



www.familysupportctc.org

FSC/TC NEWSFLASH – MAY 2012

Family Support Council of Tarrant County meets **Friday, May 11th** at **11:30 AM** at Resource Connection Welcome Center Boardroom, 1100 Circle Drive, Fort Worth, TX 76119. Please RSVP for lunch to kimberly.gilchrist@mhmrtc.org no later than Thursday, May 10th.

Spring 2012 Transition & Disability Resource Expo is here!

Resource Connection Conference Center/Gym

2300 Circle Drive

Fort Worth, Texas 76119

Saturday, May 5, 2012

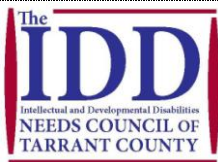
10 AM — 2 PM

Exhibitors register online at www.FamilySupportCTC.org

Free Parking Free Admission

Free Information Sessions

Representatives from area organizations,
service providers and suppliers will be available to
talk with you about products, supports, and
services for people with disabilities.



The Intellectual and Developmental Disabilities Needs Council of Tarrant County will meet on **Thursday, May 3rd, 2012** from 8:30 to 10:00 AM at Easter Seals, 1424 Hemphill St., Ft. Worth, TX. For more information on the IDD Needs Council, call Beth Cain (817-877-1474) or email beth.cain@iddcounciltc.org

The Ladies Friendship Group will meet on **Friday, May 4th, 2012** from 12:00 – 2:00 at The Resource Connection Gym, 2300 Circle Drive, Classroom B, Fort Worth, TX 76119. Please bring your lunch. Drinks and dessert will be provided. For more information or to RSVP, contact Linda Haberthur at **817-569-5459**.



The Men's Friendship Group will meet on **Thursday, May 10th** from 12:30 AM – 2:30 PM at The Arc of Greater Tarrant County, 1051 Haskell St, Suite 106, Fort Worth, TX 76107. Please bring a sack lunch. For more information or to RSVP, please call Brandon Cabral at **817-986-1252**.

MY RIDE has officially launched a new and improved [website](#)! This website is a place where you can go to see news and information about MY RIDE. You will even be able to put in a request for transportation assistance straight from your computer by clicking the 'FIND A RIDE' button. Our website also includes training information for caseworkers and other health professionals. Make sure to bookmark our website, www.myridetarrant.org, into your browser. MY RIDE has also launched a Facebook page. This page is a place where you can ask us questions and communicate directly with MY RIDE and other users. It is also the go-to location for the most current MY RIDE information. If you are on Facebook, be sure to check out our page and 'Like' it by [clicking here](#) or by going to www.facebook.com and searching for 'MY RIDE Tarrant County.' **Call 682-587-7099** for personalized help with finding the best transportation for your situation (M-F 8 AM to 5 PM) or email myridetarrant@gmail.com.



Rise Adventures Kickin' Off the Summer BASH VI is Saturday, May 12 from **9 AM – 3 PM** at Meadowmere Park, Grapevine, TX. For more information, visit Rise at <http://www.riseadventures.org/>

Treehouse Thursdays - A Special Gathering for Special Parents Only: A support group in Azle, for parents of special needs children!

Hosted by Rise for Special Children, www.riseforspecialchildren.com.
Location: First Baptist Church of Azle, 1016 Boyd RD, Azle, TX 76020
Time: 6.30pm-8.00pm (Brown Bag Dinner) For more information call Petra at 940-293-7388



Autism Speaks releases ATN Visual Supports Guide: Pictures, photographs and other visual supports can greatly improve communication for children, adolescents and adults who struggle with understanding or using language. Autism Speaks is pleased to introduce its Autism Treatment Network's Visual Supports tool kit, a guide for parents, teachers and medical professionals. [Available for free download](#)



AUTISM SPEAKS™
It's time to listen.

FEAT-NT ASPERGER SUPPORT GROUP MEETING:

1st Wednesday night of every month from 7:00-8:30.
AUTISM SUPPORT GROUP MEETING: 3rd Wednesday night of every month from 7:00-8:30 Childcare is available to those who RSVP for childcare.

events@featnt.org to let us know you are attending and if you will need childcare. Support group meetings are held at FEAT-NT Resource Center & Library, 7286 Glenview Drive, Richland Hills, Texas 76180, Located on Glenview Drive between Hwy 183 and Hwy 26 also known as Grapevine Hwy or Blvd 26. For best directions go to www.mapquest.com.



**Families for Effective
Autism Treatment
NORTH TEXAS**
with you every step of the way



Housing Options: *Definitions, Accessibility & Eligibility*

Friday, June 8, 2012 - 9:00 a.m. – 12:00 p.m.

Tarrant County Public Health Department

1101 S. Main Street, Fort Worth, TX

click [here](#) for details

Cognitive Behavior Therapy in Action

Thursday, May 3, 2012 - 1:00 p.m. - 4:00 p.m.

Tarrant County College - Northeast Campus - 828 West Harwood Rd. - Hurst, TX

click [here](#) for details

Nursing Home Social Workers' Roundtable

Friday, May 11, 2012 - 10:00 a.m. - 12:00 p.m.

Huguley Hospital Amphitheatre - 11801 South Freeway - Burleson, TX

click [here](#) for details

Hispanic Caregiver Conference

Friday, May 11, 2012 - 9:00 a.m. to 1:00 p.m.

All Saints Catholic Church -214 Northwest 20th Street Fort Worth, Texas 76164

click [here](#) for details

Spiritual Crossroads:- Faith, Mental Health and the African American Community

May 15 & May 16, 2012

The Riley Conference Center - Southwestern Baptist Theological Seminary

1701 West Boyce Avenue - Fort Worth, TX

click [here](#) for details

Older American's Month Reception

Thursday, May 17, 2012 - 2:30 p.m. – 4:30 p.m.

Botanic Gardens Rose Room --220 Botanic Garden Blvd.-Fort Worth, Texas 76107

click [here](#) for details

2012 AFP DFW Philanthropy Conference

Friday, June 8, 2012 –

Arlington Convention Center -1500 Convention Center Arlington, TX

click [here](#) for details

Alzheimer's Association Professional Training

For a schedule of other training

http://e2ma.net/go/12707880124/214072929/229004154/3166/goto:http://www.alz.org/greaterdallas/in_my_community_professionals.asp click [here](#)

The **ADRC of Tarrant County** helps people who are aging or have a disability, their families and caregivers, in understanding their options and successfully connecting with the services and supports they need. **Call the ADRC of Tarrant County at 1-888-730-ADRC (2372) or visit <http://tarrantcountyadrc.org/>.**



Our Special Children

Families Helping Families: Education and support groups for people parenting or caring for a person with a developmental disability.

Parents on call are volunteer parents who provide support and information to other parents of children with special needs or disabilities Call .Deneesa Rasmussen 361-389-5126, Denise Gasmire 817-481-9700, Mary May 817-547-5715, or Emma Ramirez-Bell 817-265-6009

Free Childcare Available for Saturday Meetings - Reservations Required! Call 817-877-1474



OUR SPECIAL CHILDREN



Saturday, May 12th, 2012

9:30AM till 12PM

1051 Haskell Street, Suite 106

Fort Worth, TX 76107

RESIDENTIAL PROGRAMS

One of the most difficult decisions a parent of a child with special needs has to make is when to place their son or daughter in a residential program. All of us would like to take care of our children (including our adult children) forever. We are their parents and nobody can take care of them better than us. Many of us have prayed that we outlive our children with disabilities, since we fear what would happen to them when we are no longer alive. We dread even thinking about how our sons and daughters would live in a group home without their mothers and fathers to tend to their every need. Many of us have heard or read horror stories about incidents that often happen in residential facilities. That is another reason many of us do not look forward to the time when we must face the inevitable group home placement. Well, this month we decided to tackle this issue with as much information and resources as we could muster. Our Special Children has invited a very knowledgeable expert from MHMR of Tarrant, Ms. Ashley Perry, Director of Intake/Access, to come to our meeting and discuss all of the issues concerning residential programs. She will explain the difference between HCS and ICF/MR homes, talk about qualifications and waiting lists, address what rights we have as parents and clients, and share ideas and suggestions on how to best handle the transition from family home to group home. We have also invited several representatives from provider agencies to attend the meeting, so we can hear explanations and information from the people who actually manage many of the residential programs in our area. You will hear from three executive directors from Educare, one of the leading ICF/MR providers in North Texas. You will also have the opportunity to meet directors from Daybreak, Champion Services, and Southern Concepts. These three providers manage HCS group homes in Tarrant County and surrounding counties. They will provide us with an insight as to how group homes are managed, how their staff is trained and monitored, how parents can interact with their organization both before selecting them and after their child is living in their residences, and any other helpful advice for families thinking about or considering future residential placement. The meeting will also benefit from the perspective of parents who have adult children living in group homes. Ms. Sharon Sanderson, Arc of GTC board member, and Ms. Valerie Eckert will share their experiences dealing with residential providers. It is always helpful to hear from other parents who have paved the way for the rest of us. Do not miss this opportunity to find out as much as you can about residential programs.

Information concerning children and youth:. Deneesa Rasmussen (361) 389-5126 Philip Bell (817) 877-1474
deneesar@yahoo.com philip.bell@arcgctc.org

The Arc of Northeast Tarrant County

1806 Haltom Road ▪ Haltom City, Texas 76117 ▪ 817-834-7700 ▪

www.arcnetc.org



For detailed information regarding each event or activity listed below, please visit
The Arc of NETC website "Home" page at www.arcnetc.org.

- The Learning Together Workshop Series Presents

Friday – May 11, 2012 — INCLUSIVE RECREATION, CAN I PLAY TOO?

Presented by Torrie Dunlap, CPLP, Executive Director, National Training Center on Inclusion at Kids Included Together (KIT)

9 AM – 4 PM ▪ Northwood Church, "The Plex" Building ▪ 1870 Rufe Snow Drive ▪ Keller, TX 76248

- My Medicaid Matters Texas Outreach & Education Campaign Meeting



review...

During the meeting we will

- goals – local & state
- the list of MMM supports to date
- outreach & awareness strategies

Tuesday – May 8, 2012 ▪ 6:30 PM – 8:00 PM

The Arc of Northeast Tarrant County (Arc House) – 1806 Haltom Rd. ▪ Haltom City, Texas 76117

To RSVP (required) – email wwarcnetc@gmail.com or call (817) 834-7700

- PEAS Meetup Group Activities

Family Connections, a Partnership in Education, Advocacy & Support (PEAS) is a cross-disability support/information group for families of children, regardless of age, who have a disability.

Friday – May 18, 2012 — COFFEE TALK: MUSIC THERAPY

Speaker: Kathleen Coleman, MMT, MT-BC

9:00 AM – 11:00 AM at The Arc of NETC (Arc House) - 1806 Haltom Rd. ▪ Haltom City, TX 76117

Join the PEAS group at <http://www.meetup.com/PEAS-ArcNETC/>.

- SALT & Friday with Friends (14 & older)

SALT / Friday May 18, 2012 — EVERYONE COOKS ▪ 7:00 PM – 8:00 PM

The Arc of NETC (Arc House) – 1806 Haltom Rd. ▪ Haltom City, Texas 76117

To RSVP (required) wwarcnetc@gmail.com or (817) 834-7700

Friday with Friends Social / Friday May 18, 2012 — GETTING TO KNOW YOUR FRIENDS

8:00 PM - 9:00 PM

The Arc of NETC (Arc House) – 1806 Haltom Rd. ▪ Haltom City, Texas 76117

To RSVP (required) wwarcnetc@gmail.com or (817) 834-7700

SNAP Calendar....COMING UP IN MAY...

DATE		TIME	ACTIVITY & LOCATION
Wednesday	May 2	RSVP Deadline	RSVP Deadline for SNAP Men's Club on May 4th. See details below.
Friday Friday Small Group Workshop	May 4 May 11 May 18 May 25	1:00pm – 3:00pm	SNAP – Friday Workshops for May Small group workshops, designed for adults (17 & above) with developmental challenges. SNAP Board Room 901 Clinic Dr, Euless, TX 76039 Topic: TBA Contact Paula Baker C 817-832-6683 E Prbaker56@aol.com
Friday	May 4	6:30pm – 9:00pm	SNAP Men's Club – Cookout Event Large Conference Room 901 Clinic Dr, Euless, TX 76039 Food and drinks provided. Cost: \$10.00 at the door. Contact Roger Marshall by May 2nd C 817-798-1745 text or call (Be sure to leave your name!) E ram747@verizon.net
Monday	May 7	6:30pm – 8:30pm	SNAP J.O.B.S. (Just Our Business Support Club) JOBS Club is an employment support group where we share about our employment experiences, learn to be a great employee and encourage each other to be the best we can be! Join us if you are employed, volunteering or if you are hoping to find a job! Small Conference Room & SNAP Board Room 901 Clinic Dr, Euless, TX 76039 Contact Paula Baker C 817-832-6683 E Prbaker56@aol.com
Tuesday	May 8	5:45pm – 8:00pm	SNAP Bowling AMF Hurst Lanes 720 W. Pipeline Road, Hurst, TX 76053 Cost is \$2.00 with your SNAP membership card and \$3.00 without. RSVP to Ms. Linda Gardner by Monday linda1960@verizon.net
Sunday	May 13		Mother's Day
Tuesday	May 15	2:00pm	SNAP Member Recruitment Committee Meeting SNAP Board Room 901 Clinic Dr, Euless, TX 76039
Tuesday	May 15	3:00pm – 11:00pm (Come at 6:00pm & we will eat	SNAP – Chili's Night Out 2810 Hwy 121, Euless, TX 76039 (Glade Rd & Hwy 121) REMINDER: Print out the attached flyer

		together.) Fundraiser	and bring it with you to Chili's. Give it to your server and Chili's will donate 10% of your purchase back to North Texas SNAP! We must have a flyer with your meal ticket in order to receive a donation.
Wednesday	May 16	6:00pm	SNAP Board Meeting SNAP Board Room 901 Clinic Dr, Euless, TX 76039
Thursday	May 17	Register Deadline	Early Registration Deadline for <i>Third Monday Evening Workshop</i> on May 21st. See details below.
Sunday	May 20	TBA (Time subject to change. Please arrive 20 minutes early and meet at the Food Court.)	SNAP Movie – TBA Tinseltown Movies 911 W Highway 114, Grapevine, TX 76051 (Hwy 114 @ Wm D. Tate) RSVP to Regina Kropf by Friday Morning Contact: Regina Kropf 817-946-4109 Regk25@aol.com
Monday <i>Monday Evening Workshop</i>	May 21	6:30pm – 8:30pm	SNAP – <i>Third Monday Evening Workshop</i> With Paula Baker, SNAP Program Director Large Conference Room 901 Clinic Dr, Euless, TX 76039 Topic: TBA Contact Paula Baker by May 17th C 817-832-6683 E Prbaker56@aol.com
Thursday	May 24	RSVP Deadline	RSVP Deadline for SNAP Supper Club on May 26th. See details below.
Saturday	May 26	5:00pm 5:30pm (Please arrive 15 minutes early.)	SNAP Welcome New Members & Supper Club New members are welcome to come early to meet our Welcome Committee. We would like to have a chance to get to know you and answer any questions before the crowd arrives. SNAP Supper Club: TBA RSVP to Regina Kropf by May 24th Contact: Regina Kropf 817-946-4109 Regk25@aol.com
Monday	May 28	3:00pm – 5:00pm	SNAP – Scooter Raffle Drawing 901 Clinic Dr, Euless, TX 76039 Tickets may be purchased online at www.ntxsnap.org or contact a SNAP Board Member. Need not be present to win.
Monday	May 28	6:30pm – 8:30pm	SNAP Girls Night Out – <i>Game Night</i> 901 Clinic Dr, Euless, TX 76039 Join us for an evening of games--board games, cards, checkers and more. We'll enjoy chatting and laughing, winning and losing, eating and drinking. RSVP to Shirley Knudson 817-688-5552 shirley.knudson@charter.net

Caregiving survey: Do you take care of a family member or friend who needs

assistance? **If so, we'd love to ask you a few questions!** The Texas Health and Human Services Commission (HHSC) is seeking community input from people who help take care of a family member or friend. Your input will help HHSC find ways to better serve caregivers and their families.

www.taketimetexas.org/survey.html.

Lose the Training Wheels (LTTW) teaches individuals with differing abilities how to ride conventional two-wheel bicycles—without training wheels! Approximately 80% of LTTW participants can successfully balance on a two-wheel bike by the end of the weeklong training camp. The Down Syndrome Partnership of Tarrant County is hosting its third LTTW camp from July 30 to August 3, 2012 with a parent meeting and volunteer training on July 29, on the campus of the University of Texas at Arlington. 140 volunteers (28 volunteers per 75-minute session) are needed to spot the participants as they learn how to ride (must be at least 16 years old); additional volunteers are needed to help with other duties. We will be happy to provide documentation for community service hours. For more information, visit <http://www.dsptc.org> (under the "Education" tab) or contact Jennifer at 817-390-2970 or jennifer@dsptc.org.



A Little Family Service, LLC

Home and Community-based Services (HCS)

HCS programs provide individualized services and supports to persons with intellectual disabilities who are living with their family, in their own home, or in other community settings, such as small group homes. It is a Medicaid waiver program through the Department of Aging and Disability Services (DADS). If you or your loved one has an HCS slot, call us to hear more about the services that we provide and how we can pay you more for foster/companion care.

CEO: Luca Little (817) 771-7743

We currently serve the following counties:

Archer, Baylor, Brown, Callahan, Childress, Clay, Coleman, Comanche, Cottle, Dickens, Eastland, Erath, Foard, Hardeman, Haskell, Hood, Jack, Johnson, Jones, King, Knox, McCulloch, Mills, Montague, Palo Pinto, Parker, San Saba, Shackelford, Somervell, Stephens, Stonewall, Tarrant, Taylor, Throckmorton, Wichita, Wilbarger, Wise and Young

If you are not receiving this newsletter through e-mail, please send us your **FULL NAME** as it appears on the mailing label and e-mail address to kimberly.gilchrist@mhmrtc.org with "Requesting FCS NewsFlash" in the subject line. This will help us cut our postage costs. Thanks!!!!!! The NEWSFLASH is brought to you by the Family Support Council & MHMRTC, MR/IDD Services. Your help in alerting us to community information is greatly appreciated. Please forward to Kim Gilchrist @ kimberly.gilchrist@mhmrtc.org or call 817-569-5491. If you have received this mailing and would prefer not to be on our e-mailing list, please send back a reply with REMOVE in the subject line. Para mas informacion en espanol, por favor llamar a Ruth Valdez al (817) 569-4014.