

# **The Southeastern Massachusetts Recovery Learning Community 5th Annual "RECOVERY IS REAL"**



Join us for a day of celebrating Recovery! It's a day of sharing our recovery stories and empowering each other in our journeys towards wellness.

**Where:** Taunton State Hospital- Ricky Silvia Gym

**When:** Thursday, August 11, 2011

9:00 am-2:30 pm

Registration begins at 8:30 am

- **Hear Recovery stories** about working, financial, physical, and emotional wellness!
- **Define Recovery** and identify tools that promote Wellness, as well as Barriers that impede progress.
- **Promote Peer Support**, WRAP, healthy living, and work as a tool for Recovery.

## **Recovery Raffle**

## **Wellness & Recovery Information Tables**

**\*\*Confirm attendance on or before July 28th by calling  
Debbie at (508) 977-3417**

**Refreshments and Lunch provided/ No CEU's available  
Deaf and Hard of Hearing Interpretation provided**