

Student Intervention Team



May 2013 Newsletter

This Month's Recruitment Stats at SIT

- * Number of Informational Interviews held: 8
- * Total approximate number of candidates participating in informational interviews: 125
- * Approximate number of participating school sites for the 2013-2014 School Year: 50
- * Total approximate number of interns to be placed for the 2013-2014 School Year: 60

That's a Wrap!

- ⇒ The SIT Clinical Supervision Team provided individual and group supervision to a total of 50 SIT interns
- ⇒ Approximate number of individual supervision meetings: 750
- ⇒ The Clinical Supervisors held 165 Clinical Supervision Groups over the 33 weeks
- ⇒ SIT interns provided counseling and case management services at 50 sites (the equivalent of 25 FTE positions)!!

THANK YOU *A special thanks to our amazing interns for all your hard work providing mental health services to our students and families this year!*

SIT Intern Success Stories

"I had a successful parent's meeting regarding mental health services for their son and issues at home. The parent said, 'I can see why kids like talking with you. If I was a teen I would want to talk to you about my problems.'"

"A letter from a parent: (Our child) has been doing extremely well lately and seems to be more fluid and much happier. I believe that much of his recent improvement is from being involved in your program and working with you. We are very grateful for everything you are doing."

"One of my clients has selective mutism. She has now spoken to me twice and is now smiling and participating in group activities and P.E. (before she would not participate, but stand or sit by herself and not move)."

"I recruited and co-lead a boys' group on anger management. The students are actively participating and seem engaged."

How to reach us...



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Life After SIT....



A special tribute to SIT interns who have landed positions in our mental health community. We are so excited to have been a part of their professional learning experience. Here's a glimpse of where some of them have landed...

Lisbeth Castro-Smyth, MSW– School Social Worker, SFUSD Early Education Department, providing school-based mental health services to children and families in Pre-K.

Mary O'Hara, MFTI– Marriage and Family Therapist Intern/Afterschool Counselor, Creative Health Services, observing and interacting with children during program activities as means of assessing psychosocial and mental health needs. Developing and implementing therapeutic activities for children in program.

Zach Stahl, MFTT-Marriage and Family Therapist Trainee/Intern, Child Abuse Prevention Center-Talk Line Family Support Center, providing phone counseling as well as long-term psychotherapy for adult clients.

Congratulations!

2012-1013 Trainings Provided by SIT

Interns:

- ***Orientation: Getting Started, Crisis Response (presented by Kevin Gogin, SFCSD) and Legal and Ethical Responsibilities***
- ***Play Therapy***
- ***Family Therapy***
- ***Special Education***
- ***Complex Trauma***
- ***Healthy Sexuality in Childhood and Adolescents***
- ***Spring Institute: Restorative Practice (by RP Team), Social Justice, Transitions and Termination***



SFUSD Staff:

- ***Continuum of Mental Health Services (ERMHS)*** with Principals, Vice-Principals, Content Specialists, School Social Workers, Wellness Coordinators, Nurses, Speech Pathologists and Counselors.
- ***DIS Counseling: Getting Started, Legal and Ethical Issues, Emotional Regulation and Feelings, Cognitive Behavioral Therapy, Therapeutic Games, Working with Students around the Holiday Season/Self-Care, and Transitions and Termination*** with School Psychologists.

May is Summer Health Month! Visit www.healthiersf.org for resources and information.



A special thanks to all of our Site Supervisors and other SFCSD Staff, Special Education Staff, Site Administrators, Teachers, Parents, and Community Partners who supported SIT this year.

Have a great summer! See you in Fall 2013!