

Student Intervention Team



April 2013 Newsletter

2013-2014 Intern Recruitment Statistics

- Number of Informational Interviews held: 6
- Total approximate number of candidates participating in informational interviews: 111
- Approximate number of participating school sites for the 2013-2014 School Year: 50
- Approximate number of informational interviews remaining: 2
- Total approximate number of interns to be placed for the 2013-2014 School Year: 60
- Stay tuned for updated statistics in our next Newsletter...



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What you should know about...

Termination and Transitions

Termination is the final stage of the counseling process, but it is not something that should be broached during your last (or next to last) session with a client. Termination should be among the first topics that you and your client discuss. Kramer (1990) clearly articulates this when he writes: "The therapist must be clear from the first contact, unless there are mitigating circumstances, that the intent of treatment is to help the (client) function without the therapist."

As a counselor, you are ethically bound to communicate to your client how long you will be available to counsel them, to discuss openly the timeline of your relationship, and to make appropriate referrals or recommendations at the conclusion of your relationship. It is a stage of counseling that clients need to be prepared for and counselors need to address early on in the counseling process to avoid abandonment.

Tips for Successful Termination

- Identify all individuals with whom you will be terminating (i.e. individual students, check-ins, teachers, etc.
- Discuss termination with your clients early on in the counseling process.
- When creating a termination timeline, pay attention to the developmental needs of the client with whom you are working.
- Establish clear goals with your clients so that progress toward these goals can be recognized and completion of goals is apparent.
- Help clients review the success they have had in counseling.
- Allow clients to discuss feelings of loss surrounding termination and process your own feeling surrounding the process, as well.

Life After SIT....



A special tribute to our SIT interns who have landed positions in our mental health community. We are so excited to have been a part of their professional learning experience.

Ianina Antonio, MFTI– RAMS, Fu Yau Mental Health Consultant for 0-5 year old child care centers, providing support for caregivers and teachers for children attending SFUSD Childcare Centers.

Chatty Cotter, MFTI– Westside Community Behavioral Health Services, providing direct service--individual and group therapy, family support, school and classroom consultation, and case management. Her first school assignment will be Tenderloin Elementary School.

Lisa Windes, MFTI– Seneca Center, supporting children and their caregivers who are stepping down from foster care or the juvenile justice system and re-entering family-like settings.

Congratulations!

Upcoming Trainings...

March 2013

- **School Psychologist DIS Training: Cognitive Behavioral Therapy**
April 5, 2-3:30pm, Cabrillo, 750 25th Ave
- **Working with Children and Adolescents Who Have Experienced Trauma, Part II**
(Rescheduled from March) April 11th 9:30AM-11:30AM, 20 Cook St. (attendance at Part I required)
- **SIT Sexes It Up: Sexual Development, Children and Adolescents (SIT Interns Only)**
April 20th, 9-11am, 20 Cook Street



We have partnered with RAMS! SIT interns who are interested in attending trainings through RAMS should contact

Kristin Chun, Director, Behavioral Health Services/Wellness Program
(415) 309-4434 kristinchun@ramsinc.org for information and registration.



April is Gay Pride/Respect Month! Visit www.healthiersf.org for resources and information



SIT Program Administrator, Kristen Edmonston, was featured in Recognizing All Valued Employees (RAVE) . Check it out:

<http://www.sfusd.edu/en/rave-recognizing-all-valuable-employees.html>