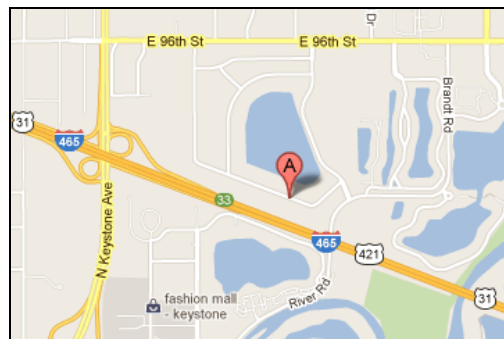*Please join us for*

"A Taste of College" Workshop

Gearing up for college is a huge process that can easily become over-whelming. The good news is, CRG is made up of many professionals with transition to college expertise who can guide and support you during this major change.

Saturday, February 25th from 1:00 to 5:00 p.m.

Indiana Wesleyan University's
Indianapolis (North)
Education & Conference Center
Located near the intersection
of I-465 and N. Keystone Avenue

- **All high school students who are preparing to enter college in the fall, or are actively involved in a college search**

- **Parents**

- **Special Education teachers**

- **Guidance Counselors**

- **Transition Specialists**

- **High School Administrators**

This practical and interactive workshop is designed to assist ***all students and families*** with developing effective plans for transitioning to college successfully. It will also provide specific information regarding college disability services for students with LD, ADHD, Asperger's, and disabilities such as depression and anxiety.

For additional information, please contact CRG at (317) 575-9111, or visit us on the web!
www.childrensresourcegroup.com

CRG
A Multi-Specialty Behavioral Health Practice

"Taste of College" Workshop Agenda

Light refreshments and information packets will be provided.

12:30 PM **Registration/Arrival**

1:00 PM <u>**Opening session**</u> **(for all participants)**
    Don't Just Get In; Get <u>Through</u> College.
    Presented by Julie Steck, Ph.D. (Psychologist) and David Parker, Ph.D. (Postsecondary Disability Specialist)
    This session will focus on the variety of college options available to students, such as online learning, community colleges, specialized schools, and other choices.   Parents and students will be asked to consider key factors to help them objectively evaluate what type of college is right for them.

2:00 PM <u>**Break-Out Session 1**</u>
    Students will attend *Discovering You: Prerequisites for Success*
    Presented by Nancy Lindhjem, Ed.S. (School Psychologist)
    This session is designed to help students gain a deeper understanding of their personality types and determine how this information can impact learning, relationships, and choice of majors/careers.

    Parents will attend *Gear Up for College with Technology for Parents*
    Presented by Beth Waite, CCC-SLP/ATP (Assistive Technology Specialist)
    Ms. Waite will discuss the difference between assistive technology services in high school and college and recommend questions to ask potential universities about available technology resources. Parents will learn about the pros and cons of using personal technology such as cell phones, iPads, social media, email and other technology to communicate with their college students.

3:00 PM <u>**Break-Out Session 2**</u>
    Students will attend *Gear Up for College with Technology for Students*
    Presented by Ms. Beth Waite
    This session will teach students tips and tricks for using features commonly available in every day technology for writing, reading, studying, independent living and organizing.

    Parents will attend *Don't Leave Home Without It: Top 10 Tools for College Success*
    Presented by Dr. Parker and Ms. Lindhjem
    This session will address key transition skills all students should develop to enhance their independence and success as they begin college. Dr. Parker and Ms. Lindhjem will discuss how parents and educators can help high school students develop these skills and connect with helpful resources on campus.

4:00 PM <u>**Closing session**</u> **(for all participants*)*
    Hearing from the Experts
    A panel of students who have addressed their LD/ADHD/learning needs in college will share their personal experiences and offer suggestions for making a smooth transition to college. Time will be provided for some Q&A with the audience, too.

<u>**REGISTRATION INFORMATION**</u>

Please register in advance by calling CRG (317-575-9111) or visiting our website (www.childrensresourcegroup.com). Registration is $100.00 per person or $175.00 when two people (such as parent and teen) register together. Upon registering, you will receive specific directions to the workshop site and students will receive instructions for completing a personality assessment in advance of *Discovering You: Prerequisites for Success*.