

State Family/Parent/Youth Specialist Certification Definitions

Arizona

http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=9&ved=0CGIQFjAI&url=http%3A%2F%2Fwww.chcs.org%2Fusr_doc%2FCHIPRA_091911_webinar.ppt&ei=4TIIULiXCyqO2wW_wNSwBA&usg=AFQjCNGB0fy4Z6pGt_4ukfS29j33HSOEA&sig2=Ho-jhTA91m1leXhg-CvCeg

“Parent-Delivered Support or Service

Emotional and informational support provided by a parent or caregiver who has similar personal life expertise and has navigated two child serving systems.”

From <http://www.azdhs.gov/bhs/definitions/documents/BHSdefinitions.pdf>

Florida

The **Certified Recovery Peer Specialist - A (CRPS-A)** provides peer mentoring and support to individuals who are consumers of mental health service systems and achieves resiliency and recovery as defined by the individual consumer. The CRPS-A must be a true peer; this means that the peer specialist is also a consumer of public or private mental health services.

The **Certified Recovery Peer Specialist - Family (CRPS-F)** credential provides peer mentoring and support to families that include at least one child diagnosed with a mental illness before his or her 24th birthday. The CRPS-F must be a true peer; this means that the peer specialist must be a first-degree relative or primary caregiver of a child diagnosed with a mental illness.

The **Certified Recovery Peer Specialist (CRPS)** credential is for those persons who possess competency in both family and adult peer mentoring. The CRPS must be a true peer; this means that the peer specialist must be a consumer of private or public mental health services AND is a first-degree relative or primary caregiver of a child diagnosed with a mental illness.

From http://www.flcertificationboard.org/Certifications_Certified-Recovery-Peer-Specialist.cfm

Family Recovery Peer: This is the title of the job position. It represents a peer specialist who has competency specific to working with a family who has at least one child, under the age of 23, who is receiving mental health services.

3. Family Recovery Peer Specialist: This is the working title for the job position of Family Recovery Peer. It indicates that the practitioner is a Certified Peer Specialist, specializing in providing peer support to all members of the family

From http://www.flcertificationboard.org/upload_documents/CRPS-FRDS.pdf

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Kentucky

<http://kypartnership.org/>

The Certification Commission of the National Federation of Families for Children's Mental Health is composed of people involved in the field of parent and peer support and volunteers to guide and administer all aspects of the CPSP certification program. Thirty-four parent leaders across the country completed this first computer-based pilot exam in April 2012. The certification exam focused on ten domains of competency:

1. Ethics
2. Confidentiality
3. Effecting Change
4. Behavioral Health Information
5. Education Information
6. Communication
7. Parenting in Advocacy
8. Advocacy in Multiple Systems
9. Empowerment
10. Wellness and Natural Supports

New Mexico

"CERTIFIED FAMILY SPECIALISTS (CFS) means an individual 18 years of age or older who has personal experience navigating any of the child or family-serving systems or advocating for family members who have a knowledge of and are involved with the behavioral health systems and are certified by an approved state of New Mexico certification program."

From <http://www.nmcpr.state.nm.us/nmac/parts/title07/07.020.0011.htm>

Oregon State

Definitions

- **"Peer Delivered Services"** means an array of agency or community-based services and supports provided by peers, and peer support specialists, to individuals or family members with similar lived experience, that are designed to support the needs of individuals and families as applicable.
- **"Peer Support Specialist"** means a person providing peer delivered services to an individual or family member with similar life experience, under the supervision of a qualified Clinical Supervisor. A Peer Support Specialist must complete an AMH approved training program and be:
 - (a) A self-identified person currently or formerly receiving mental health services; or

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- (b) A self-identified person in recovery from a substance use disorder, who meets the abstinence requirements for recovering staff in alcohol and other drug treatment programs; or
- (c) A family member of an individual who is a current or former recipient of addictions or mental health services.
- ***Service Conclusion, Transfer, and Continuity of Care***
 - (2) Service Conclusion Process and Continuity of Care: Prior to service conclusion, providers must:
 - (b) Coordinate recovery and ongoing support services for individuals and their families including identifying resources and facilitating linkage to other service systems necessary to sustain recovery, including peer delivered services.

<http://www.oregon.gov/oha/amh/pages/peer.aspx>

Oregon approved trainings

<http://www.oregon.gov/oha/amh/pages/peer-training.aspx>

Oregon Family Support Network, Inc.

<http://www.ofsn.org/Services/FamilyNavigators/tabid/246/Default.aspx>

<http://www.rtc.pdx.edu/conference/Presentations/pdf62Depew.pdf>

Pennsylvania

The functions of the **Family Support Partner** are many and varied, but can be placed into three categories:

1. The Family Support Partner is a member of the HFW team and supports the Facilitator to accomplish HFW with the family.

The HFW Facilitator has primary responsibility for the HFW process. Success for youth and families, however, can often be improved when the HFW Facilitator and HFW Family Support Partner work as a team to make sure the HFW Phases, activities and the Theory of Change process is moving towards recovery and successful outcomes. Some families may engage with the FSP more easily, and thus the FSP may discover information that strengthens the Discovery. The Facilitator and the FSP can work as a team to build upon their own strengths, and the strengths and preferences of the family to make HFW work.

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2. The Family Support Partner may provide direct support for those families who may not want the additional people on their team or in their home.

HFW Family Support Partners can provide limited direct support to help the youth and family with their action steps on the HFW plan. This can include working with the family and natural supports to strengthen the natural support system, as well as preparing the family to attend meetings with school, child welfare or HFW planning meetings. Support can come in a variety of ways for the family as identified by the team, including the youth and family.

3. The High Fidelity Wraparound Family Support Partner can work to connect families to community resources, and with other families facing similar challenges.

Helping families connect with necessary resources is an important role of the HFW Family Support Partner for some families. Some families already have strong natural support systems and may not want this. For other families, the Family Support Partner can help them to identify community resources such as housing supports, recreation programs, child care providers, religious institutions or community organizations. It can mean helping them to re-establish relationships with extended family and natural supports, or assistance in reaching out to new natural supports. The FSP can also connect the family to other families and family support groups, and orient and recruit interested families to become involved in community advocacy and system level work.

From <http://www.yftipa.org/pages/family-support-partner>

Responsibilities

The functions of the **Youth Support Partner** can be placed into six categories:

1. To role model effective behavior for the youth:

The YSP teaches through example by role modeling. Role modeling can take place when the YSP takes responsibility for personal decisions, and for the consequences of those decisions. Another way to role model is to show a pattern of having healthy relationships with others, including the HFW team, the family members and the youth or young adult. Showing positive and healthy responses to stress and conflict, and demonstrating positive social skills are other indications of role modeling.

2. To ensure youth “voice and choice”:

The YSP helps the youth or young adult understand and express their needs, goals and decisions. The YSP helps ensure that the youth’s ideas and plans for the future are listened to. Helping the individual learn self-advocacy skills so they may achieve their hopes and dreams is another way to help ensure youth voice and choice.

3. To support improved self efficacy and confidence:

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The YSP will help the youth discover and articulate his/her talents and strengths, get involved in positive activities where they can succeed, help the youth consider the pros and cons and the reasons for their actions, and celebrate their successes.

4. To promote and strengthen healthy relationships:

The YSP may encourage and help with the development of supportive relationships in the community when requested by the youth or young adult (e.g., friends, neighbors, work, religious congregations, clubs and activities, etc.) that will help support and develop social skills and a social environment.

5. To help others working with the youth understand youth culture:

The YSP may help team and family understand youth culture, in order for all those involved to become more culturally aware of the issues facing individuals in this age group who have specific needs and challenges.

6. To use their personal story to teach through experience:

The YSP can share their wraparound experiences, how their process of change and recovery progressed, and how the decisions they made impacted their lives.

An important role of the Youth Support Partner is to have knowledge of resources and the ability to share these with the youth or young adult. Although some will not need this because of their established strong natural support systems, many others will need assistance in identifying community and supportive resources such as work opportunities, recreation programs, educational activities, special interest groups, after-school activities, and support groups. Another role may include helping the youth or young adult re-establish relationships with extended family and other natural supports, or learn how to develop new supports. Understanding how programs are developed, and how community and social change is accomplished can help the youth or young adult realize that there is something outside of themselves to be involved with. A Youth Support Partner can help identify relevant committees to participate in.

From <http://www.yftipa.org/pages/youth-support-partner>

South Carolina

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Tennessee

Family

“A Certified Family Support Specialist (CFSS) is a person who has self-identified as the *caregiver* of a child or youth with an *emotional, behavioral or co-occurring disorder* and who has successfully navigated the child-serving systems to access treatment and resources necessary to build *resiliency* and foster success in the home, school, and community. This individual has

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successfully completed training recognized by TDMH on how to assist other *caregivers* in fostering *resiliency* in their child, based on the principles of *resiliency* and *recovery*.”

From http://www.state.tn.us/mental/recovery/oca_docs/CFSS_Handbook.pdf

Texas

A Certified Family Partner (CFP) is a parent or guardian who has lived experience raising a child with mental or emotional challenges and who has learned to successfully navigate the systems of care. The Certified Family Partner is trained to use this experience to help other parents experiencing these issues for the first time.

From <http://www.viahope.org/programs/family-partner-training-certification>

Washington

Certified peer counselors help consumers and families identify goals that promote recovery and resiliency and assist them in identifying services and activities to help them reach these goals. They share their own experiences in recovery to encourage consumers and families to regain hope in and control over their own lives. They promote personal responsibility for recovery and assist consumers and families in learning to advocate for themselves. Certified peer counselors are well grounded in their own recovery and model competency in ongoing coping skills. Certified peer counselors work with consumers in groups or individually. Many work for licensed community mental health agencies or their subcontractors.

"Consumer" means a person who has applied for, is eligible for or who has received mental health services. For a child, under the age of thirteen, or for a child age thirteen or older whose parents or legal guardians are involved in the treatment plan, the definition of consumer includes parents or legal guardians.

<http://www.dshs.wa.gov/dbhr/mhpeer.shtml#dbhr>

Matrix on Medicaid State financing for Family and Youth Peer Support, not complete. Of the states surveyed with Medicaid funding, four have certification: Georgia, Michigan, South Carolina, and Washington

May, 2012, CHCS http://nationalwraparoundinitiative.shuttlepod.org/Resources/Documents/CHCS-Family_Youth_Peer_Support_Matrix_052512.pdf

Family, Youth Powerpoint (Sept. 2011) on AZ, MA, **and also on & Parent Peer Support**

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http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=9&ved=0CGIQFjAI&url=http%3A%2F%2Fwww.chcs.org%2Fusr_doc%2FCHIPRA_091911_webinar.ppt&ei=4TIIULiXCYqO2wW_wNSwBA&usg=AFQjCNGB0fy4Z6pGt_4ukfS29j33HSOEA&sig2=Ho-jhTA91m1leXhg-CvCeg :

FUNDING for PARENT SUPPORT PROVIDER WORK

States billing Medicaid:

AK, AZ, OK, KY, MA, MD, MI, PA, TN, WA

States using §1915 PRTF waivers:

AK, GA, IN, KS, MA, MS, MT, SC, VA

DEFINITION

Certified Parent Support Providers™ (CPSPT™)

- ☐ Use their lived experience and specialized training to assist and empower families raising children and youth who experience emotional, developmental, behavioral, substance use, or mental health concerns.
- ☐ Partner with child and family serving systems to improve family outcomes and strive to eliminate stigma and discrimination.

For purposes of national certification an applicant

- ☐ Is a person who can articulate understanding from their experience parenting a child with emotional, behavioral or mental health issues.
- ☐ May be a birth parent, adoptive parent, family member standing in for an absent parent or a person chosen by the family or youth to have the role of parent or be able to articulate experiences based on parenting a child.



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National Federation of Families for Children's Mental Health, Certification: Resources for Parent Support Providers: The Parent Support Provider Certification is the National Federation of Families for Children's Mental Health nationally recognized credentialing service for family and youth peer support specialists.

Parent support providers CAN APPLY FOR NATIONAL CERTIFICATION since OCTOBER 2011

APPLICATIONS are on line at <http://www.ffcmh.org/certification>

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<http://www.ffcmh.org/certification/resources>

ppt:

http://www.google.com/url?sa=t&rct=j&q=&esrc=s&source=web&cd=6&ved=0CFkQFjAF&url=http%3A%2F%2Ftapartnership.org%2Fenterprise%2Fdocs%2FRESOURCE%2520BANK%2FRB-FAMILY-DRIVEN%2520APPROACHES%2FGeneral%2520Resources%2FCertification_of_Parent_Support_Providers_Purdy_NFFCMH_02-11.pptx&ei=-rQFUPKoNcbc2gXf9Yy0BQ&usg=AFQjCNG9RqTxykWYWeK4Lc9QGuzdqdPr0w&sig2=BglSJZhhhTLMKxQyHqxmWQ

- A few states have statewide certification for purposes of billing Medicaid: TN, OR, AZ, KY, MI, ID, OK
- Some state are still either working on state certification or considering it: FL, IA, IN, MH, IL, MA, ME, NY, TX, CO, SC
- The advantages of national certification:
 - No costs to the state to develop or administer
 - Easier to market since it is the same as other states
 - Outcomes can be compared across states