Certification Course Outline

The **Masterson Method Certification Course** is an advanced equine bodywork course. Before starting the **Certification Course** you will need to take,

- 1. The Beyond Horse Massage Weekend Seminar, and
- 2. The 5 Day Advanced Course

Then, the Certification Process starts with,

- 3. The Certification Field Work Course (see Outline), and
- 4. The Final Certification Course

Pre-requisites for taking the Certification Course

The three basic pre-requisites for taking the **Certification Course** are,

- 1) The physical ability to handle the horse and perform the techniques, and
- 2) Sufficient knowledge of horses, performance issues, and horse-handling to understand and perform the techniques
- 3) A foundational knowledge of equine anatomy and massage

<u>Regarding numbers 1) and 2)</u>, You will need to meet these requirements before taking the **Certification Field Work Course**, not only for the safety of you and the horse, but to be able to adequately serve both your equine and human clients.

<u>Regarding number 3)</u> You will need to meet this requirement before taking the **Final Course** and becoming a **Masterson Method Certified Practitioner.**

This doesn't mean that you have to already be an equine bodyworker to begin the **Certification Course**, although this will give you an advantage. As long as you are willing to study and gain this knowledge as you go along, and have a sufficient basic understanding of the horse's structure to begin with, then you can begin this course.

Before taking the **Final Course**, you will need to have this foundational knowledge of equine anatomy and massage. This can be acquired through either,

- 1. our Online Anatomy and Bio-mechanics Course,
- 2. an approved outside <u>course</u> or <u>training</u> that covers foundational knowledge of Anatomy and massage, or,
- 3. if you feel you have sufficient knowledge to become Certified, you may take our **Online Anatomy and Bio-mechanics Course Exam**.

To see if you have sufficient basic understanding of the horse's structure to **begin** the Course, you will need to take our **Online Knowledge Assessment Exam**.

Certification Field Work Course

Once you have successfully completed the 5 Day Advanced Course and are ready to move on to the **Certification Field Work Course**, then the next stage is to register for the course using the enclosed form, or online.

Once you have registered you will be given access to the **Masterson Method Online School** where you will have access to all necessary information and tools to succeed in the Certification Field Work Course. Techniques taught during the 5 Day Advanced Course are demonstrated on your Phase 1 Techniques DVD, and online at <u>Masterson Method School</u>.

Field Work Course Outline

The Certification Field Work Course consists of a series of 3 blocks of Case Studies and 2-day, weekend Coaching Courses.

- ➤ Block 1 Complete <u>Case Studies</u> on 5 horses (2 sessions per horse). Student will send these first 5 case studies in to a Mentor for review and feedback as they are done. This will get the Student started on the right track with the Case Studies. After completing 5 Case Studies, Student will find and attend a weekend **Coaching Course**. Student's progress will be scored by the Coach on this Course.
- ➤ **Block 2** Student will complete and write up 5 more **Case Studies**. These 5 will be brought by the Student to a second **Coaching Course**.
- ➤ Block 3 Student will complete and write up 5 more Case Studies. These 5 will be brought by the Student to a third Coaching Course.
- When the Student has attained a score that demonstrates the required level of proficiency in the techniques, Student will be eligible to attend a Final Certification Course with Jim Masterson.

If all goes according to plan, Student will have successfully completed 3 Coaching Courses and 15 Case Studies before moving on to the Final Course.

If, after the third Coaching Course, the Student has not attained the required minimum score (see Scoring System) on all techniques, it will be recommended that the Student do more Case Studies, Coaching Weekends, or Weekend Seminar assists.

Fast Track - If a Student has attained an excellent score on all techniques by the completion of the second Coaching Course, the Student will have the option of assisting at a Weekend Seminar or a 5 Day Course in place of attending the third Coaching Weekend.

Coaching Courses

What will happen at the Coaching Course?

- Coaches and Students will discuss difficult or interesting Case Studies together as a group
- Students will spend time as a group working on horses, getting help and feedback from the Coach.

• Student will be scored individually by Coach on each technique using the Scoring System.

The purpose of the Coaching Course is to give the Student an opportunity to practice with a Coach, and to have the Student's progress scored by the Coach. Student will be objectively scored on knowledge, proficiency and understanding of the Masterson MethodTM Techniques. This will give the Student a clear understanding of how they are progressing through the course.

Coaching Courses will be scheduled and taught by individual Coaches at or near the Coaches residences around the country on a regular basis. Coaching Courses will be 2 days with 1 to 4 students attending. Coaches will be paid per student by MES. Coaching Course ideally will take place over a weekend.

Scoring System

Coaches will use a **Scoring System** in which students' progress can be objectively scored and tracked during the Certification Field Work Course. Each technique is broken down into elements that can be identified, learned, and objectively assessed.

Students are scored on elements of each technique in three different levels of competency:

- Needs Review (i.e., needs work)
- Passing
- Excellent

Written Case Studies

Ideally you will be writing up 30 sessions, on 15 different horses, 2 sessions per horse. It's important that you work on as many different types of horses as possible. This will give you not only a greater range of experience, but also exposure to a greater range of potential clients once you are done. Owner feedback is also important to your learning process.

Documentation for each Case Study Session includes:

- > Filled out Case Study Evaluation Sheet with reaction, restriction & diagonal (if any) identified
- Case Study Write Up (narrative part)

Your goal during this process is to:

Conduct the sessions according to the methodology and techniques you learned in the 5-day seminar – Using ONLY Masterson Method™ techniques.

Document your findings, techniques applied AND the thought process behind decisions you made during the session.

Ask questions of yourself and your Mentor.

Incorporate feedback you receive from your Mentor into future sessions.

Grow through the process into a proficient professional.

Resources

Masterson Method 5 Day Advanced Course Workbook *

Beyond Horse Massage Book *

Beyond Horse Massage DVD *

Phase 1 Techniques DVD *

Whole Horse DVDs (7)

Masterson Method Online School at http://mastersonmethod.com/school/

(Required*)

Certification Field Work Course accomplished - What now?

You have successfully completed:

- 4. 15 accepted case studies (at least 40 works)
- 5. 3 Coaching Courses
- 6. Attained the minimum required Score

and you have approved foundational knowledge of anatomy, bio-mechanics and massage.

You are now ready to participate in the <u>Final Certification Course</u>. This Course with Jim will include answering questions and fine-tuning techniques you have been practicing during the Field Work Course, learning new techniques and expanding on existing techniques, more exposure and explanation of Final Evaluation – or "putting it all together" - examining possible primary issues in the horse for the client. You will also demonstrate proficiency in the techniques you have learned. This will not be so much a "test", as your opportunity to demonstrate your proficiency, ask final questions, and "fill in the final gaps" in your training in general.

If your Course runs concurrent with a **5 Day Advanced Course**, you will also assist in the training of students on that Course.

After successful completion of the Final Certification Course you will become a **Masterson Method Certified Practitioner.**

Once you become a **Masterson Method Certified Practitioner** you will have practical tools and skills that will get you results in your bodywork, and results are what bring you success in your business. Remember, it's all about results. Results in your bodywork is what gets the word out and the phone ringing.

However, you should really look at Certification as this – This is where you really start learning. Having learned how to listen to the horse in a way that he will continue to teach you throughout your career, you've gained a valuable new Teacher, and a new "License to Learn"!

Important Questions - Please Read

How long do I have to complete the Certification Field Work Course and Final Course?

You are allowed 6 months to complete each block of the Course – meaning 5 Case Studies and a Coaching Course – and another 6 months before taking the Final Certification Course. This allows 2 years to complete the Certification Course.

What happens if I need to take a break in sending in case studies?

This happens from time to time. Please let your Mentor know if you are going to be inactive and need time to deal with unexpected interruptions. We can work with you as long as you are making progress in your work.