



Programs

Advocacy and Public Policy – With the only mental health lobbyist in Georgia who does not represent a particular profession, our organization is recognized as a leader in mental health advocacy and often acts as a resource for a number of Georgia legislators.

Kids on the Block - A puppet troupe which utilizes multicultural, life-sized puppets that perform copyrighted scripts on mental health topics to promote mental wellness and stigma reduction for children, their families, and caregivers.

Project Wellness: General Mental Health – MHA of Georgia hosts and participates in health fairs, seminars, trainings, or wherever there is an opportunity to raise awareness among consumers, their families, health care providers, and the general public about mental wellness and the promise of living in recovery.

Project Healthcare Access III – In partnership with Grady Health System, MHA of Georgia increases access to mental health care for geriatric charitable clinic patients by training existing staff in such primary care settings to screen, diagnose, and treat patients for depression, utilizing the evidence-based program “IMPACT.” With this care coordination, patients are more likely to get diagnosed, treated, and comply with treatment so as to improve their quality of life as well as decrease the financial costs associated with untreated mental illness.

Project Healthy Moms – An initiative to increase awareness, identification, treatment, and support of perinatal mood and anxiety disorders (e.g., pre- and postpartum depression, anxiety, etc.) in Georgia, while also reducing the stigma associated with them. We do this through educational seminars for rising professionals/practitioners in the field, provider toolkits that facilitate the dissemination of perinatal depression screening and educational materials, provider training regarding screening and treatment, and peer support/provider and resource linkage for women suffering from perinatal mood and anxiety disorders.

Mental Health First Aid/Youth Mental Health First Aid – In collaboration with the state of Georgia and other agencies, MHA of Georgia offers Adult Mental Health First Aid (MHFA) and Youth MHFA trainings throughout our state. Adult MHFA is a 12-hour training program that improves the mental health knowledge and skills of Georgians in responding to early-stage mental illnesses and mental health crises. YMHFA is an 8-hour training program that introduces participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention, and most importantly, teaches individuals how to help a youth in crisis or experiencing a mental health or substance use challenge.

RESPECT Seminars – In partnership with Slack Consulting, LLC, MHA of Georgia offers Joel Slack’s international seminar throughout Georgia. The RESPECT seminar provides unique insights from a patient’s perspective into mental illness, the treatment and recovery process, and emphasizes the value of respect in a healthcare setting. The seminar also provides a functional definition of respect that includes real-life examples of applications.

RESPECT Institute – In partnership with Slack Consulting, LLC, Georgia’s Department of Behavioral Health and Developmental Disabilities, and the Georgia Mental Health Consumer Network, MHA of Georgia is implementing the RESPECT Institute throughout the state. Each Institute is a 3.5 day program which provides individuals with the skills and coaching necessary to transform their mental illness, treatment, and recovery experiences into educational and inspirational presentations. These presentations are then delivered to a broad range of audiences throughout Georgia. Through these efforts, we are creating a statewide group of individuals that have the means by which to educate our communities and promote compassion, acceptance, and encouragement to seek help for mental illness.