


Welcome to the Association of State & Territorial Public Health Nutrition Directors

Come inside to learn more
about your membership.



ASTPHND... *P*romoting the value of public health nutritionists



ASTPHND offers state and national leadership on food and nutrition policy, programs and services that help improve the health of our population.

Welcome to ASTPHND!

Thank you for joining the Association of State and Territorial Public Health Nutrition Directors. We value your membership and want you to benefit from all of our programs and resources.

Please take a few minutes to browse through this brochure, click on the links and learn what makes ASTPHND unique. You'll find that there are many ways to get involved and start reaping professional rewards immediately.

ASTPHND promotes the value of our profession.

Public health nutritionists possess diverse skills and expertise ranging from nutrition science...to food systems and food environments...to finance and grant management.


We champion the profession of public health nutrition and continually work to promote the value of public health nutritionists. From our collaborative work with other organizations...to our advocacy...to our recently published brief on ***The Role of Public Health Nutrition in Obesity Prevention***, we are here to advance public health nutritionists.



ASTPHND's Vision

ASTPHND seeks to create new environmental norms where healthy eating and active living are the easy and natural choices for all Americans.

ASTPHND... *Developing and empowering* leaders in public health nutrition



"I love the leadership training that is available to us. It allows us a chance to learn more about up-and-coming issues and trends in our field."

Developing tomorrow's leaders...today.

ASTPHND's online and in-person **leadership development resources** and training programs give our members the tools and skills they need to be at the forefront of results-oriented, healthful outcomes across the nation.

What's more, we've recently launched the **Emerging Leaders Project** for members who are new to ASTPHND or who are newly involved in the organization.

Recognizing excellence in our field.

Each June at our Annual Meeting, the **ASTPHND Awards** program recognizes excellence in public health leadership across five categories.

We also profile members who are leading the way in maternal and child health through the publication of the **MCH Nutrition Success Stories**. Be sure to take a look and see what makes our members extraordinary.



*We encourage you to visit ASTPHND's **Leadership Development Resources** page to learn how we can help you strengthen your skills in public health and nutrition.*

ASTPHND... *h*elping members achieve health equity in their communities and states



“ASTPHND has become the ‘go to’ voice of public health nutrition because it recognizes and corrals all of our individual strengths into a common resource.”

There's strength in numbers.

ASTPHND's 250-plus members support policies, funding, strategies and programs that promote nutrition and physical activity and prevent disease.

From advancing the consumption of fruits and vegetables, to promoting breastfeeding and maternal and child health and nutrition, to stemming the tide on the obesity epidemic, ASTPHND's members share a common drive and passion for public health.

ASTPHND's National Council of Fruit & Vegetable Nutrition Coordinators.

Our **National Council of Fruit & Vegetable Nutrition Coordinators** is comprised of members who are Fruit & Vegetable Nutrition Coordinators in their states.


Council members serve in leadership positions within ASTPHND, have the opportunity to shape legislation and receive continuing education and professional development. Most importantly, they are making a difference in the public's access, purchase and consumption of fruits and vegetables.

ASTPHND's Maternal & Child Health Nutrition Council.

The **Maternal & Child Health (MCH) Nutrition Council** works on a range of policy, programs and services including the promotion of nutritional well-being across the lifespan of women, infants, children, youth and families.

Participation on the Council helps members develop their leadership skills, engage in advocacy and public policy development and share ideas with peers. Any ASTPHND member can join the MCH Council.

Providing key resources and professional development



"I have been an ASTPHND member for less than a year, but I am already benefitting professionally!"

The information you want.

ASTPHND keeps its members up-to-date on emerging issues, policies, opportunities, strategies, grants, research and other pertinent data.

Content is continually added to our searchable [website](#) and we publish and distribute a [monthly e-newsletter](#) to our members highlighting new association resources and programs. Our Council of Fruit & Vegetable Coordinators also issues a monthly e-newsletter called "News to Use."

The resources you need.

ASTPHND produces several [key publications](#) each year on topics which are vital to our membership. These publications are available for download on our website.

Timely information and resources from related organizations are posted on our home page in a feature called ["What's New in Public Health Nutrition."](#) Additionally, we list [webinars and conferences](#) from other organizations that you might want to know about.



[Looking for ASTPHND Training?](#)

Visit ASTPHND's [Resources](#) section, where you'll find materials and audio files from CDC-DNPAO, CDC-SFS, Fruit & Vegetable Nutrition Council and Maternal & Child Health Nutrition Council training calls.

ASTPHND... *Facilitating* beneficial peer support that encourages the sharing of innovative ideas



"One of the benefits I have received in being an ASTPHND member is getting to know other public health nutritionists and learning how they handle challenging situations."

Learning from one another.

Perhaps one of the most vital aspects of membership in ASTPHND is the ability to interact and learn from your peers. Active members build relationships with fellow members in other states and are able to learn what they are doing and how their peers' work can be applied in their own communities. Together our members advance the industry, the association and their own work.

Opportunities to convene and grow.

ASTPHND's **annual meeting**, committees, councils and workgroups bring members together in meaningful and productive ways. Our committees and councils conference regularly and offer many leadership, mentoring and advocacy opportunities.

We encourage you to learn more and get involved with ASTPHND's **Advocacy, Collaboration, Communications** or **Membership Committee**.



Connect with Fellow Members

*Keeping in touch with other members and finding fellow members in your state is easy through ASTPHND's easily accessible online **Members Directory**.*

ASTPHND... *Building* strategic partnerships for successful outcomes in public health



“The support the organization provides is amazing and demonstrates that you can fulfill all your normal responsibilities and still make a difference at the national level.”

Collaborating with other organizations.

ASTPHND collaborates with other organizations in order to strengthen successful outcomes in public health.

Our **strategic partnerships** are ongoing and varied, and include such organizations as Action for Healthy Kids, National Salt Reduction Initiative and the United States Breastfeeding Committee.

A resource for effective collaborations.

Effective Collaborations is a new ASTPHND web page designed to help members sharpen their skills in leading and participating in collaborative projects.

The web page includes background information, skill development resources, tools and examples of how other members have successfully carried out effective collaborations.



Serve as an ASTPHND Liaison

Through our collaborative efforts, our members have an opportunity to serve as ASTPHND liaisons to other organizations.

ASTPHND... *there's* never been a better time
to get involved!



SIGN UP TODAY!

*Complete this **brief form** to get involved with your favorite ASTPHND initiatives. There's never been a better time to be an ASTPHND member!*

Want to learn more?

ASTPHND's Membership Committee is here to help you take advantage of your membership.

We welcome you to participate in one of our **New Member Orientations** to learn how you can get active within ASTPHND.

If you have additional questions, please contact **Allison McGuigan**.

ASSOCIATION OF STATE & TERRITORIAL
PUBLIC HEALTH  NUTRITION DIRECTORS

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