Education Program Planner 2013



TECHNIQUES OF GRIEF THERAPY:

Creative Practices for Counselling the Bereaved



Robert A. Neimeyer, PhD University of Memphis, USA

Melbourne, Brisbane, Sydney - July 2013

Robert A. Neimeyer, PhD, is Professor in the Department of Psychology, University of Memphis, where he also maintains an active clinical practice. Dr Neimeyer has published 25 books and nearly 400 articles and book chapters. He serves

as Editor of the journal *Death Studies* and is a former Chair of the International Work Group for Death, Dying, and Bereavement and President of the Association for Death Education and Counseling.

These workshops offer in-depth training in a range of clinical techniques. Making extensive use of clinical videos, as well as *how-to* instruction, we will discuss and practise several methods for helping clients integrate the reality of the loss.

The workshops can be done consecutively, as part of a two-day program, or separately as individual workshops.

Melbourne

Hotel Windsor

111 Spring Street, Melbourne VIC 3000

Program One Monday, 8th July 2013
Program Two Tuesday, 9th July 2013

Brisbane

Mercure Brisbane

85-87 George Street, Brisbane QLD 4000

Program One Thursday, 11th July 2013 Program Two Friday, 12th July 2013

Sydney

Citigate Central Sydney

169-179 Thomas Street, Sydney NSW 2000

Program One Monday, 15th July 2013 Program Two Tuesday, 16th July 2013

Times

9.00 am – 4.30 pm *Registration from 8.30 am*

Cost Per Day

Farly bird rate \$240.00

(for registrations received prior to Friday, 3rd May 2013)

Standard rate \$270.00

(for registrations received after Friday, 3rd May 2013)

Student rate \$240.00 ACGB Member rate \$220.00

Morning tea, lunch and afternoon tea provided

Registration closes 24" June 2013

Registration is essential

PROGRAM ONE:

Processing the Event Story of the Death

Drawing on clinical videos of clients contending with losses through cancer, sudden accident and suicide, we will learn to listen between the lines of the stories clients tell themselves and others about the death to grasp more fully the unvoiced meaning of their grief, and how we can help them integrate the event story of the death into the larger narrative of their lives.

Participants should leave the session with sharpened skills for clinical assessment, a clearer appreciation for the challenge to meaning and spiritualty associated with violent death bereavement, and an expanded toolbox for using metaphor, body work and a variety of narrative procedures for helping clients make sense of the loss and their response to it.

PROGRAM TWO:

Accessing the Back Story of the Relationship

We will begin by considering grieving as a process of reconstructing rather than relinquishing our bonds with those who have died, and the circumstances that can interfere with this natural process. Clinical videos will sensitise participants to various impediments to revisiting and reorganising the 'back story' of the ongoing relationship with the deceased, as well as to several techniques that can help move such work forward.

Participants will leave with several tools for assessing issues that complicate grieving, helping clients appreciate the role of the loved one in their construction of their own identities, and re-accessing and revising frozen dialogues with the deceased that hamper post-loss adaptation.

* Full workshop outlines can be found at www.grief.org.au

NEW SOUTH WALES

Sydney

Rendezvous Studio Hotel Sydney Central 803–813 George Street Sydney NSW 2000

Grief and Loss Across the Lifespan

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Thursday, 21st March 2013

Registration closes 7th March 2013

The 'Self' of Bereavement Support Practitioners and Mindfulness as a Pathway to Self-Care

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Friday, 22nd March 2013

Registration closes 8th March 2013

Being a Professional Companion for the Bereaved

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Thursday, 19th September 2013

Registration closes 5th September 2013

Engaging in Effective Brief Contact or Single-Session Grief and Bereavement Support

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Friday 20th September 2013

Registration closes 6th September 2013

SOUTH AUSTRALIA

Adelaide

Mercure Grosvenor Hotel Adelaide 125 North Terrace Adelaide SA 5000

Grief and Loss Across the Lifespan

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Thursday, 6th June 2013

Registration closes 23rd May 2013

The 'Self' of Bereavement Support Practitioners and Mindfulness as a Pathway to Self-Care

Registration closes 24th May 2013

Being a Professional Companion for the Bereaved

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Monday, 14th October 2013

Registration closes 30th September 2013

Engaging in Effective Brief Contact or Single-Session Grief and Bereavement Support

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Tuesday, 15th October 2013

Registration closes $1^{\rm st}$ October 2013

WESTERN AUSTRALIA

Perth

Mercure Perth 10 Irwin Street Perth WA 6000

Grief and Loss Across the Lifespan

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Thursday, 23rd May 2013

Registration closes 9th May 2013

The 'Self' of Bereavement Support Practitioners and Mindfulness as a Pathway to Self-Care

Non-Member......\$220.00 ACGB Member......\$180.00 9.30 am – 4.30 pm Friday, 24th May 2013

Registration closes 10th May 2013

Being a Professional Companion for the Bereaved

Non-Member......\$220.00 ACGB Member......\$180.00 9.30 am – 4.30 pm Thursday, 5th September 2013

Registration closes 22nd August 2013

Engaging in Effective Brief Contact or Single-Session Grief and Bereavement Support

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Friday, 6th September 2013

Registration closes 23rd August 2013

QUEENSLAND

Brisbane

Ibis Brisbane 27–35 Turbot Street Brisbane QLD 4000

Grief and Loss Across the Lifespan

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Thursday, 9th May 2013

Registration closes 25th April 2013

The 'Self' of Bereavement Support Practitioners and Mindfulness as a Pathway to Self-Care

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am - 4.30 pm Friday, 10th May 2013

Registration closes 26th April 2013

Mercure Brisbane 85–87 George Street Brisbane QLD 4000

Being a Professional Companion for the Bereaved

Non-Member.......\$220.00 ACGB Member......\$180.00 9.30 am – 4.30 pm Thursday, 22nd August 2013

Registration closes 8th August 2013

Engaging in Effective Brief Contact or Single-Session Grief and Bereavement Support

Non-Member......\$220.00 ACGB Member.....\$180.00 9.30 am – 4.30 pm Friday, 23rd August 2013

Registration closes 9th August 2013

VICTORIA

WORKSHOPS Mulgrave

Australian Centre for Grief and Bereavement 253 Wellington Road **Mulgrave VIC 3170**

Providing Bereavement Support Following Violent or Traumatic Deaths, **Including Homicide**

Non-Wember	\$220.00
ACGB Member	\$180.00
9.30 am – 4.30 pm	
Thursday, 7th Februa	ry 2013

Registration closes 24th January 2013

Engaging in Effective Brief Contact or Single-Session Grief and **Bereavement Support**

Non-Member	
9.30 am – 4.30 pm	
Wednesday, 27th Febru	ary 2013

Registration closes 13th February 2013

Complex Grief: When There is More to a Loss

Non-Member	.\$220.00
ACGB Member	.\$180.00
9.30 am – 4.30 pm	
Tuesday, 5th March 2013	3

Registration closes 19th February 2013

Grief and Loss Across the Lifespan

Non-Member SACGB Member	
9.30 am – 4.30 pm	
Tuesday, 19th March 2013	3

Registration closes 5th March 2013

Recent Developments in Bereavement: Bridging From Theory to Practice

Non-Member \$220.00
ACGB Member \$180.00
9.30 am – 4.30 pm
Tuesday, 26 th March 2013
Registration closes 12th March 2013

Supporting Men in Their Grief

Non-Member	
9.30 am – 4.30 pm	
Tuesday, 30th April 2013	

Understanding and Supporting Perinatal Loss

Non-Member	\$220.00
ACGB Member	.\$180.00
9.30 am – 4.30 pm	
Wednesday, 8th May 20	13

Registration closes 24th April 2013

Providing Effective Bereavement Support

Non-Member	
9.30 am – 4.30 pm	
Tuesday, 14th May 2013	

Supporting the Suicide Bereaved

Registration closes 30th April 2013

Registration closes 7th May 2013

The Power of Presence in Group Work: The Use Mindfulness as a **Foundation for Group Facilitation**

Non-Member	\$220.0
ACGB Member	\$180.0
9.30 am – 4.30 pm	
Wednesday, 22 nd May	2013

Registration closes 8th May 2013

Working Through Grief With Poetry

Non-Member	
9.30 am – 4.30 pm	
Tuesday, 28th May 2013	

Registration closes 14th May 2013

Grief and Bereavement Counselling and Support Building Practice Wisdom: Providing Support to the Suicide **Bereaved**

Non-Member \$150 ACGB Member \$130	
9.00 am – 12.00 pm	
Tuesday, 4 th June 2013	

Registration closes 21st May 2013

Grief and Bereavement Counselling and Support - Building Practice Wisdom: Bereavement Support for Men

Non-MemberACGB Member	
1.00 pm – 4.00 pm	
Tuesday, 4th June 201	3

Registration closes 21st May 2013

Strategies for Supporting **Children and Adolescents Experiencing Grief and** Loss

Non-Member	
9.30 am – 4.30 pm	
Tuesday, 18th June 2013	

Registration closes 4th June 2013

The Body and Grief

Non-MemberACGB Member	
9.30 am – 4.30 pm	
Thursday, 25th July 2013	3

Registration closes 11th July 2013

The 'Self' of **Bereavement Support** Practitioners and Mindfulness as a Pathway to Self-Care

Non-Member	.\$220.00
ACGB Member	.\$180.00
9.30 am – 4.30 pm	

Thursday, 8th August 2013 Registration closes 25th July 2013

Being a Professional Companion for the Bereaved

Non-Member	
ACGB Member	\$180.00
9.30 am - 4.30 pm	

Thursday, 15th August 2013

Registration closes 1st August 2013

Spirituality and Transilience in the **Context of Bereavement** Support

Non-Member	
9.30 am – 4.30 pm	
Wednesday, 21st Augus	st 2013

Registration closes 7th August 2013

Stepping In and Out of **Another World: The Grief** of Living with Dementia

Non-Member	
ACGB Member	\$180.00
9.30 am - 4.30 pm	

Wednesday, 28th August 2013

Registration closes 14th August 2013

The Impact of Trauma, Separation and Loss for Children, **Parents and Families: Creating a Framework** for Assessment and Therapeutic Communication

Non-Member \$220.00 ACGB Member \$180.00
9.30 am – 4.30 pm
Wednesday, 4th September 2013

Registration closes 21st August 2013

Grief Support for Lesbians and Gav Men

Loopiano ana aay	111011
Non-Member	.\$220.00
ACGB Member	.\$180.00
9.30 am – 4.30 pm	
Tuesday, 10th September	er 2013
Registration closes 27th Augus	t 2013

Grief and Bereavement Counselling and Support Building Practice Wisdom: When a Child or

Baby Dies
Non-Member\$150.00
ACGB Member\$130.00
9.00 am – 12.00 pm
Thursday, 24 th October 2013
Registration closes 10th October 2013

Grief and Bereavement Counselling and Support Building Practice Wisdom: Traumatic Rarasyamant

Dereavement
Non-Member \$150.00 ACGB Member \$130.00
1.00 pm – 4.00 pm
Thursday, 24th October 2013
Registration closes 10 th October 2013

Engaging in Effective Brief Contact or Single-Session Grief and Bereavement Support

Non-Member......\$220.00 **ACGB Member**....\$180.00 9.30 am - 4.30 pm

Wednesday, 30th October 2013

Registration closes 16th October 2013

Permission to Grieve – Opening the Isolated World of the Disenfranchised Griever

Non-Member.....\$220.00 **ACGB Member**....\$180.00 9.30 am – 4.30 pm

Wednesday, 13th November 2013

Registration closes 30th October 2013

Providing Effective Bereavement Support

Non-Member.....\$220.00 **ACGB Member**.....\$180.00 9.30 am – 4.30 pm

Wednesday, 20th November 2013

Registration closes 6th November 2013

COURSES Mulgrave

Australian Centre for Grief and Bereavement 253 Wellington Road Mulgrave VIC 3170

Vocational Graduate Certificate in Bereavement Counselling and Intervention

Mid-2013 Intake

Cost......\$4,300.00 Friday 11.00 am – 3.00 pm (and some Saturdays)

July 2013 - April 2014

Applications close June 2013 (for 2013–2014 course)

*Please note application pre-requisites apply

Foundations in Bereavement Support – six-week (part-time) course

Cost...... \$650.00 Tuesday evenings 5.00 pm – 9.00 pm

8th October - 19th November 2013

Registrations close 24th September 2013

Vocational Graduate Certificate in Bereavement Counselling and Intervention

2014 Intake

Cost.....\$ To be confirmed Monday evenings

5.00 pm – 9.00 pm

(and some Saturdays)

February - November 2014

Applications close December 2013 (for 2014 course)

*Please note application pre-requisites apply



The Vocational Graduate Certificate in Bereavement Counselling and Intervention is accredited under the Australian Quality Training Framework by the Victorian Registration and Qualification Authority.

BEREAVEMENT COUNSELLING AND SUPPORT SERVICE – PLACEMENTS

Bereavement Counselling Practice Placement

Located in Mulgrave, VIC. Placements in other Victorian locations may also be negotiated. Applications accepted throughout the year.

80 hours \$895.00

40 hours \$475.00

REGISTRATION

A registration form is printed on the back of this planner as well as inside the back cover of the *Programs and Services 2013* guide, which can be downloaded from our website www.grief.org.au. Send your completed form with payment (cheque or credit card) to the Australian Centre for Grief and Bereavement.

Australian Centre for Grief and Bereavement 253 Wellington Road Mulgrave VIC 3170 OR fax to (03) 9265 2150

Registration is essential for all programs.

CANCELLATION AND REFUND POLICY

The Australian Centre for Grief and Bereavement reserves the right to cancel education programs that do not achieve minimum participation, in which case all fees will be refunded.

An administration fee of 25% of the registration fee will apply to cancellations made up to 14 days prior to seminar or workshop commencement. For cancellations made between 7 and 14 days prior to the seminar or workshop, a 50% administration fee will be charged. No refund will be made for cancellations less than 7 days prior to seminar or workshop commencement. A substitute participant can be sent in your place at any time; however, **the Centre must be advised of this or any other change in writing.**

Please note: the full invoiced amount will still be payable in the event of non-attendance on the day.

Payment and refund conditions may differ with the Vocational Graduate Certificate in Bereavement Counselling and Intervention course and Foundations in Bereavement Support course.

CUSTOMISED TRAINING AND CONSULTANCY

As the largest national provider of grief and bereavement education, the Australian Centre for Grief and Bereavement offers a range of customised training and consultancy services that provide research-informed, high quality, professional development programs that meet the specialist training needs of organisations, groups and individuals.

The Australian Centre for Grief and Bereavement has provided training and consultation to many organisations and programs within local government, schools and school support services, hospitals, university departments, health centres, residential care services and community groups. Training can take place in venues throughout Australia or at training facilities at the Australian Centre for Grief and Bereavement in Mulgrave.

For further information please contact the Manager – Health Promotion and Education on (03) 9265 2170 or d.ricato@grief.org.au.

^{*} Please note selection criteria apply

AUSTRALIAN CENTRE FOR GRIEF AND BEREAVEMENT

The Australian Centre for Grief and Bereavement is a statewide service established in 1996 to provide a range of education, training, research and professional service options for those working in the area of grief and bereavement.

MEMBERSHIP

Membership of the Australian Centre for Grief and Bereavement (ACGB)

Membership of the Australian Centre for Grief and Bereavement offers a range of benefits including receipt of *Grief Matters:* The Australian Journal of Grief and Bereavement, special discount member rates for seminars and workshops offered by ACGB, access to the Australian Centre for Grief and Bereavement library for research purposes, free member webinars throughout the year and voting rights at the Annual General Meeting.

2013 Membership rates:

Individual Membership	\$110.00
Student & Concessional	
Membership	.\$ 85.00
Organisational Membership	\$275.00

* Organisational members receive 2 copies of all ACGB publications and receive discounts for 2 staff per training session at the Centre.

Membership period is per calendar year (1st January to 31st December 2013).

Reciprocal Membership of the Association for Death Education and Counseling (ADEC)

Alongside our membership program, ACGB also offers an enhanced level of membership, which includes reciprocal membership with the largest interdisciplinary organisation in the field of dying, death and bereavement, the Association for Death Education and Counseling (ADEC).

For full details, including benefits, please refer to our website www.grief.org.au or contact the Centre on (03) 9265 2100.

GRIEF MATTERS: THE AUSTRALIAN JOURNAL OF GRIEF AND BEREAVEMENT

Grief Matters: The Australian Journal of Grief and Bereavement is published by the Australian Centre for Grief and Bereavement three times per year. First published in 1998, this peer-reviewed journal, ranked with the Australian Research Council as part of the Excellence in Research for Australia (ERA) initiative, encompasses both academic and applied aspects of grief and bereavement.

Each issue focuses on a particular theme; providing three papers, three book reviews and three abstracts. Previous editions of the journal can be purchased by downloading an order form from our website: www.grief.org.au or by contacting the Centre on (03) 9265 2100.

RESOURCES

The ACGB Resource Guide, available online at our website, enables people to review and order resources available to purchase from the Centre. Through this guide, people working in the field of loss and grief have the opportunity to access a broad range of materials from organisations such as the Dougy Center, Skylight and Cruse Bereavement Care. Resources can be purchased from the Centre by completing a resource order form available to download from the website www.grief.org.au or by contacting the Centre directly on (03) 9265 2100.

DONATIONS

Donations to the Australian Centre for Grief and Bereavement are tax deductible and allow us to continue to provide a wide range of support services including bereavement counselling, support groups, newsletters, events, research, education and training.

To make a donation, visit www.grief.org.au or call 1800 642 066. Thank you.

LOCATION

The Australian Centre for Grief and Bereavement is located at:

com.park@mulgrave 253 Wellington Road Mulgrave VIC 3170

Melway: Map 71 A12

Parking

Parking is available on-site at no cost.
Entrance to the carpark is on the right as you turn into Compark Circuit. Please ensure you park in one of the 18 parking spots marked ACGB. In the event that the allocated car parks are full, there is free parking on Compark Circuit, and in neighbouring streets

Public Transport

When travelling via public transport, there are a number of bus stops located within a short walking distance from the Centre. Buses run frequently along Wellington Road (#691, #802, #804, #862, #900), as well as along nearby Springvale Road (#902).

From the CBD

When travelling by public transport from the CBD take a train to Huntingdale Railway Station and then the #900 Bus, east along Wellington Road stopping just before the intersection of Springvale and Wellington Roads.

CONTACT US

For further information about our services and rates, contact:

 Telephone:
 (03) 9265 2100

 Fax:
 (03) 9265 2150

 Freecall:
 1800 642 066

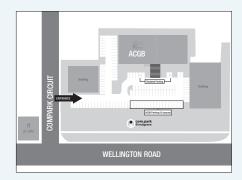
 Email:
 info@grief.org.au

 Website:
 www.grief.org.au

ABN 22 038 903 478 ACN 159 297 444



The Australian Centre for Grief and Bereavement is supported by the Victorian Government Department of Health





REGISTRATION FORM



PLEASE PRINT CLEARLY Complete a separate form for each person

First name		
State	F	ostcode
Mobile		
(Quote your ACGB me	mbership number to receive t	he discounted member rate
ired		
se)		
50)		
Location	Date	Cost
	Total	\$
reavement		
reavement		
	v date	
Expiry	/ dateture	
-	(Quote your ACGB me	se)

Post registration form and payment to

Australian Centre for Grief and Bereavement 253 Wellington Road, Mulgrave VIC 3170 OR fax to (03) 9265 2150

Telephone (03) 9265 2100 Freecall 1800 642 066 Fax (03) 9265 2150 Email education@grief.org.au Website www.grief.org.au

ABN 22 038 903 478 ACN 159 297 444