





Healthcare video programs now available at Mass General:

Breast Cancer

- Breast Reconstruction Surgery: Is It Right for You?
- Ductal Carcinoma in Situ (DCIS) Treatment Choices
- Early-Stage Breast Cancer: Hormone Therapy and Chemotherapy
- Early-Stage Breast Cancer: Choosing Your Surgery
- Living with Metastatic Breast Cancer

Cardiovascular Disease

- Heart Tests: Learning About Your Choices
- Living with Coronary Heart Disease
- Living with Heart Failure
- Treatment Choices for Carotid Artery Disease
- Treatment Choices for Coronary Heart Disease
- Treatment Choices for Peripheral Artery Disease

Colon Cancer Screening

Colon Cancer Screening: Deciding What's Right for You

Orthopedics

- Acute Low Back Pain
- Chronic Low Back Pain
- Herniated Disc Treatment Choices
- Spinal Stenosis Treatment Choices
- Managing Early-Stage Knee Osteoarthritis (after age 40)
- Treatment Choices for Hip Osteoarthritis
- Treatment Choices for Knee Osteoarthritis
- Treatment Choices for Torn Meniscus (after age 40)

Osteoporosis

• Protecting Your Bones: Preventing Another Fracture

Palliative Care

• Looking Ahead: Choices for Medical Care When You're Seriously III

Diabetes

Living with Diabetes (available in Spanish)

General Health

- Getting the Healthcare That's Right for You
- Living Better with Chronic Pain
- Peace of Mind: Personal Stories about Advance Directives
- Sleeping Better: Help for Long-Term Insomnia
- Cataracts: Is Surgery Right for You?
- Obesity Weight Loss Surgery: Is It Right for You?

Prostate Conditions

- Benign Prostatic Hyperplasia (BPH) Treatment Choices
- Hormone Therapy: When the PSA Rises after Treatment
- Is a PSA Test Right for You?
- Treatment Choices for Prostate Cancer

Senior Health

Growing Older, Staying Well

Mental Health

- Coping with Symptoms of Depression
- Help for Anxiety: Treatments that Work

Women's Health

- Managing Menopause Symptoms
- Abnormal Uterine Bleeding Treatment Choices
- Uterine Fibroids Treatment Choices (See also Breast Cancer)

Additional Resources:

Blum Center

www.massgeneral.org/pflc

Stoeckle Center

www.massgeneral.org/stoecklecenter

Informed Medical Decisions Foundation www.informedmedicaldecisions.org

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