



COUNTRYSIDE FIRE PROTECTION DISTRICT

600 N. Deerpath Drive • Vernon Hills • Illinois • 60061

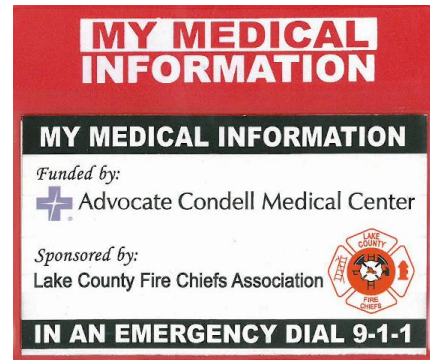
Phone 847.367.5511 • Fax 847.367.5521

www.countrysidefire.com

Jeff Steingart, Chief

Francis L. Wolowic, President

***Help Us
Help You***



The Countryside Fire Protection District is pleased to provide our senior citizens with FREE "My Medical Information" kits. These kits were funded by Advocate Condell Medical Center and are sponsored by the Lake County Fire Chiefs Association.

The kits consist of a red plastic pouch with a magnetic back to be attached to your refrigerator. Inside the pouch there is a cardboard pamphlet that you can use to write down your personal information, emergency contacts, medications, allergies, medical conditions, and advanced directives. There is also a sticker to be placed on or near your front door, alerting responding paramedics that you have the "My Medical Information" pouch attached to your refrigerator. Paramedics can then use this vital information when providing emergency care and treatment.

To obtain you're your FREE "My Medical Information Kit"

Contact Administrative Assistant, Lina Diaz at 847-367-5511,
Monday thru Friday 8:00 a.m. to 4:00 p.m.

OR

Send an e-mail to ldiaz@countrysidefire.com with **My Medical Information Kit** in the subject line. Include your **name and mailing address** in the body of the e-mail and we'll mail you a kit.

OR

Stop by one of our fire stations and pick up a **My Medical Information Kit**.

