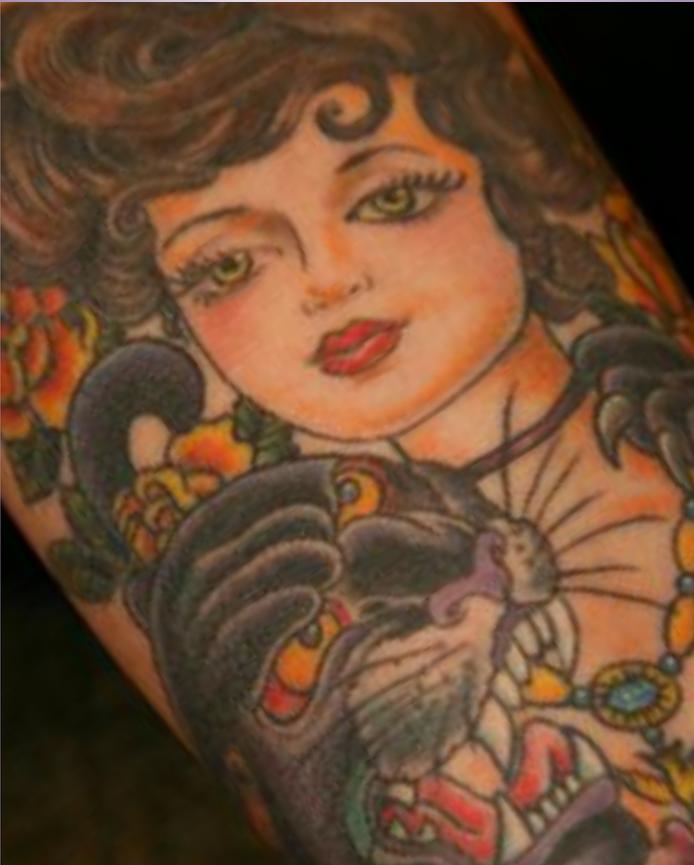


Photo: NCSPP Tattoo Contest Winner, Caroline Date Tattoo Artist: Mary-Joy Scott All rights reserved

INK, HOLES, AND SCARS

The Stories our Bodies Narrate

See Page 4 for Details