



Strategies For The Treatment of Eating Disorders

When: September 29, 2011
1:00 PM to 4:00 PM

Where: Tewksbury Hospital Events Room

Presenters: **Kamryn Eddy, Ph.D.**, Staff Psychologist , Harris Center for Education and Advocacy in Eating Disorders at Massachusetts General Hospital

Jennifer Thomas, Ph.D., Assistant Director, Eating Disorders Clinical and Research Program, Massachusetts General Hospital and Assistant Psychologist, Klarman Eating Disorders Center, McLean Hospital

This workshop introduces empirically based treatment models for providing treatment to clients struggling with Bulimia, Anorexia and Eating Disorder, Not Otherwise Specified. The program is tailored to the provision of treatment for eating disorders within a non-eating disorder treatment setting.

Learning Objectives:

At the conclusion of this activity, participants will be able to:

- Describe both the rationale for and the basic steps involved in providing the main empirically supported treatment for Bulimia Nervosa and Eating Disorder Not Otherwise Specified: Enhanced Cognitive-Behavioral Therapy (CBT-E).
- Describe the premise and key phases of the best-studied evidence-based therapy for adolescent Anorexia Nervosa: Family-Based Treatment (FBT), and
- Anticipate and troubleshoot the real-world clinical challenges of implementing empirically supported therapies with an acutely ill population in a non-eating-disorder-specialty setting.

This workshop is open to State Employees, Provider Staff, Persons with Lived Experience, and other interested parties.

DMH employees, please register through PACE. All others, please E-mail us with the number of people planning on attending, at NEAStaffDev@dmh.state.ma.us

If you need a special accommodation to participate fully in this program/event, please contact us via email at NEA Staff Development by Sept. 15, 2011.

Sponsored by DMH Staff Development

Learning Level: Intermediate

Domain of OT: Client Factors Professional Issues: Contemporary Issues and Trends

Continuing Education Information: In order to receive continuing education credit or contact hours for an event, participants MUST sign in, MUST remain the entire program, and MUST submit an evaluation upon the conclusion of the program

****No Partial Credit Will Be Awarded***

Disclosures

In accordance with the standard and the criteria set forth by the ANCC COA, speakers are asked to disclose the absence or presence of any relationship they have to companies producing pharmaceuticals, medical equipment, prosthetics, etc. that might be germane to the content of their lecture. Such disclosure is not intended to suggest or condone bias in the presentation, but is elicited to provide the attendees with information that might be of potential importance to them.

Nursing:

The Department of Mental Health- Central West Area is an approved provider of continuing nursing education by the Massachusetts Association of Registered Nurses INC., an accredited approver of American Nurses Credentialing Center's Commission on Accreditation. This Continuing Education Activity carries 2.75 contact hours.

Psychologists:

The Central West Area- Worcester State Hospital is approved by the American Psychological Association to sponsor continuing education for Psychologists. The Central West Area- Worcester State Hospital maintains responsibility for the program

Social Work:

This activity is approved for 2.75 Social Work Continuing Education Credits CMA #092911A

Mental Health Counselors

DMH Northeast Area Staff Development Office is an Approved continuing Education Provider (ACEPTM) and may offer NBCC approved clock hours for events that meet NBCC requirements. DMH Northeast Suburban Area Staff Development solely is responsible for all aspects of the program. 2.75 hours.

Occupational Therapists

DMH- Central West Area Worcester State Hospital is an American Occupational Therapy Association (AOTA) approved provider. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. This program is approved for 2.75 PDU's