

Interview with Head Coach Scott Allen

Coach Scott Allen will be entering his tenth season as the Varsity girls Basketball coach at PVI. In the last ten years, Coach Allen has led the Varsity team to seven Virginia Independent Schools State Championships as well as making school history by coaching the 2009-10 team to a twenty-three win season and a school record of 11-7 in the WCAC (the nations toughest girls basketball conference).

In 2002-2003, 2006-2007, 2007-2008, 2008-2009, and 2010-2011 seasons Coach Allen received the VISGBA coach of the year for the State of VA. Since 2002, eleven players have gone on to play college basketball.

Coach Allen brings a wealth of knowledge with him to PVI. Previous to coming to PVI, Coach Allen won a Boys Vermont State Title in 1997 and was a coach at the NCAA Division II Collegiate Level where he was the Men's Assistant Coach for two years at Francis Marion University and the Women's Assistant Coach for two years at Coastal Carolina University, both located in South Carolina.

Coach Allen's Paul VI Girls & Boys Summer Basketball Camps have hosted about 300 campers per summer over the last nine summers. In July of 2011, Coach Allen and Staff held the first ever DC Metro College Showcase which served as one of the top college recruiting showcases for players located on the east coast. Over 98 coaches from all over the country came to PVI to evaluate the DMV talent on display. This is an event that will continue to grow to help assist all student-athletes in finding an opportunity to play at the college level.

Coach Allen also holds a Physical Education Degree where he currently teaches at St. Leo's Catholic School in Fairfax, VA

Where are you from: Fair Haven Vermont
Favorite place to visit: Myrtle Beach, SC
Favorite Food: Steak
Favorite Hobby: NASCAR
Favorite Team: Duke
Pre-game ritual: Hot dog, chips, and water with Coach Roach
Who are your Hero's: Parents and Grandparents
Mentors: Coach Bob Prenevost (High School Coach)
Coach Don Meyer
Watch this video to learn about Coach Meyer
<http://www.youtube.com/watch?v=eoOkHawZKa4>
Favorite Music: Country

1. What is the first memory that comes to your mind about any PVI basketball games in the last 10 years?

- The biggest game that we've had at PVI was in Dec 2003 when we hosted Bishop McNamara who was ranked # 1 in the country and started 6'4 / 6'3 / 6'2 / 6'1 / 5'9. The game was a sell out with 1300 people in the stands. We trailed by 15 points going into the 4th quarter and went on a 15 - 0 run to tie the game with 1:30 left in the game. BMAC came away with a 4 point win, but the excitement about the game was awesome for girl's basketball.

2. What is your most memorable win at PVI?

- There have been a bunch, but the one that comes to mind was our 2008 State Championship game vs. Norfolk Collegiate. We hosted the VIS States that year and actually were seeded # 2 and NC was # 1. They demanded to sit on our home bench as they were seeded # 1. So we had to sit on the visitor bench on our home court. NC was 29 - 2 going into the game and had Shayla White who was going to North Carolina and ranked in the ESPN top 50 players in the country. She dropped 48 points in the semi-finals the night before so we basically planned to guard her with two people the entire game. The game went back and forth as the excitement kept building for the end. The crowd was as loud as I've ever heard at PVI. We were down a majority of the game and came back to take a two point lead with 3 seconds left and were able to hold on for the win. It was an awesome way to send three of the best seniors we've had at PVI. Shanna Suttington, Danae Hill, and Erin Dye.

3. Who is the best player you've coached at PVI in the last ten years?

- We've had some really great players and kids over the last ten years so it's really hard to pick out just one. I would say one of the best was 2003 Graduate Debbie Bruen. She seemed to always have a double-double or triple double in every game. I'm not sure if that was due to her dad doing the stats but she was probably one of the best all around players we've had. She averaged 26 points / 12 rebounds / 8 assists / 6 steals in her last 5 games as a high school player. In her last 5 games averaging 26 points a game she only missed a total of 15 shots

4. What is your evaluation of this year's team?

- This year's team is an interesting team to coach as every day is different for sure. I think that's what makes this team special and frustrating at the same time. I'm hoping we will be playing our best basketball in Feb into March so we can make a run at the WCAC Title and the State Title. If we can get everyone to be more consistent and play as hard as they can every possession I think we could be very good

5. Why would someone want to play at PVI?

- First, the education is second to none and when you match that with playing in the best girls basketball conference in the country it's pretty tough to beat. We make sure that our kids are put in a situation where they have to work hard, compete, have fun and have great attitudes. Character and class is very important to me. I think our program philosophy of trying to develop fundamentally sound basketball players for four years and put them in a situation where they have to work really hard to reach their utmost potential as a student-athlete is something we take a lot of pride in. We really care about our players and want them to have fun playing in our program. Hopefully, when they leave PVI they are well prepared for the college level. We

had over 75 colleges come for our pre-season workouts to watch our players in the fall of 2011. The exposure is something that we want all of our players that have college aspirations to receive. Developing each player as a better person, player, and to be a part of something bigger than themselves that represents PVI with the upmost class is our main goal in everything we do daily. Hopefully, they have a great high school experience as a student-athlete and our program allowed them that opportunity.