



Cheerfit All Stars at Ben Franklin Academy

Hey BFA Students! If you like to dance and cheer, it's your turn to join in the fun! Cheerfit®, a new Cheerleading enrichment program ***will be starting right here*** at your school! In each session we will learn a hip dance routine and a fun cheer chants. You will receive ***a real cheerleading uniform and poms*** when you sign up! Get ready to play lots of teambuilding games, win prizes, learn new stunts and rock it out for a performance with your own school events!

The Cheerfit® program emphasizes friendship, fitness and fun. This is a non- competitive cheerleading and fitness club for anyone who wants to learn basic cheer motions and proper technique. At Cheerfit® we promote fitness and friendship by building positive relationships through cheering on others through a variety of community events.

To enroll your child in this session of Cheerfit please email:

www.cheerfit@live.com or call 720.233.6605

Include in your email:

- Your Name
- Your Child's Name, School and Grade
- A best phone number or email for confirmation of enrollment

Session Price: Just \$10.00 per class (8 classes per Session) with a one-time \$60.00 fee for a real cheerleader uniform including skirt, shell, pompoms, socks and hair bow.

Ben Franklin Academy Schedule

Wednesday's in the Gym

Class #1: April 3rd 4:00 pm – 5:00 pm

Class #2: April 10th 4:00 pm – 5:00 pm

Class #3: April 17th 4:00 pm – 5:00 pm

Class #4: April 24^h 4:00 pm – 5:00 pm

Class #5: May 1st 4:00 pm – 5:00 pm

Class #6: May 8th 4:00 pm – 5:00 pm

Class #7: May 15th 4:00 pm – 5:00 pm

Class #8: May 23rd: Field Day Assembly